

Kashmiri Youth Exchange Programme

Guidelines

2019-20

Nehru Yuva Kendra Sangathan

An Autonomous body of

Ministry of Youth Affairs & Sports

“वतन को जानो”



**In collaboration with
Ministry of Home Affairs,
Govt. of India**

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"Kashmiriyat, Jamhooriyataur, Insaniyat' (social consciousness and cultural values of the Kashmiri people, democracy, and humanity), he said, "I will like to follow these three mantras which are the pillars of development of Kashmir. Sufi tradition has emerged from this land and this tradition has taught us oneness and strength of unity".

Shri Narendra Modi, Hon'ble Prime Minister of India

Introduction

The Youth are vibrant and major human resources for strengthening democracy and development, and thus key agents for social and economic transformation of a country. There is a need for larger Youth involvement and participation in the socio-economic, cultural and political environment of the country and its development process.

The role and responsibility of the youth in Kashmir Valley is tremendous. They are the pride of the nation and considered as the real assets. They have innovative ideas and opinions. They have the capacities and capabilities of bringing positive changes in the working system of the State. However, in the present scenario, what they need is right direction that helps them to identify their strength and understand the vision they hold for the Union Territory of Jammu and Kashmir and their motherland – the India.

The fragile socio-political landscape, affected by continuing violent conflict and instability, has created a deep sense of uncertainty amongst the local population, particularly the youth. Kashmiri youth have grown up in this adverse environment and have faced tremendous stress. NYKS programme thus aims to fight the feeling of desperation, anger and helplessness is largely prevalent among them.

Kashmir Valley is facing multifarious problems due to sponsored terrorism and the youth sways away owing to a variety of reasons. A major reason behind youth getting involved in radical activities is the lack of access to various opportunities for their overall development.

What has now become increasingly important is to provide safe spaces to youth, mobilize, organize and channelize their energies towards their mainstreaming and partnership in Nation Building activities.

Government is taking several important measures for development process and peace initiatives in Kashmir Region.

After successful organisation of Kashmiri Youth Exchange Programme in the year 2018-19, NYKS at the instance of Ministry of Home Affairs and Ministry of Youth Affairs and Sports has proposed 2nd Kashmiri Youth Exchange Programme, 2019-20 for providing opportunity to 1200 Kashmiri Youth along with 120 Team Leaders to visit 10 important cities of the country.

This proposal is visualized with an understanding that rural youth are highly receptive and impressionable and this is the time when love, care and self-experience together can create a good impact on their personality. Acculturation and socialization, the two main sociological and psychological processes through which youth learns and experiences are given utmost importance. Youth not only interacts amongst themselves but also with other fellow citizens and develop a sense of belongingness to the country. This proposal makes an effort to provide this opportunity for youth of militancy affected districts of Kashmir Valley.

In year 2019-20, the Kashmiri Youth Exchange Programme will be organised at 10 Venues i.e. Varanasi (Uttar Pradesh), Ananthapur (Andhra Pradesh), North-West Delhi (Delhi), Hyderabad (Telangana), Thiruvananthapuram (Kerala), Pune (Maharashtra), Gandhinagar (Gujarat), Mysore (Karnataka), Guwahati (Assam) and Mohali (Punjab) in which participants from six districts of Kashmir Valley i.e. Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama will participate.

Aims & Objectives

- To orient and sensitize participants to act as proponents of national unity, integrity and peace among the young people in Kashmir Valley.
- To provide opportunities to the participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To help the participants develop an appreciative knowledge so that they understand their surroundings, misconceptions, gaps and situations as that are prevailing in Kashmir Valley.
- To share the information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley.
- To provide opportunity to understand, appreciate and compare each other understandings on socio-cultural, religious-political, economic as well as environmental situation.
- To provide information and knowledge on constitution of India, duties and responsibility of citizen, National Integration, Patriotism and Nation Development.
- To expose Kashmiri youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.

Profile of Participants

- Youth in the age group of 18-22 years from NYKS Youth Clubs are to be selected for participation in this programme from 6 selected districts of Kashmir Valley. Those youths who have participated in the Kashmiri Youth Exchange Programme during 2018-19 are not eligible to participate in Kashmiri Youth Exchange Programme, 2019-20.

- From each of the six district **viz. Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama** (where at present District Nehru Yuva Kendras are functional) of Kashmir Valley. 200 participants are to be selected along with 20 Team Leaders in each of six districts.
- At each programme venue a DYC/ACT from the participating district of Kashmir Valley may be deputed by State Director, NYKS, J &K and Ladakh

Methodology

The Kashmiri Youth Exchange programme is to be organized at Ten Venues. The venues are Varanasi (Uttar Pradesh), Ananthapur (Andhra Pradesh), North-West Delhi (Delhi), Hyderabad (Telangana), Thiruvananthapuram (Kerala), Pune (Maharashtra), Gandhinagar (Gujarat), Mysore (Karnataka), Guwahati (Assam) and Mohali (Punjab).

The programme is to be organised by the concerned District Youth Coordinator, NYKs with the support and guidance of concerned State Director, NYKS in above mentioned 10 venues.

Sufficient number of the participants along with reserve list is to be selected by concerned District Youth Coordinator of selected 6 districts of Kashmir Valley to factor in last minute drop out of the participants.

- **200 youth** who are enthusiastic, healthy and willing to participate in KYEP should be selected by concerned District Youth Coordinator, NYKs **from each 6 district of Kashmir Valley in (50:50 male: female ratio)** in the age group of 18-22 years. Before selection the credential should be verified by concerned DYCs and SDs. In a batch of 20 youth, 02 Team Leaders (01 male & 01 female) should be deputed. The participant should be selected from the Youth Clubs from 6 districts NYKs of Kashmir Valley mentioned above.
- During the 6 days Kashmiri Youth Exchange Programme, Seminars, Panel Discussions, Lecture Series, Skill Development, Industry visit, Exhibition of artefacts and local products of Kashmir valley, food festival, sharing of best practices, culture and customs, Language Learning, Career Guidance, Patriotism and Nation Building programme, Cultural Programmes etc., should be organized. Apart from that, the participants should also be given opportunity to visit places of higher learning (educational institutions), places of Historical and cultural importance, big industries of the host state. Interactive sessions with dignitaries and eminent personalities will add values to this programme.
- **The sessions should also cover important component viz.** National Flagship Programme of Govt. for social and financial inclusion, Ek Bharat Shreshtha Bharat, Sankalp se Sidhi, Make in India, Marketing, Entrepreneurship, Tourism, Popularise local cuisine and products, Pradhan Mantri Jan Dhan Yojna, (Pradhan Mantri Suraksha Bima Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana, Atal Pension Yojana), MUDRA Bank (Micro Units Development and Re-Finance Agency), Swachh Bharat Mission, Digital India, Skill India, Human Rights Awareness Programme, Beti Bachao – Beti Padhao Abhiyan, Practice and

Promotion of Good Governance and Civic Responsibilities, Participation in Saansad Adarsh Gram Yojana, Other Schemes for the benefit of youth and masses etc.

