



Report of Inter State Youth Exchange Programme (Ek Bharat Shreshtha Bharat)



2018-19

Organised By

Nehru Yuva Kendra Sangathan

(under the scheme of Ministry of Youth Affairs and Sports, Govt. of India)



Arise, Awake, And Stop Not Till the Goal is Reached

-Swami Vivekananda

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**Report on Inter State Youth Exchange Programme
(Ek Bharat Shreshtha Bharat)
Organised by Nehru Yuva Kendra Sangathan (NYKS)
Department of Youth Affairs, MoYAS
2018-19**

BACKGROUND

“Ek Bharat Shreshtha Bharat” was announced by Hon’ble Prime Minister on 31st October, 2015 on the occasion of the 140th birth Anniversary of Sardar Vallabhbhai Patel. Subsequently, the Finance Minister announced the initiative in his Budget Speech for 2016-17. Through this innovative measure, the knowledge of the culture, traditions and practices of different States & UTs would lead to an enhanced understanding and bonding between the States, thereby strengthening the unity and integrity of India.

OBJECTIVES

- To celebrate the unity in Diversity of our Nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our country.
- To promote the spirit of National Integration through a deep and structured engagement between all Indian States & Union Territories through a yearlong planned engagement between States.
- To showcase the rich heritage and culture, customs and traditions of either state for enabling people to understand and appreciate the diversity that is India, thus fostering a sense of common identity.
- To establish long term engagement and to create an environment which, promote learning between States by sharing best practices & experiences.

Key Theme of Ek Bharat Shreshtha Bharat:

- To celebrate the idea of India as a nation wherein different cultural units across varied geographic coalesce and interact with each other, this glorious manifestation of diverse cuisine, music, dance, theatre, movies & films, handicrafts, sports, literature, festivals, painting, sculpture etc was enabled people to imbibe the innate chord of binding and brotherhood.
- To make our people aware about the seamless integral hull of the Modern Indian State spread across a landmass of 32 lakh sq. km, on whose firm foundations, the geo-political strength of the country is ensured benefitting one and all.
- To impress upon people at large about the increasing inter-connectedness between constituents of various cultural & economic zones which is so vital for the spirit of nation building.
- To induce a sense of responsibility & ownership for the nation as a whole through these close cross- cultural interactions as it intends to build up the inter- dependence matrix unequivocally.
- To further promote inter-state travel for boosting business activities of various hues.
- To create a learning ecosystem between the various stakeholders of the partnering states so that they benefit from the best practices of one another by establishing a State to State Connect.

In the above background and fulfilling the objectives of Ek Bharat Shreshtha Bharat Nehru Yuva Kendra Sangathan, Department of Youth Affairs, MoYAS had conducted the Inter State Youth Exchange Programme (Ek Bharat Shreshtha Bharat) for the year 2018-19 in 30 places (paired States).

SIGNIFICANT SUBJECTS COVERED DURING THE PROGRAMME

1. Padyatra to commemorate 150th Birth Anniversary of Mahatma Gandhi

Padyatra/ Awareness Rally & Costume Parade were organised in 20 States to commemorate the 150th Birth Anniversary of Mahatma Gandhi as one of the activity under Ek Bharat Shrestha Bharat Programme. During these yatras, awareness to be generated about Gandhi's teachings, drug abuse, social evils like dowry, female foeticide and other social evils etc alongwith creating awareness on Government Programme. All the Padyatra's were flagged off by the public representative or govt. officials/ eminent dignitaries. It covered at least a distance of 5 Km at each venue. During the padyatra all the 100 participants (50 from host state and 50 from paired state) took active participation in the padyatra besides the participants, local Youths and youth club members were also motivated to join Padyatra organised under Ek Bharat Shrestha Bharat. The principal objective of the programme is to undertake Padyatra by the youth and the programme envisaged under Ek Bharat Shrestha Bharat (EBSB) so as to achieve the twin objective of Youth Led Promotion of National Integration, Unity in Diversity, Brotherhood and understanding of Life and Work of Mahatma Gandhi among all. The Padyatra/Awareness Rally/Cultural Rally were organised in Punjab, Himachal Pradesh, Jharkhand, Delhi, Madhya Pradesh, Karnataka, Uttar Pradesh, Tamil Nadu, Dadra & Nagar Haveli, Haryana, Gujarat, Bihar, Manipur, Rajasthan, Andhra Pradesh, Tripura, Daman, Goa, Chandigarh and Uttarakhand. The 150th Birth Anniversary of Mahatma Gandhi was also branded while conducting Core Programmes, Special Programmes and Coordination Activities through display of Banners, Quotes of Gandhiji, etc.

In all the 20 Padyatra's/ Rallies/Cultural Rally 2068 youths participated other than the local people. The State wise details of Padyatra organised by Nehru Yuva Kendra Sangathan under Ek Bharat Shrestha Bharat Programme to generate awareness about Gandhi's Teachings, drug abuse and other local social evils like dowry, female foeticide etc. are given below: -

State wise details of Padyatra organised by Nehru Yuva Kendra Sangathan under Ek Bharat Shrestha Bharat Programme to generate awareness about Gandhi's Teachings, drug abuse and other local social evils like dowry, female foeticide etc.

S. No.	Paired States of EBSB		Date of programme	Padyatra/ Rally organised from	Participants		Total
	Organising State (Host State)	Participating State			Male	Female	
1.	Punjab	Andhra Pradesh	22.10.2018 to 5.12.2018	<ul style="list-style-type: none"> Padyatra to create awareness on Green Diwali was organised from Rasulpur Nehra to Aladinpur Village to Youth Hostel Tarn Taran and Back. Another awareness Rally on SVEEP was organised from D.C Office Complex to Majha College, Tarn Taran to Civil Hospital to Darbar Sahib, Tarn Taran 	71	31	102
2.	Himachal Pradesh	Kerala	13.11.2018 to 27.11.2018	Padyatra was Traversed from Maharaja Yuvak Mandal Peej to Jamlu Devji Mandir Parisar to commemorate 150th Birth Anniversary of Mahatma Gandhi	62	38	100
3.	Jharkhand	Goa	15.11.2018 to 29.11.2018	Padyatra was Traversed from Sagun Banquet to Netaji Chowk, Jhand Maidan, Madhuban Veggies, Tower Chowk, and Ambedkar Chowk to commemorate 150th Birth Anniversary of Mahatma Gandhi	77	28	105
4.	Andhra Pradesh	Punjab	21.11.2018 to 05.12.2018	Rally on AIDs Awareness was organised from Kantepudi Village to Nalanda Engineering College distance covering about 5kms on World AIDs Day	66	34	100
5.	Tripura	Mizoram & Bihar	21.11.2018 to 05.12.2018	A Rally to deliver the message of Swachh Bharat , AIDs Awarenesss, Blood Donation and National Integration was organised from A.D. Magar Cooperative Training Institution to Camper Bazar to Battala Road (Agartala City Area) and Back.	62	38	100
6.	Delhi	Sikkim	07.12.2018 to 21.12.2018	<ul style="list-style-type: none"> A Padyatra was organised to commemorate 150th Birth Anniversary of Mahatma Gandhi traversed from Grameen Swasthya Centre to Prakriti Bhakth Foundation Office. 	51	36	87

				<ul style="list-style-type: none"> • Second Padyatra was organised from Delhi Gate to Dwarka More. • Third Padyatra was traversed from MLA Nitin Tyagi Office, Laxmi Nagar to Gurudwara, Laxmi Nagar. • Fourth Padyatra was organised from Gandhi Smriti and Darshan Samiti to Delhi Gate Metro Station 			
7.	Madhya Pradesh	Manipur & Nagaland	07.12.2018 to 21.12.2018	Padyatra was Traversed from Shaurya Smarak to Mayur Park to commemorate 150th Birth Anniversary of Mahatma Gandhi	60	40	100
8.	Karnataka	Uttarakhand	07.12.2018 to 21.12.2018	Padyatra was Traversed from PPC College Chowk to Vallakadu Composite School Chowk to commemorate 150th Birth Anniversary of Mahatma Gandhi	68	32	100
9.	Uttar Pradesh	Arunachal Pradesh and Meghalaya	08.12.2018 to 22.12.2018	A Padyatra was organised to commemorate the 150th Birth Anniversary of Mahatma Gandhi from 1090 Chauraha to Shakuntla Chauraha to 1090 Chauraha	80	20	100
10.	Tamil Nadu	Jammu and Kashmir	10.12.2018 to 24.12.2018	Padyatra was traversed from Youth Hostel , Puducherry to Raj Bhavan, Puducherry to commemorate the 150th Birth Anniversary of Mahatma Gandhi	57	43	100
11.	Dadra and Nagar Haveli	Chandigarh	15.12.2018 to 29.12.2018	Padyatra was traversed from Farmer Training Centre, Dokmardi, Silvassa to Gandhi Statue, Gandhi Garden, Silvassa to commemorate the 150th Birth Anniversary of Mahatma Gandhi	79	31	110
12.	Haryana	Telangana	16.12.2018 to 30.12.2018	Padyatra was Traversed from Starex University to Binola Village to commemorate 150th Birth Anniversary of Mahatma Gandhi	90	18	108
13.	Daman and Diu	Puducherry	18.12.2018 to 01.01.2019	<ul style="list-style-type: none"> • Rally was organised on "Plastic free Daman" from Education Department Compound to Tinbatti to Bus Stand and Back to Education Department Compound. 	63	37	100

				<ul style="list-style-type: none"> • Another Rally on “National Integration” traversed from Daman Zilla Mahyavanshi Samaj Hall to Bhimpore and back to venue was organised. 			
14.	Gujarat	Chhattisgarh	25.12.2018 to 08.01.2019	Padyatra was Traversed from Youth Hostel, Gandhinagar to Dandikutir Gandhi Museum to Commemorate 150th Birth Anniversary of Mahatma Gandhi	95	31	126
15.	Uttarakhand	Karnataka	14.02.2019 to 28.02.2019	A Rally on Ek Bharat Shrestha Bharat Programme was organised from Har ki Paudi to VIP Ghat, Haridwar	57	33	90
16.	Bihar	Tripura and Mizoram	2.03.2019 to 16.03.2019	Padyatra for to commemorate 150th Birth Anniversary of Mahatma Gandhi and Voter Awareness	85	31	116
17.	Manipur	Nagaland & Madhya Pradesh	22.10.2018 to 05.11.2018	Cultural Rally on National Unity	59	41	100
18.	Assam	Rajasthan	15.11.2018 to 29.11.2018	Cultural Rally in traditional costume	88	29	117
19.	Goa	Jharkhand	24.01.2019 to 07.02.2019	Rally on Republic Day	77	31	108
20.	Chandigarh	Dadra & Nagar Haveli	20.02.2019 to 06.03.2019	Rally on Swachhta	62	37	99
Total Participants					1409	659	2068

2. Swachhta programme

Swachhta programmes were also organised during the Interstate Youth Exchange Programme (Ek Bharat Shrestha Bharat). It includes awareness sessions, lectures on role of youth in sanitation campaign, group discussion, painting competitions, discussions, plantation drive, Cleanliness drive in school premises, parks, beach area, bus stand etc. Rallies were also organised in Tripura and Chandigarh to deliver the message of swachh and swastha bharat and also a youth parliament was also organised in Odisha to deliver the idea of health care, education, sanitation.

All the participants actively participate during the swachhta activities. Besides the participants, local people were also motivated to participate in swachhta activities. During the session, participants were made aware about the importance of cleanliness for a healthy life. Swachhta programmes were organised in 17 states viz, Punjab, Himachal Pradesh, Assam, Jharkhand, Andhra Pradesh, Tripura, Delhi, Madhya Pradesh, Karnataka, Uttar Pradesh, Dadra and Nagar Haveli, Daman & Diu, Gujarat, Odisha, Rajasthan, Goa and Chandigarh with an active participation of **1730 youths**.

3. PM Flagship Programme

During the programme, lectures, sessions, discussions, seminars and workshops were also organised on PM flagship scheme of Govt. of India. The participants were given thorough and detailed knowledge about National Flagship Schemes of Govt. of India. Sessions and lectures were delivered by the experts. The aim was to aware the youth about the flagship scheme and motivate them to utilise in their life. All the participants took active participation and interest during all the activities and sessions of the Pradhan Mantri flagship scheme. Pradhan Mantri Flagship schemes includes the following schemes:

1. Pradhan Mantri Jan Dhan Yojana
2. Jan Surakha
3. Pradhan Mantri Jeevan Jyoti Bima Yojana
4. Pradhan Mantri Suraksha Bima Yojana
5. Atal Pension Yojana
6. Pradhan Mantri Mudra Yojana
7. Stand up India Scheme
8. Pradhan Mantri Kisan Samman Nidhi Scheme
9. Pradhan Mantri Kisan Pension Yojana
10. Skill India Mission
11. Make in India
12. Swachh Bharat Mission
13. Pradhan Mantri Shram Yogi Maan-dhan
14. Beti Bachao Beti Padhao

Photo & Press Clippings related to the Padyatra organised during the programme





अन्तर्राज्यीय युवा आदान प्रदान कार्यक्रम गुरुग्राम में महेंद्रगढ़ के युवाओं ने किया जिले का प्रतिनिधित्व

दिनांक 18 दिसंबर 2018

महेंद्रगढ़। युवा कार्यक्रम एवं खेल मंत्रालय भारत सरकार की स्वायत्त शासी संस्था नेहरू युवा केन्द्र गुरुग्राम द्वारा स्टारेक्स यूनिवर्सिटी बिनोला में पंद्रह दिवसीय अन्तर्राज्यीय युवा आदान प्रदान - एक भारत श्रेष्ठ भारत कार्यक्रम का आयोजन किया गया। 7 इस कार्यक्रम का शुभारम्भ बतौर मुख्यातिथि के रूप में आए नेहरू युवा केन्द्र संगठन हरियाणा के राज्य निदेशक साहिब सिंह ने दीप प्रज्वलित कर किया और समापन समारोह के मुख्यातिथि अशोक दिवाकर वाईस चान्सलर स्टारेक्स यूनिवर्सिटी, विशिष्ट अतिथि एसएल वशिष्ठ रजिस्ट्रार और एनवाईकेएस के पूर्व निदेशक आरपीएस ठाकुर थे। 7 इस कार्यक्रम की संयोजिका एनवाईकेएस जिलाल युवा समन्वयक पूनम शर्मा थी। इस समारोह में कुशल मंच संचालन नरेन्द्र यादव जिला युवा समन्वयक सिरसा ने किया। कार्यक्रम प्रबंधन में स्वयंसेवक की भूमिका कर्मपाल, प्रदीप और मनोज वालटियर ने भूमिका निभाई। 7 जिला महेंद्रगढ़ से वैजन्ती, ज्योति शर्मा, केचम, नीना,



वेदिका, लक्की सीगड़ा, ऋतुराज यादव, अमरपाल, सुर्वा, श्रवण, अनुराग, कर्मपाल ने महेंद्रगढ़ का प्रतिनिधित्व कर क्षेत्र का गौरव बढ़ाया। इस पंद्रह दिवसीय कार्यक्रम में एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वस्थ भारत, राष्ट्रीय एकता के सन्दर्भ में एक पद यात्रा, सांस्कृतिक कार्यक्रम, निबंध प्रतियोगिता, डिबेट प्रतियोगिता, भाषण प्रतियोगिता और खेल प्रतियोगिता सहित अन्य कार्यक्रमों का भी आयोजन किया गया। 7 इस शिविर अर्वाधि के दौरान योग, सर्व धर्म प्रार्थना, खेलकूद कार्यक्रम, सांस्कृतिक कार्यक्रम, सामूहिक चर्चा, नुक्कड़ नाटक इत्यादि का भी

प्रतिदिन आयोजन करवाया गया। इस कार्यक्रम का उद्देश्य सम्पूर्ण राष्ट्र को एक सूत्र में पिरोकर एक भारत श्रेष्ठ भारत का निर्माण करना है। राज्य निदेशक साहिब सिंह जी ने भारत सरकार द्वारा मनाई जा रही महात्मा गांधी जी 150वीं जयंती वर्ष के अवसर पर इस कार्यक्रम के अंतर्गत एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वस्थ भारत, राष्ट्रीय एकता के सन्दर्भ में एक पद यात्रा को नेहरू युवा केन्द्र के राज्य निदेशक जी ने हरी झंडी देकर रवाना किया। उन्होंने युवाओं के साथ अपने सेना के दिनों की याद ताजा करते हुए युवाओं को राष्ट्रीय एकता के लिए संकल्पित होने को प्रेरणा दी। उन्होंने कहा

कि पहाड़ों का जीवन बेशक कठिन है, लेकिन वहां की संस्कृति शानदार है। ऐसे कार्यक्रम युवाओं को राष्ट्रीय एकता की भावना सिखाते हैं। प्रत्येक युवा राष्ट्र के प्रति समर्पित होकर कार्य करे तो भारत को विश्व गुरु बनने से कोई नहीं रोक सकता। अपने लक्ष्य को पाने के लिए मजबूती, लगन और मेहनत जरूरी है। बीएमडी क्लब के चेयरमैन लक्की सीगड़ा ने भी आवहन करते हुए कहा कि युवा वर्ग ही एक ऐसा है जो कि जो अनहोनी को होनी कर सकता है और राष्ट्रीय एकता के लिए अपनी अहम भूमिका निभा सकता है। भारत सरकार द्वारा चलाये गए एक भारत श्रेष्ठ भारत कार्यक्रम के अंतर्गत अंतर राज्य युवा आदान प्रदान कार्यक्रम में एक राज्य के युवा दूसरे राज्य में उनकी भाषा, संस्कृति, खान-पान, रहन-सहन व उनके व्यस्य जानने के लिए प्रवास करते हैं। हरियाणा और तेलंगना राज्यों में बहुत सी समानताएँ हैं और दोनों राज्य आपसी विचार-विमर्श के साथ एक दूसरे के संस्कृति, परंपरा और इतिहास को जान कर एक दूसरे से बहुत कुछ सीख सकते हैं। निश्चित रूप से आदान-प्रदान कार्यक्रम से हमें एक-दूसरे की संस्कृति को

समझने का मौका मिला है। स्टारेक्स यूनिवर्सिटी के वीसी अशोक दिवाकर ने भी मानवाधिकार पर कहा कि जब हम अपने कर्तव्यों का भली भाँति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व संरक्षण करते हैं इसलिए प्रत्येक व्यक्ति को अपने कर्तव्यों पर ध्यान केंद्रित करना चाहिए, ताकि मानवाधिकारों की रक्षा की जा सके। युवा और समग्र विकास पर कहा कि आज के समय में युवाओं को अपना लक्ष्य केंद्रित कर अपनी उर्जा को सकारात्मक दिशा में लगाना होगी 7 युवाओं से अपील किया कि वह राष्ट्र निर्माण में अपनी भूमिका सुनिश्चित करें तथा हमारी संस्कृति को विरासत को पीढ़ी दर पीढ़ी संरक्षित रखें। इस शिविर के दौरान लेखाकार अमरजीत शर्मा, लेखाकार वसीम, कांट मदान, नेहरू युवा केन्द्र गुरुग्राम की लेखालिपिक शशी बाला, महेंद्र नायक जिला युवा समन्वयक नेहरू युवा केन्द्र नारनौल, नीरज, आशा, अमित शर्मा, प्रदीप, डॉ. दिनेश नागपाल, संगीता यादव, मनोज, नवीन, जसवीर, प्रियंका, अनुराधा सहित अनेकों युवा और विभाग के अधिकारीगण उपस्थित रहे।

Photo and Press Clippings related to Swachhta Activities during the programme



अन्तर्राज्यीय युवा आदान प्रदान कार्यक्रम गुरुग्राम में

महेंद्रगढ़ (विनीत पंसाारी) युवा कार्यक्रम एवं खेल मंत्रालय भारत सरकार की स्वायत्त शासी संस्था नेहरू युवा केंद्र गुरुग्राम द्वारा स्टरेक्स युनिवर्सिटी बिनोला में पंद्रह दिवसीय अन्तर्राज्यीय युवा आदान प्रदान - एक भारत श्रेष्ठ भारत कार्यक्रम का आयोजन किया गया। इस कार्यक्रम का शुभारम्भ बहीर मुख्यातिथि के रूप में आए नेहरू युवा केंद्र संगठन हरियाणा के राज्य निदेशक साहिब सिंह ने दीप प्रज्वलित कर किया और समापन समारोह के मुख्यातिथि अशोक दिवाकर वाईस चांसलर स्टरेक्स युनिवर्सिटी, विशिष्ट अतिथि एसएल बशिष्ठ रजिस्ट्रार और एनवाईकेएस के पूर्व निदेशक आरपीएस ठाकुर थे। इस कार्यक्रम को सयोजिका एनवाईकेएस जिला युवा समन्वयक पुनम शर्मा थी। इस समारोह में कुशल मंच संचालन नरेन्द्र यादव जिला युवा समन्वयक सिरसा ने किया। कार्यक्रम प्रबंधन में स्वयंसेवक की भूमिका कर्मपाल, प्रदीप और मनोज वाल्टियर ने भूमिका निभाई। जिला महेंद्रगढ़ से वैजन्ती, ज्योति शर्मा, कंचन, नीना, वैदिका, लक्ष्मी सीगड़ा, ऋषाज यादव, अमरपाल, सूर्या, ब्रजण, अनुराग, कर्मपाल ने महेंद्रगढ़ का प्रतिनिधित्व कर क्षेत्र का गौरव बढ़ाया। इस पंद्रह दिवसीय कार्यक्रम में एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वस्थ भारत, राष्ट्रीय एकता के संदर्भ में एक पद यात्रा, सांस्कृतिक कार्यक्रम, निबंध प्रतियोगिता, डिबेट प्रतियोगिता, भाषण प्रतियोगिता और खेल प्रतियोगिता सहित अन्य कार्यक्रमों का भी आयोजन किया गया। इस शिविर अवधि के दौरान योग, सर्व धर्म प्रार्थना, खेलकूद कार्यक्रम, सांस्कृतिक कार्यक्रम, सामूहिक जर्नल, पुस्तक नाटक इत्यादि का भी प्रतिदिन आयोजन करवाया गया। इस कार्यक्रम का उद्देश्य सम्पूर्ण राष्ट्र को एक सूत्र में पिरोकर एक भारत श्रेष्ठ भारत का निर्माण करना है। राज्य निदेशक साहिब सिंह जी ने भारत सरकार द्वारा मनई जा रही महात्मा गाँधी जी 150वीं जयंती वर्ष के अवसर पर इस कार्यक्रम के अंतर्गत एक भारत श्रेष्ठ भारत, स्वच्छ



भारत स्वस्थ भारत, राष्ट्रीय एकता के संदर्भ में एक पद यात्रा को नेहरू युवा केंद्र के राज्य निदेशक जी ने हरी झंडी देकर खाना किया। उन्होंने युवाओं के साथ अपने सेना के दिनों की याद ताजा करते हुए युवाओं को राष्ट्रीय एकता के लिए संकल्पित होने की प्रेरणा दी। उन्होंने कहा कि पहाड़ों का जीवन बेशाक कठिन है, लेकिन वहाँ की संस्कृति शानदार है। ऐसे कार्यक्रम युवाओं को राष्ट्रीय एकता की भावना सिखाते हैं। प्रत्येक युवा राष्ट्र के प्रति समर्पित होकर कार्य करे तो भारत को विश्व गुरु बनने से कोई नहीं रोक सकता। अपने लक्ष्य को पाने के लिए मजबूती, लगन और मेहनत जरूरी है। बीएमडी क्लब के चेयरमैन लक्ष्मी सीगड़ा ने भी आवहन करते हुए कहा कि युवा वर्ग ही एक ऐसा है जो कि जो अनहोनी को हौनी कर सकता है और राष्ट्रीय एकता के लिए अपनी अहम भूमिका निभा सकता है। भारत सरकार द्वारा चलाये गए एक भारत श्रेष्ठ भारत कार्यक्रम के अंतर्गत अंतर राज्य युवा आदान प्रदान कार्यक्रम में एक राज्य के युवा दूसरे राज्य में उनकी भाषा, संस्कृति, खान-पान, रहन-सहन व उनके व्यसाय जानने के लिए प्रवास करते हैं। हरियाणा और

तेलंगाना राज्यों में बहुत सी समानताएँ हैं और दोनों राज्य आपसी विचार-विमर्श के साथ एक दूसरे के संस्कृति, परंपरा और इतिहास को जान कर एक दूसरे से बहुत कुछ सीख सकते हैं। निश्चित रूप से आदान-प्रदान कार्यक्रम से हमें एक-दूसरे की संस्कृति को समझने का मौका मिला है। स्टरेक्स युनिवर्सिटी के वीसी अशोक दिवाकर ने भी मानवाधिकार पर कहा कि जब हम अपने कर्तव्यों का भली भाँति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व संरक्षण करते हैं इसलिए प्रत्येक व्यक्ति को अपने कर्तव्यों पर ध्यान केंद्रित करना चाहिए, ताकि मानवाधिकारों की रक्षा की जा सके। युवा और समय विकास पर कहा कि आज के समय में युवाओं को अपना लक्ष्य केंद्रित कर अपनी उर्जा को सकारात्मक दिशा में लगाना होगी। युवाओं से अपील किया कि वह राष्ट्र निर्माण में अपनी भूमिका सुनिश्चित करें तथा हमारी संस्कृति की विरासत को पीढ़ी दर पीढ़ी संरक्षित रखें। इस शिविर के दौरान लेखाकार अमरजीत शर्मा, लेखाकार बसीम, उपस्थित रहे।

अमर उजाला

हरिद्वार

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कर्नाटक के दल ने किया शांतिकुंज और हरकी पैड़ी का भ्रमण

अमर उजाला ब्यूरो
हरिद्वार। नेहरू युवा केंद्र हरिद्वार की ओर से अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत बृहस्पतिवार को कर्नाटक और उत्तराखंड के सौ युवाओं के दल ने हरिद्वार के धार्मिक स्थलों का भ्रमण

नेहरू युवा केंद्र हरिद्वार की ओर से अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत बृहस्पतिवार को सफाई अभियान चलाकर स्वच्छता का संदेश दिया। साथ ही हरकी पैड़ी पर सफाई अभियान चलाकर लोगों को स्वच्छता का संदेश दिया। अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत कर्नाटक से 50 और उत्तराखंड के हरिद्वार, टिहरी, रुद्रप्रयाग, ऊधमसिंह नगर और देहरादून के 50 युवाओं का दल ने हरिद्वार पहुंचने के बाद बृहस्पतिवार को दल ने विभिन्न धार्मिक स्थलों सहित हरकी पैड़ी स्थित ब्रह्मकुंड का भ्रमण किया। राजीव तोमडिया, कमला जोशी और प्रदीप झा ने युवाओं के दल को हरकी पैड़ी की इतिहास को विस्तार से जानकारी दी। जिला युवा समन्वयक अंकिता ने कहा कि 15 दिवसीय अंतरराज्यीय युवा आदान प्रदान के अंतर्गत एक दूसरे राज्य की संस्कृति से रूबरू हो रहे हैं। कार्यक्रम में मनोज सिराई, रजत शर्मा, धर्म सिंह रावत, मनीष, राहुल, प्रियमा आदि शामिल रहे।

The details of the programme and activities organised under Ek Bharat Shrestha Bharat in 30 places (15 paired States) are given below: -

S. No	Host State	Paired/ Participating State	Date of the programme	Venue of the programme
1	Telangana	Haryana	15.09.2018 to 29.09.2018	Youth Hostel, Secunderabad, Hyderabad, Telangana
2	Kerala	Himachal Pradesh	12.10.2018 to 27.10.2018	Institute of Land and Disaster Management, PTP Nagar, Trivandrum, Kerala
3	Chhattisgarh	Gujarat	20.10.2018 to 03.11.2018	PS Royale Club, Visarjan Kund Road, Mahadev Ghat Raipura, Raipur Chhattisgarh
4	Punjab	Andhra Pradesh	22.10.2018 to 05.11.2018	Youth Hostel Tarn Taran, Punjab
5	Manipur	Nagaland & Madhya Pradesh	22.10.2018 to 05.11.2018	Kodompokpi Sports Complex, Wangjing, Manipur
6	Sikkim	Delhi	01.11.2018 to 15.11.2018	Malling busty, Mangan North Sikkim
7	Jammu & Kashmir	Tamil Nadu	12.11.2018 to 26.11.2018	Youth Hostel, Nagrota (Jammu)
8	Maharashtra	Odisha	12.11.2018 to 26.11.2018	New zealand Hostel, Aare Colony, Goregaon East, Maharashtra
9	Himachal Pradesh	Kerala	13.11.2018 to 27.11.2018	Dev Sadan Dhalpur, Kullu, Himachal Pradesh
10	Puducherry	Daman & Diu	14.11.2018 to 28.11.2018	Youth Hostel, Puducherry
11	Assam	Rajasthan	15.11.2018 to 29.11.2018	Indian Institute of Entrepreneurship, Guwahati, Assam
12	Jharkhand	Goa	15.11.2018 to 29.11.2018	Shagun Banquet Hall, Near Maruti Show Room, Mohanpur, Panchamba Road, Giridih, Jharkhand
13	Meghalaya	Arunachal Pradesh & Uttar Pradesh	15.11.2018 to 29.11.2018	Youth Hostel, Shillong, Meghalaya
14	Andhra Pradesh	Punjab	21.11.2018 to 05.12.2018	Nalanda Institute of Engineering and Technology, Kantepudi, Sattenapalli, Guntur, Andhra Pradesh
15	Tripura	Bihar & Mizoram	21.11.2018 to 05.12.2018	Tripura state Cooperative Union, A.D. Nagar, Agartala

S. No	Host State	Paired/ Participating State	Date of the programme	Venue of the programme
16	Delhi	Sikkim	07.12.2018 to 21.12.2018	Gandhi Smriti & Darshan Samiti, Raj Ghat, New Delhi
17	Madhya Pradesh	Manipur & Nagaland	07.12.2018 to 21.12.2018	WALMI Hills, Kolar Rd, Bhopal, Madhya Pradesh
18	Karnataka	Uttarakhand	07.12.2018 to 21.12.2018	National Institute for SHG Training Pragathi Sauda, Udupi, Karnataka
19	Uttar Pradesh	Arunachal Pradesh & Meghalaya	08.12.2018 to 22.12.2018	Saksharta Niketan, Lucknow, Uttar Pradesh
20	Tamil Nadu	Jammu & Kashmir	10.12.2018 to 24.12.2018	Youth Hostel, Adayar, Chennai, Tamil Nadu
21	Dadra & Nagar Haveli	Chandigarh	15.12.2018 to 29.12.2018	Farmer Training Centre Dokmardi, Silvassa, Dadra Nagar Haveli (U.T)
22	Haryana	Telangana	16.12.2018 to 30.12.2018	Starex University, NH-8, Binola Village, Gurugram, Haryana
23	Daman & Diu	Puducherry	18.12.2018 to 01.01.2019	Bhimpore Ashramshala, Nani Daman, Daman
24	Gujarat	Chhattisgarh	25.12.2018 to 07.01.2019	Govt. Youth Hostel, Sector-16, Gandhinagar
25	Odisha	Maharashtra	7.01.2019 to 21.01.2019	Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar
26	Rajasthan	Assam	19.01.2019 to 02.02.2019	Shankara Group of Institutions, Riico Industrial Area Kukas, Delhi Road- Jaipur, Rajasthan
27	Goa	Jharkhand	24.01.2019 to 7.02.2019	Farmers Training Center, Ela Old Goa
28	Uttarakhand	Karnataka	14.02.2019 to 28.02.2019	Youth Hostel, Mussorie, Uttarakhand
29	Chandigarh	Dadra and Nagar Haveli	20.02.2019 to 6.03. 2019.	Rajiv Gandhi National Institute for Youth Development (RGNIYD) regional centre, Sector 12, Chandigarh.
30	Bihar	Tripura & Mizoram	2.03.2019 to 16.03.2019.	Youth Hostel, Fraser Road, Patna, Bihar

VENUE WISE DETAILS OF PROGRAMME

1. **Telangana and Haryana (w.e.f 15th Sept 2018 to 29th Sept 2018) at Rangareddy (Telangana)**

Nehru Yuva Kendra, Rangareddy, Telangana organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel Secunderabad, Hyderabad w.e.f. 15th Sept 2018 to 29th Sept 2018. The programme was inaugurated on 16th Sept 2018.

Sh. Bandaru Dattatreya, Hon'ble Member of Parliament, Lok Sabha was the Chief Guest in the inaugural function. Sh. Abdul Azeem, State Director, Youth Services, Govt. of Telangana presided over the inaugural function and blessed the youth for their future endeavours.



Sh. Bandaru Dattatreya, Hon'ble MP inaugurating the programme

Hon'ble Member of Parliament while addressing the participating youth stressed upon the importance of National Integration and exhorted youth of Telangana and Haryana States to learn the languages of Telugu and Hindi simultaneously. He spoke on the diversity of our nation in term of its culture, custom, food habits, languages and emphasized upon the national unity. Shri Shekhar Rao Parela, Ex- Vice Chairperson, NYKS, addressed the youth and stated that the youth should learn from each other the special cooking items of Telangana and Haryana States in the 15 days Inter State Youth Exchange Programme.



The fifteen days programme included daily activities like Yoga & exercise, flag hosting, singing of National Anthem, academic sessions, interactive Sessions, field visits, group discussions, language learning, experience sharing & Yuva Sankalp pledge etc.



Sh. C.P. Singh, Asst. Professor, Hindi Maha Vidyalaya conducted Debate and Essay Competition on the topic of Ek Bharat Shrestha Bharat. This was followed by cultural presentation. Language learning session was organised during the camp for learning 50 words of Telugu & 50 words of Hindi. Interaction of participants with All India Radio officials made the programme more interesting. Folk Dance programme was organised during the camp.





The participants were taken for field visit to Charminar, Macca Masjid (Hyderabad), Salarjam Museum, Saroornagar Stadium, Bhagya Laxmi Temple & Golconda Fort in Hyderabad and National Institute of Rural Development (NIRD).

Friendly matches were organised in Kabaddi & Volley Ball between the participants of paired States.



Lecture on RTI Act (Right to Information Act), Panchayati Raj System and Gandhi & his philosophy were conducted by Sh. Sarvodaya Prasad. The participants also participated in Ganesh Utsav.





Practical and Interactive session on Tourism development, Sericulture & Floriculture was organised. A culinary festival was organised during the programme by the participants of both states which was widely appreciated.

Group Discussions were organised on various Government Schemes of Haryana and Telangana.



Adventure (trekking) programme was organised for the participants led by captain Rangarao of Adventure Club, Hyderabad to inculcate the spirit of adventure among the participants and for nature appreciation. A film show on Ek Bharat Shreshtha Bharat was also screened on the occasion.



Valedictory function was organised on 29th Sep, 2018. Shri K.V Ramanacharya, Advisor to Govt. of Telangana for Culture, Tourism & Youth Services was the Chief Guest. Md. Azeem, Director, Youth Services, Govt of Telangana was the Guest of Honor. Prizes were given to winners & certificates were given to all participants.



A total of 92 youth participated in the programme 47 youth participated from 5 districts of Haryana State and 45 youth participated from 5 districts of Telangana State.

2. Kerala and Himachal Pradesh (w.e.f. 12th Oct, 2018 to 27th Oct, 2018) at Trivendrum (Kerala)

Nehru Yuva Kendra Sangathan, Kerala organised the Inter State Youth Exchange Programme (Ek Bharat Shreshtha Bharat) at Institute of Land and Disaster Management, PTP Nagar, Trivandrum w.e.f. 12th Oct, 2018 to 27th Oct, 2018.

The Inaugural ceremony was organised on 13th October, 2018. The Chief Guest of the inaugural function was Dr. A. Jayathilak, IAS, Secretary, Department of Sports and Youth Affairs, Govt. of Kerala. Dr. A. Jayatilak in his address drew parallels between the two states- Kerala and Himachal Pradesh with special reference to progress in Education, Social, Cultural and Tourism aspects of both States.



Dr. A. Jayathilak, IAS, Secretary, Deptt. of Sports and Youth Affairs, Govt. of Kerala

Session on Youth-Profile- Characteristics, their demographic dividends, advantage held by the Asian countries in general and India in particular was taken by Sh. S. Satheeshe, SD, NYKS, Kerala. This was followed by a Cultural Programme which showcased the rich Cultural Heritage of both the states.



The Cultural evening was organised for the participants which was presided by Gram Panchayat President Sh. L V Ajaya Kumar. Shri I. B. Satheesh, Hon'ble MLA inaugurated the Cultural evening.

The cultural night included as diverse culture of Kerala and Himachal Pradesh, ranging from Kulluvi dance to Malayalam street play.



I. B. Satheesh, Hon'ble MLA, Kerala inaugurating cultural evening

Shri Shashi Tharoor, Hon'ble Member of Parliament interacted with the participants in the session "A walk with Shashi Tharoor" at the Museum and Zoo Campus.



Participants interacting with Sh. Shashi Tharoor, Hon'ble MP

The participants got opportunity to interact with Shri P. Sathasivam, Hon'ble Governor of Kerala at Raj Bhawan. The important topic of the interaction with Hon'ble Governor included Kerala Model Development and National Integration.



Participants interacted with Sh. P. Sathasivam. Hon'ble Governor of Kerala

The Participants visited All India Radio Studio, Thiruvananthapuram where they were taken around the studios and transmission control rooms by the senior engineer who also explained how studio programs are recorded.



A session on Fighting Rescue Relief Operations- First Aid was conducted by Mr. Pratapachandran, Faculty of Institute of Land and Disaster Management.

Recorded speech of Hon'ble Prime Minister of India on Ek Bharat Shreshtha Bharat and National Integration was shown to the participants. Socio Cultural aspects of Kerala state was also discussed in detail during the programme.



The participants were taken to block Panchayat to learn the working of Panchayat and various Scheme viz. MGNREGA, Anganwadi and Forest Management etc.

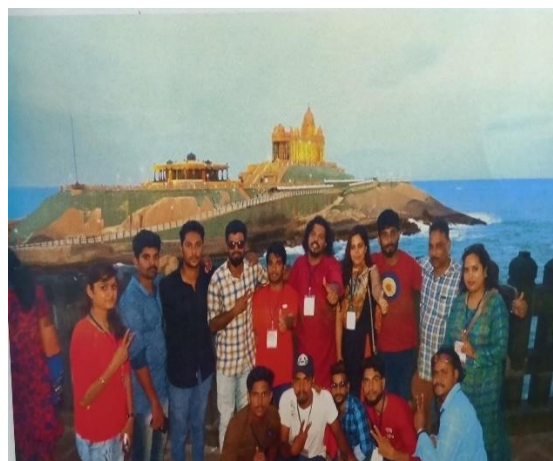


The core programme of the camp also included Group Discussion, Experience Sharing, Debates, Games and Sports, visit to Grass Root Level Democratic Institutions viz. SHGs, Schools, Public Health Centres, Anganwadi Centres and Panchayat Office.





Field Visits were organised for the participants. The participants were taken to hydroelectricity project and water management system, Vivekananda rock meditation centre, Kanyakumari, Vattakottai, East Fort, Connamera Market, Padmanabbha Swami Temple, Chaklai Bazar, Zoological Park and Techno Park Campus. The Participants got an opportunity to understand the brief history of IT industry in Kerala and the role of youth in start-ups.





The Valedictory function was organised on 26th October, 2018. The Chief Guest of the Valedictory function was Ms. Pranjal Patil, IAS, Assistant Collector, Ernakulam District. The programme concluded with the remarks of Additional Collector that Leadership, hard work and self-determination can lead youth towards success.



Ms. Pranjal Patil, IAS, Assistant Collector, Ernakulam District distributed certificates to Participants



A total of 100 participants (53 from Kerala and 47 from Himachal Pradesh) participated in the programme.

3. Chhattisgarh and Gujarat (w.e.f 20th Oct, 2018 to 3rd Nov, 2018) at Raipur (Chhattisgarh)

Nehru Yuva Kendra Sangathan, Chhattisgarh organised the Inter State Youth Exchange Programme (Ek Bharat Shreshtha Bharat) at PS Royale Club, Visarjan Kund Road, Mahadev Ghat Raipura, Raipur, Chhattisgarh w.e.f. 20th Oct, 2018 to 3rd Nov, 2018.

The programme was inaugurated on 23rd October, 2018. The Chief Guests in the inaugural function were Sh. Harsh Vardhan Tiwari, Ex Chancellor of Pandit Ravi Shankar Shukla University, Raipur, Chhattisgarh & Ex-Vice Chancellor of Bhopal University Madhya Pradesh.



Chief Guest of the inaugural function addressed the participants and stressed on their active participation of youth for the success of the Ek Bharat Shreshtha Bharat Programme. Smt.

Ramadatt, Cultural Artist depicted the culture of Chhattisgarh through traditional Tribal dance performance on the occasion.

The fifteen days programme included daily activities like Yoga, exercise & meditation, sessions, group discussion etc.

On the very first day of Ek Bharat Shrestha Bharat (EBSB) programme NYC, Raipur addressed the participants on the theme and ideas of EBSB and gave an overview of entire Programme. Participants were also introduced to each other through Ice Breaking Session. This was followed by Cultural Presentation from the participants of both the paired States.



