

# TRAINING IN YOUTH LEADERSHIP AND COMMUNITY DEVELOPMENT- (TYLCD)

“We but mirror the world. All the tendencies present in the outer world are to be found in the world of our body. If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change towards him. This is the divine mystery supreme. A wonderful thing it is and the source of our happiness. We need not wait to see what others do.”

– Mahatma Gandhi

## Background

The future of the nation is shaped by its young leaders through their decisive action and dedicated service. A strong personality and leadership skills shall raise young citizens to rise up in the society to address its needs and serve in its development. Such informed and aware youth may then be imparted with communication, leadership, interpersonal and life skills to transform them into leaders of immense value.

These youth leaders at the grass root level may assume responsibility, take lead in addressing village situations and also act as catalytic agents for the development of their village communities and surroundings. In pursuance of grooming such a generation of leaders across all the districts of the country, NYKS is conducting- Training in Youth Development and Personality Development as part of Core Programs. Besides, it will provide rural youth an opportunity to come together, share their experiences, exchange ideas and take up community welfare and Nation Building activities with a mission mode approach.

## Objectives

- To impart personality development training to the youth so as to enable them reach the best version of their self.
- To impart training on fundamental life skills- Interpersonal Skills, Empathy and Leadership Skills so that they are empowered to own responsibility and take lead and contribute towards community development and social development activities.
- To generate awareness among the participant youth on community development, values of volunteerism, service, social commitment and patriotism.
- To impart basic training on career planning, goal setting, practising self-discipline, emergency skills like first aid, disaster response Do's & Don'ts etc.
- To create productive and responsible young citizen in the country.

**No. of Participants** : 40 per program

**Budget** : Rs. 75,000/- per program. (one per district kendra)

**Duration & Timeline** : 3 days (2 night stays) -November-December 2022

<b>Particular</b>	<b>Amount (in Rs.)</b>
Boarding & Lodging Rs. 350/- per head per day (350 x 40 x 3)	42,000
Travelling Allowance subject to actual (200x40)	8,000
Resource Material and stationery to participants (250x40)	10,000
Organization	6,000
Honorarium to Resource Persons (Rs. 1000 per person for 9 Sessions – 3 per day or as per the need)	9,000
<b>Total</b>	<b>75,000</b>

### **Implementation Strategy:**

The TYLCD program may be carried out in the districts according to the following guidelines:

- The location for holding TYLCD may be fixed by DD/DYO concerned after visiting probable locations so as to ensure availability of adequate basic facilities and infrastructure for separate boarding and lodging for female and male participants as well as classes and activities. Power backup in case of power failure may also be ensured.
- Scenic and remote locations may be preferred and support of local bodies, local Youth Clubs of the area etc may be sought to ensure that the residential program is a memorable once in a lifetime experience for the participants.
- The district NYKs may give wide publicity to the program well in advance and register participants on a first come first serve basis. However, it may also be ensured that, to the extent possible, all blocks of the districts are represented in the program.
- A waiting list of participants may also be maintained, in case any registered participant withdraws their participation.
- Nature walk/trekking, visit to nearby monuments, viewpoints, scenic spots etc. may be organized as part of the program if such spots are available within walking distance of the TYLCD program location.
- The focus of the TYLCD should be, in broad terms, on providing an experience-oriented learning environment by engaging the participants on social, emotional and intellectual planes to provide a transformative experience to the participants.
- Cultural Programs, Sports, Yoga and bonfire, screening of movies etc. may be organized to make the program interesting and engaging.
- The DD/DYO may prepare a detailed day wise schedule for the TYLCD program broadly in line with the suggestive schedule given below, but also incorporating local priorities and requirements.
- Some Case Studies/Youth Centric best practices in the realm of community development may be shared during the program.

- 9 sessions may be conducted during the 3-day program with eminent resource persons invited to interact with youth on various themes associated with personality and leadership development, community welfare and nation building.
- With respect to the additional activities indicated below, support of the District Administration, Line departments, local Youth Clubs, CS/NGO partners may be enlisted.
- Invitation may be extended to Central/State Ministers, MP/MLAs, DM/DC, District Panchayath Pradhan etc. either in the inaugural or during the valedictory session of the TYLCD program.

### **Indicative Session Layout**

#### **Day 1:**

- Inauguration followed by Brief by DYO
- Icebreaking Session & formation of 5 teams of 8 participants each.
- Volunteerism and Leadership through Youth Club Movement
- Personality Development and Life Skills

#### **Day 2**

- Component of Leadership and communication skills
- Youth Centric Community Development Models
- Azadi Ka Amrit Mahotsav- India @ 75 and beyond

#### **Day 3**

- Digital Literacy: Leveraging Smartphones and internet (apps/websites/open resources)
- Community Development through volunteering- Opportunities in the district
- Group presentation and Feedback session

### **Additional Activities- Suggestive List**

- Yoga/Sports/Games for participants during Morning session
- Sightseeing/Trekking at scenic location/Historic monument near the TYLCD venue
- Cleaning and Shramdaan activities
- Campfire and cultural evening.
- Movie/shortfilm/documentary Screening in projector/TV.
- Food for Thought- Group Discussion on selected themes relevant to youth
- Visit to Club/NGO working in Community development.
- Publishing of Handwritten Magazine with contributions from participants

### **Additional Guidelines**

- To the extent possible, all participants are expected to bring smartphones to the program.
- The approach of the Training on Youth Leadership and Community Development would be participatory.
- Safety and security of all participants including female participants to be of utmost priority of the DDs/DYO's while conducting the program.
- The last session shall be a Group presentation of Report prepared in chart paper by the participants. It may include newsletter, cartoons, sketches from events during the TYLCD etc. prepared and presented in an interesting manner by the team members.
- Team games and group activities be also be an integral part of the training programme.
- The choice of film/documentary to be shown to participants must be based on relevance, message and social message/ information conveyed.
- Feedback forms in the given proforma shall be collected from the participants before they leave the TYLCD program.

### **Media and Publicity**

- The DDs/District Youth Officers will ensure wide publicity through print and electronic media pre and post TYLCD program.
- Wide publicity shall also be ensured through social media by tagging @NYKSIIndia social media handle in all the posts.
- The participants may be asked to follow @NYKSIIndia on all social media platforms and create tweets/posts/reels/short videos tagging @NYKSIIndia social media handle.

### **List of Annexures**

- Annexure 13 – Details of TYLCD
- Annexure 13A – Details of Participants
- Annexure 13B - TYLCD Feedback Form
- Annexure 13C – TYLCD Expectation Form