- Suggestive Programme schedule and detailed programme scheduled are given at **Annexure-1 (a&b)**. Suggestive daily routine for the Kashmiri Youth Exchange Programme is given at **Annexure-2**.

Important

The concerned State Director and DYC should ensure: -

- a) Mobilising extra resources for the programme
- b) Organising innovative Programme as well as ensure conduct of activities mentioned in the guidelines.
- c) The components of Sankalp se Siddhi should be highlighted in the programme.
- d) That the Booklet on Govt. of India National Flagship Scheme is prepared and given to all participants
- e) The programme Video Film is developed professionally and submitted to NYKS Hqtrs.

Beneficiaries at each level & their Involvement

The number of participants mentioned below shall be drawn from the following 6 district of Kashmir Valley viz. **Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama** to participate in the Kashmiri Youth Exchange Programme at 10 venues viz. Varanasi (Uttar Pradesh), Ananthapur (Andhra Pradesh), North-West Delhi (Delhi), Hyderabad (Telangana), Thiruvananthapuram (Kerala), Pune (Maharashtra), Gandhinagar (Gujarat), Mysore (Karnataka), Guwahati (Assam), and Mohali (Punjab).

Brief of State wise number of Participants and Team Leaders for the Kashmiri Youth Exchange Programme at various places across the country (Details at Table 2)

TABLE-1

Sl. No.	Name of Districts of Kashmir Valley	Number of Participants	No. of Team Leaders
1	Anantnag	200	20
2	Kupwara	200	20
3	Baramulla	200	20
4	Budgam	200	20
5	Srinagar	200	20
6	Pulwama	200	20
	Total	1200	120

Table-2: -Kashmiri Youth Exchange Programme, 2019-20
Venue wise and district wise details of Participants and Team Leaders from Kashmir Valley of Kashmiri Youth Exchange Programme 2019-20

Sl. No	Name of Venue/ State	Participants and Team Leaders	Number of Participants from District of Kashmir Valley						Total Participants & Team Leaders at the Programme Venue
			Anantnag	Kupwara	Baramulla	Budgam	Srinagar	Pulwama	
1	Varanasi (Uttar Pradesh)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
2	Ananthapur (Andhra Pradesh)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
3	(North-West Delhi) Delhi	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
4	Hyderabad (Telangana)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
5	Thiruvananthapuram (Kerala)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
6	Pune (Maharashtra)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
7	Gandhinagar (Gujarat)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
8	Mysore (Karnataka)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
9	Guwahati (Assam)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
10	Mohali (Punjab)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
		Total	220	220	220	220	220	220	1320
Total Participants			200	200	200	200	200	200	1200
Total Team Leaders			20	20	20	20	20	20	120

Implementing strategy

Selection of Programme Venues: Utmost care should be taken by the host DYC /SD for the selection of programme venue, taking important criteria in consideration such as distance from railway station/bus stand, safety of participants, cleanliness and hygiene, place of accommodation, availability of logistics for inaugural, closing, cultural programme, exhibition, food festival etc. The venue should be selected well in advance and communicated to the participating Kendras (DYCs) and concerned State Director, 3 months prior to the implementation of the programme.

Selection of Team leader for the participants

- The Team Leaders (one male and one female) for a batch of 20 youth participants should be selected preferably from NYV, Ex-NYVs or Youth Leaders from NYKS affiliated Youth Clubs who can lead the group of participants and take all measures for their safety, safe journey and medical assistance during journey and programme. Details of Budget per team leader and for total budget for 120 Team Leaders is given at **Annexure-9**.

Responsibilities of the Team Leader are to orient all participants about the Kashmiri Youth Exchange Programme. Ensuring safe journey for the participants including railway journey, their fooding and medical assistance, guiding participants for being in group and be in contact with them always during the entire programme duration. Sorting out any problem of participants in consultation with concerned DYC and higher authorities. Assisting the participants for their boarding and lodging, accommodation & transportation. Assisting the participants in interaction programme, field visits, presentation, food festival, cultural programme and exhibition etc.

ID Cards and Comprehensive Insurance of the participants

All the Participants and Team Leaders should be insured with a Govt. Insurance Agency by the participating District Youth Coordinators for a period during which they would be travelling as well as participating in the programme and back to home district. **The insurance policy will be comprehensive policy which covers hospitalisation in addition to life risk.**

Track Suit and Sports Shoes

Concerned DYCs of the participating districts should provide the Track Suit and Sports Shoes to the participants and Team Leaders.

Venue and Dates of the Programme:

For organization of Kashmiri Youth Exchange Programme, District Youth Coordinator of the Host District will finalize the dates, duration and venues of the programme under the guidance and supervision of concerned State Director. Each Venue will host 120 Participants along with 12 Team Leaders.

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One qualified Medical Officer should be deployed by the Host NYC under the supervision and guidance of concerned State Director to take care the medical problems/health issues of participants in each venue.

Roles and Responsibilities of State Director and District Youth Coordinator

State Director and District Youth Coordinator will mobilise and select 1200 participants and 120 Team Leaders from 6 selected districts of Kashmir Valley as mentioned at Table 1. The NYCs should also get the **filled in application of the selected candidates** along with filled in **Indemnity Bond**. Before the departure of the participants to various venues in the country for the Kashmiri Youth Exchange Programme, all the participants and Team Leaders should be thoroughly briefed and oriented about the programme by the concerned District Youth Coordinator of NYK. The participants should also be informed about their roles and responsibilities and they should also get introduced with each other as well as with the team leaders. The NYC will **issue I-Cards and arrange insurance cover** for all participants and team leader. NYC will also make travel arrangements like booking of reserve tickets and payment of Journey DA to the Participants and Team Leaders under supervision of the concerned State Director.

Reporting: - Immediately after completion of the programme the concerned District Youth Coordinator of the host states will submit the detailed report under the supervision and guidance of concerned State Director in the reporting format as per **Annexure no. 10** and Audited Utilisation Certificate within 15 days after completion of the programme. The report should reach NYKS Hqtrs. (Special Projects Section) within 15 days of the organisation of Programme.

IEC Strategy, Training and Formats

- After selection of the participants by District NYK, the participants should be provided with details of programme and activities for their information and knowledge.
- A special 2 days (1+1) briefing and feedback and follow up Programme should be organised for the participants by NYC, NYKS of the participating district for briefing and feedback and follow up before the departure and on arrival after the completion of programme.
- The district wise list of Participants and Team Leaders selected by NYK (**Annexure-6**) along with filled in application form (**Annexure-3**) must be communicated to concerned District Youth Coordinator of the host district and concerned State Directors at State level.
- All the participants are required to fill up the Indemnity Bond before participating in the programme (**Annexure-4**)
- All the participants are required to submit the Medical Fitness Certificate signed by Medical Officer before participating in the programme (**Annexure-5**)

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- The list of selected participant should be in the proforma as per **Annexure-6**.
- The participants are to be issued proper ID cards by the concerned DYC of participating district before the participant start their journey for the programme. The sample ID card is given at **Annexure-7**
- Contact details of District Youth Coordinators and State Nodal Officer of NYKS for this purpose is at **Annexure-8**.
- Budget details for Team Leaders is at **Annexure-9**
- The detailed Reporting format is as per **Annexure no. 10**
- Feedback forms for participants at **Annexure- 11 (a&b)**.
- **Venue wise allocation of Participants and Team Leaders** from 6 districts of Kashmir Valley is at **Table 2**.
- All Participants of the programme would be provided comprehensive insurance cover by the participating Kendra from Kashmir Valley.