The activities included session on Awareness on Social Media- Its Advantages and Disadvantages. The session was taken by Mr. Sanjay Sharma. Dr. Mukesh Shah gave a talk on patriotism, he also discussed about National flag in detail. Ms. Kamini Bawanka, District Coordinator of election of India, Raipur, Chhattisgarh talked on Voter Awareness Programme. She stressed on importance of even single vote in election and also discussed NATO (None of the Above) option with the participants.



The Programme included session on Voter Awareness, traditional cuisines of Chhattisgarh and Gujarat, Heritage walk, Dance forms, music, culture & history of Gujarat and Chhattisgarh. Mock Gram Sabha was organised by the participants on theme of Ek Bharat Shrestha Bharat. Song competition was also organised on the occasion.



Motivational session was taken by Sh. B.N. Rao, Professional motivator.

Friendly games were played between the participants of both States on various games & sports viz. Football, Kho-Kho & Kabaddi.





Field visit programme was organised for the participants to historically important Boramdev Temple, Kawardha, Neelam Garden, Purani Basti, Mahamaya Temple & Jai Utsav Math etc.





The programme was concluded on 3rd November, 2018. The chief guest of the closing ceremony was Mr. Pradeep Govind Shitute (President of Brite Foundation, Raipur). Mr. Yogesh Chouhan (Vice-President of Brite foundation), Mr. Sanjay Sharma (Regional Coordinator of VANI, Raipur) and Mrs. Neelam Mishra (Sahityakar) were Guests of Honor. The resource material kits and certificates were given to all the participants.



A total of 100 Youth participated in the programme. 52 youth participated from 5 districts of Chhattisgarh State and 48 youth participated from 4 districts of Gujarat State.

4. Punjab and Andhra Pradesh (w.e.f 22nd October 2018 to 5th November 2018) at Tarn Taran (Punjab)

Nehru Yuva Kendra, Tarn Taran organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Tarn Taran w.e.f. 22nd October 2018 to 5th November 2018.

The programme was inaugurated on 23rd October, 2018 by Shri Pradeep Kumar Sabharwal, District Collector, Tarn Taran.

The District Collector administered the Ek Bharat Shrestha Bharat pledge to the participants in the inaugural ceremony. The inaugural function was followed by cultural presentation of both the states.



Inaugural Function in the presence of Sh. Pradeep Kr. Sabharwal, District Collector, Tarn Taran



Shri Rajiv Madan, resource person talked on language, arts and culture of Punjab & Andhra Pradesh States and on ways & means to strengthen the bond between two states. He also spoke on Patriotism & Nation Building. He discussed in detail about Indian Constitution and organised role play for the participants on Mock Gram Sabha.



This was followed by group discussion & group presentation. Language learning program on Telegu, Punjabi & Hindi were also organised.

Sh. Dalbir Singh, District Sports officer took session on Importance of sports & Games. He emphasised that youth should take part in Sports & Games for their overall development & participation in development process.



The participants got opportunity to interact with District Collector, Tarn Taran in his office & got information on various development schemes and programmes.

This was followed by organisation of Padyatra commemorating 150th Birth Anniversary of Mahatma Gandhi. The Padyatra was flagged off by Shri Pradeep Kumar Sabharwal, District Collector, Tarn Taran.



Field visit was organised for the participants. The participants were taken to Shri Arjun Dev Gurudwara, Bagha Border, Buddha Sahib Gurudwara, Swarna Mandir, Amritsar & Jalianwala Bagh etc.



Sessions on Time Management, Intelligence and Patriotism were taken by resource persons. Ms. Vibhuti Sharma gave presentation on gender issues, dowry & foeticide which was followed by group discussion. A session on Role of Youth in Nation Development was taken by Deputy Collector.



District Civil Surgeon talked on Swastha Bharat, Swachh Bharat and gave call to youth for making the country Ek Bharat Shrestha Bharat.



Run for Unity event was organised for participants on 31st Oct, 2018 followed by session on youth & nation development. Cultural performances viz. Gidda & Bhangra were presented by youth Club, Pathankot. This was followed by Patriotic dance performance of I.T.C Kadgil.

The programme was concluded on 5th November, 2018. Sh. Pradeep Kumar Sabharwal, District Collector, was the Chief Guest of the concluding function. The Chief Guest distributed prizes and certificate to winners & participants of different competition.



Sh. Pradeep Kr. Sabharwal, District Collector during Concluding Function

A total of 102 youths (56 from 5 district of Punjab & 46 from 5 district of Andhra Pradesh) participated in the programme.

5. Manipur and Nagaland and Madhya Pradesh (22nd October, 2018 to 5th November, 2018) at Imphal (Manipur)

Nehru Yuva Kendra, Manipur organised the Inter State Youth Exchange Programme (EBSB) at Kodompokpi Sports Complex, Wangjing w.e.f. 22nd October, 2018 to 5th November, 2018. The Programme was inaugurated by Sh. Th. Radheshyam Singh, Hon'ble Minister, Education & Labour, Govt. of Manipur. Shri Letpao Haokip, Hon'ble Minister, Water Resources, Youth Affairs & Sports, Govt. of Manipur was the Guest of Honor in the inaugural programme.



Sh. Th. Radheshyam Singh, Hon'ble Minister and Sh. Letpao Haokip, Hon'ble Minister during Inauguration Function

Hon'ble Minister gave a detailed insight into the aims and objectives of the programme and also mentioned that by learning the languages, songs & dances of other states, youths can gain extra knowledge and this will bring unity among the people. He also thanked NYKS for organising such a unique programme for the youth.

Shri Letpao Haokip, Hon'ble Minister, Youth Affairs & Sports, Manipur wished a grand success for the programme & advised the participants to respect each other's culture, traditions & also food habits. Participants from Sehore district sung the Inaugural Song.

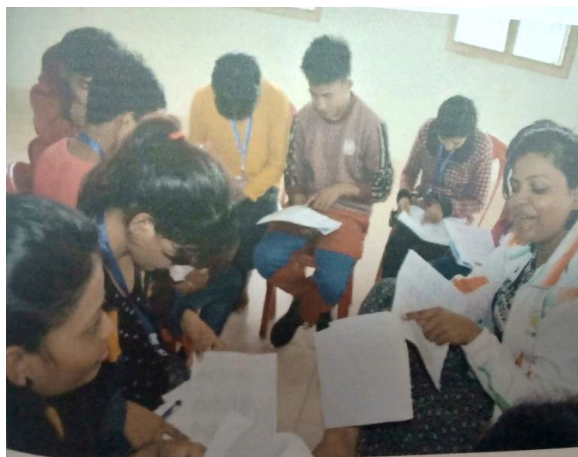


Daily activities included Yoga Practice initiated by Parayoga team from Imphal west district.

The activities included Drawing, Painting competition and language learning programme. The programmes were held under the guidance of Shri K. Ronel Singh.



The participants actively took part in drawing, painting completion and language learning programme. Through the language learning programme, participants from paired states become familiar with each other's language.



Debate competition was organised during the camp. The debate competition was adjudged by Shri H. Suresh Kumar Singh, lecturer, IRE College of Education. Various dances, songs & acrobatic performances were performed by the participants.

Culinary Festival was organised to make the participants aware about each other's cuisine and food habits. Cultural Programme & entertainment programme was also organised every day in the camp.

Shri N. Rajiv Kumar Singh, Principal, Institute of Rural Education Group of Institutions, Wangjingtook a session on leadership qualities and Role of Youth leaders in Nation Building. Session on “Healthy foods for Healthy living, how to live at Bay from diseases” was taken by Dr. Kshmanglem Singh, Health Specialist & Rtrd. Chief Medical Officer.



Participants from both states were taken to MMRC Unity Park, Khangabok depicting the traditional cultures of Manipuri society. Youth Parliament was organised on the topic of “Role of Youths in Nation Building”.



Friendly football matches and Kabaddi matches were played between participants from Madhya Pradesh and Manipur states.

Prof. M.C. Arun of Manipur University took a session on Provisions of Constitution on 73rd Amendment Act 1992 & 74th Amendment related to Gram Panchayat. Quiz Competition was conducted by Mr. Zingo Singh in which 3 teams from paired states participated.



Participants took part in cultural Rally organised during the programme at Wangjing Municipality area which was flagged off by Sh. N. Thoiba Singh, Vice Chairperson, Wangjing Municipal Council. On 31st October i.e. National Unity day, and Unity Run was organised. Floral

tribute to Sardar Vallabhbhai Patel was offered by the participants.



The programme was concluded on 4th November, 2018. Sh. K. Meghachandra Singh, Hon'ble MLA was the Chief Guest of concluding function. Participants from Madhya Pradesh sung a welcome song in Manipuri and various cultural programmes were performed by Tikamgarh team of Madhya Pradesh. Prizes and Certificates were distributed to the participants.



A total of 100 Youths (50 from 5 district of Madhya Pradesh & 50 from 1 district of Nagaland & 3 district of Manipur) participated in the programme.

6. Sikkim and Delhi (w.e.f. 1st Nov, 2018 to 15th Nov, 2018) at Sikkim

Nehru Yuva Kendra, Sikkim organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Malling Busty, Mangan North Sikkim w.e.f. 1st November to 15th November, 2018.

The Programme was inaugurated at Mangan (North Sikkim) on 2nd November, 2018 by Sh. T. Wangdi Lepcha, Hon'ble Minister of Forest Environment. Chief Guests were welcomed by Shri M.T. Sherpa.



Sh. T. Wangdi Lepcha, Hon'ble Minsiter delivering speech during Inauguration

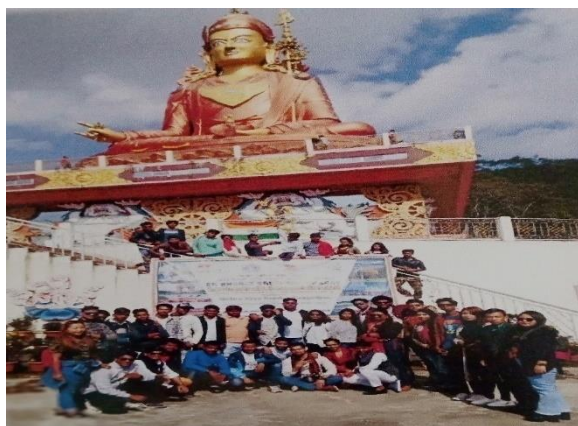
Programme started with experience sharing of the participants followed by cultural presentation by participants of Delhi & Mallang Youth Club, North Sikkim. Sh. Karma R. Bonpo, IAS, District Collector motivated the participants to be positive in life & to become successful human being by focusing on positivity & youth empowerment. Sh. T. Wangdi Lepcha, Hon'ble Minister Forest, Environment & Wildlife Management, Mines, Minerals & Geology and Science and Technology Departments Govt of Sikkim in his speech he gave detailed information to the participants on development of Sikkim State.



A Quiz competition was conducted among the participants of both states. Mr. Jikme Norbu Bhutia, State Youth Awardee guided the quiz competition. Declamation contest on Patriotism and Nation Building was conducted as an important activity during the programme. Certificates & prizes were distributed to the winners and participation certificate to the participants.



Field visit was organised for the Participants. Participants were taken to visit Ringhim Monastery in North Sikkim and Helipad at Sumin Village, East Sikkim. They were welcomed by Sh. Shri Tashi Chopel Bhutia. A trip was made to the Gangtok Local Sightseeing, Ban Jahkri Water Falls, then to Lasha Falls, Ganesh Tok and to the market M.G.



Road, Upper Sumin Monastery (a Buddhist Temple), to the organic farming of Sumin Village and to the Middle Sumin Monastery (one of the oldest monastery of Sumin), Namchi Chardham (Lord Shiv temple & all four dhams together) and Samdruptse (Buddhist temple) etc.



Participants also interacted with the local families to learn local language and culture. Sumin Evergreen club arranged a welcome programme at local public ground where a Cultural Exchange Programme between Sikkim Local Participants and Delhi Participants in a competitive manner was organised. Nepali and Bhutia song were presented by renowned local artist.



Friendly football match between Delhi team and Sumin Village team was organised in the evening.

Participants were taken to Namthang Village, South Sikkim. Participants learnt yoga under the guidance of Sh. Yadunath Mishra. A friendly cricket match between Delhi team and Sikkim team was organised. Traditional dances of Sikkim were also organised during the occasion.



A Motivational session on Voluntary Blood Donation and its necessity was taken by Sh. Deepak Rai, Ex-NYV and the Secretary of Voluntary Blood Donor association of Sikkim. Cultural exchange programme was organised thereafter between the participants of both the states.



Participants were also taken to the place where Coronation Throne of the Chogyal (king) Phuntsog Namgyal of the Chogyal Dynasty was situated. Further visits were made to Holy Khartok lake and local market of Gayzing West Sikkim.



Sh. Ganga Prasad, Hon'ble Governor of Sikkim interacted with the participants

The Programme was concluded on 14th November, 2018. Shri Ganga Prasad, Hon'ble Governor of Sikkim was the chief guest of the valedictory function. The concluding ceremony was organised at Governor House, Gangtok. Dr. K Jayakumar, Additional Chief Secretary, Govt. of Sikkim was the Guest of Honor in the concluding function.



Hon'ble Governor in his speech emphasised on the duties and responsibilities of citizen in a democratic society. He further elaborated on need to learn various languages, concept of unity in diversity, culture, history, geography of our country.

A total of 100 Youths (50 from 5 districts of Delhi and 50 from 4 districts of Sikkim) participated in the programme.



7. Jammu and Kashmir and Tamil Nadu (w.e.f 12th Nov, 2018 to 26th Nov, 2018) at Jammu (J&K)

Nehru Yuva Kendra, Jammu organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Nagrota (Jammu) w.e.f. 12th November, 2018 to 26th November, 2018.

The programme was inaugurated on 13th November, 2018. Dr. Saleem-ul-Rehman, Director General, Directorate of Youth Services & Sports inaugurated the programme by lighting the lamp.



Dr. Saleem-ul-Rehman, Director General, Directorate of Youth Services & Sports

In Inauguration function participants of both states presented their folk dances viz. Karghatam, Oilyatam, Silambatam, Kolattam & Dogri etc.



Early morning daily activities included Yoga and Meditation. Friendly Volleyball matches were played between the participants of both the States.

Debate Competition on topic of "Ek Bharat Shrestha Bharat" was organised in which Sh. Ram Paul Dogra, Senior Journalist, Jammu was the judge for the competition. Language

exchange programme was organised to learn different sentences in Tamil and Hindi language. Sh. Shiv Kumar Sharma from SEBI conducted an interactive session with the participants and provided information about SEBI & financial inclusion schemes of Govt. of India.

Session on history of Jammu and Kashmir, its dialects was organised to make the participants more informed about J & K State. Group discussion on topic of “Food Diversity Across the country & its importance” was organised.



Cultural programme was organized in which participants from both the paired States participated. Mr. Sameer Bhat, News Bureau Chief, News 18 Urdu was the chief guest in the cultural programme. The participants paid floral tribute to Pt. Jawaharlal Lal Nehru on the occasion of NYKS foundation day (i.e. 14th November). In the evening, friendly cricket matches were played between the participants of both States.



Field visits were organised for the participants to Surinsar & Mansar, Sansar, Nathatopa (highest radar of IAF), Patnitop, Batote, Kud & Nashri tunnel, Children Park, Karlah Temple, Balidaan Stambh, Industrial Area Bari Brahmana, Bagh-e-Bahu, Mahakali Temple, Bawe & Fish Aquarium, Vaishno Devi Temple, Baan Ganga, Charan Paduka, Aadhkuwari, Himkoti, Bhairav Ghati and Jhiri (an annual fair) etc.



The programme was concluded on 26th November, 2018. Sh. Taarik Hussain Naik, Sub-Divisional Magistrate Math, District, Jammu was the chief Guest of the concluding function. The Chief Guest distributed prizes to winners and certificates to all the participants.



Participants with Sh. Taarik Hussain Naik, Sub Divisional Magistrate Math, District Magistrate

A total of 105 youths (44 from 5 district of Tamil Nadu & 61 from 6 districts of Jammu & Kashmir) participated in the programme.

8. Maharashtra and Odisha (w.e.f 12th Nov, 2018 to 26th Nov, 2018) at Mumbai (Maharashtra)

Nehru Yuva Kendra, Mumbai organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Newzealand Hostel, Aare Colony, Goregaon East, w.e.f. 12th November, 2018 to 26th November, 2018.



Sh. Gopal Shetty, Hon'ble MP, Mumbai during the Inauguration Programme

The Programme was inaugurated on 13th November, 2018. Shri Gopal Shetty, Hon'ble MP, Mumbai was the Chief Guest of the inaugural function. Shri Rahul More, Additional Commissioner, Women & Child Welfare Department, Government of Maharashtra, Shri Gadadhar Sethi, District lead Bank officer, Mumbai, Smt. Sucharitha Kanak Ratnam, educationalist & founder of "Yaatra Ek Raah", Mumbai were the Guests of Honor.



Hon'ble Member of Parliament gave a talk on Flagship Programme of Govt. of India. He appreciated the initiative taken by Govt. for organising the Inter State Youth Exchange Programme. On the same day, Smt. Rasika Anerao took an Interactive Session on "Promotion of National Integration".



Participants were taken to Dairy Science Institute. Resource Person Smt. Anuja Hangarge, PC, NYK, Pune conducted motivational session on various social issues.

Session on “Ek Bharat Shrestha Bharat”- understanding Threats & Challenges posed by divisive forces, Brief history of Maharashtra & Odisha, Patriotism & Nation Building were conducted by Sh. Snehil Dhalli, Criminologist, Mumbai. Sh. Malakraj Panchbhai, Programme Executive, Doordarshan took a session on Provision of Constitution (73rd Amendment) Act, 1992 and 74th Amendment Act 1992 & on Gram Sabha.



Prof. Sanjay Shirwadkar gave a talk on India & its socio-cultural importance & its significance. A session on Spirituality in view of Swami Vivekananda was also organised during the programme. Interactive Session on diversity of food across the country & its importance in National Integration was conducted. Session and Group Discussion were held on Appreciation of language, dialect and alphabets, Songs and Dance Contest of each partner state. Importance of Positivity was conducted by Sh. Sandesh Lalge & Smt. Swati Sathe of Nirmala Niketan College of Social Work, Mumbai.

Organisation of Youth Parliament on Best practices in Governance in the field of healthcare, education, sanitation & use of technology was organised followed by Group discussions. Sports events were organised. Session on PM Flagship Programme was conducted by Sh. Amit Kothwade, CM fellowship, Govt. of Maharashtra. “Screening of documentary film of partner states” was screened during the programme.



Plays and Acts on various social issues were presented by the participants. Cultural Programme of Odisha & Maharashtra in traditional costume & Dress festival were organised.



Activities like essay competition on Nation Development was organised during the camp. Group discussion on development programmes were organised for the participants.



Visit to historical places viz. Sanjay Gandhi National Park, Kanheri Caves, Borivali Market, Oberoi Mall, Juhu Beach, Goregaon, Bandra Stand, Hazi Ali, Hanging Garden, Gateway of India, Marine Drive etc. were organised for the participants.





The programme was concluded on 25th Nov, 2018. Sh. Jay Prakash Thakur, Senior Social Activist, Mumbai was the Chief Guest in valedictory function. The chief guest distributed prizes & certificates to winners & participants of different competition.



A total of 100 youths (50 from 4 district of Odisha & 50 from 6 district of Maharashtra) participated in the programme.

9. Himachal Pradesh and Kerala (w.e.f 13th Nov, 2018 to 27th Nov, 2018) at Kullu (Himachal Pradesh)

Nehru Yuva Kendra, Kullu organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Dev Sadan Dhalpur, Kullu, Himachal Pradesh w.e.f. 13th November, 2018 to 27th November, 2018.



The programme was inaugurated on 14th November, 2018. Sh. Govind Singh Thakur, Hon'ble Forest, Transport and Youth Affairs & Sports Minister, Govt. of Himachal Pradesh was the Chief Guest of the Inaugural function. Hon'ble Minister in his speech said to the participants to utilize their energy for social and national cause. He further elaborated that there are plenty of instances where young people have

brought social change by their sincere efforts.

Hon'ble Minister highlighted on the contribution of Sardar Vallabh Bhai Patel in unionisation of the country soon after we got independence. He said that Hon'ble Prime Minister very honestly initiated various schemes towards national integration and overall development of the nation. On this occasion Sh. Surender Sourie, Hon'ble MLA, Banjar asked youth to follow the good deeds of our National Heroes and Prime Minister. NYK also involved senior officers from District Administration, Police Administration, Line Department, PRI's, NGO's, Youth Club/Mahila Mandals, SHG's, Individual & Head of all religious institution, DACYP members for making this mega activity a grand success.



Sh. Govind Singh Thakur, Hon'ble Minister



Activities included Presentation by Kargil War Hero Brig. Kushal Thakur on National Issues and Role of Indian Army. He also asked the participants to join Indian Army for better services in favour of our nation. He also expressed that youth can change the society by taking pledge to be a good citizen. Dy. Commissioner, Additional District Magistrate, Sub-Divisional Magistrate, Dy. Commissioner, Assistant Commissioner and Chief Medical Officer also took sessions & interacted with participants.

This was followed by organisation of cultural programme in which Kerala's folk dances, Group songs, folk songs, Kangra dance, una dance, Kullu Naati dance of Himachal Pradesh were presented by the participants from Kerala & Himachal Pradesh.



A Padyatra Programme was organised in which participants dressed in traditional costume took part. The padyatra programme was organised to commemorate the 150th Birth Anniversary of Mahatma Gandhi. It was flagged by Sh. Yunus (IAS), Deputy Commissioner, Kullu. The Padyatra traversed from Maharaja Yuvak Mandal Peej to Jamlu Devji Mandir Parisar, Kullu.

Sessions on topics of Indian Freedom Struggle, Role of Mahatma Gandhi & Role of Jawaharlal Nehru in freedom struggle were conducted. Poster making competition on freedom struggle was organised under the guidance of Sh. Amit Guleria, SDM, Kullu.



An Exhibition on artillery & weapon drill was organised for the participants under the guidance and supervision of Sh. Rajesh Joshi, Deputy Commandant, ITBP. Session & demonstration on Disaster Management was conducted by Commander K.K. Bhandari.

A Traditional dress festival was also organised during the camp.



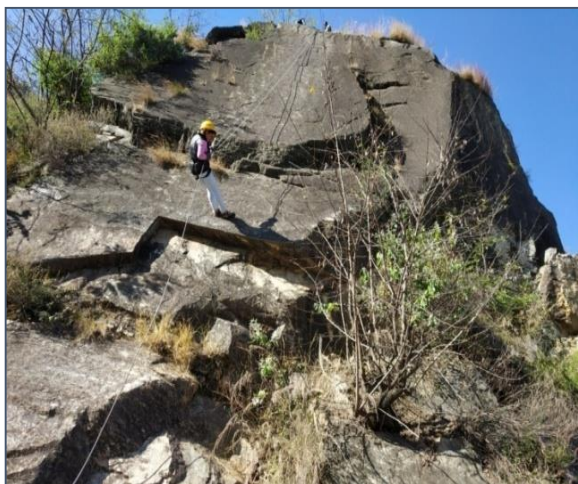
Sh. Pawan Bhardwaj, General Manager, DIC took a session on Industrial development and its importance for youth. This was followed by another session on Employment Generation conducted by Sh. Vivek Sharma, Development Officer, KVIB Kullu. Declamation Contest on “Ek Bharat Shrestha Bharat” was conducted by Dr. Ramesh Chandel, Director of Kala Suman Rang Manch, Kullu.



Cultural Activity of Kerala & Himachal Pradesh was also organised. A session was conducted on Role of Media by Sh. Shyam Kulvi & on Women Empowerment by Smt. Madhur Veena, Director, Mahila Kalyan Mandal. Experience Sharing session & Ice Breaking Session were organised for the participants. Lecture on Skill Development & Swacch Bharat was conducted by Sh. Jitender Thakur, CMD Green hills. Participants also organised food stalls & donated blood in Red Cross festival.



Field visit was organised for the participants. The participants visited to Church, Gurudwara Sahib, Jama Masjid, Sacred Vyas River, Manikarana Temple, and Weavers Cooperative Society etc. Adventure Activities like Jumaring, Fox flying, Rock Climbing, rippling etc. were also organised for the participants.



The programme was concluded on 27th Nov, 2018. Smt. Shalini Agnihotri, IPS, Superintendent of Police was the Chief Guest in valedictory function. The Chief Guest distributed prizes & certificates to winners & participants of different competition.



A total of 100 youths (47 from 7 district of Kerala & 53 from 6 district of Himachal Pradesh) participated in the programme.



Smt. Shalini Agnihotri, IPS, Superintendent of Police distributing prizes to the participants

10. Puducherry and Daman & Diu (w.e.f 14th Nov, 2018 to 28th Nov, 2018) at Puducherry

Nehru Yuva Kendra, Puducherry organised the Inter State Youth Exchange Programme (EBSB) at Youth Hostel, Puducherry w.e.f. 14th November, 2018 to 28th November, 2018.



Sh. R. Radhakrishnan, Hon'ble MP during inaugurated the programme

The Programme was inaugurated by Shri R. Radhakrishnan, Hon'ble Member of Parliament. He delivered his speech on 'Youth Empowerment'. Shri Vaiyapuri Monikandan, MLA was the Guest of Honor in the inaugural function.



Participants interacted with Dr. Kiren Bed, Hon'ble Lieutenant Governor

On the very first day, S. Satheese (State Director, NYKS, Tamilnadu, Puducherry & Kerala) briefed the participants about Ek Bharat Shreshtha Bharat & the aims & objectives of the programme. The participants were taken to Rajnivas where they interacted with Lieutenant Governor Dr. Kiran Bedi & performed "Fisherman Dance" in the Darbar. Smt Helen Rani, DYC, Puducherry facilitated the participants to introduce themselves with Honb'le Governor.



The participants were given Skill Development Training on Mobile Phone Service by Resource person Mr. Narmath Kumar, Faculty, Rural & Urban Society, Puducherry. He also exhibited a demo of mobile phone assembly. Mr. Sakthivel, Founder of 360 White Town, Puducherry spoke on Tourism-Scope-Employability & explained the participants about natural beauty & preservation of French heritage with Indian culture in Pondicherry.



Field Visit was conducted for the participants. Participants were divided into 4 groups for field visit. Group 1 visited to Villianpur Gram Panchayat where they learnt about different tier of administration in a district. Group 2 visited Municipal Office, Puducherry where they met Municipal Commissioner Mr. Adarsh. Group 3 visited Anganwadi Center at Solai Nagar and interacted with the staff. Group 4 visited NGO- BLESS" which helped them to get more clarity about working of NGOs. Participants also interacted with NSS students. Resource Person Dr. Kuzhanthaisamy, State NSS officer, Puducherry discussed about Values of Youth & State Director, NYK, Shri. S. Satheese discussed about "Problems of Youth".



Smt. Helen Rani, DYK Puducherry conducted Cultural dress fashion show & winners were awarded.



In Cultural programme- Portugese dance was performed by Daman participants & Classical Welcome Dance was performed by Puducherry participants and dance on Farmer life was performed by Daman contingent.



Dr. Kalaivendhan took a session on “Drug Abuse & its consequences”. Dr. Ram Kumar, Dean, Rajiv Gandhi Institute of Veterinary Education & Research (RIVER) took a session on Entrepreneurship- “Key to Start Up & Self-employment ventures” & a session was taken by Shri Abhijit Vijay Chawdhri, District Collector on his life and experience.



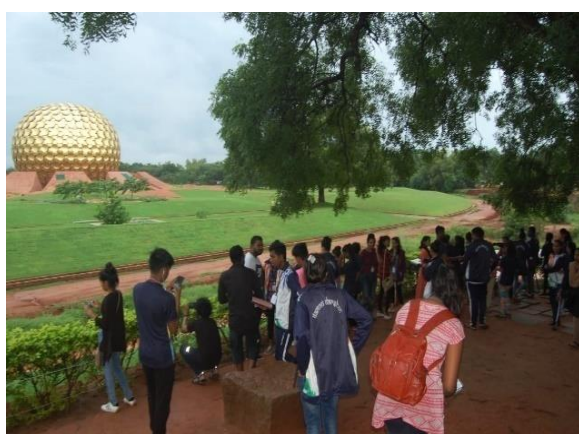
Friendly Games between participants were organised. Quiz competition was conducted by DYC, NYK, Selam.



The Field visit was made to "Sunday Market & Beach, Boat House Ariyankuppam, Paradise Beach, Rock Beach, Art Gallery made from wastes, Govt. High School, Seliamedu where students taught some crafts to participants & also performed "Karagam" Tamil's Folk Dance for Daman participants.



Participants also visited Auroville (on the way to Chennai) where they were told about "Matri Mandir" - A futuristic, spherical temple covered in gold discs & they saw history of Matri Mandir in theatre of Auroville.





On 23rd November, the participants reached Chennai Youth Hostel, Chennai where participants interacted with Youth Club leaders & inspired by their experiences. Resource Person Mr. Karthik from Apollo Hospital, Chennai took first aid training session where demo was done by participants for a heart attack suffered person & also a demo for CPR

was performed by the participants.

A Session by Resource Person Shri Mahamed Asif about “Disaster Management & Rescue” was organised & demo of Rescue also performed by Participants.

The participants visited the Science Centre & the Planetarium where a large dome shaped projection screen showed Scenes of stars, planets, & other celestial objects. An “Experience Sharing” session was conducted by State Director S. Satheese where participants shared their overall experience during the programme with others.

The Programme was concluded on 27th November, 2018. The concluding function was presided over by Shri K. Lakshmi Narayanan, Hon’ble MLA of Rajbhawan constituency. Chief Guest Shri R, Kamala Kannan, Hon’ble Education & Agriculture Minister distributed prizes & Certificates to the participants.



Sh. K. Lakshmi Narayan, Hon'ble MLA distributed prizes to participants during the concluding function

A total of 100 youths (50 from Daman and 50 from 2 district of Puducherry) participated in the programme.

11. Assam and Rajasthan (w.e.f. 15th Nov, 2018 to 29th Nov, 2018) at Guwahati (Assam)

Nehru Yuva Kendra, Guwahati organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Indian Institute of Entrepreneurship, Guwahati w.e.f. 15th November to 29th November, 2018.



The programme was inaugurated on 16th November, 2018. Dr. Mridul Hazarika, Vice-Chancellor, Guwahati University was the Chief Guest of the concluding session. Dr. Abhijit Sharma, Director, Indian Institute of Entrepreneurship, Shri A.K. Barua, Chief Programme Coordinator, Indian Institute of Entrepreneurship and Shri Debasish Deb Mishra (News Editor, Dainik Assam) were the Guests of Honor. Participants welcomed guests with 'Axomiya traditional Phulam Gamosa' & performed cultural activities.



Ice-Breaking session was taken by Ms. Priyanka Mandal, Programme Coordinator, Kamrup Metro. Daily Activities like Yoga & Physical Exercise were performed by Yoga Guru Dr. Nuzrul Islam.

Session on Celebrating Unity in Diversity - 'Vande Mataram' was taken by Sh. Ramen Talukdar, Social worker. This was followed by another session on preparation of Action Plan for promotion of youth Exchange by Assam & Rajasthan. Language learning session was taken by Md. Asif Iqbal, Youth Leader.



Debate Competition on the topic of "Ek Bharat Shrestha Bharat" & Essay Competition on the topic of "Religion & Caste Based Politics has no place today; it is old fashion politics" were conducted. Session on "Role of Bharat Scouts & Guides in Nation Building Activities" was conducted by Shri. Sunil Basumatary, NSS Programme Coordinator.



Smt. Jahnabi Goswami, Assistant Programme Officer, Assam AIDs Control Society took a session on "Youth: Drug & Alcoholism, HIV/ AIDs".

Exhibition of Bridal Couture of Assam & Rajasthan was organised. Ghoomar & Bihu dance Workshop were organised for the participants. A session on "Media- 4th Pillar of Indian Democracy & Nation Building" was conducted by Dr. Nuzrul Islam, NSS Programme officer, KHS College, Guwahati.



A cultural rally was organised by the participants in their traditional costumes of Assam and Rajasthan.



Participants were shown an Assamese feature film on social issues. Under the guidance of Shri P. Chakravarthy (DYC, Kamrup Metro), a Plantation Drive & Cleanliness Drive was organised. A session on 'Sarva Dharma Prathna' was taken by Md. Asif Iqbal, Youth Leader & by Dr. Ramen Talulkdar, Social Worker. A friendly football match and various traditional games were played by the participants of both States.

Field visits were organised for the participants to Basitha Mandir, Gandhi Mandap, ISKCON temple, Navagrah temple, Guwahati University, Dr. Bhupen Hazarika Samadhi Kshetra, Pobitara Wildlife Sanctuary, Kamakhya Temple,

Parizat Academy, Tulsi Bari Tea Estate, Scenic Chandubi Lake, Umanada Temple, Assam State Museum, Handloom Emporium & Local Market.



The programme was concluded on 28th November, 2018 Dr. Amarjyoti Choudhury, Ex-Vice Chancellor of Tezpur Central University & Guwhati University & present Vice Chancellor of Down Town University, Guwahati was the Chief Guest of the concluding function. The Chief Guest awarded the certificate of participation to the participants.



A total of 117 youths (66 from 5 district of Assam and 51 from 5 district of Rajasthan) participated in the programme.

12. Jharkhand and Goa (w.e.f 15th Nov, 2018 to 29th Nov, 2018) at Giridih (Jharkhand)

Nehru Yuva Kendra, Giridih organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Shagun Banquet Hall, Giridih w.e.f. 15th November, 2018 to 29th November, 2018.

The Inter State Youth Exchange Programme was inaugurated on 16th November, 2018 by Shri Shrikant Nirala, Hon'ble MLA and presided over by Shri Sunil Paswan, Commissioner, Giridih Municipality.



Sh. Shrikant Nirala, Hon'ble MLA during Inauguration Programme

A Padyatra was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi by the participants. The Padyatra was flagged off by Sh. Jeetwahan Uraon, Dy. Commissioner of Police, Giridih. The padyatra traversed from Sagun Banquet to Netaji Chowk, Jhand Maidan, Madhuban vegies, Tower Chowk and Ambedkar Chowk, Giridih.



Lecture Sessions on Prevention of Drug Abuse & Alcoholism, Health, Swachh Bharat, Biodiversity, Tourism etc. were organised.



An Interactive session was organised on Indian Culture, traditions, Civilisation, history by Shri Vivek, Programme Coordinator.



Debate and Declamation Contest was organised on “Ek Bharat Shrestha Bharat”. Group Discussion on diversity of Cuisines & National Integration was organised with group presentation. A food Festival was organised by the participants of Jharkhand State.



Essay Competition on Nation Development was organised for the participants. An Interactive session on Naturopathy was organised. Language learning Session was organised for the participants of paired States followed by organisation of food Festival of Goa State.

Field visits were organised for the participants which included visit to community Radio by youth Club, TMT industry, Khandole Hill, Krishi Bigyan Kendra, Han Sahara Kendra, Bagodar and Indian Statistical Institute etc.



Cultural Competition & presentation and Sports and games programmes were organised every day.





The programme was concluded on 29th November, 2018. In the concluding function Shri. Prakash Seth, Dy. Commissioner, Giridih Municipality was the Chief Guest. Prizes and Certificates were awarded to the winners & participants.



A total of 105 youths (65 from 5 district of Jharkhand and 22 from 2 district of Goa, 18 from 2 district of Maharashtra) participated in the programme.



13. Meghalaya and Arunachal Pradesh and Uttar Pradesh (w.e.f 15th Nov, 2018 to 29th Nov, 2018) at Shillong (Meghalaya)

Nehru Yuva Kendra, Shillong organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Shillong w.e.f. 15th November, 2018 to 29th November, 2018.



The programme was inaugurated on 16th

November, 2018 by Chief Guest Dr. D. D. Lapang, Chief Advisor, Govt. of Meghalaya. Eminent Guests present in the inauguration programme included Mrs. Anita Kharpor, Joint Secretary, Personnel Department, Govt. of Meghalaya, and Mrs A. Swer, State Secretary, Bharat Scouts & Guides, Shillong, Meghalaya.



Participants with Chief Guest Dr. D. Lapang, Chief Advisor, Govt. of Meghalaya

Session on Communication and Personality Development was taken by Dr. Abraham Mattakottil. Sh. Antony Kharkongar, Ph. D, Scholar & Principal of Sacred Heart Boys School, Mawlai conducted a discussion on “Challenges Faced by the Youth of Today”.

A Community Prayer of all religion was also organised during the programme. The group discussion was conducted by Ms. Banribha Syiem, Project Coordinator, NYK, Nongstoin.

A presentation was made by representative of Meghalaya AIDs Control Society on topic of AIDs & HIV. This was followed by Quiz Competition on AIDs & HIV. A Lecture-cum-demonstration session on Disaster Management was conducted by Shri W. Nonglang, Assistant Training Officer & his team. Also a practical session on Disaster Management was performed by all the participants. A Session on Environment hazards was taken by Sh. W.R. Kharkrang, Environmental



Engineer from Meghalaya State Pollution Control Board. Participants were also taken to Rural Resource Training Centre, Umran of Ribhoi District where the participants were explained about different kinds of training for Self-Employment by the experts from training centre.



A Motivational talk was presented by Sh. Kyrmenkhem Marsiangbai. This was followed by Mock Parliament on Health, Youth Issues, Education & Women Empowerment. The Mock Parliament was conducted by Mr. Bobby Wahlang, Programme Coordinator, Department of Sports & Youth Affairs, Govt. of Meghalaya.

Participants were taken to Metallic Sargam Sports & Cultural Club where cultural evening was organised by Anup Chand Higher Secondary School, Shillong. Dr. Dhira Bhowmik, Lecturer of Shillong College was its Chief Guest. A session on Media by Sh. David Laitflang, President Shillong Press Club was also organised.



The participants were taken to Raj Bhawan for 'Youth Interaction Programme' with Hon'ble Governor. Shri. Tathagatha Roy, Hon'ble Governor, Govt. of Meghalaya interacted with the participants on Ek Bharat Shrestha Bharat Programme and talked on essence of Unity in Diversity of our country.



Participants interacted with Sh. Tathagatha Roy, Hon'ble Governor, Govt. of Meghalaya

Field visits were made to Shillong Peak, Mattilang Amusement Park, Elephant Fall, Sohra (a historical place) and Cherry Blossom Festival at Wards Lake (Nanpolok). The participants were also taken to Laitkor village (one of NYK, Model village 2018-19) where a cultural dance by Little DID was organised. The participants visited Nongkrem Village where cultural dance was organised followed by dinner of traditional food items.



The programme was concluded on 28th November, 2018. Sh. Hamletson Dohling, Hon'ble Minister of Urban Affairs, Govt. of Meghalaya was the Chief Guest of the concluding function. The Chief Guest distributed prizes to winners & certificates to all the participants.



Sh. Hamletson Dohling, Hon'ble Minister, Govt. of Meghalaya during concluding function

A total of 90 youths (48 from 5 district of Uttar Pradesh & Arunachal Pradesh & 42 from 4 district of Meghalaya) participated in the programme.

14. Andhra Pradesh and Punjab (w.e.f 21st Nov, 2018 to 5th Dec, 2018) at Guntur, Andhra Pradesh)

Nehru Yuva Kendra, Guntur organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Nalanda Institute of Engineering and Technology, Kantepudi, Sattenapalli, Guntur, Andhra Pradesh w.e.f. 21st November, 2018 to 05th December, 2018.



Chief Guest Sh. S. Vishnu Vardhan Reddy, Vice-Chairperson, BOG, NYKS during the inauguration programme

The Programme was inaugurated on 22nd November, 2018 by Shri S. Vishnu Vardhan Reddy, Vice Chairman, BOG, NYKS. Dr. A. Vara Prasad Reddy, Chairman, National Educational Society was the Guest of Honor. Various dances of paired States were performed by Smt. V. V Durga Bhavani.

Daily Activities Viz. Cultural Programme, Sports and Games, Traditional Dress Competitions and Cultural Competitions were organised for the participants.





Sessions on Swasth Bharath, Diversity of Food across the Country & its importance was conducted by Shri. Gouse Mohiddin, District Manager, Food Safety, Govt. of Andhra Pradesh.

Session on Personality Development and Role of Youth in National Integration was conducted by Sh. Ram Murari Das Guru, ISKCON, Guntur.



Essay Competition on Nation Development with Special reference to Ek Bharat Shrestha Bharat was organised during the camp.





Group Discussion on Appreciation of language, dialect, alphabets songs, proverbs of paired States were conducted by Shri. B. Venketeswara Rao, Associate Professor, Govt. Women's College, Guntur and Tirapathi Reddy, District Co-ordinator, National Green Corps (NGC).

Group Discussion on Health issues, Prevention of Drug Abuse & Alcoholism, Suicidal tendency was conducted by M. Srihari, Psychiatrist, Guntur. Role of Youth in perseverance of Gender Equality, Swachh Bharat, Good Governance and Cashless Society was organised by Dr. B. Venkata Ramana Reddy, Principal, Nalanda Engineering College, Kantepudi.