Important points to be noted by State Director and District Youth Coordinators for successful implementation of Kashmiri Youth Exchange Programme

- Credential of the participant should be verified before selection.
- Care should be taken to select the bonafide participants.
- Care needed in the selection of participants so that there are no drop outs. It is suggested that, those participants are to be selected who are determined to participate in the programme. The drop outs hamper the target achievement.
- The participants should be of sound health, enthusiastic and willing to participate
- Cultural performers may also be included in the list of participants.
- Briefing of participants about the programme is essential to be done prior to attending the programme by DYC, NYK of the participating district.
- Reservation of journey tickets of participants should be done in advance and once tickets are reserved it should be ensured that there are no drop outs.
- Deployment of Team Leaders may be made with proper seriousness, so that there are no dropouts.
- Youth from less privileged section of society need to be included.
- Efforts should be made to increase the involvement of female participants.
- The detailed programme will be chalked out by concerned DYC under supervision and guidance of SD, NYKS along with resource persons.
- Interaction of school students with the participants of Kashmiri Youth Exchange Programme is mandatory.
- Long Speeches during the programme be avoided. Focus should be on interactive sessions, discussions, experience sharing, motivational and interactive sessions.
- Health Status of all the participants would need to be checked by the Doctor before leaving from the Headquarter.
- State/District Administration should be coordinated for successful implementation of Kashmiri Youth Exchange Programme.

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Financial Implications

Budgetary provision for TA/DA, I-Cards and Insurance per participating NYK

1. TA/DA provisions:

- a) Each participant will be reimbursed to & fro journey fare from residence to district headquarters Rail head/bus Stand and back @ Rs. 800/- while Team Leaders will be reimbursed @Rs. 1000/- only (subject to actual) on production of ordinary bus /train ticket or journey by any other public transport system and other Govt. recognised mode of public transportation prevalent in the area.
- b) Travelling allowance for each Participant and Team Leader for their to & fro journey from district headquarter railway station / to programme place and back will be admissible @ Rs. 3200/- per person (subject to actual) on production of 'Sleeper Class' Rail journey tickets by shortest route/ Bus Fare.
- c) Local TA from station/Bus stand to the place of accommodation of the participants and back @ 250/-per Participants and Team Leaders.
- d) D.A @ Rs. 250/- per head per day for the participants and @ Rs. 350/- per head for the Team Leaders for maximum period of 8 days on the basis of total journey period (including to & fro journey period) may be paid to all Participants and Team Leaders from each district subject to actual journey period.

2. Budget for ID cards and Comprehensive Insurance Cover:

A Budget Provision of Rs. 225/- per head for Participants and Team Leaders has been made for providing **Comprehensive Insurance** cover and ID cards to all Participants and Team Leaders.

3. Procurement of Track Suit and Sports Shoes to the Participants and Team Leaders-

A budget of Rs. 1200/- per head has been sanctioned for procurement of Track Suit and Sports Shoes for the Participants and Team Leaders.

4. Medical Assistance-

A budget of Rs. 2000/- per day for 6 days i.e Rs. 12,000/- has been provided for each of the programme venue in order to arrange one Medical Officer during the programme.

5. Interactive Programme:

A budget of Rs. 50,000/- is provided for organisation of minimum **TWO** Interactive Programme i.e. Rs. 25,000 per programme.

Budget for Kashmiri Youth Exchange Programme

Total No. of Participants: 120 Youth from Kashmir per venue

S. No	Main Head	Particular	Amount (In Rs)
1	Travelling Allowance	a) T.A. to Participants @ Rs. 800/- per head from residence to district headquarter i.e. Jammu and back (800x120) subject to actual	96,000
		b) Travelling allowance (to and fro) from District to programme place and back @ Rs. 3200/- per head (3200x120) subject to actual	3,84,000
		c) Local TA from station/ Bus stand to the place of accommodation of the Participants and back @ Rs. 250/- per participant for 120 Participants (250 x 120)	30,000
2	D.A during Journey	D.A. @ Rs. 250/- per head per day for 8 days journey period (250x120x8) subject to actual	2,40,000
3	Boarding and Lodging	B&L expenses @ Rs. 450/- per head per day for 8 day (6+2 days) 1 day prior to departure briefing and 1 day on return for feedback and follow up) (120 x450x8)	4,32,000
4	Resource Kit/Bag to Participants	Resource Kit/Bag @ Rs. 300/- per person (300x120)	36,000
5	Organization of interactive programmes	Minimum TWO programmes @ Rs.25,000/- per programme.	50,000
6	Insurance (Comprehensive Insurance Policy)	Insurance @ Rs. 200 per person (200x120)	24,000
7	ID Cards	Procurement of ID cards @ Rs. 25 per participants (120* 25)	3,000
8	Inaugural & valediction functions & cultural programme.	Tent and Shamiyana, decoration and organizational expenses including Electricity & Light, Sound etc.	80,000
9	Printing of Programme Brochure, Banners, Still Photography, Videography	Press Conference, printing of Programme Brochure, Backdrops, Banners, Still Photography, & videography, etc.	80,000

Budget for Kashmiri Youth Exchange Programme

Total No. of Participants: 120 Youth from Kashmir per venue

S. No	Main Head	Particular	Amount (In Rs)
	and press conference		
10	Exhibition of products of Kashmir Valley	Putting exhibition of local product of 6 districts of Kashmir Valley (Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama) and host districts	20,000
11	Food Festival- Kashmiri and local State/District Cuisine	Putting stalls for food festival of Kashmiri Cuisine of 6 districts of Kashmir Valley (Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama) and host districts	20,000
12	Transportation	Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons at their official residence, @ Rs.5,000/- per bus per day for 5 buses for 02 days (5000x5x2) as per actual	50,000
13	Thematic Programmes	Every day Cultural evening programmes, Group Discussion, Career guidance and Seminar etc.	50,000
14	Documentation	Documentation and Reports Preparation etc.	10,000
15	Track Suit and Sports Shoes	Procurement of Track Suit and Sports Shoes to the participants for 120 participants @ Rs. 1200	1,44,000
16	Medical Assistant	One medical officer for the venue @ Rs. 2000 per day for 6 days	12,000
17.	First Aid	First Aid for Participants @ Rs. 100 per head (100 x120)	12,000
Total of PART-A for One Programme for 120 Participants			17,73,000
PART-B: - Budget for 12 Team Leaders @ Rs. 12,675/- per head (as detailed in Annexure-9)			1,52,100
Total for One programme			19,25,100
Total for 10 programmes (19,25,100x 10)			1,92,51,000
Part-C: -Administrative Cost: -Stationary and report preparation at Hqtrs. of Rs. 9,000/-			9,000
Grand Total			1,92,60,000
(Rupees One Crore, Ninety Two Lakh and Sixty Thousand only)			

Expected Outcome

- To have oriented and sensitized participants to act as proponents of national unity, integrity and peace among the young people in Kashmir Valley.
- To have provided opportunities to the participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To have helped the participants develop an appreciative knowledge so that they understand their surroundings, misconceptions, gaps and situations as that are prevailing in Kashmir Valley.
- To have provided opportunity to understand, appreciate and compare each other understandings on socio-cultural, religious-political, economic as well as environmental situation.
- To have got information on promotion of tourism, local products, cuisines, handicrafts etc. of Kashmir Valley.
- To have provided information and knowledge on constitution of India, duties and responsibility of citizen, National Integration, Patriotism and Nation Development.
- To have given exposure to Kashmiri youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities on one hand and about National Flagship Programme of Govt. of India for social and financial inclusion on the other hand available for their development and empowerment.