A Youth Rally on World AIDS day was organised. Session on best practice in Governance in the fields of health care Education, Sanitation & Use of Technology was conducted by Dr. Seshu Yadav, Medical Officer, GGH Sattenapalli.

Session on Provision of Constitution 73rd Amendment Act, 1992 & 74th Amendment Act, 1992 was organised. Gram Sabha was organised to make the participants aware about the programmes & activities of Gram Panchayat. Session on Importance of Yoga & Physical Fitness was conducted by Dr. Chandra Vasu, Professional Development, NIET. Another session on Community Mobilisation and Youth Club Formation was conducted by P. Ramana, Programme Coordinator, NYK, Krishna. Session on Role of Youth in Environment Protection and Prevention was conducted by Sh. D. Tirapathi Reddy, National Green Corps followed by Interactive session on Identification of Fake news conducted by Sh. Ravi Sankar, Correspondent, Doordarshan.



Field Visits were organised to historical places and institutions of national importance for the participants. Participants were taken to Amaravathi, Andhra Pradesh Secretariat, Andhra Pradesh Assembly and Legislative Council, NagarjunaSagar, Nagarjuna Konda (ancient buddist centre belongs to 2nd B.C.). Buddha Museum, Suryalanka Beach, Ponnur ancient temples, Kanakadurga Temple, Vijayawada, Bhavani Islands and Gurudwara, Kotappa Konda Temple and Technical Training Development Centre under Deen Dayal Upadhyaya Grammena Kausal Vikas Yojana.



The programme was concluded on 5th December, 2018. Smt. K. Rajinipriya, Chief Executive Officer, Science & Technology Entrepreneurship Park (STEP), Guntur was the Chief Guest in the concluding function. Participants from both the paired state presented cultural programme in the function. The Chief Guest distributed prizes, Mementoes and Certificate to winners & participants in various competitions.



A total of 100 Youths (50 from 5 district of Andhra Pradesh and 50 from 5 district of Punjab) participated in the programme.

15. Tripura and Mizoram and Bihar (w.e.f. 21st Nov, 2018 to 5th Dec, 2018) at Agartala (Tripura)

Nehru Yuva Kendra, Agartala organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Tripura State Cooperative Union, Agartala w.e.f. 21st November, 2018 to 05th December, 2018.

The Programme was inaugurated on 22nd November, 2018 by Shri Monoj Kanti Deb, Hon'ble Minister of Youth Affairs & Sports, Govt. of Tripura. Hon'ble Minister appreciated "Ek Bharat Shrestha Bharat" Programme and added that it has great significance in Nation building activities. Other Eminent Guest included Shri. Jyotilal Chakraborty.

Ice Breaking Session was conducted to introduce the participants with each other. Interactive Session on "Ek Bharat Shrestha Bharat" was organised by Dr. Baburam Swami, Head of the Department (English) Bir Bikram College, Agartala.



Sh. Manoj Kanti Deb, Hon'ble Minister, Govt. of Tripura



Daily Activities included Yoga Practises, Sports Activities and Cultural Programme.

A Seminar on HIV/AIDS was conducted by Mr. Jahangir Hossain, Assistant Project Director, AIDS Control Society, Tripura followed by Group Discussion on AIDS/ HIV. Language

Learning Session was organised for the participants.

A traditional dance and song workshop was organised in collaboration with ICAT Department, Govt. of Tripura followed by cultural programme at Garjee by Achin Baba Youth Club.



Mock Parliament was conducted by the Participants under the guidance of Mr. Chandan Debnath, Social Activist.



A rally of participants was organised to deliver the message of Swachh Bharat, AIDs Awareness, Blood Donation & National Integration etc.

Quiz Competition on “Ek Bharat Shrestha Bharat” was conducted by Mr. Anjan Sen Gupta, Senior Scientific Officer, Department of Bio Technology, Govt. of Tripura followed by organisation of Debate Competition on “Ek Bharat Shrestha Bharat”. Discussions were held on Youth Club Activities which was attended by Sh. Rebati Mohan Das, Hon’ble Speaker, Tripura, Legislative Assembly.





Field Visit was organised for the participants. The participants were taken to Adarsha Sangha Youth Club, Palatana Power Plant Project, Tripureswari Temple and to Vivekananda Seva Sansthan, West Tripura (National Awardee Youth Club).



The programme was concluded on 5th December, 2018. Smt. Santana Chakma, Hon'ble, Minister for Social Education and Social Welfare, Govt. of Tripura was the Chief Guest in the concluding function. Participants from both the paired state presented cultural programme in the function. The Chief Guest distributed prizes, Mementoes and Certificate to winners & participants in various competitions.



Chief Guest Smt. Santana Chakma, Hon'ble Minister, Govt. of Tripura



A total of 100 Youths (45 from 2 district of Bihar and 24 from 1 district of Mizoram and 31 from 5 district of Tripura) participated in the programme.



16. Delhi and Sikkim (w.e.f 7th Dec, 2018 to 21st Dec, 2018) at Delhi

Nehru Yuva Kendra, Delhi organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Gandhi Smriti & Darshan Samiti, Raj Ghat, New Delhi w.e.f. 7th December, 2018 to 21st December, 2018.



Chief Guest Sh. Dinesh Pratap Singh, Vice-Chairperson, BOG, NYKS inaugurating the programme

The Programme was inaugurated on 8th December, 2018 by Sh. Dinesh Pratap Singh, Vice Chairman, BOG, Nehru Yuva Kendra Sangathan. He addressed the participants and said that Ek Bharat Shrestha Bharat programme was an initiative to strengthen the unity of nation.



Daily Activities included Yoga, Friendly games viz. Kho-Kho, Volleyball, Football, Badminton, and Cultural Programmes etc.



A Padyatra Programme was organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi which was flagged by Sh. Charan Singh, Director, Gramin Swasthya Centre and Sh. Raghunath Prasad, Yadav Charitable Trust. The first Padyatra traversed from Grameen Swasthya Centre to Prakriti Bhakth Foundation Office, Nazafgarh. The Second Padyatra was held from Gandhi Smriti and Darshan Samiti to Delhi Gate Metro Station. The third Padyatra started from MLA Nitin Tyagi Office, Laxmi Nagar to Gurudwara, Laxmi Nagar. The participants also got opportunity to ride metro from Delhi Gate Metro to Dwarka More Metro.



Session on Unity in Diversity was conducted by Dr. Jaishankar Shukla, Academician, Writer, Poet. Cleanliness Drive and Debate Competition on Ek Bharat Shrestha Bharat were taken up by the participants under the guidance of Sh. Virendra Boken and Atul Kumar Pandey, NYC.



Session on Role of Youths in National Integration was conducted by Sh. Vagish Jha, Social Activist followed by Group Discussion on “Variety of foods & its influence on Nation Unity”. Lecture on “Flagship Schemes of Govt. of India” was taken by Sh. Ajit Jaiswal

Session on Indian Culture and Education was taken up by Sh. Alok Tiwari, Academician followed by Session on Concepts of NYKS & Role of Youth in establishment of Youth Club by Sh. Mohan Singh Sahi. Youth Parliament was organised for the participants under the guidance of Sh. K. L. Parcha and Sh. Mohan Singh Sahi.



Session on “Role of Youth in Development of Rajbhasha- Hindi” was conducted by Pandit Vidya Prasad Mishra, Assistant Professor, Indira Gandhi National Art Centre.

Participants from Sikkim interacted with the families of locals in Delhi and got knowledge about the culture, tradition and cuisine of Delhi.



Lecture and Demonstration on Disaster Management was conducted by Officer from District Administration, East Delhi. Session on Youth Empowerment and Awareness was conducted by Sh. B.P. Kushwaha, Ex-Joint Director, NYKS. Group Discussion on Communication Skill was conducted by Sh. R.P.S. Thakur Ex- State Director, NYKS.

“Role of Youth in Environment Conservation” was conducted by Sh. Sanjay Kumar Swami, Educationist & Environmentalist.

Discussion on Ideals & Values of Gandhi was conducted by Sh. S. A. Jamal. Administrative Officer, GSDM. Session on Women Rights & Empowerment was conducted by Dr. Purvi Shokia, Educationist. Painting Competition was organised for the participants on Ek Bharat Shrestha Bharat.

Field Visits were organised for the participants. Participants were taken to Taj Mahal, Vrindavan, Lotus Temple, Lal Quila, India Gate, Gandhi Smriti, Tees January Marg, Samadhi of great leaders, Magistrate Office, Signature Bridge, Yuva Aadarsh Gram and Vikas Club.



The programme was concluded on 21st December, 2018. Sh. Prakash Khatri, Principal, Swami Shradhanand College, Delhi University was the Chief Guest of the concluding function. The Chief Guest distributed prizes and Certificate to winners & participants in various competitions.



Chief Guest distributed prizes to participants

A total of 87 youths (42 from 4 district of Sikkim & 45 from 7 district of Delhi) participated in the programme.

17. Madhya Pradesh and Manipur and Nagaland (w.e.f 7th Dec, 2018 to 21st Dec, 2018) at Bhopal (Madhya Pradesh)

Nehru Yuva Kendra, Bhopal organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at WALMI Hills, Kolar Rd, Bhopal, Madhya Pradesh w.e.f. 7th December, 2018 to 21st December, 2018.



Sh. K. N. Tiwari (IPS), DG, Police Hqtr, Bhopal and Smt. Urmila Shukla, IAS during the inauguration programme

The Programme was inaugurated on 8th December, 2018 by Sh. K.N. Tiwari, IPS, Director General, Police Headquarter, Bhopal and Smt. Urmila Shukla, IAS. Participants performed on the folk Songs of their states which was judged by Smt. Jaya Chaturvarthy, Smt. Amrita Tripathi, and Smt. Madhu Prasad.

On the very first day Ice Breaking Session and discussion on Ek Bharat Shrestha Bharat were conducted by Dr. Surendra Shukla, DYC, Bhopal.

Daily Activities included Yoga, Games & Sports, academic sessions, interactive session, language learning, sharing of best practices and organisation of Cultural Programme etc.



A Padyatra Programme was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi which was flagged off by Brig. Rajesh Joshi.



The Padyatra traversed from Shaurya Smarak to Mayur Park.



Discussion on 'Contribution of Youths for National Integration' was conducted by Dr. Sudhir Sharma, Professor, Hindi Department, Maharani Laxmi Bai College followed by group discussion.



Debate Competition on "Ek Bharat Shrestha Bharat" was conducted by Sh. Sheshank Gurbareli, former DYC. An Interactive Session on 'Variety of food in paired States and its effect on National Integration' was conducted by Sh. Vivek Bhatt, Assistant Professor

followed by session on “Teachings of Gandhi” by Smt. Anuradha Shankar Singh, Director General, Police Headquarter, Bhopal, Madhya Pradesh.



Declamation Contest on Ek Bharat Shrestha Bharat was conducted by Dr. Usha Sharma, Hindi Professor, Hamidia Univesity.

Language Learning Session was organised for the participants. Session on Importance of different dances in India was conducted by Smt. Sandhmitra Tayde, Dance Choreographer, Jawaharlal Bhawan, Bhopal. A session on ‘Efforts of Central Govt. for Better Education, Health & Technical Assistance’ was organised.

Youth Parliament on the theme of ‘Better education, health and Technical assistance’ was conducted by the participants. Participants also interacted with the local people and a discussion was organised on the topic of Environment Conservation by Zila Panchayat, Bhopal, Madhya Pradesh.

Session on the topic of India’s National Unity was conducted by Sh. Shubham Tamot, & Sh. Atul Rajawat. Participants were also shown a documentary film about the host state. Discussion on the topic of ‘Environment & Clean India Movement’ was conducted by Sh. Triloki Nath Mishra, State Director, NYKS, Bhopal. Session on Life Skill Development was taken by Professor Koshal.



Group Discussions on topic of De-addiction, Self-Employment, Swachh Bharat Swastha Bharat, Cashless Society, Gender Equality, Increasing Problem of Suicide in country were conducted by Dr. Surender Shukla, NYC, Bhopal & Dr. Bhushan Singh, Director, De-addiction Centre, Bhopal, Madhya Pradesh.

Mock Gram Sabha was also organised to make them aware about the working of Gram Sabha. Essay Competition was organised on topic "Goal of Nation" in which participants took part actively.

Field Visit to Mansarovar Institute, Human Federation Museum, Sanchi Stupa, Shaurya Smarak was organised for the participants.





The programme was concluded on 20th December, 2018. Sh. Sh. Manish Shankar Sharma, ADG, Disaster Management & Home guard was the Chief Guest of the concluding function. The Chief Guest distributed prizes and Certificate to winners & participants in various competitions.



A total of 100 youths (17 from 2 district of Nagaland & 22 from 2 district of Manipur and 61 from 6 district of Madhya Pradesh) participated in the programme.

18. Karnataka and Uttarakhand (w.e.f 7th December, 2018 to 21st December, 2018) at Udupi (Karnataka)

Nehru Yuva Kendra, Udupi organised the Inter State Youth Exchange Programme (EK Bharat Shrestha Bharat) at National Institute for SHG Training Pragathi Sauda, Udupi, Karnataka w.e.f. 7th December, 2018 to 21st December, 2018.



The Programme was inaugurated by Sh. DinakarBabu, ZillaParishad President (Cabinet Rank) in the presence of Smt. VidyaKumari, KAS, Additional DC, Udupi, Sh. H.L. Manjunath, Executive Director, DRDP, Dharmashthala, Smt. Delia A. Dais, and Zonal General Manager of Corporation Bank. The Chief Guest addressed the participants and advised them to make the best use of this opportunity and that the National Integration should be inculcated in each of us as we all are citizens of this mighty country.

Daily Activities included Yoga, Cultural Exchange Programme, Recreation Activities, Sports and Games etc.



An Ice breaking Session was organised to introduce participants with each other. Lecture Session on Leadership qualities to enhance the spirit of National Integration was taken by Dr. Nanda Kishor, Professor. Local Language learning was conducted through group discussion among the participants. Discussion on Swachha Bharat Programme and its importance was conducted through Audio Visual system.

An Interactive session was conducted by Sh. Rajendra Bhat, National Trainer, Spandana Television on topic of One India, followed by Lecture on Life Skill training by J.K Bhat, Principal, Western Institute of Technology, Udupi.



Session on History of Uttarakhand & its Culture and on History of Karnataka-Makers of Modern Karnataka was taken by Prof. Vincent Alva, Principal, Milagres College Kallianpur, Udupi. Lecture on Disaster Management was conducted by Sh. Sandeep D'Souza, District Trainer, Indian Red Cross Society, Mangalore

followed by organisation of Debate on Ek Bharat Shrestha Bharat.

Session on Communication and Team Building towards National Integration was conducted by Dr. Manoj Lewis. An Interactive session was organised for the participants by representative from Sanoor Yuvaka Mandala (District Level Award Winning Youth Club).

The participants were taken to Sanoor Gram Sabha for a live and interactive session to see how decisions are made at the Village level and how problems are addressed.

Session on Motivation, Inspiration towards National Integration was conducted by Sh. Ashwin, Chief Finance & Taxation Manager,

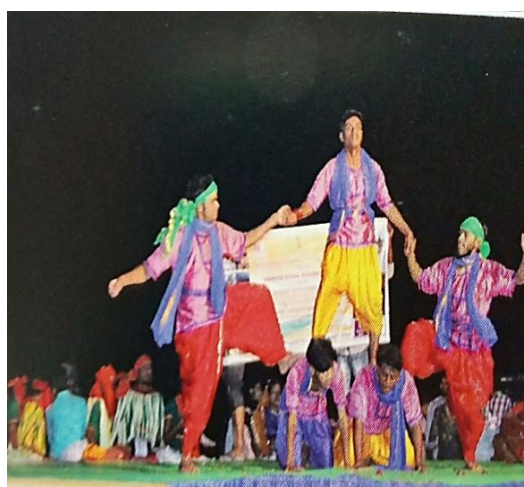


Shipping & Marine company, Mangalore. Lecture on Rain Water Harvesting and Environment Conservation was conducted by Sh. Joseph Rebello, District Trainer. Thereafter, all the participants were asked to write 100 sentences in language of the Host State i.e. Karnataka.

Interactive Lecture on Unity in diversity was conducted by Sh. Rama Bhat Sajangadde and Sh. Nithyananda Padre, Retd., Sr. Sub Editor, Udayavani. Introduction to local culinary art and community kitchen was conducted by faculty of Institute of Hotel Management, ITC Manipur.



Cookery Learning of Uttarakhand was also organised. Interactive session and cultural exchange programme at MGM PU college were also organised.



A Padyatra Programme was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from PPC College Chowk to Vallakadu Composite School Chowk in which Slogans of National Integration and Patriotism were raised. The participants put banner and placard in their hands during the Padyatra.



Lecture on “My Life, My Choice” was conducted by Mr. Elson D’Souza followed by Interactive and PPT on Leadership and Community Development taken up by FSL India. Quiz Competition on current affairs and Makers of Modern India was conducted by Sh. Prashanth Neelavar.

Discussion on PM Flagship Programme, Local Administration, Panchayat Raj Institution was conducted by Sh. Nandan Kamath, Retd. Senior Manager, Syndicate Bank.



Field Visits were organised for the participants. The participants were taken to Malpa Beach, Karkala, Jain Monument of Lord Gomateshwara at Hill top, Jain Basadi, St. Lawrence Basilica, Coir industry, Fort of Sultan Batteri (Mangalore), Solid Liquid Resource Management (SLRM) plant in Karkala taluk (Nitte), St. Mary’s Island at Malpe, Chanmudi Hills, Chanmudi Temple, Nandi, Mahishasura, Mysore Palace, World famous zoo, Jagmohan Palace, St. Philomena’s Church, Shrirangapatana, Summer Palace of Tippu Sultan, Bird Sanctuary at RanganaTittu, Gombaz of Tippu Sultan (Tomb), World Famous Brandavan Gardens and Krishnaraja Sagar Dam.





The programme was concluded on 17th December, 2018. Prof. Dor. Vijay, M.G Principal and Motivator was the Chief Guest of the concluding function. Other Guests included Sh. Arun Kumar, Planning Director of Nirmiti Kendra, Udupi and Dr. Roshan Shetty, District Sports Officer/Dy. Director. The Chief Guest distributed prizes and Certificate to winners & participants in various competitions.



A total of 100 youths (46 from 5 district of Uttarakhand and 54 from 5 district of Karnataka) participated in the programme.



19. Uttar Pradesh and Arunachal Pradesh and Meghalaya (w.e.f 7th December, 2018 to 21st December, 2018) at Lucknow (Uttar Pradesh)

Nehru Yuva Kendra, Lucknow organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) between paired States of Uttar Pradesh, Meghalaya and Arunachal Pradesh at Saksharta Niketan, Lucknow w.e.f. 7th December, 2018 to 21st December, 2018.



The Programme was inaugurated on 10th December by Shri Lokesh Kumar, Director, Saksharta Niketan (Literacy House), Lucknow by lighting the lamp. In his inaugural Speech, Sh. Lokesh exhorted the participating youth from Uttar Pradesh, Meghalaya, & Arunachal Pradesh for initiating positive thinking for positive transformation in social, political, cultural and economic sphere of the national scenario.

The details of Inter State Youth Exchange Programme under Ek Bharat Shrestha Bharat was narrated to the participants by NYC, Lucknow, Uttar Pradesh.

The Daily Activities in the Camp included Yoga, sports & Games & Cultural Programme. Interactive Sessions and various competitions on Ek Bharat Shrestha Bharat was organised.



Debate Competition on Ek Bharat Shrestha Bharat was organised for the participants followed by Cultural Presentation by the participants of their States.

Drawing Competition on Ek Bharat Shrestha Bharat depicting various problem and possible measures for its solution was organised which was followed by Sports & Games Competition.



The participants were encouraged to write 100 words about each other depicting their Cuisine, costume, culture, tradition, literature and social life. Thereafter, Sh. Padmakanta Sharma, Senior Journalist addressed the participating youths. In his speech he talked about history of unity in Diversity of our country and appealed youth to participate actively in Nation building activities. Dr.

Anshumali Sharma of NSS, Lucknow gave a presentation on life Skills and stressed the need of cultivating life Skills for success of life.

Rangoli Competition, Cultural Competition and Khana Khazana (Cuisine) competition was organised for participants followed by state specific cultural presentation of paired states.



A Session on women empowerment was conducted by Mrs Kavita Bhatnagar, Social Activist. A friendly Volleyball Tournament was also organised.



A Padyatra programme was organised to commemorate the 150th Birth Anniversary of Mahatma Gandhi. Field Visit was organised for the participants which included visit to historical and tourist places in and around Lucknow.



Cleanliness Drive and Swachhta Programme was organised in the Campus of Literacy House, Lucknow.

Youth Parliament was organised. A Friendly Badminton tournament was organised among the participants of paired states.



Field Visits were organised for the participants. The participants were taken to a youth club in Nawabganj, Unnao where the participants interacted with youth club members. The Participants were taken to Bithoor Festival where cultural programme were presented by

the participants. Ms. Purna Singh, Chief of Bithoor Festival appreciated the cultural presentation and talked on the importance of Ek Bharat Shrestha Bharat.



A session on Gender Equality and Women Empowerment was taken by Ms. Rashmi Kala, Social Worker. Feedback Session was organised for the participants thereafter.

The concluding function of Ek Bharat Shrestha Bharat was organised on 22nd December, 2018 in which Nawab Mir Zafar was the Chief Guest and Sh. G. Pattnaik, Chief of Literacy House and Sh. N.K.S Chauhan, former head, Literacy House were the Special Guests. In his address, Sh. Pattanaik emphasised that unity in diversity makes us strong Country. Sh. N. K. S Chouhan talked about the Cultural, literature and natural beauty of Arunachal Pradesh and Meghalaya and said that North East States make our country best in the world. The Chief Guest of the Programme narrated the glory of Lucknow, its culture, art, literature, and history and said that it always spread the message of peace, unity and love among the mankind.



A total of 100 youths (6 from 1 district of Arunachal Pradesh, 21 from 1 district of Meghalaya and 73 from 10 district of Uttar Pradesh) participated in the programme.

20. Tamil Nadu and Jammu and Kashmir (w.e.f 10th Dec, 2018 to 24th Dec, 2018) at Chennai (Tamil Nadu)

Nehru Yuva Kendra, Chennai organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Adayar, Chennai w.e.f. 10th December, 2018 to 24th December, 2018.



Sh. Dheeraj Kumar, IAS, Principal Secretary, Youth Affairs and Sports, Govt. of Tamil Nadu

The Programme was inaugurated on 11th December, 2018 by Sh. Dheeraj Kumar, IAS, Principal Secretary, Youth Affairs and Sports, Govt. of Tamilnadu by lighting the traditional Lamp.



A Padyatra Programme was organised in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra was flagged off by Sh. S. Satheese, SD, Tamil Nadu. The Padyatra traversed from youth hostel Puducherry and culminated at Raj Bhavan, Puducherry.

An interactive session with Smt. Kiran Bedi, Hon'ble Lieutenant Governor of Puducherry was organised for the participants in which Hon'ble Governor urged the youth to uphold Gandhian principle in their life as it is becoming more and more relevant in the contemporary global scenario.



Participants with Dr. Kiran Bedi, Hon'ble Lieutenant Governor of Puducherry

Mr. Karthikeyan & Mohd. Asif conducted a training session on 'Disaster and First Aid'. Photography contest was conducted by Helen Rani, DYC, NYK Puducherry followed by a Quiz Competition. The quiz competition was conducted by Mr. Akram, UNV, DYC.



Cultural activities were also organised for the candidates in which participants performed various dances of their States.



A Session on "Entrepreneurship" was taken by Dr. Ramkumar, Dean of RIVER college. After that Participants were taken to Manonmanian Sundaranar University at Thirunelveli

where Participants celebrated 150th Birthday Anniversary of Mahatma Gandhi and also interacted with Dr. Baskaran, Vice Chancellor of Manonmanian Sundaranar University. He announced a land mark scholarship exclusively for Jammu Kashmir students who will pursue research in field of Education.



Session on “Special Privilege for Kashmir” was organised. Advocate Ramani of Madras High Court took the session in which he cleared the queries of the participants.



Participants were taken to Kanyakumari where they contributed a “Post Box” initiated programme by Sh. Prassanth M Vadanere, District Collector. Participants also interacted with District Collector and Sub Collector.

Field Visit was organised for the participants to “Ponlait” Dairy, Nagercoil Padmanabhapuram Palace, Vivekananda Rock, Thiruvalluvar Statue and Eco Park etc.





The programme was concluded on 23rd December, 2018. Shri R. Natarajan, Hon'ble MLA, Mylapore Constituency, Chennai was the Chief Guest of the concluding function. Shri. S. Vishnu Vardhan Reddy, Vice Chairman, NYKS was the Guest of Honor. The Chief Guest distributed prizes and Certificate to winners & participants in various competition.



Chief Guest Sh. R. Natarajan, Hon'ble MLA, Chennai and Sh. S. Vishnu Vardhan Reddy, Vice Chairperson, BOG, NYKS during concluding function



A total of 100 youths (53 from 5 district of Tamil Nadu & 47 from 6 district of Jammu Kashmir) participated in the programme.

21. Dadra and Nagar Haveli and Chandigarh (w.e.f 15th Dec, 2018 to 29th Dec, 2018) at Silvassa (Dadra Nagar Haveli)

Nehru Yuva Kendra, Silvassa organised the Inter State Youth Exchange Programme (EK Bharat Shrestha Bharat) at Farmer Training Centre Dokmardi, Silvassa, w.e.f. 15th December, 2018 to 29th December, 2018.

The Programme was inaugurated on 20th December, 2018. Ms. Saloni Rai, IAS, Director of Education, DNH, Govt. of India was the Chief Guest for the inaugural function. Sh. Ramanbhai Kakwa, President, District Panchayat, Dadra & Nagar Haveli was the Guest of Honor.



Ms. Saloni Rai, IAS, Director of Education during the inauguration function

A Padyatra Programme was organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra was flagged off by Sh. Anil Kaushik, State Director, NYKS. The Padyatra traversed from Farmer Training Centre, Dokmardi, Silvassa to Gandhi Statue, Gandhi Garden, Silvassa.



Session on Indian Constitution, Unity and Diversity of our Nation, Good Governance was conducted by Sh. Dhirenghi Shah, Deputy Secretary, Rajbhavan, Gandhinagar. Lecture on Child Marriage, POSCO Act 2012, Child Rights, Prevention of Drug Abuse and Alcoholism, Digital India



was taken by Sh. Prashant Barde, State Prog. Manager, Integrated Child Protection Services, & Coordinator Deptt. of Arts and Culture.

Lecture sessions on Youth Leadership, Youth Parliament and Ek Bharat Shrestha Bharat were organised. Group discussion on Social justice was organised by Sh. Harshil Dave for the participants. Participants were also given lectures on Communication Skill and Swachha Bharat etc.



Essay writing Competition was organised for the participants on Ek Bharat Shrestha Bharat. Session on Youth Development, Sports Activity, National Youth Policy, Leadership, National Integration, Best Practices in Governance in the field of Education and use of technology, Flagship Programme of Govt. of India were conducted by Sh. Rakesh Kumar, Deputy Secretary, Youth Affairs & Sports, Govt. of Dadra & Nagar Haveli.

Session on Education, Use of Technology, Emotional Bonds between two State, Promoting the Spirit of National Integration, Ek Bharat Shrestha Bharat, Guidance for preparation of book containing information of culture, custom, tradition, Flora and Fauna of Partner State for disseminating to youth clubs were taken by Sh. Prof. Yogesh Bhatt, Ex-Principal and syndicate member.



An Interactive session was organised for the participants by Sh. Praful Bhai Patel, Hon'ble Administrator, Dadra Nagar Haveli (U.T)



Participants with Sh. Praful Bhai Patel, Hon'ble Administrator, Dadra and Nagar Haveli

Lecture session on Ek Bharat Shrestha Bharat was organised. Organisation of Youth Parliament, and session on freedom Struggle were conducted by Sh. Pradip Singh Vaghela.



Sh. Pradip Singh Vaghela, Vice-Chairperson, BOG, NYKS delivering session

Lecture on Provision of Constitution (73rd Amendment) Act, 1992 and 74th Amendment Act, 1992 and Gram Sabha, Panchayati Raj, Flagship Programme for Disabled People, Gender Equality and Total Sanitation was conducted by Sh. Pankaj Thakar, I.A.S, Director Social Defence.

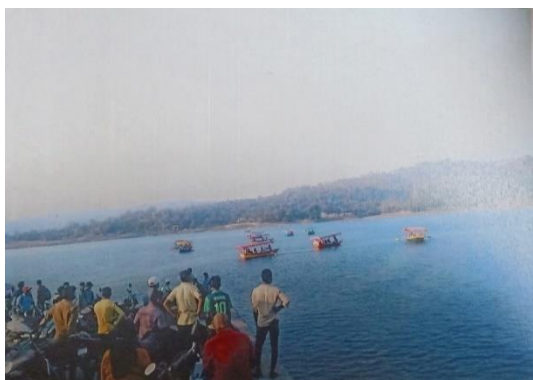
Neighbourhood Youth Parliament and Activities of Nehru Yuva Kendra, Concept of Interstate Youth exchange Programme and its Salient features, Youth Development Programme, Community Singing, Formation of Youth club and its role were taken by Sh. Rajnikant Suthar.

Discussion on National Achievement, Swachha Bharat, 150th Birth Anniversary of Mahatma Gandhi, Ek Bharat Shrestha Bharat, NYKS Programmes were conducted by Sh. Anil Kumar Kaushik, State Director, NYKS, Gandhinagar.

Cultural Programmes were performed by the participants dressed in their state attire was organised. Ms. Rutvi Patel, Youth Leader and Culture Artist, Ahmedabad was the Guest of Honor.



Field visits were also organised for the participants. The participants were taken to field visit to Madhuban Dam, Wildlife Park, Bio Diversity Park, Khanwel, Butter Fly Park, Dhudhani Lake, Parle Biscuit Company, Dadra Garden, Hirva Park, Laser Show, Boating, Sea Shore and other Tourist Places of Dadra and Nagar Haveli.





The programme was concluded on 28th December, 2018. Sh. Rakesh Kumar, Deputy Secretary, Youth Affairs & Sports, Dadra and Nagar Haveli was the Chief Guest of the concluding function. The Chief Guest distributed prizes and Certificate to winners & participants in various competition.



A total of 110 youths (43 from Chandigarh and 30 from Dadra and Nagar Haveli and 37 from 4 district of Gujarat) participated in the programme.

22. Haryana and Telangana (w.e.f 16th Dec, 2018 to 30th Dec, 2018) at Gurugram (Haryana)

Nehru Yuva Kendra, Gurugram organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Starex University, Gurugram w.e.f. 16th December, 2018 to 30th December, 2018.



The Programme was inaugurated on 17th December, 2018 by Sh. Sahib Singh, State Director, NYKS, Haryana. Dr. SL Vasishtha, Ms Pooja Yadav (Miss India Second Runner Up 2018) were present in the inaugural function.

Participants from both the States performed Folk Dances of their respective State on the occasion.



A Padyatra Programme was organised by the participants in traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from Starex University to Binola Village.



Debate Competition was organised among the participants by dividing them into groups on different topics of national interest. A Motivational Session was taken by Dr. Anupam Acharya, International Writer and Motivator. He also conducted Group Discussion and answered the questions of the participants.



Session on Language sharing was organised in which the participants shared their language, sentences and words. Speech Competition on Ek Bharat Shrestha Bharat was organised. Sh. Madan Bharti and his team performed nukkad natak on social issues viz. Beti Bachao- Beti Padao and Child Labour.

Session on “Will Power and how one can achieve anything if has strong will Power” was taken by Dr. Jaideep Sharma. He also appealed all the participants to donate organs after death and also added that if people donate their organs then problems of Kidney transplant, Lungs transplant, heart transplant, eyes transplant etc. would be solved within one month.



Sessions on Activities of Nehru Yuva Kendra Sangathan was taken by Sh. Sahib Singh, State Director, Sh. Narender Yadav, DYC and Smt. Poonam Sharma, DYC, Gurugram.

Mock Parliament was organised by the teams of both States. Session on Positivity was conducted by Ms. Sangeeta Yadav, LS Foundation followed by conduct of Motivational Session by Sh. Manoj Kumar, Motivator.

Group Discussion was organised by Sh. Shyam Sunder Sharma, Secretary, Red Cross. Drawing Competition was organised in groups on different topics.



Field visits were organised for the participants. The Participants were taken to Kingdom of Dream, Gurugram, Musical show Jangoora, Chattarpur Mandir, Qutub Minar, and India Gate etc.



The programme was concluded on 29th December, 2018. Dr. Ashok Diwakar, Vice Chancellor, Starex University was the Chief Guest of the concluding function. Dr. SL Vasistha, Registrar, Starex University was the Guest of Honor. The Chief Guest distributed prizes and Certificate to winners & participants in various competition.



A total of 108 youths (68 from 6 district of Haryana & 40 from 5 district of Telangana) participated in the programme.

23. Daman and Puducherry (w.e.f 18th Dec, 2018 to 1st Dec, 2018) at Daman

Nehru Yuva Kendra, Daman organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Bhimpore Ashramshala, Nani Daman, Daman w.e.f. 18th December, 2018 to 1st January, 2019.

The Programme was inaugurated on 21st December, 2018 at Swami Vivekananda Auditorium, Daman by Sh. Vikramjit Singh, IPS, Superintendent of Police, Daman. Ms. Sonalika Jiwani, IAS, Assistant Collector and Dy. Commissioner (Excise), Daman was the Guest of Honor.



Sh. Vikramjit Singh, IPS, Superintendent of Police, Daman and Ms. Sonalika Jowani, IAS, Assistant Collector & Dy. Commissioner (Excise), Daman Inaugurating the programme

The Chief Guest stressed on the fact that events like the Inter State Youth Exchange Programme “Ek Bharat Shrestha Bharat” has been important and necessary when the country is facing the challenges of terrorism and fundamentalism. He also added that this programme would help the youth of paired states to know the culture, tradition, food habits, language and development scenario.



Ms Sonalika Jiwani, IAS stated the need to recognise the diversity of cultures and traditions of the people belonging to diverse regions of the country and taking pride in this diversity and to work towards the goals of developing the spirit of unity and brotherhood.

Daily Activities included Yoga, Exercise, Campus Cleaning and Community Singing, Sports Programme, Dance-Cultural contest, Language Learning, experience sharing, Cuisine of paired States, etc.



Two rallies were organised for the participants. The first rally was on Plastic free Daman which traversed from the Education Department Compound to Tinbatti to Bus Stand and Back to Education department compound and the second one was on National Integration. The 2nd rally traversed from Daman Zilla Mahyavanshi Samaj Hall to Bhimpore and back to venue.



The activities included Interactive Session on Celebrating 'Unity in Diversity' of our Nation and debate on Beti Bachao and Beti Padhao in which participants were given opportunity to put their views. The Programme was conducted under the guidance of Sh. Sanjay Patel, Professor, B. Ed Collage, Daman.

Discussion on Strengthening and maintaining the fabric of traditionally existing emotional bonds between people of our country and Promoting the spirit of National Integration was conducted by Ms. Dipika Maheta, Incharge Principal, B. Ed College, Daman.



Lecture on Preventive Health Care, Indradhanush Programme for vaccination, Community Development and Leadership was conducted by Sh. Subhash Shukla, Social Worker, Daman.

Session on Cashless Transaction, Pradhan Mantri Jan Dhan Yojana and MUDRA Bank (Micro Units Development and Re-finance Agency) was organised.

Session on Ek Bharat Shrestha Bharat was conducted by Dr. Bala Subramaniam, Prof. Govt. College, Daman. This was followed by another session on Digital India, Make in India-Skill India, Start-up India and stand up India programme of Govt. of India. This session was conducted by Prof. Bala Ganesh, Govt. Polytypic, Daman.



Culinary festival was organised by Puducherry participants to learn culinary practices.

Field Visits and Educational tour to important historical places were organised for the participants. The participants were taken to Jetty Garden, Mirasol Lake, Moti Daman Church, St. Jerome Fort, Daman Ganga, Devka Beach, Jampore Beach and Kadaiya sea shore in Daman followed by visit to Nakshatra Garden, Madhuban Dam and Balaji Mandir in Silvassa, Dadra and Nagar Haveli.



Group Discussion and presentation by each group was made on Health issues, Prevention of Drug Abuse, Alcoholism and Suicidal Tendency, Conservation of biodiversity, gender equality, Swachha Bharat, Good Governance, women Empowerment and cashless society.

Language learning session and cultural programme were organised for the participants to make them aware about the culture of each other and knowing each state.

The Valedictory function was organised on 1st January, 2019 at Daman Zilla Mahyavanshi Samaj Hall. Sh. Sandeep Kumar Singh, IAS, Collector and District Magistrate, Daman was the Chief Guest of the Valedictory function. The Chief Guest thanked NYKS for its highly adorable work of training the youth as the youth have high potential for developing the country and also added that such programme should be conducted regularly so that people can know about the traditions and culture of each other state. The Chief Guest distributed the prizes and certificates to the winners and participants.



Sh. Sandeep Kumar Singh, IAS, Collector and Distt. Magistrate, Daman during the Valedictory function

A total of 100 youths (44 from Puducherry and 56 from 3 districts of Gujarat state and Daman) participated in the programme.

24. Gujarat and Chhattisgarh (w.e.f. 25th Dec, 2018 to 8th Jan, 2019) at Gandhinagar (Gujarat)

Nehru Yuva Kendra, Gandhinagar organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Govt. Youth Hostel, Sector-16, Gandhinagar w.e.f. 25th December, 2018 to 8th January, 2019.



Sh. Pradip Singh Vaghela, Vice-Chairperson, BOG, NYKS inaugurated the programme

The Programme was inaugurated on 28th December, 2018 by Shri Pradipsinh Vaghela, Vice Chairman, NYKS, Delhi. Other eminent guests present in the inaugural ceremony were Dr. Ratankuvar Gadhvi Charan (IAS), Commissioner Gandhinagar, Sh. Anil Prathan, IPS, Add. DGP, Gujarat, Sh. Sanjeev Meheta, Sh. Pankaj Thakar, IAS, Director, Social Welfare, Sh. Jayeshbhai Chaudhary, Panchayat Leader, Sh. Jaswant Gadhvi, (Managing Director) OBC Dept. Gujarat, Dhaval Dave, General Secretary (BJYM), Gujarat.

The Chief Guest addressed the participants and talked on National Integration, Strengthening and Maintaining the fabric of traditionally existing emotional bonds between the people of country. He also had an interactive session and experience sharing session with the participants of Chhattisgarh and asked about the expectations of the participants from the programme.



Daily Activities included Cultural Programs, Language learning session, Yoga and Sports Tournament, tree plantation etc.



A Padyatra Programme was organised for the participants in their traditional costume to commemorate the 150th Birth Anniversary of Mahatma Gandhi. The Padyatra traversed from Youth Hostel, Gandhinagar to Dandikutir Gandhi Museum, Gandhinagar.



Session on National Flagship Scheme and Skill Development, Start-up India, Prime Minister Employment Generation Programme (PMEGP) was conducted by Sh. Atulbhai Upadhyay, Manager Rural Technology, Gandhinagar followed by session on Youth Development Programme by Sh. K.R Dholariya Consultant, R&D, Rural Technology, Gandhinagar.

Lecture on Provisions of Constitution- 73rd Amendment Act, 1992 and 74th Amendment Act, 1992 and Gram Sabha was taken by Sh. P. B Thakar (IAS) Retd. (CEO) Zilla Panchayat. Sh. Sanjeev Meheta, took a session on Understanding Threats and Challenges posed by divisive forces.



Sessions on NYKS Programme and Activities, Special Projects, Swachh Bharat Campaign, Commemoration of 150th Birth Anniversary of Mahatma Gandhi was taken by Sh. Anil Kumar Kaushik, State Director, NYKS, Gujarat. Discussion on Panchayati Raj and Rural development programs and Mock Gram Sabha was conducted by Sh. Jayesh Chaudhary, Panchayat Leader, Gandhinagar.



Sessions on Unity in diversity, National Integration, Combating terrorism/Naxalism etc. were taken by Sh. Anil Pratham, IPS, Additional DGP, Gujarat followed by another session on Role of Youth in Peace and Social Harmony was taken by Sh. Swami Vishwanathan.

Debate on Digital India; Cashless Society and Good Governance was organised by Sh. Swetank Aroha. Session on Career opportunity in Tourism, Importance of Sports and on Local products & Cuisine was taken by Prof. Sudhir Sharma.

Sh. Devendra Parekh took a session on Swachh Bharat Mission & Role of youth in total sanitation campaign. Participants were taken to GEER Foundation where a session was taken by Sh. Alap Pandit of GEER Foundation on Role of Youth in Environment Awareness and Conservation followed by group discussion on Wildlife Bio-diversity through visiting Wildlife Diversity Park and Botanical Garden.

Field Visits were organised for the participants. The participants were taken to Sabarmati Gandhi Ashram, Governor House, Adalaj Stepwell, Gujarat Vidhan Sabha, Akshardham temple, Rural technology Institute, Dandikutir Gandhi Museum, GEER Foundation, Indrora park, Swarnim Gujarat Sports University, SAI Campus, Doodhsagar Cooperative Dairy, Food Processing Unit, Gujarat; Vidyapith Campus, Swarnim Park, Environmental and Sanitation Institute, Sugad, Gandhinagar.



The programme was concluded on 7th January, 2019. Sh. O.P Kohli, Hon'ble Governor of Gujarat was the Chief Guest in the concluding function. Other guests present in the function were Sh. Pramveer Shih (IPS) ADC to the Raj Bhawan, Gandhinagar and Dhaval Dave Gen. Secy. (BJYM). Participants from both the paired state presented cultural programme in the function. The Chief Guest distributed prizes, and Certificate to winners & participants of various competitions.





Sh. O.P Kohli, Hon'ble Governor, Gujarat with participants during closing ceremony

A total of 126 Youths (44 from 5 district of Chhattisgarh and 82 from 5 district of Gujarat) participated in the programme.

25. Odisha and Maharashtra (w.e.f. 7th Jan, 2019 to 21st Jan, 2019) at Bhubaneswar (Odisha)

Nehru Yuva Kendra, Bhubaneswar organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar w.e.f. 7th January, 2019 to 21st January, 2019.

The Programme was inaugurated on 8th January, 2019 at VRCH, Conference Hall, Bhubaneswar by Ms. Madhavi Agarwal, Hon'ble Member, BOG, NYKS, New Delhi. Sh. Raj Kishore Sharma, Asst. Director, VRCH and Sh. Madhusudan Das, Director, NYP, Odisha were the Guest of Honor.



Ms. Madhavi Agarwal, Hon'ble Member, BOG, NYKS, and Sh. Raj Kishore Sharma, Asst. Director, VRCH

Sh. Madhusudan Das of National Youth Project took a session on National Integration and Patriotism & Youth Participation. Sh. Hussain Rabi Gandhi conducted and told the youth participants about aim & objectives of Ek Bharat Shrestha Bharat and also addressed them about the planning for engagement of Youth between paired states for a year to promote National Integration.



Sh. Prabir Kumar Pradhan highlighted the programmes and activities of Ek Bharat Shrestha Bharat. He emphasised that all the youth should be a good citizen and youth leader should become the brand ambassador of the nation.

Daily Activities included Yoga & Exercise, Friendly Sports activities, Language Learning session, cultural programme and interactive sessions.





An Interactive Session on celebrating unity in diversity of our nation, Strengthening & maintaining the fabric of traditionally existing emotional bonds between people of our country and promoting the spirit of National Integration was conducted by Sh. Avijit Bose, State Director, NYKs Odisha.

Heartfulness Meditation was taken up by Sh. Suresh Ch. Mahapatra, Yoga Teacher.

Session on Understanding Threats & Challenges posed by divisive force was conducted by Smt. Soumyaranjan Mohapatra.



Session on Youth Motivation towards National Integration was taken by Sh. R.K. Sharma and Smt. Puspalata Behera, State Youth Awardee. Session on Social Mobilization was taken by Sh. Prakash Chandra Jene, Social Worker followed by discussion on Social & Cultural Development.



Lecture on National Integration was taken by Sh. Dasarathi Srichandan. Session on "Know Your Nation" was taken by Sh. Harish Chandra Pradhan.

Session on Folk Art of India was conducted by Sh. Basudev Malbisoi, Programme Coordinator, Culture Dept., Govt. of Odisha.



Interactive Session on Diversity of food across the country & its importance in National Integration was conducted by Sh. Raghunath Mandal, DPO, NSS, Khurda.

Group Discussion and Appreciation of language & dialects, alphabets, songs, proverbs of host and participating states was taken by Smt. Ananta Pradhan, NYV followed by organisation of Youth Parliament. The topics of Youth Parliament health care, education, sanitation, and use of technology. Declamation Contest on Ek Bharat Shreshtha Bharat was conducted by Manoranjan Mohanty, NSS, PO, Utkal University, Bhubaneswar.



Group Discussion on health issue, prevention of Drug Abuse & Alcoholism, suicidal tendency, conservation of biodiversity, gender equality, Swachh Bharat, Good Governance & Cashless Society was conducted by Sh. Satyanarayan Srichandan, and Haraprasad Mohanty.



Traditional customs and Dress festival was conducted by Sh. Soumyaranjan Mohapatra and Satyanarayan Srichandan followed by Dance Contest of each partner State.

Field Visits were organised for the participants. The participants were taken for an exposure visit to Bhubaneswar City and Places of Historical importance viz. Nandan Kanan Museum, Market Building, Science Park, I.G Park, Youth Club, Konark, Puri and Ram Chand Beach, Dhauligiri, State Museum and Governor House.



The Valedictory function was organised on 20th January, 2019. Sh. Harish Pradhan, Ex-DGM, Syndicate Bank was the Chief Guest of the function. Sh. Basudev Malbisoi, State Project Coordinator, Dept. of Culture, Govt. of Odisha was the Guest of Honor in the function. The Chief Guest distributed the prizes and certificates to the winners and participants.



A total of 100 youths (35 from 3 district of Maharashtra and 65 from 4 district of Odisha) participated in the programme.



26. Rajasthan and Assam (w.e.f. 19th Jan, 2019 to 2nd Feb, 2019) at Jaipur (Rajasthan)

Nehru Yuva Kendra, Jaipur organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Shankara Group of Institutions, Jaipur w.e.f. 19th January, 2019 to 2nd February, 2019.

The Programme was inaugurated on 20th January, 2019 by Sh. Hemjit Maloo, Director, Veena Music. Sh. Panchsheel Jain, Director, Baal Sambal Ashram was the Guest of Honor. In the Inaugural function, participants from Assam presented Bihu Dance (Folk dance of Assam) which was appreciated by all.



Daily activities included language learning session, evening cultural programmes, culture exchange activities, yoga and exercises, Group Singing, daily Camp Reporting, Games and Sports etc.



Youth Parliament was conducted by Sh. Rajendra Prasad Sain. Chart, Poster and painting competitions were held on topic of culture, tradition, cuisine, border security followed by group presentation.



Group Discussion and Chart making competition on the topic of Health Care, Role of Government in Education and Cleanliness was conducted by Sh. Pappu Kumar Sharma.

Eight Group discussions were organised by dividing the participants in eight groups. Topic of discussion were Health and Education, Bad effects of Drug on Youths, Alcohol and Suicidal Tendency, Gender Inequality, Swachh Bharat Mission, Cultural Diversity in Governance, Cashless Society and Conservation of Bio-diversity.

Group Discussion on Diversity in Food and its importance in Nation Unity was taken by Sh. Kuldeep Verma. Discussion on Yoga, Meditation and Exercise was conducted by Dr. Sanjay Sharma, Yoga Teacher.



Discussion on Ek Bharat Shrestha Bharat and Photography Competition was conducted by Sh. Pappu Kumar Sharma. Essay Competition on Ek Bharat Shrestha Bharat and Unity in Diversity was organised. Sessions on Classical Dance and Role of Youth in Nation Unity, diversity in Language, Food, Standard of Living were also organised.

Discussion on National Achievement was conducted by Sh. Ramchandra Jageed.

Lecture session on 73rd Amendment Act, 1992 and 74th Amendment Act, 1992 of Constitution with special emphasis on Gram Sabha - organisation of Mock Gram Sabha was conducted by Sh. Babulal Sushavat. Declamation Contest on 73rd and 74th Amendment Act, 1992 of Constitution was organised which was judged by Prof. Archana and Prof. Sapna.



Cultural Programmes of Rajasthan and Assam were organised by the participants in the presence of Sh. Nirmal Pawar, Director, SK Chaudhary and MJRP University, Jaipur. Dayal Rana & Party presented Rajasthani Dance- Ghoomar.



Field Visits and Educational Tour were organised for the participants. The participants were taken to Birla Temple, Moti Dungri Temple, Ganesh Temple, Jaipur Foot (Bhagwan Mahavir Viklang Sahayata Samiti), Mahatma Gandhi Medical College & Hospital, Bal Sambal Sansthan, Nahargarh Palace, Jantar Mantar, Hawa Mahal, Ram Niwas Garden, Albert Hall Museum, Shitala Mata Temple and Amer, Jal Mahal etc.



The Participants were also taken to Bharat Scout & Guides State Training Centre, Jagatpura where participants took part in Song Competition and performed folk songs and traditional songs of their respective states.

The Valedictory function was organised on 2nd February, 2019. The Chief Guest of the session was Sh. Pradip Singh Vaghela, Hon'ble Vice Chairman, NYKS, Delhi. Sh. Rajendra Sain, Member of BOG, NYKS, New Delhi was Guest of Honor. The Chief Guest distributed the prizes and certificates to the winners and participants.



Chief Guest Sh. Pradip Singh Vaghela, Hon'ble Vice Chairman, NYKS, Delhi distributing prizes

A total of 76 Youths (42 from 5 district of Assam and 34 from 5 District of Rajasthan) participated in the programme.

27. Goa and Jharkhand (w.e.f 24th Jan, 2019 to 7th Feb, 2019) at Goa

Nehru Yuva Kendra, Goa organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Farmer Training Center, Ela Old Goa w.e.f. 24th January, 2019 to 7th February, 2019.

The Programme was inaugurated on 25th January, 2019 by Sh. Shripad Naik, Hon'ble Union Minister of State, Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homoeopathy. Sh. E.B Chakurkar, Director, Indian Council of Agricultural Research, Goa, was the Guest of Honor. Hon'ble Minister inaugurated the programme by lighting the lamp and garlanding the portrait of Swami Vivekananda. Participants from Jharkhand performed Welcome Dance on the occasion of Inaugural function.



Chief Guest Sh. Shripad Naik, Hon'ble Minister during Inauguration Programme

Daily Activities included morning prayer, yoga, and various interstate sharing session between host and participating states which included Songs, Folk dances, proverbs, sentence in local language, Cultural Programme & Sports & games.



A Rally was organised on the occasion of Republic Day Celebration which was flagged off by Dr. Pramod Sawant, Hon'ble Speaker of Goa Legislative Assembly followed by a Costume Rally Started from Ela Farm (Krishi Vigyan Kendra) to Gandhi Circle, Old Goa.



Session on Agriculture in Goa was conducted by Sh. Rajendra Desai, Asst. Director, Agriculture Department followed by another session on Agricultural Activities in Goa conducted by Dr. Parab, Agricultural Officer.

A Magic Show for awareness on AIDs and Beti Bachao Beti Padhao was organised by Sh. Ram Naik, Magician. Session on folk dances of Goa was conducted by Dhyanshwar Naik, State Cultural Awardee. Lecture on Good Governance and e-governance was conducted by Sh. Sudesh Gaude, Asst. Director, Social Welfare.



Discussion on Red Ribbon Club was conducted by Dr. Umakant Sawant followed by lecture on AIDs Awareness which was conducted by Sh. Mahesh Govekar (Project Coordinator, Positive life Foundation).



Group discussions were organised for the participants on Social issues viz, Prevention of Drug, Swachh Bharat, Prohibition of Dowry and Violation of Traffic Rules & Road Accidents.

Interactive sessions were organised on the topics of Beti Bachao Beti Padhao (Gender Equality), National Integration. Lecture session on Flagship Programmes of Govt of India was conducted by Sh. Sheru Shirodkar, Director, GIPARD.

Session on Book Making and Book Writing was conducted by Mr. Prabhakar Dhage, Senior Journalist followed by quiz competition on Ek Bharat Shrestha Bharat. Discussion on Employment Opportunities was conducted by Sh. Amar Desai, Financial Advisor.



Lecture on Provision of Constitution & Importance of Gram Sabha was taken by Sh. Kishor Gaonkar, Journalist followed by Discussion on Alcoholism & Suicidal Tendency conducted by Sh. Gautam Naik.



Field Visits were organised for the participants.

The Participants were taken to Archaeological monument and places of historical importance viz, St. Francis Xavier Church at old Goa, Excursion to Old Goa Church, Aguad Fort, Goa State Kala Academy, Goa State Assembly, Sai Nursing college at Sakhali, Ravindra Bhavan, Sanskruti Bhavan at Panaji, Shivaji Maharaj Fort, Safa Masjid, Pandawa Caves at Harwarlem, Sikirim Beach, garbage treatment plant at Saligao, Bondla Wildlife Sanctuary and Santa Monica ship at Mandovi River.



Cultural Exchange Programme was organised for the participants where participants from Goa & Jharkhand performed folk dances of their respective states. Portuguese dance was also performed by the participants of Goa in the cultural programme organised at Santa Monica Ship.



The Valedictory function was organised on 7th February, 2019. Dr. Pramod Sawant, Hon'ble Speaker, Goa Legislative Assembly was the Chief Guest of the Valedictory function. Mr. Rajendra Desai, Deputy Director of Agricultural Department was the Guest of Honor. The Chief Guest distributed the prizes and certificates to the winners and participants.



Sh. Pramod Sawant, Hon'ble Speaker, Goa

A total of 108 Youths (51 from 5 district of Jharkhand and 28 from 2 District of Maharashtra and 29 from 2 district of Goa) participated in the programme.

28. Uttarakhand and Karnataka (w.e.f 14th Feb,2019 to 28th Feb, 2019) at Mussoorie (Uttarakhand)

Nehru Yuva Kendra, Mussoorie organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Mussoorie w.e.f. 14th February, 2019 to 28th February, 2019.

The Programme was inaugurated by Ms. Suchismita Sen Gupta Pandey, Member Secy. of Food Corporation of India on 17th



February, 2019. Ravindra Kala of Bhartiya Scout Guide was the Guest of Honor. A tribute was paid to Martyrs of Pulwama attack by the participants.



This was followed by a rally from Har Ke Paudi to VIP Ghat, Haridwar.

Daily Activities included Experience Sharing, Games and Sports, Language Learning, Lecture sessions, cultural exchange, cuisines of paired state, Sharing best practices of Paired states, Padyatra, Rallies and field visits etc.



A language learning session and cultural exchange session was organised by dividing 90 participants in 9 groups of 10 youth each. This was followed by detailed presentation by group leaders. Session on Voter Awareness was conducted by Mr. Tarik Zyad, SVEEP Nodal Officer, Dehradun.

Session on Group Communication and understanding cultural diversity was conducted by Rajat Sharma, DYC. A Slogan making competition was conducted on Swachhta.



Session on Science and Technology and its effects on youth was conducted by Dr. Suchismita Sen Gupta Pandey, (Member Secy. of Food Corporation of India). Lecture on Positivity and Awareness to youth in Emerging India was conducted by Mohd. Irshad and Thanvir. P., Social Worker, Calicut University.



Lecture session on types of loans that youth can take from various Public Sector Banks was conducted by Sh. Dhruv Dogra followed by another session on Leadership Games for Leadership Development.

Discussion on Government Social Security Schemes for Rural India was conducted by Smt. Munni Tolia. Session on Positivity and Awareness on New India

was taken by Mohd. Irshad and Thanveer. P. Session on Digital India and MUDRA scheme was conducted by Sh. Dhruv Dogra followed by Games on team Building and Time Management and how to be a Team Leader.

Seminar on Experience Sharing was conducted. Participants got an opportunity to witness the speech of Hon'ble Prime Minister of India on 27th February, 2019 during the Valedictory function of National Youth Parliament Festival 2019 which was live on Doordarshan TV Channel.





Field Visits were organised for the participants. The Participants were taken to Company Garden and Mall Road in Mussoorie, Shanti Kunj, Har ki paudi, Bharat Mata Mandir, Forest Research Institute and Science City in Dehradun where participants watch 3D Fiction movie

also.



The Valedictory function was organised on 27th February, 2019. Mr. Anuj Gupta, Chairman, Municipal Council, Mussoorie was the Chief Guest. The Chief Guest distributed the prizes and certificates to the winners of various competitions and participating certificates to all participants.





A total of 90 Youths (40 from 5 district of Uttarakhand and 50 from 7 District of Karnataka) participated in the programme.

29. Chandigarh and Dadra and Nagar Haveli (w.e.f. 20th Feb, 2019 to 6th March, 2019) at Chandigarh)

Nehru Yuva Kendra, Chandigarh organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Rajiv Gandhi National Institute for Youth Development (RGNIYD) regional centre, Sector 12, Chandigarh w.e.f. 20th February, 2019 to 6th March, 2019.



The programme was inaugurated on 23rd February, 2019. Mr. Saubhagya Vardhan, Director, NZCC, Ministry of Culture, Govt. of India was the chief guest of the programme. He appreciated the efforts of NYKS in promoting the activities for youth development. He also mentioned about the importance of cultural exchange in paired states. This was followed by Saraswati Vandana, performance of Gatka (Martial Art Punjab), Bhangra and group song by the participants.



Sh. Saubhagya Vardhan, Director, NZCC, Ministry of Culture, Govt. of India

A Rally on Swachhta was organised from RGNIYD Campus to Khuda Ali Sher Village to make the participants and locals aware about the work done by the local youth clubs for the betterment of the area under Swachh Bharat Mission. The participants interacted with the locals and learned about their culture, lifestyle and the problems faced by them.



A Youth Parliament was organised in which the participants discussed the topics of national importance and put forward their views followed by a candle march organised in wake of Pulwama attack to show their support for the soldiers and their family.



Yoga was performed by the participants under the guidance of Miss Pooja, Yoga Instructor. She also took a session on importance of fitness.



A Lecture "Importance of Social Health" was conducted by Ms Sunita Dhariwal. A session on "Importance of Positivity" was taken by Dr. Gurmeet Kaur to inspire and motivate the participants.



Seminar on the “Rights of Animals and Stopping Cruelty” was conducted by Mr. Devendra Kumar. This was followed by interaction of participants with Mr. Saini of Red Cross Society of India on Voluntary work.

A workshop was organised on “Gender Sensitization” to sensitise the participants and create awareness on gender equality.

Participants learned 100 words of each other’s language in language learning session. Life skill session was organised for the participants where they learned about Life skills and also enjoyed the session which was followed by games & sports. The session was taken by Ms. Gurleen and Mr. Karan.

Ms. Upma Chawdhry, Secretary, Deptt. of Youth Affairs, Ministry of Youth Affairs and Sports, Govt of India graced the programme as Chief Guest. In her speech she elaborated on the importance of Inter State Youth Exchange Programme and EK Bharat Shreshtha Bharat. She laid emphasis on the importance of youth in nation building activities. She also inspired and motivated youth to work hard with dedication to excel in all fields. Cultural day was also organised in her gracious presence. The participants performed folk dances such as Dandiya, Gidda, Bhangra and folk songs on the occasion.



Ms. Upma Chawdhry, Secretary, Deptt. of Youth Affairs during cultural programme

Field visits were organised for the participants. The participants were taken to places of historical importance viz. Golden Temple, Jallianwala Bagh, Rose festival, Rock Garden, Sukhna Lake and Chattbir Zoo.



The valedictory function was held on 6th March, 2019. The function was presided over by Sh. Uttamjot Singh Rathore, State Director, NYKS, Punjab & Chandigarh. The Chief Guest distributed the prizes and certificates to the winners of various competitions and all participants. The participants also shared their views about the camp and expressed their gratitude to the officials of Ministry & NYKS.



A total of 99 Youths (16 from Chandigarh, 35 from 5 district of Punjab and 48 from Dadra and Nagar Haveli and 4 district of Gujarat) participated in the programme.



30. Bihar and Tripura and Mizoram (w.e.f 2nd March, 2019 to 16th March, 2019) at Patna (Bihar)

Nehru Yuva Kendra, Patna organised the Inter State Youth Exchange Programme (Ek Bharat Shrestha Bharat) at Youth Hostel, Patna w.e.f. 2nd March, 2019 to 16th March, 2019.



Sh. Vinod Narayan Jha, Hon'ble Minister, Govt. of Bihar

The programme was inaugurated by Sh. Vinod Narayan Jha, Hon'ble Minister of Public Health Engineering Department, Government of Bihar. Hon'ble Minister inaugurated the programme by lighting the lamp and garlanding the portrait of Swami Vivekananda. Sh. Ram Kripal Yadav, Hon'ble Minister of State, Ministry of Rural Development, Govt. of India was the Chief Guest on the occasion. In his address he stated that India is one despite different colour, costumes, languages and traditions. He also added that strengthened Nationality, Unity, Secularism, Harmony and Brotherhood can make our Bharat "Ek Bharat Shrestha Bharat".



Panel Discussion on "Role of Youth in Strengthening National Unity" was organised in which participants put forth their ideas and opinions. This was followed by cultural programme in which participants of paired states presented their cultural items specific to their States.



A Padyatra was organised by the participants to create Voter Awareness. The Padyatra was flagged off by Sh. Dinesh Pratap Singh, Vice-Chairman, BOG, NYKS. The Padyatra traversed from Fraser Road via. Gandhi Maidan to Youth Hostel with Banners and Slogans on Voter Awareness.



All participants participated in Ek Bharat Shrestha Bharat discussion. Sh. Gupteswar Pandey, Director General, Bihar Police called upon the youth to engage themselves in constructive work and participate in Nation Development Activities. He further said that besides these, the youth must also refrain themselves from drug abuse and misuse of mobile phones. This will be their best contribution towards making India “Ek Bharat Shrestha Bharat”, he added.



Discussion on Variety of Food and standard of living in different part of country was organised. Lecture on Ek Bharat Shrestha Bharat was conducted by S. N. Shyam, Chief Warden of Civil Defence and Senior Journalist, Patna.

A seminar on International Woman's Day was conducted on Right and Equality of Woman in which many social activists took part along with participants.



Sh V. K. Panchtappa of Prajapita Brahmakumari University stressed the need to practice positive thinking. He said that this will not only help in attaining spiritual peace and happiness but also be a contribution towards humanity.



Sh. Ras Bihari Singh, Vice Chancellor, Patna University said that India is a young country and the situation and direction of a country is decided by the Youth of the Nation. He added that National Unity and Nation Building can be possible when people of different religion, race and caste unite together.

Essay Competition on Ek Bharat Shrestha Bharat was organised for the participants. Tripura won the first position and participants from Bihar bagged the second prize followed by Mizoram on Third position.

Friendly Kabaddi match and Volley Ball match was also organised between the participants of participating and host states.



Field Visits were organised for the participants. The participants were taken to Nalanda, Jarasandh Ka Akhada, Garm Kund, Bhagwan Mahavir's Jain Mandir, Buddha Temple, Swarn Bhandar, Rajgir, Shanti Stupa, Bihar Museum, District Magistrate Office, Gaya and Sanjay Gandhi Jaivik Udyan etc.



The Valedictory function was presided over by Sh. Dinesh Pratap Singh, Vice Chairman, BOG, NYKS. He said that youth power is country's strength. He quoted Swami Vivekananda saying "Give me 100 young energetic youth, I shall transform India".

He added that Unity in Diversity is the speciality of our country and highlighted on Ek Bharat Shrestha Bharat. The Chief Guest distributed the prizes to the winners of various competitions.



Sh. Dinesh Pratap Singh, Vice-Chairperson, BOG, NYKS

A total of 116 youth participants (25 from Tripura, 20 from Mizoram and 71 from 10 districts of Bihar) participated in the programme.

VENUE WISE LIST OF VIPS/ DIGNITARIES ATTENDED

S. No.	Name of Host State	Name of VIPs/ Dignitaries with Participants
1.	Telangana	Sh. Bandaru Dattatreya, Hon'ble Member of Parliament
		Sh. Abdul Azeem, I.A.S, State Director, Youth Services, Govt. of Telangana
		Sh. K.V. Ramanachary, I.A.S (Retd.), Advisor of Govt. of Telangana for Culture, Tourism, Youth Services, Media Affairs
		Sh. Shekharji Parela, Ex- National Vice-Chairman, NYKS
2.	Kerala	Sh. P. Sathasivam, Hon'ble Governor of Kerala
		Dr. Shashi Tharoor, Hon'ble Member of Parliament, Thiruvananthapuram
		Dr. A. Jayathilak, I.A.S, Secretary, State Sports and Youth Affairs Department, Govt. of Kerala
		Ms. Pranjal Patil, I.A.S, Assistant Collector, Ernakulam District
3.	Chhattisgarh	Sh. Harsh Vardhan Tiwari, Ex Chancellor of Pandit Ravi Shankar Shukla, Raipur University, Chhattisgarh
		Sh. Pradeep Govind Shitute, President, Brite Foundation Raipur
4.	Punjab	Shri Pradeep Kumar Sabharwal, District Collector, Tarn Taran
5.	Manipur	Sh. Letpao Haokip, Hon'ble Minister, Water Resource, Youth Affairs & Sports, Govt. of Manipur
		Sh. Th. Radheshyam Singh, Hon'ble Minister, Education & Labour, Govt. of Manipur
		Sh. Th. Meghachandra Singh, Hon'ble MLA, Wangkhem A.C, Manipur
6.	Sikkim	Shri Ganga Prashad, Hon'ble Governor, Sikkim
		Sh. T. Wangdi Lepcha, Hon'ble Minister of Forest, Environment & Wildlife Management, Mines & Minerals and Geology, Science & Technology, Govt. of Sikkim
		Sh. Karma R. Bonpo, IAS, District Collector
		Dr. K Jayakumar, Additional Chief Secretary, Govt. of Sikkim
7.	Jammu & Kashmir	Dr. Saleem-ul-Rehman, Director General, Directorate of Youth Services & Sports
		Sh. Taarik Hussain Naik, Sub-Divisional Magistrate Marh, District-Jammu

8.	Maharashtra	Sh. Rahul More, Additional Commissioner, Women & Child Welfare Department, Government of Maharashtra
		Sh. Gadadhar Sethi, District lead Bank officer, Mumbai
		Smt. Sucharitha Kanak Ratnam, educationalist & founder of “Yaatra Ek Raah”, Mumbai
		Sh. Jay Prakash Thakur, Senior Social Activist, Mumbai
9.	Himachal Pradesh	Sh. Govind Singh Thakur, Hon’ble Forest, Transport and Youth Affairs & Sports Minister, Govt. of Himachal Pradesh
		Sh. Surender Shourie, Hon’ble MLA, Himachal Pradesh
		Sh. Yunus (IAS), Deputy Commissioner, Kullu
		Smt. Shalini Agnihotri, IPS, Superintendent of Police
10.	Puducherry	Dr. Kiran Bedi, Lieutenant Governor, Puducherry
		Sh. R. Kamala Kannan, Hon’ble Minister of education & Agriculture, Pudcherry
		Sh. R. Radhakrishnan, Hon’ble Member of Parliament
		Sh. K. Lakshmi Narayanan, Hon’ble MLA, Puducherry
		Sh. Vaiyapuri Monikandan, Hon’ble MLA, Puducherry
11.	Assam	Dr. Mridul Hazarika, Vice-Chancellor, Guwahati University
		Dr. Abhijit Sharma, Director, Indian Institute of Entrepreneurship
		Sh. A.K. Barua, Chief Programme Coordinator, Indian Institute of Entrepreneurship
		Sh. Debasish Deb Mishra (News Editor, Dainik Assam)
		Dr. Amarjyoti Choudhury, Ex-Vice Chancellor of Tezpur Central University & Guwhati University
12.	Jharkhand	Sh. Srikant Nirala, Hon’ble MLA, Jharkhand
		Sh. Sunil Paswan, Commissioner, Giridih Municipality
		Sh. Jeetwahan Uraon, Dy. Commissioner of Police, Giridih
		Sh. Prakash Seth, Dy. Commissioner, Giridih Municipality
13.	Meghalaya	Sh. Tathagatha Roy, Hon’ble Governor, Meghalaya
		Sh. Hamletson Dohling, Hon’ble Minister of Urban Affairs, Govt. of Meghalaya
		Mrs. Anita Kharpor, Joint Secretary, Personnel Department, Govt. of Meghalaya
		Dr. D. D. Lapang Chief Advisor, Govt. of Meghalaya

		Mrs A. Swer, State Secretary, Bharat Scouts & Guides Shillong, Meghalaya
14.	Andhra Pradesh	Sh. S. Vishnu Vardhan Reddy, Vice Chairman, BOG, NYKS
		Dr. A. Vara Prasad Reddy, Chairman, National Educational Society
		Smt. K. Rajini Priya, Chief Executive Officer, Science & Technology Entrepreneurship Park (STEP), Guntur
15.	Tripura	Sh. Shri Monoj Kanti Deb, Hon'ble Minister of Youth Affairs & Sports, Govt. of Tripura
		Smt. Santana Chakma, Hon'ble, Minister for Social Education and Social Welfare, Govt of Tripura
		Sh. Jyotilal Chakraborty, Chairman International Association for Religious Freedom (IARF)
16.	Delhi	Sh. Dinesh Pratap Singh, Vice Chairman, BOG, Nehru Yuva Kendra Sangathan
		Sh. Charan Singh, Director, Gramin Swasthya Centre
		Sh. Prakash Khatri, Principal, Swami Shradhanand College, Delhi University
17.	Madhya Pradesh	Smt. Urmila Shukla, IAS
		Sh. K.N. Tiwari, IPS, Director General, Police Headquarter, Bhopal
		Brig. Rajesh Joshi
		Sh. Manish Shankar Sharma, ADG, Disaster Management & Homeguard
18.	Karnataka	Smt. Vidya Kumari, KAS, Additional DC, Udupi
		Sh. Dinakar Babu, Zilla Parishad President
		Sh. H.L. Manjunath, Executive Director, DRDP, Dharmashthala
		Smt. Delia A. Dais, and Zonal General Manager of Corporation Bank
		Sh. Arun Kumar, Planning Director of Nirmiti Kendra, Udupi
		Prof. Dor. Vijay, M.G Principal
		Dr. Roshan Shetty, District Sports Officer/Dy. Director
19.	Uttar Pradesh	Sh. Lokesh Kumar, Director, Saksharta Niketan
		Sh. G. Pattnaik, Chief of Literacy House
		Sh. N.K.S Chauhan, former head, Literacy House
20.	Tamil Nadu	Smt. Kiran Bedi, Hon'ble Lieutenant Governor of Puducherry
		Sh. R. Natarajan, Hon'ble MLA, Mylapore Constituency, Chennai

		Sh. Dheeraj Kumar, IAS, Principal Secretary, Youth Affairs and Sports, Govt. of Tamilnadu
		Dr. Baskaran, Vice Chancellor of Manonmanian Sundaranar University
		Sh. S. Vishnu Vardhan Reddy, Vice Chairman, NYKS
		Sh. Prassanth M Vadanere, District Collector
21.	Dadra & Nagar Haveli	Sh. Praful Bhai Patel, Hon'ble Administrator, Dadra Nagar Haveli (U.T)
		Smt. Saloni Rai, IAS, Director of Education, Dadra & Nagar Haveli, Govt. of India
		Sh. Rakesh Kumar, Deputy Secretary, Youth Affairs & Sports, Govt. of Dadra & Nagar Haveli
		Sh. Pradip Sinh Vaghela, Vice Chairman, NYKS, Delhi
		Sh. Ramanbhai Kakwa, President, District Panchayat, Dadra & Nagar Haveli
		Sh. Rakesh Kumar, Deputy Secretary, Youth Affairs & Sports, Dadra and Nagar Haveli
22.	Haryana	Dr. Ashok Diwakar, Vice Chancellor, Starex University
		Dr. SL Vasistha, Registrar, Starex University
23.	Daman & Diu	Sh. Sandeep Kumar Singh, IAS, Collector and District Magistrate, Daman
		Ms. Sonalika Jiwani, IAS, Assistant Collector and Dy. Commissioner (Excise), Daman
		Sh. Vikramjit Singh, IPS, Superintendent of Police, Daman
24.	Gujarat	Sh. O.P Kohli, Hon'ble Governor, Gujarat
		Sh. Pradip Sinh Vaghela, Hon'ble Vice Chairman, NYKS, Delhi
		Dr. Ratankuvar Gadhvi Charan (IAS), Commissioner Gandhinagar
		Sh. Sanjeev Meheta, Sh. Pankaj Thakar, IAS, Director, Social Welfare
		Sh. P. B Thakar (IAS) Retd. (CEO) Zilla Panchayat
		Sh. Anil Prathan, IPS, Add. DGP, Gujarat
		Dhaval Dave General Secretary (BJYM), Gujarat
		Sh. Jaswant Gadhvi, Managing Director OBC Dept. Gujarat
25.		Ms. Madhavi Agarwal, Hon'ble Member, BOG, NYKS, New Delhi

	Odisha	Sh. Raj Kishore Sharma, Asst. Director, Vocational Rehabilitation Centre for Handicapped (VRCH)
		Sh. Basudev Malbisoi, State Project Coordinator, Dept. of Culture, Govt. of Odisha
		Sh. Harish Pradhan, Ex-DHM, Syndicate Bank
26.	Rajasthan	Sh. Pradip Sinh Vaghela, Hon'ble Vice Chairman, NYKS, Delhi
		Sh. Panchsheel Jain, Director, Baal Sambal Ashram
		Sh. Hemjit Maloo, Director, Veena Music
		Sh. Nirmal Pawar, Director, SK Chaudhary and MJRP University, Jaipur
27.	Goa	Sh. Shripad Naik, Hon'ble Union Ayush Minister
		Dr. Pramod Sawant, Hon'ble Speaker of Goa Legislative Assembly
		Sh. E.B Chakurkar, Director, Indian Council of Agricultural Research, Goa
		Mr. Rajendra Desai, Deputy Director of Agricultural Department
28.	Uttarakhand	Dr. Suchismita Sen Gupta Pandey, (Member Secy. of Food Corporation of India)
		Mr. Anuj Gupta, chairman, Mussoorie's Municipal Council
		Mr. Ravindra Kala, Secretary Scout Guide, Uttarakhand
29.	Chandigarh	Ms. Upma Chawdhry, Secretary, Deptt. of Youth Affairs, Ministry of Youth Affairs & Sports, Govt. of India
		Sh. Konthang Touthang, Joint Secretary, Deptt. of Youth Affairs, MOYAS
		Mr. Saubhagrya Vardhan, Director NZCC, Ministry of Culture, Govt. of India
30.	Bihar	Sh. Vinod Narayan Jha, Hon'ble Minister of Public Health Engineering Department, Government of Bihar
		Sh. Ram Kripal Yadav, Hon'ble Minister of State, Ministry of Rural Development, Govt. of India
		Sh. Dinesh Pratap Singh, Vice-Chairman, BOG, NYKS
		Sh. Ras Bihari Singh, Vice Chancellor, Patna University

IMPORTANT TOPICS COVERED & RESOURCE PERSONS

SI. No.	Name of the Host State	Important topics	Resource Persons
1.	Telangana	Quiz Competition on Ek Bharat Shrestha Bharat	Sh. Jaganatham, Manager, STEP
		Essay Writing Competition on Ek Bharat Shrestha Bharat	Sh. C. P. Singh, Asst. Professor, Hindi Maha Vidyalaya
		Lecture on 73 rd Amendment Bill, Panchayat Raj System, Rural Development activities	Sh. P. Venkataramana, Associate Professor
		Lecture on RTI (Right to Information)	Sh. K.N. Sai Kumar
2.	Kerala	Group Activities viz. discussions, debate, games, group tasks etc.	Dr. V. Rajasenan Nair, Ex-Deputy Director, NYKS
		Youth Activities	Sh. Sajith Babu, Regional Director, NSS
		Leadership and Personality Development	Sh. Brahmanayakam Mahadevan, Trainer
		Disaster Management on Fire Fighting	Sh. Pratapachandran, Faculty, Institute of Land and Disaster Management
		Awareness on Social media- its advantages and disadvantages	Mr. Sanjay Sharma
3.	Chhattisgarh	Voter Awareness Programme	Ms. Kamini Bawanka, District Coordinator of election of India, Raipur Chhattisgarh
		Motivational session	Sh. B.N. Rao, Professional Motivator
		Patriotism & Nation Development	Shri Rajiv Madan
4.	Punjab	Importance of Sports & Games	Sh. Dalbir Singh, District Sports officer

SI. No.	Name of the Host State	Important topics	Resource Persons
		Presentation on gender issues, dowry & foeticide	Ms. Vibhuti Sharma
5.	Manipur	Debate competition	Shri H. Suresh Kumar Singh, lecturer, IRE College of Education
		Leadership qualities, Role of Youth leaders in Nation Building	Shri N. Rajiv Kumar Singh, Principal, RIE College of education, Wangjing
		Healthy foods for Healthy living and How to live at Bay from diseases	Dr. Kshanglem Singh, Health Specialist & Rtrd. Chief Medical Officer.
		Provisions of Constitution on 73 rd Amendment Act 1992 & 74 th Amendment related to Gram Panchayat	Prof. M.C. Arun of Manipur University
6.	Sikkim	Quiz competition	Mr. Jikme Norbu Bhutia, State Youth Awardee
		Yoga session	Sh. Yadunath Mishra, Zilla Panchayat Member
		Voluntary Blood Donation and its necessity	Sh. Deepak Rai, Ex-NYV and the Secretary of Voluntary Blood Donor association of Sikkim
7.	Jammu & Kashmir	Debate Competition on “Ek Bharat Shrestha Bharat”	Sh. Ram Paul Dogra, Senior Journalist, Jammu
		Information about SEBI & all the financial inclusion schemes of Govt. of India	Sh. Shiv Kumar Sharma, representative from SEBI
		Cultural programme	Mr. Sameer Bhat, Bureau Chief Editor, News 18 Urdu.
8.	Maharashtra	Promote National Integration	Smt. Rasika Anerao
		Understanding Threats & Challenges posed by divisive	Sh. Snehil Dhall, Criminologist, Mumbai

Sl. No.	Name of the Host State	Important topics	Resource Persons
		forces, Brief history of Maharashtra & Odisha, Patriotism & Nation Building	
		Provision of Constitution (73 rd Amendment) Act, 1992 and 74 th Amendment Act 1992 & on Gram Sabha	Sh. Malakraj Panchbhai, Programme Executive, Doordarshan
		India & its socio-cultural importance & its significance, Spirituality in view of Swami Vivekananda, diversity of food across the country & its importance in National Integration, Group Discussion on Appreciation of language	Prof. Sanjay Shirwadkar
		Importance of Positivity	Sh. Sandesh Ladge & Smt. Swati Sathe of Nirmala Niketan College of Social Work, Mumbai
		PM Flagship Programme	Sh. Amit Kothwade, CM fellowship, Govt. of Maharashtra
9.	Himachal Pradesh	National Issues and Role of Indian Army	Brig. Kushal Thakur, Kargil War Hero
		Indian Freedom Struggle	Sh. Amit Guleria, SDM, Kullu
		Exhibition & Weapon drill	Sh. Rajesh Joshi, DYCO, ITBP
		Session & Demonstration on Disaster Management	Commander K.K. Bhandari
		Employment Generation	Sh. Vivek Sharma, Development Officer, KVIB Kullu
		Skill Development & Swacch Bharat	Sh. Jitender Thakur, CMD Green hills

Sl. No.	Name of the Host State	Important topics	Resource Persons
10.	Puducherry	Skill Development Training, Mobile Phone Service	Mr. Narmath Kumar, Faculty, Rural & Urban Society, Puducherry
		Tourism-Scope-Employability	Mr. Sakthivel, Founder of 360 White Town, Puducherry
		Drug Abuse & its consequences	Dr. Kalaivendhan
		Entrepreneurship- “Key to Start up & Self-Employment ventures	Dr. Ram Kumar, Dean, Rajiv Gandhi Institute of Veterinary education & Research (RIVER)
		Disaster Management & Rescue	Shri Mahamed Asif
11.	Assam	Language learning session	Md. Asif Iqbal, Youth Leader
		Celebrating Unity in Diversity - ‘Vande Mataram’	Sh. Ramen Talukdar, Social worker
		“Role of Bharat Scouts & Guides in Nation Building Activities”	Shri. Sunil Basumatary, NSS Programme Coordinator
		“Youth: Drug & Alcoholism, HIV/AIDs”	Smt. Jahnabi Goswami, Assistant Programme Officer, Assam AIDs Control Society
		“Media- 4 th Pillar of Indian Democracy & Nation Building”	Dr. Nuzrul Islam, NSS Programme officer, KHS College, Guwahati
12.	Jharkhand	Discussion on Ek Bharat Shrestha Bharat	Sh. Shrikant Nirala
		Women Empowerment	Sh. Kumar Vinayak
		Provision of Constitution- 73 rd and 74 th Amendment Act, 1992	Sh. Shivaji Singh, Advocate-dealing court
		Local Self Help and Mock Gram Sabha	Sh. Krishna Kant, Secretary, Abhiviyakti foundation, Giridih, Jharkhand