Briefing and Feedback of Participants & Team Leaders

Briefing of Participants and Team Leaders- It is important to note that the participating States would organize briefing session before the departure of the Participants and Team Leaders. Similarly, a joint de-briefing session should be organized on the arrival of Participants and Team Leaders. During the feedback session activities and their plan of action for the participants be prepared and followed up. The detailed report along with photographs and videographs of the briefing and de-briefing session should be submitted to NYKS Hqtrs.

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Feedback of the Participants and follow up

Feedback forms have been provided at Annexure- 11 (a&b) for written feedback of participants and feedback on video and impact assessment of the programmes.

One-day briefing and one-day feedback and follow-up should be organised for the participants of Kashmiri Youth Exchange Programme by concerned NYKs.

After the completion of the Kashmiri Youth Exchange Programme the State Director and District Youth Coordinators would endeavour to follow up the programme with the participants of the Kashmiri Youth Exchange Programme and also coordinate with State Govt. for its sustenance. The concerned officers should orient the participants and develop social action initiative involving larger youth population of the district for the development of Kashmiri Youth and mainstreaming them with the development at State and National Level.

They should also ensure the sharing of experience of the participants who attended the Kashmiri Youth Exchange Programme.

For impact assessment of the programme feedback Forms have been added as Annexure- 11 (a & b). It should also be gauged through live video recording of participants. Further, one-day briefing as well as feedback and follow up camp will be organized by NYKS with the participants. Nonetheless, besides above, Ministry of Home Affairs may at its level engage an independent third party agency for in depth impact assessment of the programme.

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Annexure-1(a)

Kashmiri Youth Exchange Programme, 2019-20

Supported by: Department of J&K Affairs, Ministry of Home Affairs, Government India

Venue: -.....

Duration: From.....to.....

Suggestive Programme Schedule

Sl. No	Details of Programmes	Dates
01	Arrival and registration of the participants at programme venue/location before holding of inaugural function. Briefing of participants about the programme.	Day -0
02	Lecture series on Understanding about our freedom movement, understanding Indian Democracy, Scientific & Technological Advancement, Issues related to development & empowerment of youth, understanding gender issues, understanding threats & challenges posed by divisive forces with reference to communalism, regionalism, terrorism & role of youth in propagating peace & harmony, national unity, followed by cultural programme	Day-1
03	Orientation of participants on Patriotism and Nation Building through thematic discussions/seminar and on issues related to problems of Kashmir, Employment generation and socio economic development of youth of Kashmir, flagship scheme of Govt, Sankalp Se Siddhi, Ek Bharat Shreshtha Bharat, Lecture on awareness of Human Rights etc. followed by cultural programme	Day -2
04	Full day session on Skill Development training Programme for promotion of tourism, local Kashmiri Products and cuisines, Career Guidance and Counselling with reference to different career opportunities available to youths. Assessment of training needs of participants under various skill development programmes and entrepreneurship, followed by cultural programme	Day -3
05	Visit to educational institutes, industries, scientific institutions, monuments and places of historical importance	Day -4
06	Possible Interactive Meeting with important public dignitaries like Hon'ble Governor, Hon'ble Chief Minister & other famous personalities from tourism, sports/games/academics/entrepreneurs/educationist/social work/youth work of the concerned host states, followed by cultural programme	Day -5
07	Experience sharing, Group discussions, Presentation by participants, summing up, Programme Evaluation / feedback of participants, finalization of follow up action plan, concluding remarks and development of action plan for way forward followed by cultural programme and departure of participants	Day -6

Note: - This is the suggestive programme schedule. The programme will be a balanced mix of information, knowledge, skill development, entrepreneurship and discourses on current national issues for awakened youth from Kashmir district striving for nation development. Some brain storming sessions on local issues pertaining to Kashmir will also be included in the curriculum. Exhibition on products of Kashmir Valley and food festival of cuisine of Kashmir will also be added flavor to the programme.

**Detailed Programme Schedule of Kashmiri Youth Exchange Programme,
2019-20**

Day - 0

Press Conference (briefing the Media about the programme)	Before a day of the organization of the programme evening
Arrival of Participants	Preferably by evening
Accommodation of Participants	From evening

Day - 1

• Registration of Participants & Team Leader	9.00 to 9.30 AM
• Distribution of Kit bag including Track Suit and Sports Shoes	9.30 to 10.00 AM
Self-Introduction of participants & their expectation from the programme though ice breaking exercise and questionnaire	10.00 to 11.30 AM
Briefing on the programme	11.30 to 12.00 PM
A glimpse on programme & Activities of NYKS & Dept. of Youth Affair & Sports, GOI	12.00 to 1.00 PM
Lunch	1.00 to 2.00 PM
Inaugural function of the Kashmiri Youth exchange Programme	2.00 to 4.00 PM
Interaction, experience sharing and expectations of Kashmiri youth for their development, empowerment and way forward to participate in Nation building.	4.00 to 5.30 PM
Culture Programme	6.00 to 8.00 PM
Dinner	8.30 to 9.30 PM

Day 2

Seminar on Patriotism & Nation Building followed by sharing of views and reactions of youth	9.00 to 10.30 AM
Thematic Discussion on issues of Kashmir Valley and Role of Youth	10.30 to 11.30 AM
Understanding threats & challenges posed by divisive forces followed by discussion	11.45 to 13.00 PM.
Session on National Flagship scheme of Govt. of India followed by Question Answer Session	2.00 to 3.00 PM
Session on Sankalp se Siddhi	3.00 to 4.00 PM
Session on Ek Bharat Shreshtha Bharat followed by discussion and interaction by youth	4.00 to 5.30 PM
Cultural Programme	6.00 to 8.00 PM

Day - 3

Seminar on Skill Development & Career Guidance	9.00 to 10.00 AM
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Guidelines of Kashmiri Youth Exchange Programme 2019-20

Orientation on Various Career opportunities available to Youth including career in tourism, local Kashmiri Products and Cuisines	10.00 to 11.00 AM
Panel Discussion on Financial Inclusion Scheme of Govt. for youth, Followed by Question Answer Session(Special reference to MUDRA Yojna, Startup& Stand up India etc.)	11.00 to 2.00 PM
Motivational talk on Entrepreneurship development & interaction with Corporate & Industrial houses.	3.00 to 5.30 PM.
Cultural programme.	6.00 to 8.30 PM

Day - 4

Visit to educational Institutes of National Importance/Industries/ Scientific Institution & Places of Historical Importance and their interaction as well as Group presentation on the learning by participants on visit programme	9.00 to 2.00 PM.
Possible interactive Meeting of participants with important public dignitaries. (Hon'ble Governor/Chief-Minister/Youth Icon/Famous personality from the field of Tourism, Handicraft, Cuisines, Sport, Academics, Entrepreneurship /Education/Social Workers etc.)	3.00 to 5.00 PM

Day - 5

Interactive session on Sharing of Best Practices by Kashmiri Youth and local Resource person	9.00 to 10.00 AM
Interactive session on Language Learning	10.00 to 11.00 AM
Session on Swachh Bharat Mission& Role of youth	11.00 to 12.00AM
Session on Environment Awareness & Conservation and role of youth	12.00 to 1.00PM
Interactive session on Handicrafts and Handlooms of Kashmir and e-commerce	2.00 to 3.30PM
Traditions and Flavors of Kashmiri Cuisine and how they can be promoted	3.30 to 5.00 PM.
Kashmiri and local state Food Festival by participants of 6 districts of Kashmir Valley	6.00 to 9.00 PM.

Day - 6

District wise development of action plan for involving large youth population of the district for their development & ensuring participation in the development process	9.00 to 10.00 AM
Summing up the whole programme	10.00 to 11.00 AM
Filling up the feedback form by participants and submission to DYC	11.00 to 12.00 AM
Feedback of participants through video recording and sharing of experience	12.00 to 1.00 PM.
Valedictory & closing ceremony	2.00 to 5.00 PM
Departure of participants	5.00 PM onwards

Note: Exhibition on Products of Kashmir Valley will be organized everyday during the camp.

Nehru Yuva Kendra Sangathan

Suggestive Daily Routine for the Kashmiri Youth Exchange Programme (2019-20)

Time	Programme / Activity
05.00 AM-05.30 AM	Morning Rise
05.30 AM -06.00 AM	Daily Morning Routine
06.00 AM -06.30 AM	Devotional Songs and Community Singing
06.30 AM -07.30 AM	Yoga / Exercise/ Traditional/Popular Games
07.30 AM -8.00 AM	Community Work/Shramdan/ Cleaning of the Campus/Tree Plantation
08.00 AM -08.30 AM	Personal Time
08.30 AM -09.30 AM	Break Fast
9:30 AM -11.30 AM	Session -I
11.30 AM -11.45 AM	Tea
11.45 AM -13.00 PM	Session-II
13.00 PM -14.30 PM	Lunch
14.30 PM -15.30 PM	Session-III
15.30 PM -17.30 PM	Session-IV
17.30 PM -17.45 PM	Tea
17.45 PM -18.00 PM	Personal Time
18.00 PM -20.00 PM	Cultural Performances
20.30 PM -22.30 PM	Dinner
22.30 PM	Lights off

Guidelines of Kashmiri Youth Exchange Programme 2019-20
Annexure-3

Nehru Yuva Kendra Sangathan
Ministry of Youth Affairs and Sports, Govt. of India
Kashmiri Youth Exchange Programme
(2019-20)

Supported by: Ministry of Home Affairs, Government India

Application Form
(Participants and Team Leaders)

Space for pasting
of duly attested
Passport Size
Photograph of
the Participants

Name: -.....

Fathers'/Spouse Name: -.....

Date of Birth: -.....Age:

Gender: -.....

Educational Qualification: -
.....

Complete Address with Pin Code: -.....
.....

Contact Phone/Mobile No. with STD Code (Self and Guardian both): -.....
.....

Email ID: -.....

Whether Member of Youth Club/NCC/NSS/Bharat Scouts Guide- Please tick.

Experience in Youth Work or Community Service.....

Vocational Training/Skills.....

What are your expectations from this programme.....?

Particulars of Bank Account:-

Bank Account Number:-_____ Aadhar Number:-_____

Name of Bank:-_____

MICR Code:-_____ Bank IFSC Code:-_____

Name Address and Telephone No. of Two References

Details of Reference 1:-

Name : _____

Address:-_____

Telephone/Mobile No. _____

Details of Reference 2:-

Name : _____

Address:-_____

Telephone/Mobile No. _____

I submit the undertaking that the information furnished by me as above is correct as per my knowledge and belief and that I have informed my parent/guardian for participation in the Kashmiri Youth Exchange Programme, 2019-20.

Signature of the Applicant
(Name.....)

Place:

Date:

Verified by concerned DYC (signature)

Name _____ Kendra (District) _____

Nehru Yuva Kendra Sangathan
Indemnity Bond
(Participants and Team Leaders)
Kashmiri Youth Exchange Programme
(2019-20)

I, _____, son/ daughter of
_____, resident of village
_____ Distt. _____

do hereby declare that as a Participant of Kashmiri Youth Exchange Programme, I am willingly participating in the programmes & activities of Kashmiri Youth Exchange Programme & That I am given detailed information of the Kashmiri Youth Exchange Programme (including journey to be undertaken to programme venues of Kashmiri Youth Exchange Programme and back), and that under no circumstances will I make any claim for any loss or injury that I may suffer in the course of the programme & activities of Kashmiri Youth Exchange Programme, 2019-20.

I fully understand that NYKS, MoYAS and MHA, Govt. of India will not be responsible to make any kind of compensation in consequence of any mishap/loss/injury suffered by me during this programme and activity.

(Signature of Participant)

(Signature of Parent/ Guardian)

Name _____
Date _____
Mobile No. _____

Name _____
Date _____
Mobile No. _____

Signature of Witness 1:

Signature of Witness 2:

Name _____
Address: _____
Date _____
Mobile No. _____

Name _____
Address: _____
Date _____
Mobile No. _____

Kashmiri Youth Exchange Programme
(2019-20)

Medical Fitness Certificate

(Participants and Team Leaders)

(To be signed by a registered medical practitioner holding a degree not below that of MBBS)

(TO BE SUBMITTED WITH THE APPLICATION FORM)

Name (in Block letters): _____	Passport Size Photograph of Candidate
Age: _____ Gender: _____	
Complete Address: - _____	
Father's Name: - _____	
Height: - _____ Weight: _____	
Blood Group & Rh. Factor: _____ Chest: _____	
Heart & Lungs: _____	
Vision: L: _____ R: _____	
Colour Vision: _____	
Hearing: _____	
Hernia/Hydrocele/Piles: _____	
Remarks: _____	

I certify that I have carefully examined Sh./Km./Sm. _____
Son/Daughter of Sh. _____, who has signed in my
presence. He/she has no mental and physical disease and is FIT to participate and
undertake long journey for attending the programme.

Signature of the Candidate

Signature of the Medical Officer with seal and
Registration Number

Name: _____

Place: _____

Date: _____

Nehru Yuva Kendra Sangathan
Kashmiri Youth Exchange Programme
 Supported by: Ministry of Home Affairs, Government India
 Venue: -

Duration: From.....to.....