Sl. No.	Name of the Host State	Important topics	Resource Persons
13.	Meghalaya	Communication and Personality Development	Dr. Abraham Mattakottil, Holy Cross Laitumkhrah, Shillong
		“Challenges faced by the youth of today”	Sh. Antony Kharkongar, Phd. Scholar & Principal, Sacred Heart Boys School, Mawlai
		Quiz Competition on AIDs & HIV	Representative from Meghalaya AIDs Control Society
		Disaster Management	Shri W. Nonglang, Assistant Training Officer
		Environment hazards	Sh. W.R. Kharkrang, Environmental Engineer from Meghalaya State Pollution Control Board
		Mock Parliament on Health, Youth Issues, Education & Women Empowerment	Mr. Bobby Wahlang, Programme Coordinator, Department of Sports & Youth Affairs, Govt. of Meghalaya.
		Press & Media -4 th Pillar of Constitution	Sh. David Laitflang, President, Shillong Press Club
		Youth Interaction Programme	Shri. Tathagatha Roy, Hon'ble Governor, Meghalaya
14.	Andhra Pradesh	Swasth Bharat, Diversity of Food across the Country & its importance in National Integration and Food Safety Standards	Shri. Gouse Mohiddin, District Manager, Food Safety, Govt. of Andhra Pradesh.
		Personality Development and Role of youth in National Integration	Sh. Ram Murari Das Guru, ISKCON, Guntur
		Appreciation of language, dialect, alphabets songs, proverbs of paired States	Shri. B. Venketeswara Rao, Associate Professor, Govt. Women's College, Guntur

Sl. No.	Name of the Host State	Important topics	Resource Persons
		Health issues, Prevention of Drug Abuse & Alcoholism, Suicidal tendency	Sh. M. Srihari, Psychiatrist, Guntur
		Role of Youth in perseverance of Gender Equality, Swachh Bharat, Good Governance and Cashless Society	Dr. B. Venkata Ramana Reddy, Principal, Nalanda Engineering College, Kantepudi
		Importance of Yoga & Physical Fitness	Dr. Chandra Vasu, Professional Development, NIET
		Community Mobilisation and Youth Club Formation	Sh. P. Ramana, Programme Coordinator, NYK, Krishna
		Role of Youth in Environment Protection and Prevention	Sh. D. Tirapathi Reddy, National Green Corps
		Interactive session on Identification of Fake news	Sh. Ravi Sankar, Correspondent, Door Darshan
15.	Tripura	Mock Parliament	Mr. Chandan Debnath, Social Activist and Reporter of Electronic Channel
		Seminar on HIV/AIDs	Mr. Jahangir Hossain, Assistant Project Director, AIDs Control Society, Tripura
		Quiz Competition on “Ek Bharat Shrestha Bharat”	Mr. Anjan Sen Gupta, Senior Scientific Officer, Department of Bio Technology, Govt. of Tripura
16.	Delhi	Role of youths of paired States towards unity of the States	Sh. Vagesh Jha, Social Activist
		Variety of foods & its influence on Nation Unity	Sh. Ajit Jaiswal, State Manager
		Different Flagship Schemes by GOI	Sh. Hamid Siddhiqu, Operation Manager
		Indian Culture and Education	Sh. Alok Tiwari, Academician
		Youth Parliament	Sh. Krishan Lal Parcha

SI. No.	Name of the Host State	Important topics	Resource Persons
		Role of Youth in gradual Development of Rajbhasha-Hindi	Pandit Vidya Prasad Mishra, Assistant Professor, Indira Gandhi National Art Centre
		Youth Empowerment and Awareness	Sh. B.P. Kushwaha, ex Joint Director, NYKS.
		Role of Youth in Environment Conservation	Sh. Sanjay Kumar Swami, Educationist & Environmentalist
		Ideals & Values of Gandhi	Sh. S. A. Jamal, Administrative Officer, GSDM
		Women Rights & Empowerment	Dr. Purvi Shokia, Educationist
17.	Madhya Pradesh	'Contribution of Youths for National Integration & harmony in diversity'	Dr. Sudhir Sharma, Professor, Hindi Department, Maharani Laxmi Bai College
		Variety of food in paired States and its effect on National Integration	Sh. Vivek Bhatt, Assistant Professor
		Teachings of Gandhi	Smt. Anuradha Shankar Singh, Director General, Police Headquarter, Bhopal, Madhya Pradesh
		India's National Unity	Sh. Shubham Tamot
		Environment & Clean India Movement	Sh. Triloki Nath Mishra, State Director, NYKS, Bhopal
18.	Karnataka	Unity in India- One India	Sh. Rajendra Bhat, National Trainer, Spandana Television
		Life Skill training	J.K Bhat, Principal, Western Institute of Technology, Udupi
		History of Paired State	Prof. Vincent Alva, Principal, Milagris College Kalyanpur, Udupi

Sl. No.	Name of the Host State	Important topics	Resource Persons
		Disaster Management	Sh. Sandeep D'Souza, District Trainer, Indian Red Cross Society, Mangalore
		Communication and Team Building Towards National Integration	Dr. Manoj Lewis, Prof. GFGC, Kavur, Manglore
		Motivation, Inspiration towards National Integration	Sh. Ashwin, Chief Finance & Taxation Manager, Shipping & Marine company, Mangalore
		Rain Water Harvesting and Environment Conservation	Sh. Joseph Rebello, District Trainer
		Unity in diversity	Sh. Rama Bhat Sajangadde and Sh. Nithyananda Padre, Retd., Sr. Sub Editor, Udayavani
		My Life, My Choice	Mr. Elson D'Souza
		Makers of Modern India	Sh. Prashanth Neelavar, Assistant Professor, LSB GFGC, Kota Padukere
		PM Flagship Programme, Local Administration, Panchayat Raj Institution	Sh. Nandan Kamath, Retd. Senior Manager, Syndicate Bank
19.	Uttar Pradesh	Women Empowerment	Mrs Kavita Bharnagar, Social Activist
		Gender Equality and Women Empowerment	Ms. Rashmi Kala, Social Worker
		Life Skills Training	Dr. Anshumali Sharma of NSS, Lucknow
		Unity in Diversity	Sh. Padmakanta Sharma, Senior Journalist
20.	Tamil Nadu	Disaster and First Aid	Mr. Karthikeyan
		Entrepreneurship	Dr. Ramkumar, Dean of RIVER college

Sl. No.	Name of the Host State	Important topics	Resource Persons
		Special Privilege for Kashmir	Sh. Ramani, Advocate Madras High Court
		Quiz Competition	Mr. Akram, UNV, DYC
21.	Dadra & Nagar Haveli	Indian Constitution, Unity and Diversity of our Nation, Good Governance	Sh. Dhirenghi Shah, Deputy Secretary, Rajbhavan, Gandhinagar
		Child Marriage, POSCO Act 2012, Child Rights, Prevention of Drug Abuse and Alcoholism, Digital India	Sh. Prashant Barde, State Prog. Manager, Integrated Child Protection Services, & Coordinator Deptt. of Arts and Culture
		Youth Leadership, Youth Parliament, and Group discussion on Social justice	Sh. Harshil Dave
		Youth Development, Sports Activity, National Youth Policy, Leadership, National Integration, Best Practices in Governance in the field of Education and use of technology, Flagship Programme	Sh. Rakesh Kumar, Deputy Secretary, Youth Affairs & Sports, Govt. of Dadra & Nagar Haveli
		Freedom Struggle	Sh. Pradip Singh Vaghela
		Provision of Constitution (73 rd Amendment) Act, 1992 and 74 th Amendment Act, 1992 and Gram Sabha, Panchayat Raj, Flagship Programme for Disable People, Gender Equality and Total Sanitation	Sh. Pankaj Thakar, I.A.S, Director Social Defence.
22.	Haryana	Motivational Session	Dr. Anupam Acharya, International Writer and Motivator

SI. No.	Name of the Host State	Important topics	Resource Persons
		Nukkad Nataks on social issues of Beti Bachao- Beti Padao and Child Labour	Sh. Madan Bharti and his team
		Will Power and how one can achieve anything if has strong will Power	Dr. Jaideep Sharma
		Importance of Positivity	Ms. Sangeeta Yadav, LS Foundation
23.	Daman & Diu	'Unity in Diversity' of our Nation	Sh. Sanjay Patel, Prof. B.Ed Collage, Daman.
		Promoting the spirit of National Integration	Ms. Dipika Maheta, Incharge Principal, B.Ed College, Daman
		Preventive Health Care, Indradhanush Programme for vaccination, Community Development and Leadership	Sh. Subhash Sukla, Social Worker, Daman
		Digital India, Make in India-Skill India, Start-up India and stand up India programme of Govt. of India	Prof. Bala Ganesh, Govt. Polytypic, Daman
24.	Gujarat	National Flagship Scheme and Skill Development, Start-up India, Prime Minister Employment Generation Programme (PMEGP)	Sh. Atulbhai Upadhyay, Manager Rural Technology, Gandhinagar
		Youth Development Programme	Sh. K.R Dholariya Consultant, R&D, Rural Technology, Gandhinagar
		Panchayati Raj and Rural deployment programs and Mock Gram Sabha	Sh. Jayesh Chaudhary, Panchayat Leader, Gandhinagar
		Provisions of Constitution- 73 rd Amendment Act, 1992	Sh. P. B Thakar (IAS) Retd. (CEO) Zilla Panchayat

Sl. No.	Name of the Host State	Important topics	Resource Persons
		and 74 th Amendment Act, 1992 and gram Sabha	
		Unity in diversity, National Integration, Combating terrorism/Naxalism	Sh. Anil Pratham, IPS, Additional DGP, Gujarat
		Digital India; Cashless Society and Good Governance	Sh. Swetank Aroha
		Swachh Bharat Mission & Role of youth in total sanitation campaign	Sh. Devendra Parekh
25.	Odisha	Strengthening & maintaining the fabric of traditionally existing emotional bonds between people of our country and promoting the spirit of National Integration	Sh. Avijit Bose, State Director, NYKs Odisha
		Understanding Threats & Challenges posed by divisive force	Smt. Soumyaranjan Mohapatra
		Social Mobilization	Sh. Prakash Chandra Jene, Social Worker
		India and Brotherhoodness	Sh. Dasarathi Srichandan, National Youth Awardee
		Folk Art of India	Sh. Basudev Malbisoi, Programme Coordinator, Culture Dept., Govt. of Odisha
		Diversity of food across the country & its importance in National Integration	Sh. Raghunath Mandal, DPO, NSS, Khordh
		Declamation Contest	Smt. Manoranjjan Mohanty, NSS, PO, Utkal University, Bhubaneswar

Sl. No.	Name of the Host State	Important topics	Resource Persons
		Health issue, Prevention of Drug Abuse & Alcoholism, Suicidal tendency, Conservation of Biodiversity, Gender Equality, Swachh Bharat,	Sh. Satyanarayan Srichandan
26.	Rajasthan	Youth Parliament	Sh. Rajendra Prasad Sain
		Health Care, Role of Government in Education and Cleanliness	Sh. Pappu Kumar Sharma
		Diversity in Food and its importance in Nation Unity	Sh. Kuldeep Verma, NYV
		73 rd Amendment Act, 1992 and 74 th Amendment Act, 1992	Sh. Babulal Sushavat
27.	Goa	Agriculture in Goa	Sh. Rajendra Desai, Asst. Director, Agriculture Department
		Magic Show for awareness on AIDs and Beti Bachao Beti Padao	Sh. Ram Naik, Magician
		Good Governance and e-governance	Sh. Sudesh Gaude, Asst. Director, Social Welfare.
		AIDs Awareness	Sh. Mahesh Govekar (Project Coordinator, Positive life Foundation.
		PM Flagship Programmes	Sh. Sheru Shirodkar, Director, GIPARD
		Employment Opportunities	Sh. Amar Desai, Financial Advisor.
		Provision of Constitution & Importance of Gram Sabha	Sh. Kishor Gaonkar, Journalist

Sl. No.	Name of the Host State	Important topics	Resource Persons
28.	Uttarakhand	Voter Awareness	Mr. Tarik Zyad, Representative SVEEP Nodal Officer, Dehradun
		Indian Sciences and its effects on youth	Dr. Suchismita Sen Gupta Pandey, (Member Secy. of Food Corporation of India)
		Importance of Positivity and Awareness to youth in Emerging India	Mohd. Irshad and Thanvir. P., Social Worker, Calicut University
		Government Social Security Schemes for Rural India	Smt. Munni Tolia, DYC
		Digital India and MUDRA scheme	Sh. Dhruv Dogra
29.	Chandigarh	Importance of Social Health aspects of the society	Ms Sunita Dhariwal
		Gender Sensitization	Ms. Gurmeet
		Rights of animals and stopping cruelty on animals	Mr. Devendra Kumar
30.	Bihar	Role of Youth in Nation Building	Sh. Gupteswar Pandey, Director General, Bihar Police
		Ek Bharat Shrestha Bharat	S. N. Shyam, Chief Warden of Civil Defence and Senior Journalist, Patna.
		Importance of Positivity	Sh V. K. Panchtappa of Prajapita Brahmakumari University
		National Unity and Nation Building	Sh. Ras Bihari Singh, Vice Chancellor, Patna University

FEEDBACK OF THE PARTICIPANTS

- Sonu Sahajahan, one of the participants from Mangalore expressed her views on the programme and said that youth exchange programme are very helpful in developing national integration and unity. She added that the bonding she shared with participants of paired state during 15 days of programme would create an understanding of each other and hence strengthen the feeling of National Integration.
 - Participants got an opportunity to know how the Gram Sabha/Gram Panchayat work and also attended the live panchayat session to better understand decision making at the village level and also showed how govt. at grass root level work.
 - The programme provided knowledge and inputs on importance of national integration and taught to become more responsible citizen of the country.
 - Participants appreciated the efforts of NYKs for providing them a platform for experience sharing, capacity building, community participation and showcasing teamwork and leadership capabilities.
 - Youth from paired state got an opportunity to know each other's cultural heritage, language, traditions, cuisines and dresses.
 - Participants felt inspired and motivated after interacting with Hon'ble Governor, Members of Parliament (MPs), MLAs, District Collectors, people's representative and other dignitaries.
 - The participants reckoned the role of youth in promoting Patriotism and Nation Building through understanding each other's culture, language and morals which help in creating the feeling of "WE".
 - मध्यप्रदेश की राजधानी भोपाल में इस योजना के माध्यम से विविधता में एकता का दर्शन करने का मौका मिला। सांची में स्थित बौद्ध स्तूप जिसके बारे में केवल सुना था उस पवित्र स्तूप को करीब से देखा और इतिहास को समझा। मध्यप्रदेश के युवाओं ने सांस्कृतिक कार्यक्रम में अपनी प्रस्तुति देकर विभिन्न लोकगीतों, परिधानों से परिचय कराया। मध्यप्रदेश के सभी साथियों से मिलकर बहुत अच्छा लगा और उन्हें भी मणीपुर आने के लिए आमंत्रित किया।
- पूर्णमा लेसराम**
मणिपुर
- एक भारत श्रेष्ठ भारत की संकल्पना को साकार करने का प्रमुख माध्यम अंतर राज्यीय युवा आदान-प्रदान कार्यक्रम है। आदान-प्रदान कार्यक्रम के माध्यम से हम एक दूसरे के खानपान, रहन सहन, आचार विचार एवं परंपराओं को समझ पाते हैं जिससे एक दूसरे के प्रति हमारे मन में आदर और सम्मान का भाव पैदा होता है। हरियाली की चादर ओढ़े पूर्वोत्तर की घंटियां प्रत्येक भारतवासी को अपनी और आकर्षित करती

है उसी प्रकार मध्यप्रदेश के प्रसिद्ध पर्यटक स्थल सदैव से आकर्षण का केंद्र रहे हैं। भावों और विचारों को समझने के लिए एक दूसरे की भाषा और संस्कृति को समझना जरूरी है इस प्रकार के कार्यक्रम में जब हम सहभागी होते हैं तो हमारे में व्यक्तित्व सकारात्मक परिवर्तन होने का माहौल रहता है उसकी एक झलक मणिपुर के प्रतिभागियों द्वारा प्रस्तुत किए गए अपने लोकनृत्यों में दिखाई दी। कार्यक्रम के माध्यम से सूदूर राज्यों में हमारे नये मित्र बनें यही हमारी पूंजी और कार्यक्रम की सफलता का घटक है। मैं नेहरू युवा केन्द्र संगठन का हृदय से आभारी हूँ कि उन्होंने इस महत्वपूर्ण कार्यक्रम में हम युवाओं को यह अवसर प्रदान किया। जय हिन्द

शुभम चौहान
रायसेन, मध्यप्रदेश

- एक भारत श्रेष्ठ भारत योजना के अंतर्गत मुझे मणिपुर, नागालैण्ड राज्य के साथियों के साथ कार्यक्रम में सहभागिता करने का अवसर मिला। साहित्यिक आयोजन, बुक फेस्टिवल, फूड फेस्टिवल, सांस्कृतिक कार्यक्रम, आदि के माध्यम से विविधता को आसानी से समझ पाया। मणिपुर, नागालैण्ड से आये साथियों से वहां की संस्कृति और परम्पराओं का सही ज्ञान प्राप्त हुआ। निश्चित ही इस कार्यक्रम से पारस्परिक समझ को बढ़ावा मिलने के साथ भारत की एकता और अखंडता मजबूत होगी।

सुनील कुमार साहू
मध्यप्रदेश

- युवा आदान प्रदान कार्यक्रम में बहुत ही रोचक एवं प्रेरणादायक कार्यक्रमों का आयोजन किया गया। मानव संग्रालय, संत हिरदाराम कॉलेज बैरागढ़ भोपाल, लेक सिटी, ईट राइट इंडिया प्रोग्राम, डीबी मॉल भोपाल, शौर्य स्मारक, न्यू मार्केट, कलियासोत डैम, सांची, भोजपुर एवं अन्य स्थान पर भ्रमण किया गया जहां हमें बहुत कुछ सीखने को मिला। उक्त कार्यक्रम सार्थक एवं प्रेरणादायक होने के कारण इसे प्रतिवर्ष करवाया जाये, जिससे युवाओं का मनोबल बढ़ेगा एवं एक भारत-श्रेष्ठ भारत निर्माण का सपना पूरा होगा। इन 15 दिवसीय कैम्प में भारतीय संस्कृति को समझने का अवसर मिला। मणिपुर, नागालैण्ड एवं मध्यप्रदेश के युवाओं के बीच रहकर ऐसा आभास हुआ जैसे हम एक परिवार में रहकर अपनी संस्कृति का आदान प्रदान कर रहे हो।

राहुल तिवारी
मध्यप्रदेश

- कार्यक्रम में युवाओं ने अपने-अपने राज्य की संस्कृति, वेशभूषा एवं अन्य प्रकार की कलाओं का आदान प्रदान किया गया। कार्यक्रम में प्रतिदिवस अन्य विभागों जैसे सुरक्षा विभाग पुलिस अधिकारी, खेल अधिकारी, स्वास्थ्य अधिकारी आदि द्वारा आकर कार्य के प्रति उत्साहित एवं प्रेरित किया गया। तीनों प्रदेशों की संस्कृत एवं कला की शानदार जुगलबंदी देखने का अनुभव अविश्वसनीय रहा। "एक भारत श्रेष्ठ भारत" के तहत कॉस्ट्यूम परेड का आयोजन भी किया गया, युवाओं ने अपनी पारंपरिक वेशभूषा में स्वस्थ भारत यात्रा में बोट क्लब से लेकर रविन्द्र भवन तक रैली में शामिल हुए। "ईट राइट इंडिया स्वस्थ भारत यात्रा " द्वारा महात्मा गांधी जी की 150 वीं जयंती वर्ष के उपलक्ष्य में स्वस्थ भारत यात्रा निकाली। इसमें संगीतमय कार्यक्रम हुए। स्वस्थ रखने हेतु लिए जाने वाले भोजन के बारे में बताया गया। सांस्कृतिक कार्यक्रम प्रतिदिन सायं 6:00 बजे से 8:00 तक हुए जिसमें सभी युवा अपने राज्य की संस्कृति का आदान प्रदान कर कलाओं के बारे में उत्साहित एवं प्रेरित किया गया। जिसमें मणिपुर, नागालैण्ड एवं मध्यप्रदेश के युवाओं ने नृत्य का शानदार प्रदर्शन किया। युवा आदान प्रदान कार्यक्रम में बहुत ही रोचक एवं मनोरंजन कार्यक्रमों का आयोजन किया गया। मानव संग्रालय, संत हिरदाराम कॉलेज बैरागढ़ भोपाल, लेक सिटी, ईट राइट इंडिया प्रोग्राम, डीबी मॉल भोपाल, शौर्य स्मारक, न्यू मार्केट, सांची एवं अन्य स्थान पर भ्रमण कराया गया जो कि बहुत ही रोचक एवं सराहनीय था। उक्त कार्यक्रम बहुत ही प्रेरणादायक होने के कारण इसे प्रतिवर्ष करवाया जाये जिससे युवाओं का मनोबल बढ़ेगा एवं एक श्रेष्ठ भारत निर्माण का सपना साकार होगा। इन 15 दिवसीय कैम्प में भारतीय संस्कृति का करीब से परिचय हुआ। मणिपुर, नागालैण्ड एवं मध्यप्रदेश के बीच रहकर ऐसा आभास हुआ जैसे हम एक परिवार में रहकर अपने कल्चर का आदान प्रदान कर रहे हो।

मोनिका राठौर
बैतूल, मध्यप्रदेश

MEDIA COVERAGE

भारतीय संस्कृति में पूर्वोत्तर की संस्कृति का भी अहम योगदान

जागरण संवाददाता, सिरसा: नेहरू युवा केंद्र की ओर से तेलंगाना में एक भारत श्रेष्ठ भारत के तहत आयोजित पंद्रह दिवसीय अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम में जिला सिरसा के आठ युवा भाग ले रहे हैं। नितिन धनूर, अजीत केहरवाला, गुरमीत ढाणी 400, कमल सैन, सुभाष कुमार, सतवीर, चंद्रपाल कार्यक्रम में हिस्सा ले रहे हैं।

नेहरू युवा केंद्र के जिला युवा समन्वयक नरेंद्र यादव ने बताया कि जब तक हम अतीत के गौरव से परिचित नहीं होंगे, तब तक हमारे अंदर राष्ट्रबोध का भाव जागृत नहीं होगा, हमें हमारी संस्कृति पर गर्व करना चाहिए, जोकि हमें सर्वधर्म समभाव, अतिथि देवो भवः, वसुदेव कुटुंबकम, अहिंसा परमो धर्म की प्रेरणा देती है। भारतीय संस्कृति में पूर्वोत्तर की संस्कृति का भी अहम योगदान है। यहां सर्वधर्म समभाव, शांति, एकता और सौहार्द की परंपरा हमेशा अक्षुण्य रही है, हर परिस्थिति और हर हाल में यहां के विवेकशील और शांतिप्रिय नागरिकों ने एकता और भाईचारे को कायम रखा है। नेहरू युवा केंद्र द्वारा देश भक्ति व राष्ट्र निर्माण के लिए उठाया गया यह कदम सार्थक सिद्ध होगा।



Himachal, Kerala youth meet Governor

STAFF REPORTER
THIRUVANANTHAPURAM

Members of the 'Youth Exchange Programme' of the Nehru Yuva Kendra interacted with Governor P. Sathasivam at Raj Bhavan on Tuesday. Forty-seven youth from the State and 50 from Himachal Pradesh met the Governor, who spoke to them about the fundamental duties of citizens and role of the youth in the country's future.

Members of the Kera-

la team included those who took part in relief operations during the recent floods.

Till October 27

The team will be in Kerala till October 27. The exchange is part of the 'Ek Bharat Shreshtha Bharat' scheme of the Union government.

S. Satheshe, State coordinator of the Nehru Yuva Kendra, and district coordinators were present on the occasion.

ऑल इंडिया रेडियो पर चमकेंगे सिरसा के युवा

सिरसा टुडे न्यूज। नेहरू युवा केंद्र के तत्वाधान में आयोजित अंतर राज्य युवा आदान प्रदान कार्यक्रम के दौरान ऑल इंडिया रेडियो ने भारत को श्रेष्ठ बनाने की भूमिका से संबंधित हरियाणा व तेलंगाना राज्यों के युवाओं की राय ली। इसमें सभी जिलों के युवाओं ने अपनी-अपनी राय दी। हरियाणा के 5 जिलों सिरसा, अंबाला, गुडगांव, महेंद्रगढ़, पानीपत व तेलंगाना के 5 जिलों रंगारेड्डी, महबूबनगर, हैदराबाद, निजामाबाद, सिद्दिपेट ने अपने-अपने विचार साझा किए। तेलंगाना में आयोजित इस कार्यक्रम



में सिरसा के 8 युवा नितिन धनूर, अजीत केहरवाला, गुरमीत द्वाणी 400, कमल धनूर, सतवीर बचेर, चंद्रपाल चकजालू, सुभाष धनूर, राहुल केहरवाला भाग ले रहे हैं। टीम लीडर नितिन धनूर ने ऑल इंडिया रेडियो के अधिकारियों से बातचीत की व हरियाणा की संस्कृति व हैदराबाद की खबसूरती के बारे में

बताया। उन्होंने जिला युवा समन्वयक नरेंद्र यादव का आभार जताया। ऑल इंडिया रेडियो के प्रोग्राम डिजीवन इंचार्ज सुभाकर रेड्डी ने बताया कि इस कार्यक्रम का प्रसारण संपूर्ण भारत में 4 नवंबर को होगा। इस कार्यक्रम का नेतृत्व जिला युवा समन्वयक आर वेंकटेशम ने किया। नेहरू युवा केंद्र के तेलंगाना राज्य निदेशक पी.वी. राव ने भी इस कार्यक्रम की संपूर्ण जानकारी दी। इस मौके पर अकाउंटेंट चंद्रशेखर सुनीना गुप्ता, राजीव, सुनील, दैव्याया आदि मौजूद रहे।

मानवश्रृंखलाबनाकर युवाओं ने की मतदान की अपील

द्वंद्व रिपोर्टर □ रायपुर

नेहरू युवा केंद्र संगठन द्वारा महादेव घाट रायपुर स्थित पीएस क्लब रॉयला में गुजरात-छत्तीसगढ़ युवा आदान-प्रदान कार्यक्रम का आयोजन किया जा रहा है, जिसमें गुजरात के 50 युवा एवं छत्तीसगढ़ के विभिन्न जिलों से 50 युवा, कुल 100 युवा भाग ले रहे हैं। इस कार्यक्रम का उद्देश्य दोनो राज्यों के युवाओं को एक-दूसरे राज्य की संस्कृति, भाषा, खान-पान, का आदान-प्रदान करना है। रविवार को सुबह 8 बजे दोनो राज्यों के प्रतिभागियों



ने मतदान करने एवं कराने की शपथ लेकर महादेव घाट में मानव श्रृंखला बनाकर व स्वीप की आकृति बनाकर आमजन से मतदान की अपील की। इस दौरान नेहरू युवा केंद्र रायपुर की जिला युवा समन्वयक एवं मतदाता जागरूकता कार्यक्रम की ब्रॉड एम्बेसडर श्रीमती नीता दुमरे, आभास संस्था के राहुल एवं सदस्य, आशीर्वाद एजुकेशन एंड वेलफेयर एसोसिएशन के अध्यक्ष लुकेश बघेल, पं. सुन्दरलाल शर्मा एजुकेशनल एकेडमी के अध्यक्ष आशीष चंद्र शर्मा, कार्यक्रम समन्वयक जशवंत सिंह, एसीटी कैलाश पांडेय, ओम प्रकाश ब्रम्हे आदि उपस्थित थे।

ग्राम सभा की मजबूती व विकास हेतु देश के नौजवान आगे आएँ : मदान



कार्यक्रम दौरान संबोधित कर रहे राजीव मदान।

तरनतारन, 27 अक्टूबर (वि.क.।स.मखाहा): नेहरू युवा केन्द्र द्वारा तरनतारन के यूथ होस्टल में इंटरस्टेट यूथ एक्सचेंज कार्यक्रम तहत चल रहे शिविर दौरान पंजाब व आंधरा प्रदेश से पहुंचे वलंटियरों को संबोधन कर रहे एडवोकेट राजीव मदान ने काह कि ग्राम सभा की मजबूती व विकास लिए देश के नौजवान आगे आएँ। इस मौके जिला यूथ कोआरडीनेटर कम शिविर कमांडर बिक्रम सिंह गिल ने बताया कि इस शिविर दौरान नौजवानों को पंचायती राज्य व राष्ट्रीय ऐकता विषय के इलावा आपस में भाषा का अदान-प्रदान भी करवाया गया। शिविर में रेड क्रॉस सोसायटी तरनतारन के सेक्टरी तेजिंदर सिंह ने शिविर में उपस्थित नौजवानों को संबोधन करते हुए कहा कि नौजवानों को देश की ऐकता व अखंडता लिए आगे आना चाहिए। इस मौके नेहरू युवा केन्द्र के लेखाकार सुरिंदर सिंह, कार्यक्रम कोआरडीनेटर अमनप्रीत कौर, गुरप्रीत सिंह कदगिल, गुरदास, रितिका शर्मा, जसविंदर सिंह ने भी संबोधन किया।

paper! Rajit Samachar

North NYK organises youth exchange programme at Malling

MANGAN, November 2 (IPR): A youth exchange programme under the scheme 'Ek Bharat Shreshtha Bharat' was organised by Nehru Yuva Kendra, North at Malling Village in North Sikkim.

The main of the 'Ek Bharat Shreshtha Bharat' programme is to celebrate the unity in diversity of the nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of the country. The programme also promotes the spirit of national integration through a deep and structure engagement between all Indian States and Union Territories and showcases the rich heritage and culture, customs and traditions of the different States.

Under the programme, the State of Sikkim has been paired with Delhi and therefore there is a focus to establish long term engagement between the two states and create an environment to promote learning and sharing of best practices and experiences.



A team of 40 youths from Delhi are on a tour to Sikkim and during the first phase they will be touring the north district. A youth and cultural exchange programme was held at Malling Village which was attended by Forest minister T.W. Lepcha as the chief guest. Also present were district collector Karma R Bonpo, DFO, NYK coordinator, panchayats and local public of Malling.

Addressing the participants, the minister briefed the gathering about the policies of the State government. He stated that Sikkim is the first organic State in the country and due to the visionary policy of the Chief Minister Sikkim is now a household name in the country. The State of Sikkim has seen a tremendous growth in tourism due to its rich natural environment and peaceful

people, he said.

He informed that the government has ensured the rapid development of the State and the necessities of the people like education, health and housing have been taken care by the State government. He also informed about Chief Minister's Merit Scholarship scheme under which the students of the state are being sent to the best schools in the country. The government has

started the Chief Minister Self Employment Scheme for the youth of the State where subsidized funding up to Rs. 20 lakh is provided by the government, he said. He urged the group from Delhi to explore the State and take back fond memories.

District collector Karma R Bonpo stated that the youths from the two States should utilize the opportunity of sharing their ideas, traditions and customs. The youths should maintain a positive outlook in their endeavours and urged the participating youths to make full use of the platform for gaining positive experiences, he said.

A cultural programme showcasing the rich traditions of the two States was also presented on the occasion by the youth of Malling village and the participants from Delhi. The participants also shared their experience of being in Sikkim and how the programme has benefited them.

Youths must understand their duties and responsibilities of citizen in a democratic society: Guv



Gangtok, Nov 14
Governor of Sikkim Ganga Prasad today granted audience to a group of 50 youths from Delhi under Ek Bharat Shrestha Bharat - Inter State Youth Exchange Program at New Raj Bhavan. The exchange program between the twin states Delhi and Sikkim from 1st to 15th November 2018 is being conducted by Nehru Yuva Kendra Sangathan, Sikkim Unit. Additional Chief Secretary to Governor Dr. K Jayakumar, NYKS State Director Nabin Kumar Naik, District Youth Coordinators of NYKS Sikkim and other officials were present on the occasion.

It may be mentioned that the group, in the last fortnight have travelled across the state and have organised various events and special cultural shows. A brief highlight of the exchange program was provided by NYKS State Director Nabin Kumar Naik in his address. The group also presented a colourful cultural programme in honour of the Hon'ble Governor.

Governor while addressing the participating youths lauded the efforts of NYKS Sikkim for successful conduct of the exchange program. Governor urged the youths to use their learning from Sikkim such as cleanliness, pollution control, environmental conservation towards improving overall health of the State of Delhi.

He also asked the youths to understand the duties and responsibilities of citizen in a democratic society. Stating that balancing rights and duties will help us to be real citizens of this country, Hon'ble Governor underlined the need to learn and assimilate the diversity, culture, history, geography of our country to inculcate the national character from within. This is foundation towards making Ek Bharat Shrestha Bharat. Hon'ble Governor also urged the youth to be ready to shoulder the responsibility of transforming the country into New India. He further called upon the youth to remember, how Late Sardar Patel had worked towards integrating 562 princely states into Ek Bharat and seriously think

NYK organizes debate competition on Ek Bharat Shrestha Bharat

Early Times Report

JAMMU, Nov 14: In the ongoing Inter State Youth Exchange programme, a debate competition on Ek Bharat Shrestha Bharat was organized by Nehru

Yuva Kendra, Jammu, Ministry of Youth Affairs & Sports among 100 youth from Tamil Nadu and J&K State. On this occasion S S Kashyap, NYKS director of J&K state was chief guest and Nissar Ahmad District

Youth coordinator Jammu was Guest of honour.

Today, a detailed lecture was delivered by the chief guest on the life of late Pt.Jawahar Lal Nehru after whose name foundation of Nehru Yuva Kendra was kept, on 14.12.1972. Detailed knowledge regarding activities and functioning of Organisation was imparted to youth in debate competition seven participants took part who delivered lecture on Ek Bharat Shrestha Bharat topic. Miss Jayanti and Varun stood first, Jeeria methew and Sarfraz second, Abhinav and Naina declared third prize. The result was judged and declared by Rampaul Dogra in presence of audience.



Youth taking part in debate competition on Ek Bharat Shrestha Bharat organized by NYK

NYKS organizes tour for volunteers

Early Times Report

JAMMU, Nov 20: Nehru Yuva Kendra Sangathan under Ministry of Youth Affairs and Sports, Govt of India arranged a picnic tour at Patnitop and Natha top a world famous hill station. The said tour was recommended on persist demand of Tamil Nadu youth volunteers who are on J&K state visit for 15 days since 12.11.2018.

The moment local authority gave permission of tour, all the 100 youth boarded in two buses and proceeded to hill station. They enjoyed snow and landscape. They captured the beauty of hills, full of greenery. While traveling in vehicles the raised slogans "Bharat Mata Ki Jai". These children were selected through NYKS mainly from economical poor back group



Volunteers of NYKS during a meeting at Jammu on Tuesday

from all the faith and religion. All remained jubilant during tour Nissar Ahmed Butt, DYC, Jammu and Ratpal Sharma

ACT had paid supervision for smooth conduct of visit along with team of local volunteers. Lunch and tea was also

served to all participants. A group debate on tourism and adventure was also part of programme.

अंतरराज्य युवा आदान-प्रदान कार्यक्रम चल रहा है मुम्बई के नेहरू युवा केन्द्र में



नेहरू युवा केंद्र, मुंबई ने आयोजित किये हुए 15 दिवसीय कार्यक्रम से खुद में नेतृत्व गुणों का विकास, संघटन कौशल, संवाद कौशल द्वारा व्यक्तित्व का विकास होता है इसलिए इस शिबिर में अपने पूर्ण मन से और विशिष्ट ध्येय से शामिल हो के इसका लाभ युवाओं को उठाना चाहिए। इस कार्यक्रम में महाराष्ट्र तथा ओडिशा राज्य के युवा शामिल हुए हैं। इस कार्यक्रम के उद्घाटन के समन्वय में राहुल मोरे, अति. विभागीय आयुक्त महिला व बालकल्याण विभाग, महाराष्ट्र राज्य, गदाधर सेठी, जिल्हा आगामी बंध अधिकारी, मुम्बई, श्रीमती

सुचारीता कनक, रश्मि, शिक्षण तज्ञ मुम्बई, श्रीमती रसिका अणेराव, सदस्या, जिल्हा युवा, कार्यक्रम सल्लागार समिति आदि मान्यवर विशेष अतिथि उपस्थित थे। इस प्रसंग में राहुल मोरे ने महिला व बालकल्याण विभाग के योजना के बारे में जानकारी दी थी। गदाधर सेठी ने जनधन योजना, अटल पेंशन योजना, सुरक्षा बीमा योजना की जानकारी दे के समाज के सभी घटकों तक पहुंचाने का आवाहन किया था। स्वागत व शरवत मानखेडकर जिल्हा युवा समन्वयक नेहरू युवा केंद्र मुम्बई ने किया था। उन्होंने इस कार्यक्रम का उद्देश्य स्पष्ट करके राष्ट्रीय एकता का संदेश दिया। सूत्रसंचालन अनुज हंगारगे

कार्यक्रम समन्वयक नेहरू युवा केंद्र पुणे इन्होंने किया था। आधार मैदान पेघाटे इन्होंने किया था। कार्यक्रम को सफलता श्री राधेश्याम जैधवार योग ग्रेन्ड मास्टर ने योग, शारीरिक व्यायाम, कौशल विकास इत्यादि का मार्गदर्शन किया था। श्री कुमाल केरकर, केरकर चेरिटेबल ट्रस्ट मुम्बई, धनंजय काले जिल्हा युवा समन्वयक उस्मानाबाद, भानुदास यादव नेहरू युवा केंद्र सातारा, कुलदीप सिंह नेहरू युवा केंद्र नांदेड, संजय जाधव, दर्शन पोसले, हेमंत मुळे, कीर्ति कुर्बेते, हर्षद चव्हाण, याशाशुतोष सिंह, गुलकशा अंसारी, अक्षय मोरे, तुषार मोकल, सागर गावकवाड आदि सहभागी हुये थे।

सौजवात e-Paper

Welcome Guest, Today is Thursday, December 13, 2018 11:30:36 AM

ओरिसामधील युवकांना महाराष्ट्राच्या छ. शिवाजी महाराजांची ओढ महाराष्ट्राच्या लोकनृत्यामध्ये महेश सोनावणे व सातारा जिल्हा अक्बल

सातारा, दि. १२ (प्रतिनिधी) : भारत सरकार युवा कार्यक्रम आणि क्रीडा मंत्रालय नेहरू युवा केंद्र मुंबई व गोवा आयोजित अंतरराज्यीय युवा आदान प्रदान कार्यक्रम ओडिशा व महाराष्ट्र या दोन राज्यांना एकत्र करून एक भारत श्रेष्ठ भारत या संकल्पनेमधून नुकताच पार पडला. हा कॅम्प न्यूजीलंड हॉस्टेल गोंरेगाव येथे पंधरा दिवस सुरू होता. यामध्ये ओडिशा व महाराष्ट्र राज्यातील पंधर युवक व युवतींनी सहभाग घेतला होता. या कॅम्पचे उदघाटन तसदार गोपाल पेट्टी यांच्या हस्ते दिपप्रज्वलन करून गेले. यावेळी यशवंत मानोडकर कॅम्प प्रमुा व नेहरू युवा केंद्र मुंबई जिल्हा युवा समन्वयक राहुल मोरे आयुक्त महिला व बालकल्याण महाराष्ट्र राज्य गदाधर सेठी धनंजय काले उस्मानाबाद जिल्हा युवा समन्वयक कुलदीप सिंह नांदेड नेहरू युवा केंद्र कुनाल केलकर केलकर चॅरीटेबल ट्रस्ट मदन गोघाटे अकाउंटंट मुंबई भानुदास यादव अकाउंटंट सातारा उपस्थित होते. यावेळी महाराष्ट्र राज्यामधील सातारा जिल्हातील रिदम कला व साहित्य अकादमीच्या विद्यार्थ्यांनी



कॅम्पमध्ये उत्कृष्ट कामगिरी केली. लोकनृत्यामध्ये महेश सोनावणे व रिदमच्या मुलींनी प्रथम क्रमांक पटकवला. यामध्ये अनिता सोनावणे दिव्या पवार मछीर पाटील पुशन पाटील मयुरी पोसले प्रभावती पाटील पुष्प सावळे यांनी सहभाग घेतला होता. तर क्राफ्ट मध्ये दिव्या पवार हीने प्रथम क्रमांक पटकवला. यावेळी ओडिशा मधील मुलांना छ. शिवाजी महाराजांच्या इतिहासाच्या महितीसाठी महेश सोनावणे यांनी छ. शिवाजी महाराज कार्यक्रम सादर केला. यावेळी ओडिशा

मधील युवा व प्रमुा पाहण्यांनी आपले मत सात छ. शिवाजी महाराजांचे दर्शन गेले तर अनेकांच्या अंगावर काटा आला असे व्यक्त केले. तसेच बाजीराव पेशवे सलमान तान लमीकांत वेडे व पारंपारीक लावणी सादर केली. ओडिशामधील युवकांना शिडीच्या साई दर्शनासाठी पन्नास युवकांना यशवंत मानोडकर यांच्या मार्गदर्शनामध्ये महेश सोनावणे व अनिता सोनावणे शिडीच्या साई दर्शनासाठी घेवून गेले. यावेळी प्रविण पेलार यांनी महेश सोनावणे यांचे पाल देवून स्वागत केले.

तसेच दादासाहेब फाळके चित्रनगरी व मुंबई दर्शन केले. दुरदर्शनचे निमाता दिग्दर्शक मलकराज पंचबाय यांनी भारतीय लोकनृत्याची महीती सांगितली. अनुजा हंगारगे कार्यक्रम समन्वयक नेहरू युवा केंद्र पुणे यांनी सर्व कार्यक्रमाचे सूत्रसंचालन केले तर अमिर कौी व्हालेंटीअर मुंबई यांनी विशेष सहकार्य केले. अधिनेते लामन मल्या उपस्थित होते. लाल बहादूर पास्ट्री महावि-लयकला व वाणिज्य महावि-लय कन्या पाळा सातारा िडाळा व फलटन महिला युवक सहभागी होते.