(A) List of Participants in batches of 2019-20

Name of the District.....

Name of the State.....

Sl. No	Name of the Participants	Father's /Spouse Name	Gender (Male/Female)	Full Address with E-mail, Tel. & Mob. No.	Date of Birth (Age)	Academic Qualification	Acquired Vocational Training/Skill	Covered by Comprehensive Insurance (Yes/No)*
01								
02								
03-20								

(B) Details of Team Leaders (2 Team Leaders in a batch of 20 Participants)

Sl. No	Name of the Participants	Father's /Spouse Name	Gender (Male/Female)	Full Address with E-mail, Tel. & Mob. No.	Date of Birth (Age)	Academic Qualification	Acquired Vocational Training/Skill	Covered by Comprehensive Insurance (Yes/No)*
01								
02								

*If answer is No then the Participants cannot participate in the programme

(Verified)

(Name & Signature of
 District Youth Coordinator
 Of Concerned District
 NYK with seal)

(Verified)

(Name & Signature of
 Concerned State Director
 NYKS with seal)

Of Concerned State

Nehru Yuva Kendra Sangathan
An Autonomous body of
Ministry of Youth Affairs and Sports,
Govt. of India
Kashmiri Youth Exchange Programme 2019-20

Supported by: Ministry of Home Affairs, Government India

Venue: -.....

Duration: From.....to.....

Format of ID card

Space for pasting of
duly attested
Passport Size
Photograph of the
Participants

Name: -.....

Fathers'/Spouse Name: -.....

Date of Birth: -.....

Gender: -.....

Blood Group: -.....

Complete Address with Pin Code: -.....

.....

Contact Phone/Mobile No. with STD Code (Self and Parents both): -.....

.....

Name and Designation of issuing Authority: -.....

.....

Mobile/Phone Number: -.....

Signature of the Issuing Authority

Name:

(District Youth Coordinator, NYK.....)

(Seal)

Details of Nodal officers of NYKS for Kashmiri Youth Exchange Programme

1. List of Participating Kendras (Kashmir Districts)

S. No	Name	Designation	Mobile No.	Address
1.	Sh. Bikram Singh Gill	State Director (i/c)	09417071172	Nehru Yuva Kendra Sangathan, 39-A/C, Gandhinagar, Jammu, J & K Pin: 180004
2.	Sh. Surbjeet Singh Bedi (Jammu)	Deputy Director	09815198179	Nehru Yuva Kendra Sangathan, 39-A/C, Gandhinagar, Jammu, J & K Pin: 180004
3.	Sh. Nazir Ahmed Shah (Kashmir)	Deputy Director	07006716079, 9419454254	Nehru Yuva Kendra Sangathan, Rajbagh Near Linton Hall School, Rajbagh Srinagar-190001 (J&K)

Sl. No.	Name of Zone	District Youth Coordinator	Address	Phone No. and Fax No.
1.	Anantnag	Mohd. Khalil Mir	Nehru Yuva Kendra , Near bus stand, opposite district veterinary complex, Baramulla-193101	Phone No:- 01952-22344937 Mobile No. 09419043883, 9906430885 (ACT) email:, dycbaramullajk@gmail.com
2.	Kupwara	Shri Hakim Abdul Aziz (A/C)	Nehru Yuva Kendra , Opposite State Bank of India, Kupwara-193222	Phone No: -01955-219329 Mobile No. 09419024021, 7006428842(ACT) email:, nykkupjk08@gmail.com
3.	Baramulla	Shri Som Dut Zard	Nehru Yuva Kendra, Opposite Brilliant Coaching Centre, KP Road, Anantnag	Phone No:- 01932-223557 Mobile No. 0700635078, 9419223694 email:, dyc.anantnagjk@gmail.com
4.	Budgam	Sh. Wali Mohd. Lone	Nehru Yuva Kendra , Alamdhar Road, opposite District Telephone Office, Budgam-191111	Phone No:- 01951-255304 Mobile No. 0849188334, 09419751552 (ACT) email:, nykbudgam@gmail.com
5.	Srinagar	Shri Hakim Abdul Aziz	Nehru Yuva Kendra , Near Linton Hall School, Rajbagh, Srinagar-190001	Phone No:- 0194-2453374 Mobile No. 09419024021 email:, dycsgrjk@gmail.com
6.	Pulwama	Mohd. Khalil Mir (Add. Charge)	Nehru Yuva Kendra , Near Exchange Road, CEO, Danger pore, Pulwama-192301	Phone No.:- 01933-241459 Mobile No- 09419043883, 8803802763 email:, nykpulijk2@gmail.com

Guidelines of Kashmiri Youth Exchange Programme 2019-20

2. Details of Host States, NYKS

Sl. No.	Name of Host State	Venue	State Director	Address	Phone No. and Fax No.
1	Assam	Guwahati	Sh. Anshuman Prasad Das i/c	Nehru Yuva Kendra Sangathan, Mathura- Dwarka Path Mathura Nagar, Dispur, Guwahati, Assam Pin:- 781006	Phone No.: -0361-2332987, 2332987 Fax: - 0361-2332987, Mobile- 09437505290 Email- itp_ghy@yahoo.com , zdnyksguwahati@gmail.com
2	Telangana	Hyderabad	Sh. Hinge Pramod Prabhakar	Nehru Yuva Kendra 16-2-738/4/5/4 SBH Colony Asmangadh, Malakpet Hyderabad, Telangana Pin : 500036	Phone No.: - 040-24151772, 24155180, Mobile - 09370404792 Email- dyc.hyderabad@gmail.com
3	Delhi	North-West Delhi	Sh. N. K Singh	Nehru Yuva Kendra Sangathan H. No.75/46-47, Nehru Enclave Near Allahabad Bank Alipur Delhi Pin : 110036	Phone No. 011-27207550, 27204804 Mobile -09013270071 Email- nyksalipur@yahoo.co.in , alipurzd@gmail.com , sdnyksdelhi@gmail.com
4	Uttar Pradesh	Varanasi	Sh. Manoj Kumar Samadhia	Nehru Yuva Kendra Sangathan 2/112, Vishal khand - 2 Gomti Nagar Lucknow Uttar Pradesh : 226010	Phone No.: -0522-2397002, 2397003 Fax No-2397002, Mobile No. 09425015012 email: nyksupz@yahoo.com , sdnyksuttarpradesh@gmail.com
5.	Punjab	Mohali	Sh. Sukhdev Singh	Nehru Yuva Kendra Sangathan, Jawala Hostel PEC Campus Gate No-1 Sector-12 Chandigarh, Haryana- 160001	Phone No.: -0172-2745505 Mobile No. 09419255912 email: nykutcd@gmail.com
6.	Maharashtra	Pune	Ms. Jyoti Ambadas Mohite	Nehru Yuva Kendra Sangathan 2 Floor, JPN Bhawan, Kalina Camp Mumbai University, Vidyanagri Mumbai, Maharashtra : 400098	Phone No.: -022-26530292, 26530203 Fax No: -2661855, Mobile No. 09422956138 email: zdnyksmaha@rediffmail.com
7	Gujarat	Gandhinagar	Ms. Manisha J Shah	Nehru Yuva Kendra Sangathan, Balvantrai Mehta Bhavan Sector-17, Gandhinagar Gandhi Nagar, Gujarat : 382017	Phone No.: -079-23232032 Mobile No.: - 09825297089 Email- nykswz@yahoo.com ,

Guidelines of Kashmiri Youth Exchange Programme 2019-20

Sl. No.	Name of Host State	Venue	State Director	Address	Phone No. and Fax No.
					zdnyksguj@rediffmail.com
8	Andhra Pradesh	Ananthapur	Shri R. Venkatesham	Nehru Yuva Kendra Sangathan, Gandhi Park, Opp TDP Kalyanmandpam Guntur Pin: 522001	Phone No.: -0863-2220089 Mobile- 09515102356, 09440602919 Email- zdnykshyd@yahoo.co.in , zdnyksap@gmail.com
9	Karnataka	Mysore	Sh. Atul J Nikam	Nehru Yuva Kendra Sangathan No.942, 42nd Cross III Block Rajaji Nagar Bangalore, Karnataka - : 560010	Phone No.: -080-23117787, 23118454 Fax No: -23117789 Mobile No.: - 09422242269 email: zdkar@rediffmail.com , zdkar87@gmail.com , maliknyks@gmail.com
10	Kerala	Thiruvananthapuram	Sh. Kunhammed K	Nehru Yuva Kendra Sangathan Thara-192A, Tharapatham Lane TC No27/456,KunnukizhiJunction Trivendraum, Kerala -: 695039	Phone No.: -0471-2302042, 2301206 Mobile- 09447397275 Email- keralazone2013@gmail.com , zonaldirectorkerala@yahoo.co.uk

Guidelines of Kashmiri Youth Exchange Programme 2019-20

Annexure-9

Budget details of 1 Team Leader for Kashmiri Youth Exchange Programme

Sl. No.	Main Head	Particular	Amount
			(In Rs)
1	Travelling Allowance	a) T.A. to Team Leader @ Rs. 1000/- per head from residence to district headquarter and back(subject to actual)	1000
		b) Traveling allowance (to and fro) from District to programme place and back @ Rs. 3200/- per head subject to actual	3200
		c) Local TA from Station/Bus stand to the place of accommodation of the Escort and back @ Rs. 250 per Escort	250
2	D.A during Journey	D.A. @ Rs. 350/- per head for journey for 8 days journey during the programme (350x8) subject to actual	2800
3	Boarding and Lodging	B&L expenses @ Rs. 450/- per head per day for 8 day (6+2 days (1 day prior to departure briefing and 1 day on return for debriefing))(450x8)	3600
4	Track suit and Sports Shoes	Procurement of Track suit (s) and Sports Shoe (s) to the team leader @ Rs. 1200	1200
5	Insurance (Comprehensive Insurance Cover)	Insurance etc. @ Rs. 200/- per person	200
6	ID Card	ID Cards	25
7	First Aid	First Aid of Rs. 100/- per Team Leader subject to actual	100
8	Resource Kit/Bag	Resource Kit/Bag @ Rs. 300	300
Total			12,675
For 12 Team Leaders=12,675 x12			1,52,100

**Nehru Yuva Kendra Sangathan
Kashmiri Youth Exchange Programme- 2019-20
Summary Reporting Format and points for submitting detailed Report
(To be prepared by the State Director of Organising Zone/State)**

Part - A

State: **Name of State Director:**

1. Date: From to
2. Venue of Kashmiri Youth Exchange Programme:
3. Collaborating Departments and Agencies:
4. **Resources support Mobilized:**
 - a) Material (Type) Quantity Value (in Rs.)
 - 1.
 - 2.
 - b) Fund (in Rs.)
5. Mention names of Resource Persons and their topics.
 - i.
 - ii.
 - iii.
6. Name and Designation of Dignitaries/VIPs attended the **Kashmiri** Youth Exchange Programme
 - i.
 - ii.
 - iii.
 - iv.
7. Brief on Programme & activities organised including issues & topics covered in Kashmiri Youth Exchange Programme
8. Details of Participants & team leaders

Sl. No.	Participating District	Participants														Team Leaders	
		SC		ST		OBC		Minority		PWD		General		Total		M	F
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		
1.																	
2.																	
3.																	
4.																	

It is certified that all the Participants & Team Leaders attended the Kashmiri Youth Exchange Programme activities and programmes were organized.

Signature of State Director

Signature of Youth Coordinator

Part B

Details of Programmes & Activities organised (to be provided in the detailed report)

- The **outcome** of the programme activities should be documented properly as per the reporting proforma and detailed qualitative reports & quantitative report with concluding remarks and recommendations along with action photographs and press clippings and group photographs of participants at each venue of the programme.
- The detailed qualitative report of Kashmiri Youth Exchange Programme should also cover the following points as well as Part-A above along with press cutting, action photographs, audio - visual clippings, opening and closing ceremony.
- **Inaugural ceremony:** - Details of eminent personality attended the programme along with details of proceedings & programs on Inaugural function should be given.
- **Lecture Series:** - Details of resource person, topics covered, deliberation made.
- **Interactive session:** - Details of meeting with VIP and other dignitaries, youth etc.
- **Career guidance and counselling:** - Session covered under Career guidance and counselling with detailed information on opportunities for employment and self-employment avenues.
- **Visit to institute of National Importance, Historical and cultural places-** understanding the social and cultural ethos of the country and understanding the diversity of great Indian civilisation, cultural and historical heritage, institutes of National importance.
- **Exhibition and Food Festival.**
- **Experience sharing and development of Action Plan.**
- **Closing Ceremony-** Details of eminent personality attended the programme along with details of proceedings & programs on closing function will be given.

Annexure- 11 (a)

Nehru Yuva Kendra Sangathan
Kashmiri Youth Exchange Programme, 2019-20

Date _____ to _____

Venue: - _____

Expectations of the Participants

(Questionnaire to be filled in by the Participants on arrival)

1. Why did you wish to participate in Kashmiri Youth Exchange Programme?

2. Have you ever visited any part of India earlier? If Yes, what was your experience?

3. What are your expectations from this programme?

4. Do you have friends/relatives outside your state _____
yes/no
If yes, Name the place _____
5. What are your opinion about National Integration, Democracy, Peace, Harmony and Fraternity and what measures you will take to strengthen these?

6. Do you know about the youth development programmes run by Nehru Yuva Kendra, and other department of Govt. in your state/district, if yes please elaborate?

7. In which programmes you are interested. (Group Discussion, Cultural programme, Field visits, Interactive meeting, Yoga, Exercise, Exhibition and Food Festival etc.) please specify?