17 नवंबर 2018

जागरण सिटी कुल्लू/मंडी

कुल्लू में युवाओं को एडवेंचर के टिप्स दिए

संवाद सहयोगी, कुल्लू : युवा आदान-प्रदान कार्यक्रम केरल व हिमाचल के प्रतिभागियों को शुकवार को एडवेंचर के गुर सिखाए गए। शिविर के चीफ इंस्ट्रक्टर गुरुदेव सिंह राणा ने एडवेंचर की जानकारी दी। इसके बाद सभी को दो समूहों में विभाजित किया गया। इसमें एक ग्रुप को एडवेंचर प्रशिक्षक गुरुदेव सिंह राणा और सुमन ठाकुर ने जिपलाइन करवाई गई और दूसरे ग्रुप को प्रकाश ठाकुर और संकुतला ने रैपलिंग करवाई। शिविर के मुख्य एवं जिला युवा समन्वयक लाल सिंह ने कार्यक्रम का जायजा लिया व हिमाचली पहाड़ियों की गुणवत्ता को प्रतिभागियों से सांझा किया। आदर्श कुमार धवन पूर्व आईटी डिजिटल क्रैसो प्लेटफार्म के युवाओं से रू-ब-रू हुए।



कुल्लू में शुकवार को अंतर राज्यीय युवा आदान-प्रदान कार्यक्रम में एडवेंचर गतिविधियों से रूबरू होने के बाद युवा ● जागरण

धर्मशाला, 18 नवंबर 2018

जागरण सिटी कुल्लू

केरल व हिमाचल के युवा एक दूसरे की संस्कृति से रूबरू हुए

भेखलीधार में विभिन्न साहसिक गतिविधियों का अभ्यास किया

संवाद सहयोगी, कुल्लू : एक भारत श्रेष्ठ भारत अंतरराज्य युवा आदान-प्रदान कार्यक्रम के तहत शनिवार को हिमाचल व केरल के युवाओं ने रॉक क्लाइम्बिंग, फाक्स प्लाटफॉर्म सहित अन्य साहसिक गतिविधियों में हिस्सा लिया। नेहरू युवा केंद्र कुल्लू व युवा कार्यक्रम, खेल मंत्रालय को और से आयोजित इस कार्यक्रम में शनिवार को एडवेंचर के मुख्य प्रशिक्षक गुरुदेव राणा व उनकी टीम ने केरल व हिमाचल के युवाओं को भेखलीधार में विभिन्न साहसिक गतिविधियों का अभ्यास करवाया। कार्यक्रम के दूसरे सत्र में सांस्कृतिक संघ्या का भी आयोजन किया गया। इसमें केरल के त्रिवेंद्रम, मलपुरम के युवाओं ने समूहान, फोक डंस व हिमाचल के कांगड़ा, ऊना व कुल्लू जिला के युवाओं ने फिल्में, पहाड़ी गीत गाकर सबका खूब मनोरंजन किया। इसके अलावा सिरमौर जिला के प्रतिभागियों ने नाटी



अंतरराज्य युवा आदान-प्रदान शिविर के तहत साहसिक गतिविधियों में भाग लेने पहुंचे केरल व हिमाचल के युवा ● जागरण

दूसरे सत्र में सांस्कृतिक संघ्या का आयोजन किया गया, एक भारत श्रेष्ठ भारत, अंतरराज्य युवा आदान-प्रदान कार्यक्रम चल रहा

डाली। नेहरू युवा केंद्र के कमांडेंट डॉ. लाल सिंह ने कहा कि हमें अपनी पुरत

संस्कृति को संरक्षित कर रखना चाहिए। एक-दूसरे के राज्य की संस्कृति से रूबरू होने और अन्य चीजों को जानने के लिए ही एक भारत श्रेष्ठ भारत, अंतरराज्य युवा आदान-प्रदान कार्यक्रम चलाया जा रहा है। 15 दिवसीय इस शिविर में और भी कई साहसिक गतिविधियों और सांस्कृतिक कार्यक्रम होंगे।

12 हिमाचल दस्तक

सोमवार 19 नवंबर, 2018

चर्चा-परिचर्चा अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम में बोले ब्रिगेडियर

देश की रक्षा को आर्मी हरदम तैयार: खुशाल



कुल्लू। चर्चा-परिचर्चा के दौरान ब्रिगेडियर खुशाल ने कैप्टन विक्रम भाररा, शौरभ काविया सहित अन्य शहीदों को याद किया

हिमाचल दस्तक। कुल्लू

अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम केरल व हिमाचल के दौरान ब्रिगेडियर खुशाल ने बतौर मुख्य स्नातक शिखरत की। इस दौरान उन्होंने केरल व हिमाचल के प्रतिभागियों के साथ 'आर्मी विषय' पर चर्चा-परिचर्चा की। उन्होंने बताया कि आर्मी न केवल सरहद पर दुश्मनों से देश की रक्षा करती है, बल्कि जब भी देश के किसी कोने में आपदा आती है तो आर्मी वहां लोगों की सहायता करती है और अपने खाने में से खाना भी वहां के लोगों को वितरित करती है। उन्होंने यह भी कहा कि जब सैनिकों को टोली सरहद की रक्षा के लिए जाती है तो उस समय सभी सैनिकों की जिंदगी की जिम्मेदारियों को लेकर आर्मी अधिकारी भी सरहद पर मौजूद रहते हैं। इस चर्चा-परिचर्चा के दौरान उन्होंने शहीद कैप्टन विक्रम भाररा,

कार्यक्रम के दौरान केरल के प्रतिभागियों ने केरल की बिरयानी बनाकर सभी प्रतिभागियों को खिलाई, जिसकी सभी हिमाचल के प्रतिभागियों ने मुबतकट से प्रशंसा की। कार्यक्रम के दौरान डॉ. लाल सिंह जिला युवा समन्वयक ने ब्रिगेडियर ठाकुर को लाखों युवाओं का प्रेरणा स्रोत कहा और नेहरू युवा केंद्र परिवार की तरफ से उनका स्वागत व धन्यवाद भी किया।

शौरभ सहित अन्य शहीदों को याद किया और उनकी देशभक्ति को सभी के लिए प्रेरणा बताया। इस दौरान प्रतिभागियों ने बहुत से प्रश्न भी पूछे, जिस पर ब्रिगेडियर ठाकुर ने काफी चर्चा-परिचर्चा की। सांस्कृतिक संघ्या में केरल के प्रतिभागियों को मुख्यवार्तिधि के रूप में शिरकत करने का मौका दिया। विशिष्ट अतिथि खंड विकास अधिकारी विवेक शर्मा मौजूद रहे। सांस्कृतिक संघ्या में जिला युवा समन्वयक नेहरू युवा केंद्र डॉ. लाल

◆ अपने खाने में से आपदा से पीड़ित लोगों को दिया जाता है खाना

◆ केरल और हिमाचल के प्रतिभागियों के सबालों के लिए जवाब

सिंह, विनोद शर्मा, नोडल अधिकारी डॉ. रमेश चंदेल, करतार कोशल व श्याम कुल्लवी मौजूद रहे।

दूसरे राज्यों की कला-संस्कृति को समझने का अवसर 15 दिवसीय शिविर में मिलेगा

एक भारत श्रेष्ठ भारत के तहत एनवाईकेएस का अंतर्राज्यीय युवा आदान-प्रदान कार्यक्रम

विटी रिपोर्टर | गिरिडीह

नेहरू युवा केंद्र गिरिडीह की ओर से एक भारत श्रेष्ठ भारत कार्यक्रम के तहत अंतरराज्यीय युवा आदान प्रदान कार्यक्रम का विधिवत उद्घाटन शुक्रवार को दीप प्रज्वलित कर किया गया। जिसमें मुख्य अतिथि के रूप में गिरिडीह विधायक निरंजन कुमार शाहाबादी थे। जबकि कार्यक्रम में नेहरू युवा केंद्र की राज्य महानिदेशक रीता भगत, मेयर, पूर्व जिला युवा समन्वयक कुमार विनायक, रामदेव प्रसाद, गिरिडीह जिला युवा समन्वयक विजय कुमार, अधिवक्ता शिवाजी सिंह, रंजीत राय आदि बतौर विशिष्ट अतिथि मौजूद थे। यह 15 दिवसीय शिविर 29 तक चलेगा। जिसमें गोवा के पूर्व और दक्षिणी जिला, महाराष्ट्र के सांगरी और झारखंड के बोकारो, कोडरमा, हजारीबाग, गिरिडीह और गुमला जिला के युवाओं ने हिस्सा लिया है। मंच संचालन खुशीदा अनवर हदी ने किया। कार्यक्रम को सफल बनाने में लेखापाल नैयर परवेज, एनवाईके दीपक कुमार, नवीन कुमार, अरूण कुमार शर्मा, प्रोजेक्ट को-ऑर्डिनेटर विवेक की भूमिका रही।



संबोधित करते विधायक और मंचासीन अन्य नेतागण।



कार्यक्रम में मौजूद युवा।

राष्ट्र की मुख्यधारा से जोड़ने का मिलेगा मंच : रीता

नेहरू युवा केंद्र कि राज्य महानिदेशक रीता भगत ने कहा कि नेहरू युवा केंद्र के ऐसे कार्यक्रम से युवाओं को एक दूसरे प्रांत की संस्कृतियों को जानने समझने का मौका मिलता है। वे एक साथ रह कर एक दूसरे के रहन-सहन, वेष-भूषा, बोल-चाल को तो समझते ही हैं साथ ही अपने राज्य के बारे में जानने को उनमें रुचि पैदा होती है। युवाओं को राष्ट्र की मुख्य धारा से जोड़ने के लिए नेहरू युवा केंद्र एक प्लेटफॉर्म है। यह आपको जिम्मेवारी है कि कार्यक्रम को अच्छा से अच्छा बनाओ।

नवसल को जड़ से खत्म करने की है जिम्मेवारी : निर्गव

गिरिडीह विधायक निर्गव कुमार शाहाबादी ने कहा कि यह झारखंड 18 साल का युवा है और इसी वक्त हम युवाओं के कार्यक्रम में शरीक हुए हैं, जो बहुत ही सख्त पहचान देता है। पीएम का सपना है कि हर युवाओं को सशक्त करना है, उन्हें रोजगार से जोड़ना है और देश के विकास में उन्हें शामिल करना है। इसलिए युवाओं को भी पूरी जिम्मेवारी के साथ अपनी भूमिका निभानी है। लेकिन आज के युवा और पहले के युवा में अंतर है। पहले के युवा किसी ना किसी को अपना आदर्श मानते थे और उनके मार्गदर्शन में चलते थे, लेकिन आज के युवाओं में इसकी कमी है। झारखंड कभी उग्रवादियों के आतंक में जीता था, लेकिन जब से केंद्र और राज्य में भाजपा की सरकार बनी है, उग्रवादियों का समूल नाश शुरू हो गया और आज लगभग शेष है। जिसे खत्म करने की जिम्मेवारी आप युवाओं पर है। कभी यह राज्य सिर्फ भ्रष्टाचार के लिए जाना जाता था लेकिन आज ना तो हमारे प्रधानमंत्री पर और ना ही मुख्यमंत्री पर ही भ्रष्टाचार का एक भी छिटा है।

अंग्रेजों के लिखे गलत इतिहास को पढ़ रहे हम : विनायक

पूर्व जिला युवा समन्वयक कुमार विनायक ने कहा कि भारत की संस्कृति को युवा ठीक से समझे। क्योंकि अंग्रेजों ने भारत का गलत इतिहास लिखा है और हम गलत इतिहास पढ़ रहे हैं। सही इतिहास को जानने की जरूरत है। बुद्धिजम और जैनियम सनातन धर्म का ही हिस्सा है, इसे युवाओं को समझना चाहिए। सभी का आधार वेद ही है। हमें धर्म को भी जानना चाहिए। सरकार द्वारा बनाई गई नीति राष्ट्रीय युवा नीति और राज्य युवा नीति पर सतत से काम कर रहा है या नहीं इसे भी समझने की जरूरत है।

Lapang inaugurates youth exchange programme

HP NEWS SERVICE
Shillong Nov 16: With the aim of celebrating the unity in diversity of our nation and to promote the spirit of national integration, the Reciprocal Inter State Youth Exchange Programme under the nationwide youth programme, "Ek Bharat Shrestha Bharat" was today inaugurated by the Chief Adviser to the Government of Meghalaya, D D Lapang in a function held at Youth

Hostel, Shillong.

The two-week programme is being organised by Nehru Yuva Kendra Sangathan (NYKS), Shillong under the Ministry of Youth Affairs and Sports, Government of India.

In the first phase of the programme, a delegation of 50 youth from Uttar Pradesh and 50 from Meghalaya will tour the State to learn about the heritage, customs, and tradition of Meghalaya and in the second phase, 25 members from Meghalaya and 25 from Arunachal Pradesh will visit Lucknow, Uttar Pradesh from December 9 to 23.

Speaking on the occasion, Lapang termed the programme as a great initiative to bring people from different states and union territories to the

grassroots level to learn and share experiences.

"Such initiative will go a long way in strengthening the multi-cultural fabric of India and inculcate a sense of national pride in the youth," he added.

Reminding the youth about the great sacrifices made by stalwarts of the freedom movement, Lapang urged the youth to work for the betterment of the nation so that they can live up to the vision of a free and progressive India.

It may be mentioned that the youth exchange programme is a Prime Minister's flagship programme announced by Narendra Modi on October 31, 2015 on the occasion of the 140th Birth Anniversary of Sardar Vallabhai Patel.

गुजरात के स्टूडेंट्स ने जाना छत्तीसगढ़ का कल्चर, विजिट किए फेमस टूरिस्ट स्पॉट्स

रायपुर | एक भारत, श्रेष्ठ भारत... के तहत नेहरू युवा केंद्र में गुजरात-छत्तीसगढ़ 15 दिवसीय यूथ एक्सचेंज प्रोग्राम का आयोजन किया गया। शिविर में 50 स्टूडेंट्स गुजरात के और 50 छत्तीसगढ़ के शामिल हुए। शिविर में गुजरात से आए स्टूडेंट्स ने मतदान अवेयरनेस, छत्तीसगढ़ के टूरिस्ट स्पॉट, व्यंजन और बोली के बारे में जाना। इस दौरान स्टूडेंट्स ने गरबा की परफॉर्मेंस भी दी।



■ Social Welfare and Social Education minister Santana Chakma inaugurates closing ceremony of Inter-State Youth Exchange Programme organized by Nehru Yuva Kendra at Rabindra Satabarshiki Bhavan on Wednesday.

Youth Exchange prog ends

Times News

Agartala, Dec 05: The 15-day Inter-State Youth Exchange Programme, initiated by Union Ministry of Youth Affairs and Sports in collaboration with Nehru Yuba Kendra (NYK), has concluded amid a colorful ceremony today.

The closing programme was held at Rabindra Satabarshiki Bhavan. Social Welfare and Social Education minister Santana Chakma attended the closing ceremony as chief guest. Baburam Swami, HOD, English Department, MBB College, NYK's State Director Tapan Nag and West district Youth Coordinator Jaba Chakraborty also shared the dais during the closing ceremony. Altogether 100 youth -- 45 from Bihar, 24 from Mizoram and 31

from Tripura - participated in the programme that started on November 21 last. As part of the youth exchange programme organized on the theme- Ek Bharat, Shrestha Bharat, the participants visited several tourism sites of Tripura including Matabari Temple in Udaipur and Unokoti, an archeological site. During the visits, the participants exchanged traditions and cultures of their respective states apart from sharing traditional food items.

Besides, debate competition and Mog Parliament were organized during the 15-day long Inter-State Youth Exchange Programme. The programme was inaugurated by Youth Affairs and Sports minister Manoj Kanti Deb at PRTI hall in A.D. Nagar on November 21 last.

युवा देश को बदलने का रखते हैं दम: भानुप्रभा

पश्चिमी दिल्ली, (पंजाब केसरी): दिल्ली भ्रमण के लिए आए सिक्किम के युवाओं का नजफगढ़ में मंगलवार को भव्य स्वागत किया गया। नेहरू युवा केंद्र के तत्वावधान में आयोजित कार्यक्रम में एसडीएम भानुप्रभा ने युवाओं को संबोधित किया।

भानुप्रभा ने कहा कि युवा देश को बदलने का दम रखते हैं, इसलिए उन्हें सबसे पहले देश के बारे में ही सोचना चाहिए। उन्होंने सिक्किम के युवाओं को दिल्ली भ्रमण के लिए सभी सुविधायें उपलब्ध कराने की अपनी वचनबद्धता दोहराई व

सिक्किम के युवाओं का नजफगढ़ में भव्य स्वागत



एनवाईके अधिकारियों को उचित देखरेख के निर्देश भी दिए। कार्यक्रम सांस्कृतिक आदान-प्रदान के तहत सिक्किम व दिल्ली के युवाओं ने

अपनी लोक संस्कृति के तहत प्रस्तुतियां पेश कीं। महिला मंडल की बच्चियों द्वारा पेश किए गए हरियाणवी लोक नृत्य पर न केवल दिल्ली के

युवा बल्कि सिक्किम के युवा भी झूम उठे। इस मौके पर पार्षद नीलम पहलवान के अलावा अन्य लोगों ने भी युवाओं को संबोधित किया।

नजफगढ़ में करेंगे प्रवास सिक्किम के युवा

हरिमूमि न्यूज ►► नई दिल्ली

नेहरू युवा केंद्र के निमन्त्रण पर दिल्ली भ्रमण के लिए आये सिक्किम के युवाओं का नजफगढ़ में मंगलवार को रंगारंग कार्यक्रम के द्वारा भव्य स्वागत किया गया। जिला समन्वयक एस.पी. सिंह ने सभी का आभार प्रकट किया और आगे की रूपरेखा के बारे में बताते हुए कहा कि 16 से 20 दिसंबर तक सिक्किम के युवा नजफगढ़ देहात के गांवों में प्रवास करेंगे व रोजाना भ्रमण कर यहां की संस्कृति से रूबरू होंगे। इस अवसर नजफगढ़ एसडीएम भानु प्रभा आईएस, पार्षद नीलम कृष्ण पहलवान, पीएचसी के निदेशक डा.



चरण सिंह, एनवाईके पूर्व के डीवाईसी आर्यन त्यागी, राज्य कार्यालय के सहायक निदेशक मोहन सिंह साही, सुरेन्द्र बोकन व

जिला समन्वयक सर्वेन्द्र प्रताप सिंह के साथ-साथ समाज सेवी रघुनाथ सिंह प्रधान, व हरेन्द्र राठी ने भी युवाओं को संबोधित किया।

सिक्किम से आए छात्र दिल्ली की संस्कृति से हो रहे रूबरू जासं, पश्चिमी दिल्ली : नवंबर में पंद्रह दिनों के लिए दिल्ली के चुनिंदा छात्रों का एक दल सिक्किम दौरे पर गया था। इंटर स्टेट यूथ एक्सचेंज प्रोग्राम के तहत सिक्किम के 42 बच्चों का एक दल सात दिसंबर को दिल्ली आया है। ये बच्चे दिल्ली में विभिन्न जगहों का दौरा कर 11 दिसंबर को नजफगढ़ पहुंच रहे हैं। यहां पर नेहरू युवा केंद्र की ओर से गांवों में भ्रमण कराने की व्यवस्था की गई है। इनके स्वागत में सांस्कृतिक कार्यक्रम का आयोजन भी किया जाएगा। बच्चे यहां की सांस्कृतिक विरासत को समझने का मौका मिलेगा।

स्वागत 'एक भारत श्रेष्ठ भारत' में जुटे उत्तर पूर्वी राज्यों के युवा

हमारा देश सांस्कृतिक विविधताओं का देश है, इसे क्षेत्रवाद में न बाँटें

स्वदेश संवाददाता, हिरादाम नगर

नेहरू युवा केन्द्र संगठन एवं संत हिरादाम कन्या महाविद्यालय ने एक भारत श्रेष्ठ भारत का आयोजन किया। युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार द्वारा आयोजित होने वाले युवा संवाद सत्र में उत्तर पूर्व राज्यों मणिपुर, नागालैण्ड के 50 युवा एवं मध्यप्रदेश के आदिवासी अंचल के विभिन्न जिलों के 50 युवाओं ने शिरकत की।

इस अवसर पर शहीद हेमू कालानी शैक्षणिक संस्थान के अध्यक्ष सिद्ध भाऊ, मुख्य अतिथि प्रोफेसर डॉ. आरजे राव, कुलपति बरकतउल्लाह विश्वविद्यालय, त्रिलोकी नाथ मिश्रा, राज्य



निदेशक नेहरू युवा केन्द्र, डॉ. सुरेन्द्र शुक्ला, जिला युवा समन्वयक, नेहरू युवा केन्द्र, भोपाल, संस्था के सचिव एसी साधवानी, महाविद्यालय के निदेशक हीरो ज्ञानचंदानी एवं डॉ. चरनजीत कौर, प्राचार्य संत हिरादाम कन्या महाविद्यालय,

भोपाल, समस्त पिंशिकाएं एवं छात्राएं उपस्थित थीं। कार्यक्रम की शुरुआत संत कॉलेज की प्राचार्य डॉ. चरनजीत कौर ने कहा कि इस तरह की पहल से एक-दूसरे राज्य की परंपरा एवं संस्कृति को जानने एवं समझने का मौका मिलता है।

डॉ. सुरेन्द्र शुक्ला ने कहा कि हमारा देश सांस्कृतिक विविधताओं का देश है, इसे समाज और क्षेत्रवाद में न बाँटें। हमारा परिचय पूर्व, उत्तर, दक्षिण के रूप में न होकर एक जागरूक युवा भारतीय के रूप में हो। प्रोफेसर आरजे राव ने कहा कि

भारत विविधताओं का देश है, जिसमें सांस्कृतिक एवं भाषायी भिन्नता है। एक भारत - श्रेष्ठ भारत एक उत्कृष्ट कार्यक्रम है। अपने कौशल एवं क्षमताओं का उपयोग देश निर्माण में करें। देश का भविष्य युवाओं के हाथ में है। त्रिलोकी नाथ मिश्रा ने कहा कि

भारत युवाओं का देश है। युवा शक्ति ही राष्ट्र शक्ति है। हम समानता की सत्ता का संवहन करें।

सिद्धभाऊजी ने कहा कि मध्यप्रदेश देश का हृदय है। आज तक पूर्वोत्तर के सात राज्यों पर किसी ने भी ध्यान नहीं दिया। मैं हमारी सरकार के प्रति एक भारत श्रेष्ठ भारत कार्यक्रम के आयोजन हेतु धन्यवाद देता हूँ। भविष्य में इन राज्यों के बीच विकास के साथ शीघ्र संवाद बढ़ेगा कार्यक्रम में मणिपुर, नागालैण्ड एवं म.प्र. के युवा छात्रों ने कार्यक्रम के प्रति अपने विचार व्यक्त करते हुए कहा कि भोपाल एक खूबसूरत शहर है। यहाँ की संस्कृति बहुत समृद्ध एवं लोग मिलनसार है।

रंगारंग कार्यक्रम के साथ हुआ सिक्किम के युवाओं का भव्य स्वागत

नई दिल्ली/शिव कुमार यादव-

नेहरू युवा केन्द्र के निमन्त्रण पर दिल्ली भ्रमण के लिए आये सिक्किम के युवाओं का नजफगढ़ में मंगलवार को रंगारंग कार्यक्रम के द्वारा भव्य स्वागत किया गया। इस अवसर नजफगढ़ एसडीएम भानु प्रभा आईएएस, पार्सद नीलम कृष्ण पहलवान, पीएचसी के निदेशक डा. चरण सिंह, एनवाईके पूर्व के डीवाईसी आर्यन त्वागी, राज्य कार्यालय के सहायक निदेशक मोहन सिंह साही, सुरेन्द्र बोकन व जिला समन्वयक सर्वेन्द्र प्रताप सिंह के साथ-साथ समाज सेवी रघुनाथ सिंह प्रधान, संजय बुधवार, अपोक अहलावत, मा. मनजीत सिंह, प्रकृति भक्त राजेश शर्मा, अनिल कुमार, रेखा शर्मा व हरेन्द्र राठी ने भी युवाओं को संबोधित किया।

नजफगढ़ एसडीएम भानुप्रभा ने इस मौके पर युवाओं को बधाई देते हुए कहा कि युवाओं में ही देश को बदलने का दम है और युवाओं को सबसे पहले देश के बारे में ही सोचना



चाहिए। उन्होंने सिक्किम के युवाओं को दिल्ली भ्रमण के लिए सभी सुविधायें उपलब्ध कराने की अपनी वचनबद्धता दोहराई व एनवाईके अधिकारियों को उचित देखरेख के निर्देश भी दिये। कार्यक्रम सांस्कृतिक आदान-प्रदान के तहत सिक्किम व दिल्ली के युवाओं ने अपनी लोक संस्कृति के तहत प्रस्तुतियां पेश की। महिला मंडल की बच्चियों द्वारा पेश

किये गये हरियाणवी लोक नृत्य पर न केवल दिल्ली के युवा बल्कि सिक्किम के युवा भी झूम उठे। सिक्किम के युवाओं ने चार दिन के अपने दिल्ली भ्रमण के बारे बताते हुए कहा कि उन्होंने जैसा सोचा था दिल्ली उससे भी कहीं ज्यादा दिलचस्प है।

यहाँ की विभिन्नता में एकता से वह काफी प्रभावित दिखे। इस मौके

पर माता मूर्ति देवी महिला मंडल की ओर सभी युवाओं को उपहार प्रदान किये गये। कार्यक्रम के अंत में जिला समन्वयक एस.पी.सिंह ने सभी का आभार प्रकट किया और आगे की रूपरेखा के बारे में बताते हुए कहा कि 16 से 20 दिसम्बर तक सिक्किम के युवा नजफगढ़ देहात के गाँवों में प्रवास करेंगे व रोजाना भ्रमण कर यहाँ की संस्कृति से रूबरू होंगे।

नगालैंड व
मणिपुर विद्यार्थियों
ने भोपाल को
बताया सूबसूरत

तीन प्रदेशों के विद्यार्थियों ने साझा की एक-दूसरे की संस्कृति व भाषा

'एक भारत श्रेष्ठ भारत: अंतर्राज्यीय युवाओं के बीच संवाद सत्र

हरिद्वीप न्यूज संतनगर

संत हिरदाराम कन्या महाविद्यालय में 'एक भारत श्रेष्ठ भारत' अभियान के अंतर्गत मणिपुर, नगालैंड एवं मध्यप्रदेश के अंतर्राज्यीय युवाओं के मध्य संवाद सत्र का आयोजन नेहरू युवा केंद्र संगठन एवं संत हिरदाराम कन्या महाविद्यालय के संयुक्त तत्वाधान में आयोजित हुआ। युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार द्वारा आयोजित युवा संवाद सत्र में उत्तर पूर्व राज्यों मणिपुर, नगालैंड व मध्यप्रदेश के आदिवासी अंचल के 100 युवाओं ने शिरकत की। इस कार्यक्रम का उद्देश्य देश की विविधता के विषय में व्यापक प्रचार-प्रसार से था। जिससे भारत के विभिन्न राज्यों को एक साथ मिलकर कार्य करना सरल हो, एक-दूसरे की संस्कृति को समझकर आपसी तालमेल से रचनात्मक परिणाम आ सके। कार्यक्रम में डॉ. सुरेंद्र शुक्ला ने कहा कि, हमारा देश सांस्कृतिक विविधताओं का देश है, इसे समाज और क्षेत्रवाद में न बाँटे।



संत हिरदाराम गर्ल्स कॉलेज में युवा सत्र संपन्न

युवा छात्रों ने व्यक्त किए अपने विचार...

मुख्य अतिथि प्रोफेसर उमरजे राव ने कहा कि भारत विचारकों का देश है, जिसने सांस्कृतिक एवं भाषायी विविधता है। त्रिलोकनाथ मिश्रा ने कहा कि युवा शक्ति ही राष्ट्र शक्ति है। हम समानता की सलाह का उदाहरण करें। सिद्धांत आज ने राष्ट्र का हृदय है, आज तक पूर्णतः के सत राज्यों पर किसी ने भी ध्यान नहीं दिया। अविष्य में इन राज्यों के बीच विकास के साथ शीघ्र संवाद बढ़ेगा। कार्यक्रम में मणिपुर एवं नगालैंड के युवा छात्रों ने कार्यक्रम के प्रति अपने विचार व्यक्त करते हुए कहा कि, भोपाल एक सूबसूरत शहर है, यहां की संस्कृति बहुत समृद्ध एवं लोग मिलनसार हैं।

15 दिवसीय अंतर्राज्यीय युवा आदान-प्रदान कार्यक्रम

बिरनी/गिरिडीह। बिरनी प्रखण्ड क्षेत्र के सामुदायिक रेडियो स्टेशन डबरी के परिसर में एक भारत श्रेष्ठ भारत के तहत नेहरू युवा केंद्र के सौजन्य से 15 दिवसीय अंतर्राज्यीय युवा आदान - प्रदान कार्यक्रम सम्पन्न हुआ। नव जागृति युवा मंडल के द्वारा संचालित सामुदायिक रेडियो स्टेशन रेडियो जागृति 904 एफएम भ्रमण किया गया। इस कार्यक्रम में देश के विभिन्न राज्यों गोवा, महाराष्ट्र, कर्नाटक और झारखंड के विभिन्न जिलों से 120 प्रतिभागियों ने भाग लिया। कार्यक्रम के तहत नव जागृति युवा के संस्थापक राजेश वर्मा ने कहा कि आज के युवा ही देश के निर्माता है। युवा मन से जाग जाए तो वह विकास के किसी भी क्षेत्र में अपनी पहचान बना सकते हैं। रेडियो प्रबंधक निरंजन कुमार, प्रशिक्षक श्री कांत निराला आदि ने अपने-अपने विचार रखे। प्रोग्राम कोर्डिनेटर विवेक राज और रवि कुमार ने भी युवाओं को संबोधित करते हुए एक भारत श्रेष्ठ भारत की परिकल्पना की। कार्यक्रम की अध्यक्षता संस्था के अध्यक्ष साबिर अंसारी और संचालन सचिव धीरज कुमार ने की। मौके पर जवान मुकेश विश्वकर्मा, राष्ट्रीय स्वयंसेवक शंकर दास, त्रुतु राज, महेंद्र कुमार, अजीत कुमार, पुनम वर्मा, नीतु कुमारी आदि कई लोग उपस्थित थे।

अपने कर्तव्यों का ईमानदारी से निर्वहन करने पर साथ चलते हैं अधिकार : चौहान

वाल्मी में एक भारत-श्रेष्ठ भारत कार्यक्रम के तहत मानवधिकार पर परिचय



दैनिक जयहिन्द न्यूज व्यूटो

भोपाल। एक भारत-श्रेष्ठ भारत के अन्तर्गत नेहरू युवा केंद्र द्वारा वाल्मी में चल रहे इंटरस्टेट यूथ एक्सचेंज प्रोग्राम के तीसरे दिन मानव अधिकार विषय पर परिचय एवं संवाद सत्र आयोजित किया गया। सत्र में समाजसेवी एवं राष्ट्रीय युवा पुरस्कार से सम्मानित उषा चौहान ने मानवाधिकार पर विचार रखते हुए युवाओं को संबोधित किया। उन्होंने कहा कि जब हम अपने कर्तव्यों का भली भांति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व संरक्षण करते हैं, इसलिए प्रत्येक व्यक्ति को अपने कर्तव्यों पर ध्यान केंद्रित करना चाहिए, ताकि मानवाधिकारों की रक्षा की जा सके। जिस प्रकार पूर्वोत्तर में लोगों के अधिकारों का संरक्षण होता है उसी प्रकार हमें भी सीख लेनी

चाहिए। समाज के पीड़ित, शोषित, वंचित एवं उपेक्षित वर्ग को न्याय दिलाने के लिए हमें तत्पर रहना चाहिए। संघर्ष की स्थिति तब पैदा होती है जब हम भेदभाव करते हैं।

युवा और समग्र विकास पर अपने विचार व्यक्त करते हुए कहा कि आज के समय में युवाओं को अपना लक्ष्य केन्द्रित कर अपनी उर्जा को सकारात्मक दिशा में लगाना होगा, विवेकानंद ने भी यही किया था। जिज्ञासाओं के आधार पर ही हम एक अच्छे विमर्श की शुरुआत कर सकते हैं जब तक कोई भी छात्र या प्रतिभा जिज्ञासु नहीं होगी ये चिंतन परंपरा एवं विमर्श की आगे नहीं बढ़ा सकती। प्रतिस्पर्धा के आधार पर हम कभी भी बौद्धिक स्तर मजबूत नहीं

कर सकते, प्रतिस्पर्धा समाज को एक नया आवाम नहीं दे सकती। युवा हमेशा अपनी समस्याओं का समाधान दूसरे से चाहता है जबकि वह स्वयं से संवाद स्थापित कर उस समस्या को खत्म कर सकता है। शिक्षा प्राप्त करने के बाद आज विद्यार्थियों का लक्ष्य रोजगार प्राप्त करना है ना कि चरित्र का निर्माण करना किसी भी देश को शक्ति उस देश के नागरिकों के चरित्र पर निर्भर करती है।

सभी युवाओं ने मानवाधिकार दिवस की प्रभात में योग के साथ सामूहिक गीत-न्याय का विधान हो, सबका हक मानना हो। सबकी अपनी हो जमीं, सबका आसमान हो' का गान किया। इस अवसर पर जिला युवा समन्वयक डॉ सुरेंद्र शुक्ला एवं पूर्व समन्वयक कुशल राय उपस्थित रहे।

एक भारत- श्रेष्ठ भारत कार्यक्रम आप क्रिएटिव करेंगे तो ही लोगों की नजरों में आ पाएंगे : ब्रजेश राजपूत



भोपाल दैनिक जयहिन्द न्यूज। 'एक भारत- श्रेष्ठ भारत' के तहत वाल्मी में नेहरू युवा केंद्र द्वारा आयोजित इंटरस्टेट यूथ एक्सचेंज प्रोग्राम के दूसरे दिन विभिन्न विषयों पर व्याख्यान एवं मणिपुर, नागालैंड एवं म.प्र. के युवाओं ने सांस्कृतिक कार्यक्रम प्रस्तुत किए। 'पत्रकारिता और समाज' विषय पर बोलते हुए ब्रजेश राजपूत ने कहा कि लोग आज घुमने इसलिए जाते हैं क्योंकि उन्हें फेसबुक पर फोटो अपलोड करना होता है लेकिन मेरा मानना है कि आप जहां भी जाएं पहले वहां को जाने डायरी लिखें, लोगों से बातचीत करें इससे आप जहां गए हैं उस परिवेश को समझ पाएंगे, सोशल मीडिया से आज हर आदमी जुड़ा है जहां लोग अपने आप को अभिव्यक्त कर पा रहे हैं। उन्होंने पूर्वोत्तर के संदर्भ में बोलते हुए

मार्गदर्शन पर अपने विचार व्यक्त किए उन्होंने कहा कि सफल उद्यमी होने के लिए लक्ष्य का निर्धारण, सार्थक नीति निर्माण विद्यार्थी जीवन का आधार होना चाहिए। सफल उद्यमी वही है जो अपनी गलतियों से सीख लेकर आगे बढ़े, आज हमें स्वयं के व्यवसाय पर विचार करना चाहिए क्योंकि शासकीय सेवाओं की संख्या सीमित है तीसरे सत्र में रासेयो प्रोग्राम ऑफिसर डॉ. मंजुला विश्वास एवं शास्त्रीय नृत्यक दुर्गा मिश्रा ने भी युवाओं से संवाद किया। संचालन श्री सुनील कुमार साहू एवं आभार अनुल सिंह राजावत ने व्यक्त किया।

सांस्कृतिक कार्यक्रम में मणिपुर और मध्यप्रदेश के लोकनृत्य ने बिखेरे रंग

सांस्कृतिक कार्यक्रम में मणिपुर के संधियों ने 'सना लावा मणिपुर' मणिपुरी गान के साथ अपना पारंपरिक लोक नृत्य प्रस्तुत किया। वहीं मध्य प्रदेश के छिंदवाड़ा जिले से आए प्रतिभागियों ने आदिवासी समाज द्वारा सावन माह में पोला पर्व पर खुशी से प्रस्तुत किए जाने वाला 'सैला गेड़ी' नृत्य प्रस्तुत किया, जिसमें वाद यंत्र ढोलक बांसुरी, टिमकी मुख्य रहते हैं। नृत्य प्रस्तुत करते समय परिधान में पुरुष धोती- कुर्ता एवं महिलाएं 16 हाथ की साड़ी पहनती हैं। यह नृत्य गोंडी गीतों पर किया जाता है। जहाँ नागालैंड के दल ने आओ जनजाति का गीत प्रस्तुत किया।

एक भारत-श्रेष्ठ भारत के तहत युवा संसद और व्याख्यान का आयोजन युवा सांसद में छात्राओं ने लिया हिस्सा

एकांकीपन में कोई समाज जिंदा नहीं रहता

सबो अच्छे से जानते हैं कि हम एक दूसरे पर निर्भर हैं कोई व्यक्ति कितना भी बड़ा हो जाए उसे रोटी, कपड़ा, मकान, हवा और पानी की आवश्यकता होती है। हम हवा और पानी का निर्माण नहीं कर सकते। व्यक्ति एक दूसरे पर निर्भर है, इसलिए एक दूसरे को ताकत बनना

होगा, एकांकीपन में कोई भी समाज जिंदा नहीं रहता। यह विचार वाल्मी में नेहरू युवा केंद्र द्वारा चल रहे इंटरस्टेट एक्सचेंज प्रोग्राम के पांचवें दिन भारतीय संस्कृति और वैश्विक दर्शन विषय पर अटल विहारी वाजपेई हिंदी विश्व के कुलपति प्रो. रामदेव पराजित ने व्यक्त किए। उन्होंने कहा कि भारतीय दर्शन सब

के कल्याण की बात करता है, हमारी लोक परंपराएं, तीज त्यौहार, उत्सव इस बात का प्रमाण हैं। विषयव्यवहारा में पढ़ाए जा रहे पाठ्यक्रम हमारे व्यक्तित्व को बनाने में 5 से 10 प्रतिशत भूमिका निभाते हैं उसके बाद तो हम परिवेश से सीखते हैं। उन्होंने कहा कि आप अपनी भाषा पर गर्व करें। क्योंकि



भाषा संस्कृति के प्रवाह का सशक्त माध्यम है। जो भी संस्कृति विकसित हुई है वह अपने भौगोलिक परिवर्तन के कारण है, लेकिन विविधतापूर्ण होते हुए भी हम एक हैं यह हमारी वैश्विक दृष्टि है। जब कंधे से कंधे मिलते हैं तो ताकत बनती है, सभ्यता का भाव सर्वत्र हमारे राष्ट्र में विद्यमान है। उन्होंने युवाओं से आह्वान करते हुए कहा कि व्यक्तिगत हितों को भूलकर राष्ट्र के लिए सोचें, हमारे नजदीक आने में, एक दूसरे से मिलने में जो आनंद है वह आलोचना करने में नहीं है, कभी तो

आजादी के किंगने सलॉन बाद भी पूर्वोत्तर के राष्ट्रीय राजधानी की खस्ता हालत पर विन्ध्य की भूमिका में कैटे मणिपुर के लकी ने प्रश्न किया, जिसका उत्तर प्रधानमंत्री गुमफ चौहान ने अपने उद्घोषन में दिया। नेता प्रतिपक्ष पूर्णिया लेशराम ने खेल एवं युवा मामलों से संबंधित प्रश्न किया जिसका उत्तर देते हुए खेलमंत्री ने कहा कि वर्तमान में देश का पहला खेल विश्वविद्यालय इंपाल में खोला जा रहा है, जिसका शिलान्यास हाल ही में हुआ है। देववर्ती देवी ने महिला चाल विकास मंत्री ने महिलाओं के लिए रोजगार के अवसर पर प्रश्न किया और कहा कि महिला सुरक्षा सरकार की प्राथमिकता होना चाहिए। रक्षामंत्री ने सैनिकाओं पर सैनिकों के लिए हर संभव मदद का आश्वासन दिया। अंत में सभी ने गांधी 150 स्वच्छ भारत, एक भारत श्रेष्ठ भारत के लिए की जा रही गतिविधियों और एक राष्ट्र एक चुनाव पर सामूहिक रूप से प्रस्ताव पास किया।

भोजपुर की पुरातत्विक स्थापत्य कला से रूबरू हुए स्टूडेंट्स

सत्ता स्युधार/भोपाल

नेहरु युवा केंद्र द्वारा बाल्मी में चला रहे एक भारत-श्रेष्ठ भारत के तहत गुरुवार को पूर्वोत्तर राज्य मणिपुर नागालैंड और मध्यप्रदेश से इंटरस्टेट यूथ एक्सचेंज प्रोग्राम में भाग लेने आए युवाओं को कार्यक्रम के छठवें दिन प्रसिद्ध शिव मंदिर भोजपुर और बड़ा तालाब लेक व्यू का भ्रमण कराया गया। युवाओं ने भोजपुर में विश्व के सबसे बड़े शिवलिंग के रूप में विराजमान भगवान शिव की आराधना की साथ ही सेल्फी के माध्यम से यहाँ को कैमरे में कैद किया। शाम को भोपाल की शान लेक व्यू बड़ा तालाब और न्यू मार्केट का भ्रमण किया, जिसे देखकर युवाओं ने कहा कि हमें यकीन नहीं हो रहा कि यह तालाब है, हमें तो समुद्र जैसा दिखाई दे रहा है। मणिपुर से आए थोड़े ने कहा कि भोपाल बहुत खूबसूरत शहर है यहाँ हम दोबारा परिवार के साथ घूमने आएंगे।



शिव की आराधना के साथ लेक व्यू का किया भ्रमण

Manipur, Nagaland youths visit Bhojpur temple



Students from Manipur and Nagaland purchasing at Bhojpur temple.

■ Staff Reporter

CONTINUING the “Ek Bharat-Shresth Bharat” programme by Nehru Yuva Kendra at Valmi, large number of youth from Manipur and Nagaland visited Bhojpur temple on Thursday under Interstate Youth Exchange Programme.

They also visited the upper lake

of Bhopal.

The group of youngsters worshipped Lord Shiva at the temple and clicked photographs for memories. They visited the Upper Lake, NewMarket and other nearby areas and said that the lake seems like a sea.

They said that they would like to re-visit the city along with family.

‘We become what we think’

OVER 100 YOUTHS OF MANIPUR, NAGALAND & MP PARTICIPATE IN YOUTH EXCHANGE PROGRAMME



OUR STAFF REPORTER BHOPAL

“The body works under the control of the mind and our personality becomes what we think. The same personality is introduced in society,” said Director of Hindi Granth Academy Dr Surendra Bihari Goswami at the inaugural ceremony of Interstate Youth Exchange Programme organised at Water and Land Management Institute, Bhopal. The

North-East and North-East is an integral part of India. To make our country beautiful we need to rise above pity issues like castism and regionalism. Sikkim has set an example before each state for the Organic farming.

Tiwari told the youths about the cultural, historical diversity of MP. He said MP is an example of unity in diversity. He said a large number of pilgrims gather here for Kumbh and sim-

JOURNAL

Mock parliament held to inculcate leadership qualities



To develop a leadership quality among youth, a mock parliament was organized on Wednesday—the 10th day of the 15-day Inter-State Exchange Programme at Water and Land Management Institute (WLMI). The event is being organized by Nehru Yuva Kendra under a drive 'Ek Bharat Shrestha Bharat'. During the mock parliament, a member of opposition, Lucky questioned Prime Minister Shubham Chakran about the poor condition of national highway in Northeast. Sport minister informed the members about the first sports university being opened in Imphal. He was replying to a question raised by leader of opposition Poojita Lesam. Ashutosh Mahiya from Madhya Pradesh (MP) was as speaker, Nangojo, Nagaland as defence minister, Anshu Khan, MP, as home minister. Besides, vice chancellor of Azad Bihar University delivered a speech on 'Bharatya Sanskriti evam Vastuik Darshan'. Former additional chief secretary, Vidyanabha, Bishachari Shukla was present as chief guest here. On fourth day, professor Asha Shukla discussed about issue related to women while joint secretary, MP State Aids Control Committee, Savita Thakur and Kalpana Taware spoke on HIV Aids, volunteer, blood donation and national unity.

लोकनृत्य से पेश की मणिपुरी संस्कृति



भोपाल: 9 दिसंबर. सांस्कृतिक कार्यक्रम में मणिपुर और मध्यप्रदेश के लोकनृत्य ने बिखरे रंग सांस्कृतिक कार्यक्रम में मणिपुर के साथियों ने सना लाइवा मणिपुर मणिपुरी गान के साथ अपना पारंपरिक लोक नृत्य प्रस्तुत किया.

वहीं मध्य प्रदेश के छिंदवाड़ा जिले से आए प्रतिभागियों ने

आदिवासी समाज द्वारा सावन माह में पोला पर्व पर खुशी से प्रस्तुत किए जाने वाला सैला गेड़ी नृत्य प्रस्तुत किया, जिसमें वाद यंत्र ढोलक बांसुरी, टिमकी मुख्य रहते हैं. नृत्य प्रस्तुत करते समय परिधान में पुरुष धोती- कुर्ता एवं महिलाएं 16 हाथ की साड़ी पहनती हैं. यह नृत्य गोंडी गीतों पर किया जाता है. वहीं नागालैंड के दल ने आओ जनजाति

का गीत प्रस्तुत किया.

एक भारत- श्रेष्ठ भारत के तहत वाल्मी में नेहरू युवा केंद्र द्वारा आयोजित इंटरस्टेट यूथ एक्सचेंज प्रोग्राम के दूसरे दिन विभिन्न विषयों पर व्याख्यान एवं मणिपुर, नागालैंड एवं म.प्र के युवाओं ने सांस्कृतिक कार्यक्रम प्रस्तुत किए.

पत्रकारिता और समाज विषय पर बोलते हुए ब्रजेश राजपूत ने कहा कि लोग आज घूमने इसलिए जाते हैं

वाल्मी में हुआ आयोजन

क्योंकि उन्हें फेसबुक पर फोटो अपलोड करना होता है लेकिन मेरा मानना है कि आप जहां भी जाएं पहले वहां को जाने डायरी लिखें, लोगों से बातचीत करें इससे आप जहां गए हैं उस परिवेश को समझ पाएंगे, सोशल मीडिया से आज हर आदमी जुड़ा है जहां लोग अपने आप को अभिव्यक्त कर पा रहे हैं.

युवाओं का किया स्वागत

नवाबगंज। नेहरू युवा केंद्र के जागरुकता एवं शिक्षा कार्यक्रम अंतरराष्ट्रीय युवा आदान-प्रदान के अंतर्गत बिदूर जाते समय नवाबगंज कस्बे में



नेहरू युवा केंद्र के स्वागत कार्यक्रम में नवाबगंज में मौजूद विभिन्न प्रांतों के युवा।

पहुंचे पांच राज्यों के करीब 100 युवाओं का स्वागत नेहरू युवा महिला समिति नवाबगंज ने स्वागत किया।

दल में अरुणाचल, मेघालय व असम के अलावा उत्तर प्रदेश के पांच जिलों के युवा प्रतिभागी शामिल रहे। खंड विकास अधिकारी केएन पांडेय, कार्यक्रम प्रभारी नेहरू युवा केंद्र के डिप्टी डायरेक्टर शफीक जमा खान और युवा महिला समिति नवाबगंज की अध्यक्षा नवनीता द्विवेदी ने सभी युवाओं को आवश्यक जानकारी दी। संचालन नेहरू केंद्र लेखाकार रमेश सिंह सेंगर ने किया। बताया कि दूसरे प्रांतों से आए युवा लखनऊ में ठहरे हुए हैं। उन्हें लखनऊ में स्वच्छता, जागरुकता आदि विषयों

की ट्रेनिंग दी जा रही है। गुरुवार को वह बिदूर जा रहे थे। इस दौरान नेहरू युवा समिति के अध्यक्ष बेचेलाल राजपूत, आशीष मिश्रा, सूर्यप्रकाश सिंह सेंगर व संतोष कुमार आदि लोग मौजूद रहे। ब्यूरो

फतेहपुर

नांक-20.12.18

अंतरराष्ट्रीय युवा आदान-प्रदान कार्यक्रम का आयोजन



केनयिज टाइम्स ब्यूरो

लखनऊ। विविधता में एकता को सार्थक करने हेतु अंतरराष्ट्रीय युवा आदान-प्रदान कार्यक्रम का शुभारंभ 10 दिसंबर 2018 को नेहरू युवा केंद्र लखनऊ के तत्वावधान में साधरता निकेतन कानपुर रोड लखनऊ में आयोजन किया गया।

कार्यक्रम में अरुणाचल प्रदेश, मेघालय व उत्तर प्रदेश के लगभग 100 प्रतिभागी

प्रतिभाग कर रहे हैं। कार्यक्रम का उद्देश्य सम्पूर्ण राष्ट्र को एक सूत्र में पिरोकर एक भारत श्रेष्ठ भारत का निर्माण करना है। कार्यक्रम का शुभारंभ मुख्य अतिथि श्रीमान लोकेश कुमार, निदेशक साधरता निकेतन लखनऊ जी के द्वारा दीप प्रज्वलन कर किया गया।

जिसके परचात कार्यक्रम प्रभारी डॉ० ए०ए० फारुकी ने कार्यक्रम में आये सभी प्रतिभागियों के स्वागत किया। उसके बाद



कार्यक्रम प्रभारी द्वारा सम्पूर्ण कार्यक्रम की रूपरेखा पर संक्षिप्त चर्चा की हुई।

कार्यक्रम को सम्बोधित करते हुए मुख्य अतिथि महीपव ने युवाओं से अपील की वह राष्ट्र निर्माण में अपनी भूमिका सुनिश्चित करें तथा हमारी संस्कृति की विरासत को पीढ़ी दर पीढ़ी संरक्षित रखें। तत्परचात एस० पी० दुबे उपनिदेशक नेहरू युवा केंद्र संगठन उ०प्र० द्वारा सभी का आभार व्यक्त किया गया।

कार्यक्रम का संचालन जिला युवा समन्वयक विकास तिवारी देवरिया द्वारा किया गया तथा लेखाकार नेहरू युवा केंद्र लखनऊ रजनी सक्सेना, मनोज श्रीवास्तव लेखालिपिक हरदोई, डॉ० शकील अहमद (प्रशिक्षक), पंकज कुमार (पूर्व राष्ट्रीय सेवाकर्मी), पुनीत शुक्ला (प्रशिक्षक) मानस राज अवधेश कुमार, नवीन, सुमित शंकरा, (राष्ट्रीय युवा स्वयंसेवक) आदि का सराहनीय योगदान रहा।

संघ प्रदेश दमण - दीत सतेरा इंडिया टाइम्स

एक भारत-श्रेष्ठ भारत के तहत सांस्कृतिक कार्यक्रम

मिलवासा, 23 दिसम्बर (नि.सं.)। नेहरू युवा केन्द्र मिलवासा द्वारा एक भारत श्रेष्ठ भारत के तहत टाउन हॉल में इंटर स्टेट यूथ ऐक्सचेंज कार्यक्रम का आयोजन किया गया। जिसमें चंडीगढ़, पंजाब, दादरा नगर हवेली एवं गुजरात के युवा कलाकारों ने विविधता में एकता का प्रदर्शन किया।

प्राप्त जानकारी के अनुसार एक भारत श्रेष्ठ भारत के तहत आयोजित इस इंटर स्टेट यूथ ऐक्सचेंज कार्यक्रम में 4 राज्यों के युवाओं ने उनके सांस्कृतिक कार्यक्रमों का प्रदर्शन किया। कार्यक्रम का उद्घाटन स्वाधीन युवम फाउंडेशन की प्रमुख एवं दादरा एडवाइजरी कोऑर्डिनेटर की सदस्य अकिताबेन पटेल ने दोष प्रज्वलन कर किया। को संबोधित करते हुए कहा कि इस कार्यक्रम का उद्देश्य युवाओं के अंदर छिपी प्रतिभा का उजागर करने एवं उन्हें एक प्लेटफॉर्म देने से है। जिससे युवाओं के अंदर आत्मविश्वास बढ़ सकेगा।

इस दौरान आदिवासी नृत्य, बांगड़ा, टोमली नृत्य, राजस्थानी डांस, भारत नृत्य, कथक एवं गुजरात के लोक कला सांस्कृतिक कार्यक्रम स्वच्छता तथा व्यसन मुक्ति नाटक का आयोजन किया गया, जिससे विविधता में एकता का दर्शन हो सका। इस दौरान युवाओं को प्रोत्साहित करने हेतु उन्हें पुरस्कार दिया गया। दोनह के कलाकार आगामी महीने में चंडीगढ़ जायेंगे। जिसके लिए उन्हें अकिता पटेल ने शुभेच्छा दी। कार्यक्रम को सफल बनाने में हार्दिक ध्यास, सीमाबेन व्यास, प्रशांत भारद्वाज, रजनीकांत सुथार सहित चंडीगढ़ के युवाओं ने सफल प्रयास किया।



‘एक भारत, श्रेष्ठ भारत’ कार्यक्रम अंतर्गत सेलवासमां नહેરु युवा केन्द्र द्वारा सांस्कृतिक कार्यक्रम योजायो

(वर्तमान प्रवाह-युज नेटवर्क)

सेलवास, ता. 23: नहेरु युवा केन्द्र सेलवास द्वारा एक भारत श्रेष्ठ भारत अंतर्गत इंटर स्टेट यूथ ऐक्सचेंज कार्यक्रम 23 दिसंबर को सेलवास में आयोजित किया गया। कार्यक्रम का उद्घाटन स्वाधीन युवम फाउंडेशन की प्रमुख एवं दादरा एडवाइजरी कोऑर्डिनेटर की सदस्य अकिताबेन पटेल ने दोष प्रज्वलन कर किया। को संबोधित करते हुए कहा कि इस कार्यक्रम का उद्देश्य युवाओं के अंदर छिपी प्रतिभा का उजागर करने एवं उन्हें एक प्लेटफॉर्म देने से है। जिससे युवाओं के अंदर आत्मविश्वास बढ़ सकेगा।



तेलंगाना के छात्रों ने जानी हरियाणा की संस्कृति

गुरुग्राम | कार्यालय संवाददाता

नेहरू युवा केंद्र गुरुग्राम द्वारा सटाकेस यूनिवर्सिटी में आयोजित अंतर राज्य युवा आदान-प्रदान कार्यक्रम का आयोजन किया गया। इस कार्यक्रम में हरियाणा व तेलंगाना राज्य से आए युवाओं को नेहरू युवा केंद्र के माध्यम से संस्कृति के बारे में बताया गया। सभी युवाओं को मुख्य समस्याओं से रूबरू करवाया गया। उनको कैसे सुधार जाएं, उसके बारे में चर्चा की गई।

दोनों राज्यों के युवाओं के गुप बनाकर खेल के माध्यम से समझाया कि आप अपने जीवन के लक्ष्य को कैसे प्राप्त कर सकते हो। युवाओं को कहा कि लक्ष्य चाहे कितना भी बड़ा हो हमें अपने जीवन में कभी भी हार नहीं माननी चाहिए। हरियाणा निदेशक साहिब सिंह ने कहा कि नेहरू युवा केंद्र के माध्यम से ज्यादा से ज्यादा युवाओं को जोड़ना चाहिए। एक पढ़ा लिखा और समझदार युवा ही देश का सच्चा नागरिक बन सकता है। इसलिए हमें अपने आपस युवाओं की एक अच्छी टीम खड़ी करनी चाहिए। नेहरू युवा केंद्र की नीतियों को ज्यादा से ज्यादा लोगों को पहुंचाएँ और उसका सकारात्मक परिणाम सामने आएगा।

इस अवसर पर पूर्व हरियाणा निदेशक नेहरू युवा केंद्र आरके भारद्वाज, डिस्ट्रिक्ट युथ ऑर्डिनेटर पुनम शर्मा, हिसार डिस्ट्रिक्ट युथ कोऑर्डिनेटर नरेंद्र यादव, फरीदाबाद डिस्ट्रिक्ट युथ कोऑर्डिनेटर वसीम, शशि बाला अरुणा, विक्रम सिंह, शिवानी त्यागी, सरिता यादव सहित सैकड़ों युवा मौजूद थे।

अन्तरराज्यीय युवा आदान प्रदान कार्यक्रम गुरुग्राम में

महेंद्रगढ़ (विनीत पंसारी) युवा कार्यक्रम एवं खेल मंत्रालय भारत सरकार की स्वायत्त शासी संस्था नेहरू युवा केन्द्र गुरुग्राम द्वारा स्टारक्स यूनिवर्सिटी बिनोला में पंद्रह दिवसीय अन्तरराज्यीय युवा आदान प्रदान - एक भारत श्रेष्ठ भारत कार्यक्रम का आयोजन किया गया। इस कार्यक्रम का शुभारम्भ बतौर मुख्यातिथि के रूप में आए नेहरू युवा केंद्र संगठन हरियाणा के राज्य निदेशक साहिब सिंह ने दोष प्रज्वलित कर किया और समापन समारोह के मुख्यातिथि अशोक दिवाकर वाईस चांसलर स्टारक्स यूनिवर्सिटी, विशिष्ट अतिथि एसएल वशिष्ठ रजिस्ट्रार और एनवाईकेएस के पूर्व निदेशक आरपीएस ठाकुर थे। इस कार्यक्रम की संयोजिका एनवाईकेएस जिलाल युवा समन्वयक पूनम शर्मा थीं। इस समारोह में कुशल मंच संचालन नरेंद्र यादव जिला युवा समन्वयक सिरसा ने किया। कार्यक्रम प्रबंधन में स्वयंसेवक की भूमिका कर्मपाल, प्रदीप और मनोज वालटियर ने भूमिका निभाई। जिला महेंद्रगढ़ से वैजन्ती, ज्योति शर्मा, कंचन, नीना, वैदिका, लक्ष्मी सोनहवा, ऋगुराज यादव, अमरपाल, सूर्य, ब्रज, अनुराग, कर्मपाल ने महेंद्रगढ़ का प्रतिनिधित्व कर क्षेत्र का गौरव बढ़ाया। इस पंद्रह दिवसीय कार्यक्रम में एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वस्थ भारत, राष्ट्रीय एकता के सन्दर्भ में एक पद यात्रा, सांस्कृतिक कार्यक्रम, निबंध प्रतियोगिता, डिबेट प्रतियोगिता, भाषण प्रतियोगिता और खेल प्रतियोगिता सहित अन्य कार्यक्रमों का भी आयोजन किया गया। इस शिबिर अवधि के दौरान योग, सर्व धर्म प्रार्थना, खेलकूद कार्यक्रम, सांस्कृतिक कार्यक्रम, सामूहिक चर्चा, मुक्ति नाटक इत्यादि का भी प्रतिदिन आयोजन करवाया गया। इस कार्यक्रम का उद्देश्य समग्रता से एक राष्ट्र को एक सूत्र में पिरोकर एक भारत श्रेष्ठ भारत का निर्माण करना है। राज्य निदेशक साहिब सिंह जी ने भारत सरकार द्वारा मनाई जा रही महात्मा गाँधी जी 150वीं जयंती वर्ष के अवसर पर इस कार्यक्रम के अंतर्गत एक भारत श्रेष्ठ भारत, स्वच्छ

भारत स्वस्थ भारत, राष्ट्रीय एकता के सन्दर्भ में एक पद यात्रा को नेहरू युवा केंद्र के राज्य निदेशक जी ने हरी झंडी देकर खाना किया। उन्होंने युवाओं के साथ अपने सेना के दिनों की याद ताजा करते हुए युवाओं को राष्ट्रीय एकता के लिए संकल्पित होने को प्रेरणा दी। उन्होंने कहा कि पहलुओं का जीवन बेशक कठिन है, लेकिन वहाँ की संस्कृति शानदार है। ऐसे कार्यक्रम युवाओं को राष्ट्रीय एकता की भावना सिखाते हैं। प्रत्येक युवा राष्ट्र के प्रति समर्पित होकर कार्य करे तो भारत को विश्व गुरु बनने से कोई नहीं रोक सकता। अपने लक्ष्य को पाने के लिए मजबूती, लान और मेहनत जरूरी हैं। बीएमडी क्लब के चेयरमैन लक्ष्मी सोनहवा ने भी आवहन करते हुए कहा कि युवा वर्ग ही एक ऐसा है जो कि जो अनहोनी को हौनी कर सकता है और राष्ट्रीय एकता के लिए अपनी अहम भूमिका निभा सकता है। भारत सरकार द्वारा चलाये गए एक भारत श्रेष्ठ भारत कार्यक्रम के अंतर्गत अंतर राज्य युवा आदान प्रदान कार्यक्रम में एक राज्य के युवा दूसरे राज्य में उनकी भाषा, संस्कृति, खान-पान, रहन-सहन व उनके ब्यसाय जानने के लिए प्रवास करते हैं। हरियाणा और

तेलंगाना राज्यों में बहुत सी समानताएं हैं और दोनों राज्य आपसी विचार-विमर्श के साथ एक दूसरे के संस्कृति, परंपरा और इतिहास को जान कर एक दूसरे से बहुत कुछ सीख सकते हैं। शिक्षित युवा से आदान-प्रदान कार्यक्रम से हमें एक-दूसरे की संस्कृति को समझने का मौका मिला है। स्टारक्स यूनिवर्सिटी के वीसी अशोक दिवाकर ने भी मानवाधिकार पर कहा कि जब हम अपने कर्तव्यों का भली भाँति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व संरक्षण करते हैं इसलिए प्रत्येक व्यक्ति को अपने कर्तव्यों पर ध्यान केंद्रित करना चाहिए, ताकि मानवाधिकारों की रक्षा की जा सके। युवा और समग्र विकास पर कहा कि आज के समय में युवाओं को अपना लक्ष्य केंद्रित कर अपनी उर्जा को सकारात्मक दिशा में लगाना होगा। युवाओं से अपील किया कि वह राष्ट्र निर्माण में अपनी भूमिका सुनिश्चित करें तथा हमारी संस्कृति की विरासत को पीढ़ी दर पीढ़ी संरक्षित रखें। इस शिबिर के दौरान लेखाकार अमरजीत शर्मा, लेखाकार बसोम, उपस्थित रहे।





जयपुर बुधवार

2 जनवरी - 8 जनवरी, 2019

आदान-प्रदान कार्यक्रम संस्कृति से रूबरू हुए हरियाणा और तेलंगाना

पहाड़ों का जीवन कठिन, संस्कृति शानदार-सिंह

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गुरुग्राम। नेहरू युवा केंद्र गुरुग्राम द्वारा स्टारेक्स यूनिवर्सिटी बिनोला में पंद्रह दिवसीय अन्तरराज्यीय युवा आदान प्रदान-एक भारत श्रेष्ठ भारत कार्यक्रम का आयोजन किया गया। कार्यक्रम शुभारम्भ केन्द्र हरियाणा के राज्य निदेशक साहिब सिंह ने किया और समापन समारोह के मुख्यातिथि अशोक दिवाकर वाईस चांसलर स्टारेक्स यूनिवर्सिटी, विशिष्ट अतिथि एसएल वशिष्ठ रजिस्ट्रार और एनवाईकेएस के पूर्व निदेशक आरपीएस ठाकुर थे।

पंद्रह दिवसीय कार्यक्रम में एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वस्थ भारत, राष्ट्रीय एकता के सन्दर्भ में एक पद यात्रा, सांस्कृतिक कार्यक्रम, निबंध प्रतियोगिता, डिबेट प्रतियोगिता, भाषण प्रतियोगिता, नुक्कड़ नाटक, योग और खेल प्रतियोगिता सहित अन्य कार्यक्रमों का भी आयोजन किया गया। सिंह ने युवाओं के साथ अपने सेना के दिनों की याद ताजा करते हुए युवाओं को राष्ट्रीय एकता के लिए संकल्पित होने की प्रेरणा दी। उन्होंने कहा कि पहाड़ों का जीवन बेशक कठिन है, लेकिन वहाँ की संस्कृति शानदार है। ऐसे कार्यक्रम युवाओं को राष्ट्रीय एकता की भावना सिखाते हैं।



बीएमडी क्लब के चेयरमैन लक्की सीगड़ा ने कहा कि युवा वर्ग ही एक ऐसा है जो कि जो अनहोनी को होनी कर सकता है और राष्ट्रीय एकता के लिए अपनी अहम भूमिका निभा सकता है। स्टारेक्स यूनिवर्सिटी के वीसी अशोक दिवाकर ने भी मानवाधिकार पर कहा कि जब हम अपने कर्तव्यों का भली भाँति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व संरक्षण करते हैं इसलिए प्रत्येक व्यक्ति को अपने कर्तव्यों पर ध्यान केंद्रित करना चाहिए, ताकि मानवाधिकारों की रक्षा की जा सके।

इस शिविर के दौरान लेखाकार अमरजीत शर्मा, लेखाकार वसीम, कांटा मदान, नेहरू युवा केंद्र गुरुग्राम की लेखालिपिक शशी बाला, महेंद्र नायक

जिला युवा समन्वयक नेहरू युवा केंद्र नारनौल, नीरज, आशा, अमित शर्मा, प्रदीप, डॉ. दिनेश नागपाल, संगीता यादव, मनोज, नवीन, जसबीर, प्रियंका, अनुराधा सहित अनेकों युवा और विभाग के अधिकारीगण उपस्थित रहे। कार्यक्रम सयोजिका एनवाईकेएस जिअल युवा समन्वयक पूनम शर्मा और संचालन नरेन्द्र यादव जिला युवा समन्वयक सिरसा ने किया। कार्यक्रम प्रबंधन में स्वयंसेवक की भूमिका कर्मपाल, प्रदीप और मनोज वालंटियर ने भूमिका निभाई। जिला महेंद्रगढ़ से वैजन्ती, ज्योति शर्मा, कंचन, नीना, वेदिका, लक्की सीगड़ा, ऋतुराज यादव, अमरपाल, सूर्या, श्रवण, अनुराग, कर्मपाल ने महेंद्रगढ़ का प्रतिनिधित्व कर क्षेत्र का गौरव बढ़ाया।

दमण में आयोजित आंतर राज्य युवा आदान-प्रदान कार्यक्रम में नेहरू युवा केन्द्र के संगठन उपाध्यक्ष प्रदीपसिंह वाघेला ने युवाओं को दिया मार्गदर्शन

दमण 24 दिसंबर। भारत सरकार के युवा कार्यक्रम एवं खेल मंत्रालय के नेहरू युवा केन्द्र दमण की ओर से दमण में आयोजित आंतर राज्य युवा आदान-प्रदान कार्यक्रम में नेहरू युवा केन्द्र के संगठन उपाध्यक्ष प्रदीपसिंह वाघेला ने युवाओं को मार्गदर्शन दिया। इस दौरान प्रदीपसिंह वाघेला ने पुडुचेरी, गुजरात एवं दमण के प्रतिभागियों को राष्ट्र निर्माण में युवाओं का योगदान महत्वपूर्ण बताया। आज के इस कार्यक्रम में जिला युवा



समन्वयक दमण सुब्रता घोष, रजनीकांत सुथार, मोनील ठक्कर, उपस्थित रहे। कार्यक्रम के अंत में जिला युवा समन्वयक सिलवासा प्रशांत बरडे सहित अन्य महानुभाव हीरा टंडेल ने आभार प्रकट किया।



गुजरात के राज्यपाल से मिले छत्तीसगढ़ के युवा

गुजरात की संस्कृति से हुए रूबरू

रायपुर। एक भात श्रेष्ठ भात कार्यक्रम के तहत गुजरात के राजधानी गांधीनगर में आयोजित 15 दिवसीय गुजरात-छत्तीसगढ़ अंतर्राज्यीय युवा आदान-प्रदान कार्यक्रम में शामिल राज्य के प्रतिभागी कार्यक्रम के समापन उपरान्त वापस छत्तीसगढ़ लौट आये। इस संघ में छत्तीसगढ़ के पूष लीडर व खाहनगंगा युव सोशल ऑर्गेनाइजेशन के अध्यक्ष वकेश भातली गोस्वामी ने बताया कि नेहरु युवा केन्द्र संगठन युव कार्यक्रम एवं खेल मंत्रालय भारत सरकार के द्वारा 25 दिसंबर 2018 से 10 जनवरी 2019 गांधीनगर के युव हॉस्टल में इस कार्यक्रम का आयोजन किया गया था, जिसमें छत्तीसगढ़ के 50 युवाओं ने गुजरात की संस्कृति



खानपान, ऐतिहासिक स्थल, भाषा आदि के बारे में जाना। साथ ही सांस्कृतिक कार्यक्रम में राज्य के प्रतिभागियों ने सुख करमा, पंथी व देशभक्ति गीतों पर शानदार नृत्य प्रस्तुत किया।

कार्यक्रम के दौरान छत्तीसगढ़ के प्रतिभागियों ने गुजरात के राज्यपाल महामहिम ओमप्रकाश कोहली से मिले, जहाँ महामहिम राज्यपाल ने भारत की श्रेष्ठ बनाने में युवाओं की आगे आने का आह्वान किया। साथ ही

युवाओं ने गुजरात विधानसभा सांघरमती आश्रम, दांडी कुटीर, इन्डोरवा पार्क, सेन्ट्रल विस्टा पार्क, ऐतिहासिक स्थल अडालज, मेहशाणा स्थित अमूल दुध की फैक्ट्री, स्वरल इंस्टीट्यूट ऑफ टेक्नोलॉजी आदि स्थल का भ्रमण किया। इस दौरान नेहरु युवा केन्द्र संगठन गुजरात के राज्य निदेशक अनिल कौशिक, गांधीनगर के जिला युवा समन्वयक राजनीकांत सुधर, कश्यप निमावत आदि उपस्थित थे।

महेंद्रगाढ़ भास्कर

महेंद्रगाढ़, नारनौल उम्मीदें 19

रेवाड़ी, मंगलवार, 1 जनवरी 2019 | 06

राष्ट्रीय एकता के संदर्भ में पद यात्रा, सांस्कृतिक कार्यक्रम और प्रतियोगिताएं हुईं अन्तरराज्यीय युवा आदान-प्रदान कार्यक्रम गुड़गांव में महेंद्रगाढ़ के युवाओं ने जिले का किया प्रतिनिधित्व

भास्कर न्यूज | महेंद्रगाढ़

युवा कार्यक्रम एवं खेल मंत्रालय भारत सरकार की स्वायत्त शासी संस्था नेहरू युवा केंद्र गुड़गांव द्वारा स्टारक्स यूनिवर्सिटी बिनोला में पंद्रह दिवसीय अन्तरराज्यीय युवा आदान प्रदान-एक भारत श्रेष्ठ भारत कार्यक्रम का आयोजन किया गया। शुभारंभ मुख्यातिथि नेहरू युवा केंद्र संगठन हरियाणा के राज्य निदेशक साहिब सिंह ने किया। समापन समारोह के मुख्यातिथि अशोक दिवाकर वाइस चांसलर स्टारक्स यूनिवर्सिटी, विशिष्ट अतिथि एमएल वशिष्ठ रजिस्ट्रार और एनआईकेएस के पूर्व निदेशक आरपीएस ठाकुर थे। कार्यक्रम की संयोजिका एनआईकेएस जिला युवा समन्वयक पूनम शर्मा थी। समारोह में कुशल मंच संचालन नरेन्द्र यादव जिला युवा समन्वयक सिरसा ने किया।

कार्यक्रम प्रबंधन में स्वयंसेवक की भूमिका कर्मपाल, प्रदीप और



महेंद्रगाढ़ विजेताओं को सम्मानित करते अतिथिगण

मनोज बॉलिंग्टियर ने भूमिका निभाई। वैजन्ती, ज्योति शर्मा, कंचन, नीना, वेदिका, लक्की सीगड़ा, ऋतुराज यादव, अमरपाल, सूर्या, श्रवण, अनुराग व कर्मपाल ने महेंद्रगाढ़ जिले का प्रतिनिधित्व किया। पंद्रह दिवसीय कार्यक्रम में एक भारत श्रेष्ठ भारत, स्वच्छ भारत स्वास्थ्य भारत, राष्ट्रीय एकता के संदर्भ में एक पद यात्रा, सांस्कृतिक कार्यक्रम, निबंध प्रतियोगिता, डिबेट प्रतियोगिता, भाषण प्रतियोगिता

और खेल प्रतियोगिता सहित अन्य कार्यक्रमों का भी आयोजन किया गया। शिबिर अवधि के दौरान योग, सर्व धर्म प्रार्थना, खेलकूद कार्यक्रम, सांस्कृतिक कार्यक्रम, सामूहिक चर्चा, नुक्कड़ नाटक इत्यादि का भी प्रतिदिन आयोजन करवाया गया। कार्यक्रम का उद्देश्य संपूर्ण राष्ट्र को एक सूत्र में पिरोकर एक भारत श्रेष्ठ भारत का निर्माण करना है। राज्य निदेशक साहिब सिंह ने राष्ट्रीय एकता के संदर्भ में एक पदयात्रा को

हरी झंडी दिखाकर रवाना किया। उन्होंने युवाओं को राष्ट्रीय एकता के लिए संकल्पित होने की प्रेरणा दी। बीएमडी क्लब के चेरमैन लक्की सीगड़ा ने भी आह्वान करते हुए कहा कि युवा वर्ग ही एक ऐसा है, जो कि जो अनहोनी को होनी कर सकता है और राष्ट्रीय एकता के लिए अपनी अहम भूमिका निभा सकता है। स्टारक्स यूनिवर्सिटी के वीसी अशोक दिवाकर ने भी मानवाधिकार पर कहा कि जब हम अपने कर्तव्यों का भली भांति निर्वहन करते हैं तब वास्तव में हम दूसरे के अधिकारों का सम्मान व सुरक्षण करते हैं। शिबिर के दौरान लेखाकार अमरजीत शर्मा, लेखाकार वसीम, कांटा मदान, नेहरू युवा केंद्र गुड़गांव की लेखा लिपिक शशीबाला, महेंद्र नायक जिला युवा समन्वयक नेहरू युवा केंद्र नारनौल, नीरज, आशा, अमित शर्मा, प्रदीप, डॉ. दिनेश नागपाल, संगीता यादव, मनोज, नवीन, जसबीर, प्रियंका व अनुराधा आदि उपस्थित रहे।

యువశక్తితోనే దేశాభివృద్ధి

నేస్ట్రూ యువకేంద్రం జాతీయ వైస్ చైర్మన్ ఎస్.విష్ణువర్ధన్ రెడ్డి

సత్వపల్లి: యువ శక్తితోనే భారతదేశం ప్రపంచంలోనే సంబర్వన్ స్థానంలో నిలుస్తుందని, ఇందుకు నేస్ట్రూ యువకేంద్రం ఎనలేని కృషి చేస్తుందని నేస్ట్రూ యువకేంద్రం జాతీయ వైస్ చైర్మన్ ఎస్.విష్ణువర్ధన్ రెడ్డి చెప్పారు. ఏక భారతీ, శ్రేష్ట భారతీలో భాగంగా నేస్ట్రూ యువ కేంద్ర సంఘటన ఆంధ్రప్రదేశ్ వారి ఆధ్వర్యంలో ఇంటర్ స్టేట్ యూత్ ఎక్స్చేంజ్ ప్రోగ్రాం గురువారం ప్రారంభమైంది. సత్వనపల్లి మండలం కంటిపూడిలోని నలంద ఇనిస్టిట్యూట్ ఆఫ్ ఇంజనీరింగ్ అండ్ టెక్నాలజీ కళాశాలలో జరిగిన ఈ కార్యక్రమానికి ముఖ్య అతిథిగా విష్ణువర్ధన్ రెడ్డి హాజరయ్యారు. ఈ సందర్భంగా ఆయన మాట్లాడుతూ ఏదో ఒక రాష్ట్రం అభివృద్ధి చెందితే సరిపోదని, మొత్తం రాష్ట్రాలు అభివృద్ధి చెందితే దేశం సంబర్వన్ స్థానంలో నిలుస్తుందన్నారు. భారతదేశంలో మెజార్టీ భాగం యువత ఉన్నారని, యువత శక్తి వలనే జాతి అధికారం పెరుగుతుందని భారతదేశంలో అనేక రాష్ట్రాలు, భిన్నమతాలు, భిన్న భాష



ప్రతిజ్ఞ చేస్తున్న విష్ణువర్ధన్ రెడ్డి ఆతిథరులు

లు, భిన్న సంప్రదాయాలు ఉన్నప్పటికీ భిన్న త్వంలో ఏకత్వంగా అందరూ ఏకభారతీ, శ్రేష్ట భారతీ వరకు యువత తన శక్తిని చూపిస్తుందన్నారు భారత దేశం గర్వించదగ్గ వ్యక్తి పట్టి అని దేశమంతా ఒకటేనని నినదించిన వ్యక్తి పట్టి అని కొనియాడారు. ప్రస్తుతం భారత స్పోర్ట్స్, శాస్త్రవేత్తలు, స్పృశ్ శ్రామికులు ప్రపంచంలో ఎన్నో అద్భుత కార్యక్రమాలు చేస్తున్నారు. నలంద విద్యాసంస్థల చైర్మన్ డాక్టర్ ఆరిమండ వరప్రసాదరెడ్డి మాట్లాడుతూ యూత్ ప్రోగ్రాములు పెటడం ద్వారా వివిధ

రాష్ట్రాల కళలు, సాంప్రదాయాలు ఎలా ఉంటాయనేది నేర్చుకుంటారన్నారు. ఒకరి అభిరుచులు ఒకరు తెలుసుకుంటారని చెప్పారు. కార్యక్రమంలో నలంద విద్యాసంస్థల కార్యదర్శి డాక్టర్ ఆరిమండ విజయశారదరెడ్డి, నేస్ట్రూ యువకేంద్రం సీనియర్ కోఆర్డినేటర్ బీజే ప్రసన్న, సాయి ప్రసాద్, చందన, వెంకటరమణ, నేస్ట్రూ యువకేంద్రం గుంటూరు కోఆర్డినేటర్ తుంగా శ్రీనివాసరావు, పంజాబ్ రాష్ట్రం నుంచి ఆంధ్రప్రదేశ్ నుంచి వచ్చిన వందమంది విద్యార్థిని విద్యార్థులు పాల్గొన్నారు.

દાનહ નહેરુ યુવા કેન્દ્ર દ્વારા 'એક ભારત, શ્રેષ્ઠ ભારત' અંતર્ગત સાંસ્કૃતિક કાર્યક્રમ યોજાયો

(વર્તમાન પ્રવાહ ન્યૂઝ નેટવર્ક)

સેલવાસ, તા. ૨૫
સંઘપ્રદેશ દાનહમાં નહેરુ યુવા કેન્દ્ર સેલવાસ દ્વારા પંદર દિવસનો એક ભારત, શ્રેષ્ઠ ભારત અંતર્ગત ઈન્ટર સ્ટેટ યુથ એક્સચેન્જ કાર્યક્રમ હેઠળ ખેતીવાડી ટ્રેનિંગ સેન્ટર ખાતે ચંદીગઢ, પંજાબ, દાદરા નગર હવેલી અને ગુજરાતના યુવા કલાકારો દ્વારા વિવિધતામાં એકતાના દર્શન માય તે પ્રમાણેનો સાંસ્કૃતિક કાર્યક્રમ યોજાયો હતો. કાર્યક્રમનું ઉદ્ઘાટન નહેરુ યુવા કેન્દ્ર દિલ્હીના રાષ્ટ્રીય ઉપાધ્યક્ષ શ્રી પ્રદીપસિંહ જાડેજા અને ઉપસ્થિત મહેમાનોના હસ્તે દીપ પ્રાગટ્ય કરી કરવામાં આવ્યું હતું. આ કાર્યક્રમમાં શ્રી પ્રદીપસિંહ જાડેજાએ યુવાઓને સંબોધતા જણાવ્યું હતું કે, પ્રધાનમંત્રી શ્રી નરેન્દ્રભાઈ મોદીએ આ કાર્યક્રમની



શરૂઆત ત્રણ વર્ષ પહેલા કરી હતી. જેનો મુખ્ય ઉદ્દેશ્ય પ્રદેશના દરેક લોકો એકબીજાની સંસ્કૃતિ રીતરિવાજ અંગે જાણી શકે. અહીં જે યુવાઓ ચંદીગઢથી આવ્યા છે તેઓને અહીંની સ્થાનિક સંસ્કૃતિ, રીતરિવાજો ભાષા અંગેની જાણકારી મળશે. ભારત દેશની આગામીમાં જે રીતે શહીદોએ દેશને એક કરવાનો પ્રયાસ કર્યો હતો, તે જ રીતે આવા કાર્યક્રમ દ્વારા આપણે યુવાઓને આપણા દેશને એક કરવાનો છે. આ કાર્યક્રમનો મુખ્ય

ઉદ્દેશ્ય આખા દેશના લોકોને એક કરવાનો છે. આ પ્રસંગે યુવાનો એ આદિવાસી નૃત્ય, ભાંગરા, ડાન્સ રજૂ કર્યા હતા. દાનહના કલાકારો આવતા મહિને ચંદીગઢ જવાના હોય તેઓને પણ શુભેચ્છા પાઠવી હતી. શ્રી પ્રદીપસિંહ જાડેજાએ અહીં આવેલ ચંદીગઢના યુવાઓ તેમજ પ્રદેશના યુવાઓ સાથે પણ ચર્ચા કરી હતી. આ અવસરે નહેરુ યુવા કેન્દ્ર દિલ્હીના રાષ્ટ્રીય ઉપાધ્યક્ષ શ્રી

પ્રદીપસિંહ જાડેજા, ગુજરાત સંયોજક શ્રી રજનીકાંત સુષાર, નિવૃત્ત આચાર્ય શ્રી યોગેશભાઈ ભટ્ટ, શ્રી પ્રશાંત ભરડે, શ્રી હાર્દિક વ્યાસ, સીમાબેન વ્યાસ, સ્વામિનુભન ઠાઉનેશનના પ્રેસીડેન્ટ શ્રીમતી અંકિતાબેન પટેલ, બીજેપી યુવા મોરચા પ્રમુખ શ્રી સિદ્ધાર્થી યુક્લા, શ્રી સિતેન્દ્રસિંહ સોલંકી, શ્રી વિરલસિંહ રાજપુત સહિત દાદરા નગર હવેલી, ચંદીગઢ અને ગુજરાતના યુવાઓ ઉપસ્થિત રચ્યા હતા.

જવણી કરાઈ

'એક ભારત - શ્રેષ્ઠ ભારત' કાર્યક્રમ અંતર્ગત ગાંધીનગરમાં ઈન્ટરસ્ટેટ યુથ એક્સચેન્જ પ્રોગ્રામનો આરંભ



ગાંધીનગર, તા. ૨૫
નહેરુ યુવા કેન્દ્ર, ગાંધીનગર દ્વારા 'એક ભારત શ્રેષ્ઠ ભારત' અભિયાન હેઠળ યુથ ઈન્ટરસ્ટેટ યુથ એક્સચેન્જ પ્રોગ્રામનો આરંભ કરવામાં આવ્યો છે. કાર્યક્રમના ભાગરૂપે છાત્રીસયુવતી રૂપ જેટલા યુવો નિતે ગાંધીનગર ખાતે ૧૫ દિવસ માટે પાઠ્યા છે. ઉપરાંત ગુજરાતના વિવિધ જિલ્લાઓના ૬૦ જેટલા

સાજેદાર થયા છે. કાર્યક્રમનો મુખ્ય ઉદ્દેશ્ય અને રાજ્યોના યુવાવિદ્યો વચ્ચે કલા, સંસ્કૃતિ, ભાષા, ધર્મ, વિકાસ, સરકારની વિવિધ યોજનાઓ, કર્વે ગરીબ યોજનાઓ, પધાર્વણ, વિવિધતામાં એકતા દ્વારા યુવાઓમાં સમજ કેળવાય, રાષ્ટ્રીય એકતાની ભાવના પ્રબળ બને તે છે. ઉલ્લેખનીય છે કે આ અગાઉ ૫૦ જેટલા ગુજરાતના યુવા પ્રિતો ઈન્ડીયાગઢ જઈ આવ્યા છે.

આ કાર્યક્રમના ઉદ્ઘાટન સમારોહ પ્રસંગે નહેરુ યુવા કેન્દ્ર સંગઠન, દિલ્હીના ઉપાધ્યક્ષ પ્રદીપસિંહ જાડેજા, ગાંધીનગર મ્યુનિસિપલ કોર્પોરેશનના કમિશનર ડૉ. રતનકુમાર ગઢવી, અધિક પોલીસ મહાનિરીક્ષક અનિલ પ્રથમ, ઠાકોર કોર્પો વિકાસ નિગમના મેનેજિંગ ડિરેક્ટર જયવંત ગાંધી, યુવા નેતા સંજય મહંતા, જ્યેષ્ઠભાઈ ચૌધરી, મલલભાઈ, યુવા સંયોજક રજનીકાંત સુષાર, ડિરેક્ટર અનિલકુમાર શૈલિક

ઉપસ્થિત રચ્યા હતા. સમારોહના અંત ભાગમાં આભારદર્શન એકાઉન્ટન્ટ ભાનુભાઈ દ્વારા કરવામાં આવ્યું હતું. એને રાજ્યોના યુવાઓ દ્વારા સાંસ્કૃતિક કૃતિઓની રજૂઆત કરવામાં આવી હતી અને યુવાઓ દ્વારા રાષ્ટ્રીય એકતા, એક ભારત એક ભારત માટે શાષ્ટ પદ્ય લેવામાં આવ્યા હતા. કાર્ય નિમાવનના સિમિર સંચાલનમાં યુવાઓ માટે કાર્યક્રમ અંતર્ગત વિવિધ નિષ્ણાતો દ્વારા

વિવિધ વિષયો અંગેના પ્રેરણાત્મક વક્તવ્યો પણ યોજવામાં આવી રચ્યા છે. ઉપરાંત યુવાઓ ગાંધીનગર જિલ્લામાં વિવિધ જોડાણાત્મક સ્થળો, શૈક્ષણિક-પાર્કિંગ, સ્થાકારી, સામાજિક સંસ્થાઓની મુલાકાત પણ થઈ રચ્યા છે. સોમવારે આ યુવાઓ દ્વારા રાજ્યપાલ સાથે મુલાકાતનું તથા ડૉ. આંબેડકર ઇન્સ્ટિટ્યુટમાં સાંસ્કૃતિક કાર્યક્રમનું આયોજન પણ કરવામાં આવ્યું છે.

અંતર્રાજ્યીય યુવા વિનિમય કાર્યક્રમ का उद्घाटन

महाराष्ट्र और ओडिशा के 100 से अधिक युवा स्वयंसेवक हुए शामिल



भुवनेश्वर : नेहरू युवा केन्द्र, खुर्दा की ओर से अंतर्राज्यीय युवा विनियमन कार्यक्रम भुवनेश्वर स्थित वीआरसीएच में आयोजित हुआ। 15 दिनों

तक चलने वाले इस कार्यक्रम में महाराष्ट्र और ओडिशा के 100 से अधिक युवा स्वयंसेवक हिस्सा ले रहे हैं। नेहरू युवा केन्द्र खुर्दा के जिला

युवा संयोजक प्रवीर कुमार प्रधान की अध्यक्षता में आयोजित इस समारोह के उद्घाटन नेहरू युवा केन्द्र संगठन, नई दिल्ली की निदेशक मंडल की सदस्य माधवी अग्रवाल ने उपस्थित रहकर भावों के आदान-प्रदान, दो राज्यों की कला और संस्कृति के विषय में जानने समेत ओडिशा में इस तरह के आतिथ्य की प्रशंसा की। अन्यतम अतिथि नेहरू युवा केन्द्र संगठन ओडिशा के उपनिदेशक विमल पैट्रिक सा, वीआरसीएच के निदेशक आरके शर्मा, राष्ट्रीय युवा परियोजना के संयोजक मधुसूदन दास ने उपस्थित रहकर कार्यक्रम के उद्देश्यों के बारे में जानकारी दी। कार्यक्रम के संचालन में नेहरू युवा केन्द्र, खुर्दा के कोषाध्यक्ष श्वेन्दू साहू, कुलमणि मलिक, पुष्पलता बेहय, अनंत प्रधान, मनोरंजन पात्र, विजयलक्ष्मी सेठी, सत्यनारायण श्रीचंदन, रंजन कुमार महापात्र ने सहयोग किया।

राजस्थान आसाम का अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम शुरू

■ **संगीवनी टुडे**

जयपुर। भारत सरकार की एक भारत श्रेष्ठ भारत के तहत 15 दिवसीय अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम नेहरू युवा केंद्र संगठन द्वारा शंकरा ग्रुप ऑफ़ इंस्टीट्यूट कुक्स में रविवार को शुरू हुआ इस कार्यक्रम में आसाम एवं राजस्थान के पांच पांच जिलों से 100 युवा प्रतिभागी सम्मिलित हुए।

महात्मा गांधी की 150वीं जयंती को समर्पित यह कार्यक्रम पूर्व क्षेत्रीय समन्वयक के वी ड्रोग के मुख्य आतिथ्य एवं संस्कृतिकर्मी हेमजीत मालू की अध्यक्षता में आयोजित हुआ इस अवसर पर विशिष्ट अतिथि के रूप में डॉ राजेश शर्मा निदेशक गांधी अध्ययन केंद्र पंचशील जैन अध्यक्ष



बाल संभल सम्मिलित हुए कार्यक्रम की शुरुआत महात्मा गांधी विवेकानंद एवं सरस्वती की प्रतिमा का माल्यार्पण एवं दीप प्रज्वलन कर के किया गया।

कार्यक्रम में राज्य निदेशक श्याम सिंह राजपुरोहित ने युवाओं का स्वागत किया और उपनिदेशक डॉ

भुवनेश जैन ने 15 दिवसीय कार्यक्रम की जानकारी दी इस अवसर पर संस्कृति भाषा फूड परस्पर सीखने और राष्ट्रीय एकता संवर्धन पर वक्ताओं ने अपने विचार व्यक्त किए आसाम के दल ने आंचलिक नृत्य प्रस्तुत किया कार्यक्रम का संचालन पप्पू शर्मा ने किया।

प्रतियोगिताओं में दिखाया दमखम

जयपुर ■ नेहरू युवा केंद्र द्वारा कुक्स स्थित एक इंस्टीट्यूट में आयोजित किए जा रहे 'एक भारत श्रेष्ठ भारत' के तहत आसाम व राजस्थान के युवाओं को नेशनल यूथ अवॉर्ड्स रामदयाल सैन ने युवाओं को सम्बोधित किया। उन्होंने जीवन कौशल के महत्वपूर्ण बिन्दुओं के बारे चर्चा की। साथ ही चार्ट प्रजेंटेशन के माध्यम से युवाओं को आत्मज्ञान परानुभूति, निर्णय क्षमता, भावनात्मक सम्बंध, तनाव पर नियंत्रण जैसे जीवन कौशल के विषयों पर चर्चा की। इस अवसर पर वाद विवाद प्रतियोगिता का आयोजन करवाया।

एक भारत श्रेष्ठ भारत की परिकल्पना को युवा करें साकार: प्रदीप सिंह वाघेला

■ **संगीवनी टुडे**

जयपुर। एक भारत श्रेष्ठ भारत संकल्पना के तहत नेहरू युवा केंद्र संगठन राजस्थान द्वारा 15 दिवसीय अंतरराज्यीय युवा आदान प्रदान कार्यक्रम का समापन समारोह शंकर ग्रुप ऑफ़ इंस्टीट्यूट के सभागार में आयोजित हुआ कार्यक्रम में राजस्थान आसाम के 50 50 युवाओं ने भाग लिया समारोह नेहरू युवा केंद्र संगठन भारत सरकार के उपाध्यक्ष प्रदीप सिंह वाघेला के मुख्य आतिथ्य में आयोजित हुआ।

वाघेला ने कहा कि एक भारत श्रेष्ठ भारत की कल्पना राष्ट्रीयता की भावना से ओत प्रोत होकर कार्य करने से होगा उन्होंने युवाओं से इस परिकल्पना को साकार करने के लिए आह्वान किया कार्यक्रम में नेहरू युवा केंद्र संगठन के शासी बोर्ड के सदस्य राजेंद्र प्रसाद सेन



नेहरू युवा केंद्र संगठन के पूर्व निर्देशक एस.एस.आर शर्मा राजयनिर्देशक एस एस राजपुरोहित उप निर्देशक डॉ. भुवनेश जैन जिला युवा समन्वयक महेश कुमार शर्मा ने विशेष तौर पर उपस्थित थे और युवाओं को संबोधित किया। कार्यक्रम में आसाम ओर राजस्थान के प्रतिभागियों ने अपनी

अनुभवों को बताया 15 दिवसीय कार्यक्रम में आयोजित विभिन्न प्रतियोगिता को पुरस्कृत किया गया कार्यक्रम का संचालन पप्पू शर्मा ने किया अविनाश चौधरी कुलदीप वर्मा मनोज कुमार चौधरी रमेश चंद गौतम द्वारा महात्मा गांधी के संदेश की लगाई गई प्रदर्शनी को सभी ने सराहा की।

तरुणांकडून देशसेवा होण्याची आवश्यकता

आयुषमंत्री श्रीपाद नाईक यांचे प्रतिपादन : जुने गोवेत 'एक भारत श्रेष्ठ भारत' कार्यक्रम

पणजी : प्रतिनिधी

आपला देश जगात सर्वात तरुण देश आहे. या तरुण उर्जेचा उपयोग देश सेवेसाठी होणे गरजेचे आहे. योग्य प्रकारे हा श्रोत विधायक कार्याच्या दिशेने वळवला तर संपूर्ण देश पुन्हा समृद्ध व्हायला वेळ लागणार नाही, असे प्रतिपादन केंद्रीय आयुष मंत्री श्रीपाद नाईक यांनी केले.

'एक भारत श्रेष्ठ भारत' या राष्ट्रीय कार्यक्रमाचे आयोजन जुने गोवा येथील एला फार्म येथे आयोजित करण्यात आले होते. या कार्यक्रमाच्या उद्घाटन सोहळ्यात मंत्री नाईक बोलत होते. व्यासपीठावर आयसीएअरचे डॉ.



जुने गोवे : 'एक भारत श्रेष्ठ भारत' कार्यक्रमाचे उद्घाटन करताना केंद्रीय मंत्री श्रीपाद नाईक, डॉ. ई. वी. चाकूरकर व अन्य. (छाया : समीर नावकर)

ई. वी. चाकूरकर, नेहरू युवा केंद्राचे जिल्हा युवा संयोजक कालिदास घाटवळ व अन्य उपस्थित होते.

शिविरात गोवा, महाराष्ट्र आणि झारखंड येथील शंभर युवा प्रतिनिधी सहभागी झाले. शिविरात

महाराष्ट्रातील तीन जिल्हातील तीस, झारखंड मधून पाच जिल्हातील पन्नास आणि गोव्यातून वीस असे एकूण शंभर युवकांचा समावेश होता. इतर राज्यातील संस्कृती, परंपरा, लोकजीवन देवाण घेवाण व्हावी या दृष्टीने कार्यक्रमाचे आयोजन करण्यात आले होते.

शिविरात सहभागी होणाऱ्या युवांसाठी विविध विषयावर परिसंवादाबरोबरच ग्रामीण भागात, वारसा स्थळे, पर्यटन स्थळांना भेटी दिल्या जातात. शिविरार्थ्यांनी साखळी रवींद्र भवन, हरवळे धनधवा, पांडव गुहा, गोवा कला अकादमी, आवाव

किल्ला, सांता मोनिका जलसफर, गोवा विधानसभा, मध्यवर्ती वाचनालय, गोवा वस्तू संग्रहालय आदी स्थळांना भेटी दिल्या. झारखंड येथील शिविरार्थ्यांनी साखळी येथे आयोजित विशेष कार्यक्रमात झारखंड मधील छोटा नागपूर, शुभर नृत्य आदी लोककला सादर केली.

जुने गोवे येथील एला फार्ममध्ये ६ फेब्रुवारी रोजी सायंकाळी ५ वाजता या शिविराचा समारोप होईल. नगर नियोजन मंत्री विजय सरदेसाई यांच्या उपस्थितीत शिविरार्थ्यांना प्रमाणपत्र प्रदान करण्यात येणार असल्याचे त्यांनी सांगितले.

‘एक भारत, श्रेष्ठ भारत’चे उद्घाटन

लोकमत न्यूज नेटवर्क

पणजी : आज आपला देश जगात सर्वात तरुण आहे. या तरुण उर्जेचा उपयोग देश सेवेसाठी होणे गरजेचे आहे. योग्य प्रकारे हा स्रोत विधायक कार्याच्या दिशेने वळवला तर संपूर्ण देश पुन्हा समृद्ध व्हायला वेळ लागणार नाही, असे प्रतिपादन आयुष्यमंत्री श्रीपाद नाईक यांनी व्यक्त केले. नेहरू युवा केंद्रातर्फे आयोजित करण्यात आलेल्या ‘एक भारत श्रेष्ठ भारत’ या शिबिराच्या उद्घाटन सोहळ्यात ते बोलत होते. गोवा आणि झारखंड यांना एकमेकांची संस्कृती, परंपरा जाणून घेण्याची संधी आहे. युवकांमध्ये राष्ट्रीय एकता स्थापित करण्यासाठी अशी शिबिरे उपयुक्त असल्याचे मत त्यांनी पुढे व्यक्त केले. ‘एक भारत श्रेष्ठ भारत’ या राष्ट्रीय स्तरावरील कार्यक्रमाचे आयोजन जुने गोवा येथील एला फार्म येथे आयोजित करण्यात आले आहे. या वेळी व्यासपीठावर आयसीएअरचे डॉ. ई. बी. चाकूरकर, नेहरू युवा केंद्राचे जिल्हा युवा संयोजक कालिदास घाटवळ उपस्थित होते.

या शिबिरात गोवा, महाराष्ट्र आणि झारखंड येथील शंभर युवा



एक भारत श्रेष्ठ भारत शिबिरात सहभागी झारखंड - गोवा प्रतिनिधी. सोबत नेहरू युवा केंद्राचे जिल्हा समन्वयक कालिदास घाटवळ, आयोजन समितीचे सदस्य गणेश रोटकर आणि इतर.

प्रतिनिधी सहभागी झाले आहेत. शिबिरात महाराष्ट्रातील तीन जिल्हातील तीस, झारखंडमधून पाच जिल्हातील पन्नास आणि गोव्यातून वीस असे एकूण शंभर युवक-युवतींचा समावेश आहे. इतर राज्यातील संस्कृती, परंपरा, लोकजीवन यांची देवाण-घेवाण व्हावी, या दृष्टीने ‘एक भारत श्रेष्ठ भारत’ या राष्ट्रीय स्तरावरील कार्यक्रमांचे आयोजन केंद्र सरकारच्या नेहरू युवा केंद्राच्या माध्यमातून केले जाते. हल्लीच गोव्यातील युवक युवती झारखंडमध्ये झालेल्या कार्यक्रमात सहभागी झाले होते. या शिबिरात व्यक्तिमत्व विकास, लोककला,

लोकपरंपरा, राहणीमान, लोकसंस्कृती आदी विषयावर मार्गदर्शन केले जाते. शिबिरात सहभागी होणारे युवा युवतींसाठी विविध विषयांवर परिसंवादाचे आयोजन आणि शिबिराधीन प्रत्यक्ष प्राप्ती भागात, गोव्यातील वारसा स्थळे, पर्यटन स्थळाना भेटी दिल्या जातात. शिबिराधीनी आतापर्यंत सांखळी वॉर्ड भवन, हर्यळे घबघबा, पांडव गुहा, गोवा कला अकादमी, आम्बाद किल्ला, सांता मोनिका जलसफर, गोवा विधानसभा, मध्यवर्ती याचनालय, गोवा यस्तु संग्रहालय आदी स्थळाना भेटी दिल्या.

झारखंड येथील शिबिराधीनी सांखळी येथे आयोजित करण्यात आलेल्या विशेष कार्यक्रमात झारखंड मधील छेटा नागपूर, झुमर नृत्य आदी लोककला सादर करून वाहत्या मिळवली.

जुने गोवे येथील एला फार्ममध्ये ६ फेब्रुवारी रोजी या शिबिराचा समारोप होईल. नगर नियोजन मंत्री विजय सरदेसाई यांच्या उपस्थितीत शिबिराधीनी प्रमाणपत्र प्रदान करण्यात येईल. या कार्यक्रमासाठी डॉ. प्रमोद सावंत यांच्या अध्यक्षतेखाली आयोजन समितीची निवड करण्यात आली आहे.

अमर उजाला

हरिद्वार

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कर्नाटक के दल ने किया शांतिकुंज और हरकी पैड़ी का भ्रमण

अमर उजाला ब्यूरो

हरिद्वार। नेहरू युवा केंद्र हरिद्वार की ओर से अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत बृहस्पतिवार को कर्नाटक और उत्तराखंड के सौ युवाओं के दल ने हरिद्वार के धार्मिक स्थलों का भ्रमण

नेहरू युवा केंद्र हरिद्वार की ओर से अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत बृहस्पतिवार को सफाई अभियान चलाकर स्वच्छता का संदेश दिया

किया। साथ ही हरकी पैड़ी पर सफाई अभियान चलाकर लोगों को स्वच्छता का संदेश दिया। अंतरराज्यीय युवा आदान प्रदान कार्यक्रम श्रृंखला के अंतर्गत

कर्नाटक से 50 और उत्तराखंड के हरिद्वार, टिहरी, रुद्रप्रयाग, ऊधमसिंह नगर और देहरादून के 50 युवाओं का दल ने हरिद्वार पहुंचने के बाद बृहस्पतिवार को दल ने विभिन्न

धार्मिक स्थलों सहित हरकी पैड़ी स्थित ब्रह्मकुंड का भ्रमण किया। राजीव तोमडिया, कमला जोशी और प्रदीप झा ने युवाओं के दल को हरकी पैड़ी की इतिहास की विस्तार

से जानकारी दी। जिला युवा समन्वयक अंकिता ने कहा कि 15 दिवसीय अंतरराज्यीय युवा आदान प्रदान के अंतर्गत एक दूसरे राज्य की संस्कृति से रूबरू हो रहे हैं। कार्यक्रम में मनोज सिराई, रजत शर्मा, धर्म सिंह रावत, मनीष, राहुल, प्रियमा आदि शामिल रहे।



‘एक भारत श्रेष्ठ भारत’ आयोजित

आज समाज नेटवर्क

चंडीगढ़। इंटर स्टेट यूथ एक्सचेंज प्रोग्राम ‘एक भारत श्रेष्ठ भारत’ के अंतर्गत नेहरू युवा केंद्र, की ओर से शिविर का आयोजन किया जा रहा है। इसमें सिलवासा (दादरा और नगर हवेली), चंडीगढ़ और पंजाब के 100 प्रतिभागियों को राष्ट्र की विविधता का जश्न मनाने के लिए आमंत्रित किया गया है। ये शिवी 20 फरवरी से आरंभ हुआ था जो 6 मार्च तक चलेगा।

इस दौरान युवाओं ने अमृतसर और जलियांवाला बाग का इतिहास के बारे में जाना और शहीद हुए लोगों को नमन किया। इसके साथ-साथ युवाओं ने अमृतसर के अमृतसरी नान और लस्सी का खूब आनंद उठाया। दादरा और नगर हवेली-गुजरात के



‘एक भारत, श्रेष्ठ भारत’ के दौरान नेहरू युवा केंद्र सदस्य।

युवाओं ने कहा कि वो अमृतसर का इतिहास गुजरात वापस जाकर वहां के युवाओं के साथ साझा करेंगे और उन्हें प्रोत्साहित करेंगे कि वे भी अपनी जिंदगी में कम से कम एक बार अमृतसर जरूर आएँ और अमृतसर की संस्कृति को अच्छे से जानें। सभी युवाओं ने रश्मीत कौर-

डिस्ट्रिक्ट यूथ कोऑर्डिनेटर और गुर्लीन कौर पुरी-प्रोग्राम कोऑर्डिनेटर नेहरू युवा केंद्र चंडीगढ़, का दिल से धन्यवाद करते हैं क्योंकि उनके सहयोग और उनकी देख रेख में उन्हें ऐसी ऐतिहासिक जगह घूमने का और ऐतिहासिक जगह को जानने का मौका मिला।

नेहरू युवा केंद्र द्वारा जलियांवाला बाग का दौरा



इंटर स्टेट यूथ एक्सचेंज कार्यक्रम के दौरान प्रतिभागी अमृतसर के दौरे दौरान संयुक्त चित्र खिंचवाते हुए।

चंडीगढ़, 1 मार्च (पठानिया): इंटर स्टेट यूथ एक्सचेंज प्रोग्राम एक भारत श्रेष्ठ भारत के अंतर्गत नेहरू युवा केंद्र चंडीगढ़ द्वारा 20 फरवरी से 6 मार्च से शिविर का आयोजन किया जा रहा है। जिसमें सिलवासा (दादरा और नगर हवेली), चंडीगढ़ और पंजाब के 100 प्रतिभागियों को राष्ट्र की विविधता का जश्न मनाने के लिए आमंत्रित किया गया है। आज शिविर के दौरान नेहरू युवा केंद्र चंडीगढ़ युवाओं को अमृतसर में गोल्डन टैंपल व जलियांवाले बाग

में घुमाने के लिए भ्रमण करवाया गया व वहां के इतिहास से युवाओं को परिचित कराया गया। इस दौरान युवाओं ने शहीद हुए लोगों को नमन किया। इसके साथ साथ युवाओं ने अमृतसर के अमृतसरी नॉन व लस्सी का खूब आनंद उठाया। ऐतिहासिक जगह घुमाने व महत्वपूर्ण जानकारी प्रदान करने के लिए सभी युवाओं ने रश्मीत कौर डिस्ट्रिक्ट यूथ कोऑर्डिनेटर और गुर्लीन कौर पुरी प्रोग्राम कोऑर्डिनेटर, नेहरू युवा केंद्र चंडीगढ़ का आभार जताया।



नेहरू युवा केंद्र पटना की ओर से चल रहा अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम

युवा ही बदलेंगे भारत की तकदीर : कुलपति

- मानसिक स्वास्थ्य ही शारीरिक स्वास्थ्य का जरिया है
- युवाओं को दिलायी गयी चरित्र निर्माण की राधय

पटना | हिन्दुस्तान प्रतिनिधि

पटना विश्वविद्यालय के कुलपति प्रोफेसर रामबिहारी सिंह ने कहा कि भारत युवाओं का देश है। देश की दशा और दिशा युवा ही तय कर सकते हैं। इसके लिए जरूरी है कि आज के युवाओं को सही मार्गदर्शन मिले। वे सोचकार को भारत सरकार युवा कार्यक्रम एवं खेल मंत्रालय, नेहरू युवा केंद्र पटना की ओर से चल रहे अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम को सम्बोधित कर रहे थे। उन्होंने कहा कि देश में हजारों जाति-उपजाति, भाषा और धर्म के लोग आपस में मिलकर रहते हैं। पर्व-त्योहार से लेकर खेलते-खिलतीखिलाने रहे हैं। ऐसी धारणाओं को बनाकर रखना होगा। नये-नये आइडिया से रोजगार के नये अवसर (लाभाने होंगे)। उन्होंने कहा कि जब श्री राम बन गये तो उन्होंने कोई राजा-महाराजा से नहीं मिले। उन्होंने निषादराज, सखी और बंदर-भालू से सहयोग लिया। प्रजापिता ब्रह्मकुमारी विश्वविद्यालय की बहन ब्रीके पंचतप्या ने इस मौके पर कहा कि मानव जीवन में आंतरिक सुख, शांति और आनंद की प्राप्ति तभी संभव है जब आप सकारात्मक सोच रखें। मानसिक स्वास्थ्य ही शारीरिक स्वास्थ्य की प्राप्ति का जरिया है और मानसिक रूप से समृद्ध होने पर ही एक नये भारत का उदय संभव है। प्रेम युवा फाउंडेशन के संस्थापक गांधीवादी प्रेम जी ने कहा कि युवाओं को जात-पात व

नेहरू युवा केंद्र के अंतरराज्यीय युवा आदान-प्रदान कार्यक्रम में प्रतिभागी को नॉटिफिकेट देते वीसी रामबिहारी सिंह।

त्रिपुरा, मिजोरम और बिहार के युवा-युवतियां भाग ले रहे इस कार्यक्रम में त्रिपुरा, मिजोरम और बिहार के युवा-युवतियां भाग ले रहे हैं। मौके पर जिला युवा समन्वयक शिबजी पांडेय, रवीन्द्र मोहन, रवीन्द्र कुमार राव, अमल किशोर पासवान, शिकी राम, अनमोल कुमार, आकाश, रिमोडिम कुमारी, सुरति आदि ने भाग लिया।

16 गांधी तक चलेगा कार्यक्रम, विकास में सहभागी बने युवा

नेहरू युवा केंद्र पटना की ओर से चल रहे युवा आदान-प्रदान कार्यक्रम में गीत प्रस्तुत करती छात्रा।

जो ने जो श्रम स्वयंज का सपना देखा है, उसे पूरा कर रहा है युवा क्लब, जो गांधी स्तर पर प्रतिष्ठा की पहचान कर उसे निखारने का अवसर दे रहा है। इस अवसर का पूरा लाभ उठाएँ और देश की उत्पत्ती बदलने में योगदान दें।

DETAILS OF VENUE, DATE OF PROGRAMME AND PARTICIPANTS OF INTER STATE YOUTH EXCHANGE PROGRAMME UNDER EK BHARAT SHRESTHA BHARAT 2018-19

S. No.	Name of Host Venue/ State	Date of Programmes	Venue of Programme	Participating States (Paired)	No. of Participants		
					M	F	T
1.	Hyderabad (Telangana)	15.09.2018 to 29.09.2018	Youth Hostel, Secunderabad, Hyderabad, Telangana	Haryana	79	13	92
2.	Trivandrum (Kerala)	12.10.2018 to 27.10.2018	Institute of Land and Disaster Management, PTP Nagar, Trivandrum, Kerala	Himachal Pradesh	61	39	100
3.	Raipur (Chhattisgarh)	20.10.2018 to 03.11.2018	PS Royale Club, Visarjan Kund Road, Mahadev Ghat Raipura, Raipur Chhattisgarh	Gujarat	67	33	100
4.	Tarn Taran (Punjab)	22.10.2018 to 05.11.2018	Youth Hostel Tarn Taran, Punjab	Andhra Pradesh	71	31	102
5.	Imphal (Manipur)	22.10.2018 to 05.11.2018	Kodompokpi Sports Complex, Wangjing, Manipur	Madhya Pradesh	59	41	100
6.	Gangtok (Sikkim)	01.11.2018 to 15.11.2018	Malling busty, Mangan North Sikkim	Delhi	63	37	100
7.	Jammu (Jammu & Kashmir)	12.11.2018 to 26.11.2018	Youth Hostel, Nagrota (Jammu)	Tamil Nadu	55	50	105
8.	Mumbai (Maharashtra)	12.11.2018 to 26.11.2018	Newzealand Hostel, Aare Colony, Goregaon East, Maharashtra	Odisha	72	28	100

S. No.	Name of Host Venue/ State	Date of Programmes	Venue of Programme	Participating States (Paired)	No. of Participants		
					M	F	T
9.	Kullu (Himachal Pradesh)	13.11.2018 to 27.11.2018	Dev Sadan Dhalpur, Kullu, Himachal Pradesh	Kerala	62	38	100
10.	Puducherry	14.11.2018 to 28.11.2018	Youth Hostel, Puducherry	Daman & Diu	51	49	100
11.	Guwahati (Assam)	15.11.2018 to 29.11.2018	Indian Institute of Entrepreneurship, Guwahati, Assam	Rajasthan	88	29	117
12.	Giridih (Jharkhand)	15.11.2018 to 29.11.2018	Shagun Banquet Hall, Near Maruti Show Room, Mohanpur, Panchamba Road, Giridih, Jharkhand	Goa	77	28	105
13.	Shillong (Meghalaya)	15.11.2018 to 29.11.2018	Youth Hostel, Shillong, Meghalaya	Uttar Pradesh & Arunachal Pradesh	67	23	90
14.	Guntur (Andhra Pradesh)	21.11.2018 to 05.12.2018	Nalanda Institute of Engineering and Technology, Kantepudi, Sattenapalli, Guntur, Andhra Pradesh	Punjab	66	34	100
15.	Agartala (Tripura)	21.11.2018 to 05.12.2018	Tripura state Cooperative Union, A.D. Nagar, Agartala	Bihar & Mizoram	62	38	100
16.	New Delhi (Delhi)	07.12.2018 to 21.12.2018	Gandhi Smriti & Darshan Samiti, Raj Ghat, New Delhi	Sikkim	51	36	87

S. No.	Name of Host Venue/ State	Date of Programmes	Venue of Programme	Participating States (Paired)	No. of Participants		
					M	F	T
17.	Bhopal (Madhya Pradesh)	07.12.2018 to 21.12.2018	WALMI Hills, Kolar Rd, Bhopal, Madhya Pradesh	Manipur & Nagaland	60	40	100
18.	Udupi (Karnataka)	07.12.2018 to 21.12.2018	National Institute for SHG Training Pragathi Suda, Udupi, Karnataka	Uttarakhand	68	32	100
19.	Lucknow (Uttar Pradesh)	08.12.2018 to 22.12.2018	Saksharta Niketan, Lucknow, Uttar Pradesh	Arunachal Pradesh & Meghalaya	80	20	100
20.	Chennai (Tamil Nadu)	10.12.2018 to 24.12.2018	Youth Hostel, Adayar, Chennai, Tamil Nadu	Jammu & Kashmir	57	43	100
21.	Dadra and Nagar Haveli (Silvassa)	15.12.2018 to 29.12.2018	Farmer Training Centre Dokmardi, Silvassa, Dadra Nagar Haveli (U.T)	Chandigarh	79	31	110
22.	Gurugram (Haryana)	16.12.2018 to 30.12.2018	Starex University, NH-8, Binola Village, Gurugram, Haryana	Telangana	90	18	108
23.	Daman (Daman and Diu)	18.12.2018 to 01.01.2019	Bhimpore Ashramshala, Nani Daman, Daman	Puducherry	63	37	100
24.	Gandhinagar (Gujarat)	25.12.2018 to 07.01.2019	Govt. Youth Hostel, Sector-16, Gandhinagar	Chhattisgarh	95	31	126
25.	Bhubaneswar (Odisha)	7.01.2019 to 21.01.2019	Vocational Rehabilitation Centre for Handicapped (VRCH), Bhubaneswar	Maharashtra	78	22	100

S. No.	Name of Host Venue/ State	Date of Programmes	Venue of Programme	Participating States (Paired)	No. of Participants		
					M	F	T
26.	Jaipur (Rajasthan)	19.01.2019 to 02.02.2019	Shankara Group of Institutions, Riico Industrial Area Kukas, Delhi Road- Jaipur, Rajasthan	Assam	57	19	76
27.	Goa	24.01.2019 to 7.02.2019	Farmers Training Center, Ela Old Goa	Jharkhand	77	31	108
28.	Uttarakhand	14.02.2019 to 28.02.2019	Youth Hostel, Mussorie, Uttarakhand	Karnataka	57	33	90
29.	Chandigarh	20.02.2019 to 6.03. 2019.	Rajiv Gandhi National Institute for Youth Development (RGNIYD) regional centre, Sector 12, Chandigarh.	Dadra & Nagar Haveli	62	37	99
30.	Bihar	2.03.2019 to 16.03.2019.	Youth Hostel, Fraser Road, Patna, Bihar	Tripura & Mizoram	85	31	116
	Total				2059	972	3031

**STATE WISE DETAILS OF PARTICIPANTS OF INTERSTATE YOUTH EXCHANGE PROGRAMME UNDER EK
BHARAT SHRESTHA BHARAT 2018-19**

S. No.	Name of Venue/ Host State	No. of Participants	Participating States (Paired)	No. of Participants	Total no. of Participants
1.	Hyderabad(Telangana)	45	Haryana	47	92
2.	Trivandrum (Kerala)	53	Himachal Pradesh	47	100
3.	Raipur (Chhattisgarh)	52	Gujarat	48	100
4.	Tarn Taran (Punjab)	56	Andhra Pradesh	46	102
5.	Imphal (Manipur& Nagaland)	50	Madhya Pradesh	50	100
6.	Gangtok (Sikkim)	50	Delhi	50	100
7.	Jammu (Jammu & Kashmir)	61	Tamil Nadu	44	105
8.	Mumbai (Maharashtra)	50	Odisha	50	100
9.	Kullu (Himachal Pradesh)	53	Kerala	47	100
10.	Puducherry	50	Daman & Diu	50	100
11.	Guwahati (Assam)	66	Rajasthan	51	117
12.	Giridih (Jharkhand)	65	Goa	40	105
13.	Shillong (Meghalaya)	42	Uttar Pradesh & Arunachal Pradesh	48	90
14.	Guntur (Andhra Pradesh)	50	Punjab	50	100
15.	Agartala (Tripura)	31	Bihar & Mizoram	69	100
16.	New Delhi	45	Sikkim	42	87
17.	Bhopal (Madhya Pradesh)	61	Manipur & Nagaland	39	100

S. No.	Name of Venue/ Host State	No. of Participants	Participating States (Paired)	No. of Participants	Total no. of Participants
18.	Udupi (Karnataka)	54	Uttarakhand	46	100
19.	Lucknow (Uttar Pradesh)	73	Arunachal Pradesh & Meghalaya	27	100
20.	Chennai (Tamil Nadu)	53	Jammu & Kashmir	47	100
21.	Silvassa (Dadra & Nagar Haveli)	67	Chandigarh	43	110
22.	Gurugram (Haryana)	68	Telangana	40	108
23.	Daman (Daman & Diu)	56	Puducherry	44	100
24.	Gandhinagar (Gujarat)	82	Chhattisgarh	44	126
25.	Bhubaneswar (Odisha)	65	Maharashtra	35	100
26.	Jaipur (Rajasthan)	34	Assam	42	76
27.	Goa	57	Jharkhand	51	108
28.	Mussorie (Uttarakhand)	40	Karnataka	50	90
29.	Chandigarh	51	Dadra & Nagar Haveli	48	99
30.	Patna (Bihar)	71	Tripura & Mizoram	45	116
	Total	1651		1380	3031

Ek Bharat Shrestha Bharat- Inter State Youth Exchange Programme 2018-19**CATEGORY WISE DETAILS OF PARTICIPANTS**

S. No	Host State	Paired State	SC		ST		OBC		Minority		PWD		General		Total		Grand Total
			M	F	M	F	M	F	M	F	M	F	M	F			
1.	Telangana	Haryana	21	4	5	1	32	5	0	0	1	0	20	3	79	13	92
2.	Kerala	Himachal Pradesh	12	13	11	0	22	10	0	0	0	0	16	16	61	39	100
3.	Chhattisgarh	Gujarat	6	8	5	4	39	12	0	0	0	0	17	9	67	33	100
4.	Punjab	Andhra Pradesh	25	10	7	0	29	12	0	0	1	0	9	9	71	31	102
5.	Manipur	Nagaland & Madhya Pradesh	7	3	14	15	24	12	0	0	0	0	14	11	59	41	100
6.	Sikkim	Delhi	9	3	14	11	10	15	2	3	0	2	28	3	63	37	100
7.	Jammu & Kashmir	Tamil Nadu	11	13	2	1	19	13	2	0	0	0	21	23	55	50	105
8.	Maharashtra	Odisha	8	6	12	1	23	7	1	2	0	0	28	12	72	28	100
9.	Himachal Pradesh	Kerala	9	14	11	2	17	8	0	0	0	0	25	14	62	38	100
10.	Puducherry	Daman & Diu	7	6	0	10	24	14	0	1	0	0	20	18	51	49	100
11.	Assam	Rajasthan	13	5	20	1	30	10	0	0	0	0	25	13	88	29	117
12.	Jharkhand	Goa	11	4	15	12	33	10	1	0	0	0	17	2	77	28	105

S. No	Host State	Paired State	SC		ST		OBC		Minority		PWD		General		Total		Grand Total
			M	F	M	F	M	F	M	F	M	F	M	F			
13.	Meghalaya	Arunachal Pradesh & Uttar Pradesh	5	0	24	18	22	3	0	0	0	0	16	2	67	23	90
14.	Andhra Pradesh	Punjab	30	14	0	1	11	7	2	1	0	0	23	11	66	34	100
15.	Tripura	Bihar & Mizoram	7	1	14	16	21	13	2	0	0	0	18	8	62	38	100
16.	Delhi	Sikkim	13	3	5	15	9	6	3	4	0	0	21	8	51	36	87
17.	Madhya Pradesh	Manipur & Nagaland	17	2	14	8	20	13	0	3	0	0	9	14	60	40	100
18.	Karnataka	Uttarakhand	7	3	6	7	29	14	0	0	0	0	26	8	68	32	100
19.	Uttar Pradesh	Arunachal Pradesh & Meghalaya	10	2	18	9	36	4	1	0	0	0	15	5	80	20	100
20.	Tamil Nadu	Jammu & Kashmir	16	10	0	1	19	15	2	0	0	0	20	17	57	43	100
21.	Dadra & Nagar Haveli	Chandigarh	10	5	18	14	9	5	3	0	0	0	39	7	79	31	110
22.	Haryana	Telangana	21	2	5	0	40	6	0	0	0	0	24	10	90	18	108
23.	Daman & Diu	Puducherry	23	10	13	5	7	9	1	1	0	0	19	12	63	37	100

S. No	Host State	Paired State	SC		ST		OBC		Minority		PWD		General		Total		Grand Total
			M	F	M	F	M	F	M	F	M	F	M	F			
24.	Gujarat	Chhattisgarh	16	2	5	3	52	22	0	0	1	0	21	4	95	31	126
25.	Odisha	Maharashtra	18	3	13	4	2	0	21	6	0	0	24	9	78	22	100
26.	Rajasthan	Assam	4	1	3	0	34	8	0	0	0	0	16	10	57	19	76
27.	Goa	Jharkhand	16	2	10	10	26	12	1	0	0	0	24	7	77	31	108
28.	Uttarakhand	Karnataka	24	10	12	11	4	2	-	-	-	-	17	10	57	33	90
29.	Chandigarh	Dadra and Nagar Haveli	11	12	0	1	12	10	0	0	0	0	39	14	62	37	99
30.	Bihar	Tripura & Mizoram	28	7	2	3	25	10	7	1	0	0	23	10	85	31	116
Total			415	178	278	184	680	287	49	22	3	2	634	299	2059	972	3031