Guidelines of Kashmiri Youth Exchange Programme 2019-20

8. What are your hobbies? Please specify

9. What measures should be taken for mainstreaming the Youth from Kashmir Valley to the national mainstream?

10. What specifically would you like to learn & get experience from this programme?

11. Please mention your knowledge and information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley.

12. Any other point you would like to mention

Nehru Yuva Kendra Sangathan
Kashmiri Youth Exchange Programme, 2019-20

Date _____ to _____ Venue: - _____

Feedback Form for Participants

(Questionnaire to be filled in by the participants at the end of the programme)

1. Name of participant (Optional) _____

2. What was your first feeling when you boarded the train for the venue and what are your thoughts and impression now?

3. Did the mainland you imagined, differ from places you experienced, If yes, in what ways

4. Have you made any friends during this programme if yes, how many and common areas of interest?

5. What impressed you much about our country's

Diversity _____

Traditions _____

Culture _____

Languages and Dialects _____

Food habits and costumes _____

Any other (Pl. Specify) _____

6. Did this programme enrich your knowledge about places you visited, and its culture, economy, social structure etc. If yes, in what ways?

7. In what way do you think you can contribute in promoting peace, friendship, fraternity, youth development and combating terrorism?

Guidelines of Kashmiri Youth Exchange Programme 2019-20

8. What role you would play after attending the Kashmiri Youth Exchange Programme for mainstreaming the Youth with the national mainstream.?

9. How would you disseminate the information you have accumulated in Kashmiri Youth Exchange Programme to your peer groups for their benefit?

10. What improvements would you suggest in the organization of Kashmiri Youth Exchange Programme? The activities you wish to be added/excluded from the programme.

11. Your overall impression on:

- Boarding and Lodging: - _____

- Travel arrangements:- _____

- Programmes and activities:- _____

- Places visited: - _____

- Interaction with VIPs:- _____

- Interaction with Youth:- _____

12. Please mention in details the sharing of your knowledge and information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley with general public of host district/state and their response.

13. Any other comment you would like to register apart from above points.

Guidelines of Kashmiri Youth Exchange Programme 2019-20

Annexure -12

Details of Host State district wise budget for the organization of Kashmiri Youth Exchange Programme, 2019-20

P A O Z o n e	S. N o.	Name of State	Ven ue of Pro gra m e	No. of Team Lead er	No. of Par ti ci pa nts	Total Participa nts (Team Leaders and Participa nts)	Local TA from Station /Bus stand to the place of accommodati on and back @ Rs. 250 per head (Subject to Actual)		Boarding and Lodging Expense @ Rs. 450 per head for 6 days		Resource Kit/Bag @ Rs. 300		Organsiat ion of TWO interactiv e program me @ Rs. 25,000/- per prog.	Inaugural & Valendictio n functions & cultural programme Videograp hy	Printing of Programm of Brochures and still photograp hs to the participan ts	Exhibition of products of Kashmir Valley	Food Festival- and Local State/Dist ric Cuisine	Transportation (Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons @ 5,000/- per bus per day for 5 buses for 2 days (5000*5*2)	Thematic Programme (every day & cultural evening programme, group discussion, career guidance and seminar etc.)	Docume ntation & Reports preparat ion	First Aid for Participants and Team Leaders @ Rs. 100		Medical Assistance (One Medical Officer for participan ts @ Rs. 2000 per day for 6 days)	Total amount for Concerned district	Total amount in PAO
							Partic ip- ants	Team leader s	Participa nts	Team Leaders	Partic ipants	Team Leaders									Partici pants	Team Leaders			
Alipur	1	Delhi	North West Delhi	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	16,28,400
	2	Punjab	Mohali	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	
Gandhi Nagar	3	Gujarat	Gandhinagar	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	16,28,400
	4	Maharashtra	Pune	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	
Lucknow	5	Uttar Pradesh	Varanasi	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	8,14,200

Guidelines of Kashmiri Youth Exchange Programme 2019-20

Details of Host State district wise budget for the organization of Kashmiri Youth Exchange Programme, 2019-20

P A O Z o n e	S. N o.	Name of State	Ven ue of Pro gra m m e	No. of Team Lead er	No. of Parti cip ants	Total Participa nts (Team Leaders and Participa nts)	Local TA from Station /Bus stand to the place of accommodati on and back @ Rs. 250 per head (Subject to Actual)		Boarding and Lodging Expense @ Rs. 450 per head for 6 days		Resource Kit/Bag @ Rs. 300		Organsiat ion of TWO interactiv e program me @ Rs. 25,000/- per prog.	Inaugural & Valendictio & cultural programm e Videograp hy	Printing of Programm of Brochures and still photograp hs to the participan ts	Exhibition of products of Kashmir Valley	Food Festival- Kashmiri and Local State/Dist rict Cuisine	Transportation (Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons @ 5,000/- per bus per day for 5 buses for 2 days (5000*5*2)	Thematic Programme (every day & evening programme, group discussion, career guidance and seminar etc.)	Docume ntation & Reports preparat ion		First Aid for Participants and Team Leaders @ Rs. 100	Medical Assistance (One Medical Officer for participan ts @ Rs. 2000 per day for 6 days)	Total amount for Concerned district	Total amount in PAO
							Partic ip- ants	Team leader s	Participa nts	Team Leaders	Partic ipants	Team Leaders								Partici pants	Team Leaders				
Bangalore	6	Telangana	Hyderabad	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	32,56,800
	7	Kerala	Thruvananthapuram	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	
	8	Karnataka	Mysore	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	
	9	Andhra Pradesh	Ananthapur	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	
Guwahati	10	Assam	Guwahati	12	120	132	30000	3000	324000	32400	36000	3600	50000	80000	80000	20000	20000	50000	50000	10000	12000	1200	12000	8,14,200	8,14,200
Total				120	1200	1320	300000	30000	3240000	324000	360000	36000	500000	800000	800000	200000	200000	500000	500000	100000	120000	12000	120000	81,42,000	81,42,000

Participating State District wise budget for Participants and Team Leaders of Kashmiri Youth Exchange Programme 2019-20 for Ten venues																		
P A O Z o n e	Name of State	Name of Districts	No. of Partici pants	No. of Team Lead ers	Travelling Allowance				Procurement of Track Suit and sports shoes @ Rs. 1200 for the Participants and Team Leaders		D.A during Journey @ Rs. 250 for 8 days for participants and @ Rs. 350 for Team Leaders for 8 days (Subject to Norm & Actual)		B&L expenses @ Rs. 450 for 1 days for briefing & 1 day for Debriefing Sessions for the Participants and Team Leaders		Comprehensive Insurance @ Rs. 200 and ID cards @ Rs. 25 for Participants and Team leaders <u>Total @ Rs. 225/-</u>		Total amount for concerned district to be released by PAO Zone	Total amount for PAO
					To & Travelling Sumo residence State headquarter (subject actual)	Fro by from to to	To and fro from State Hqtrs to programme place and back @ Rs. 3200/- per head (subject to actual)		Particip ants @ Rs. 1200	Team Leader s @ Rs. 1200	Particip ants @ RS. 250	Team Leader s @ Rs. 350	Particip ants	Team Leader s	Partici pants @ Rs. 225	Team Leader s @ Rs. 225		
					Participa nts @ Rs. 800	Team Leader s @ Rs. 1000	Participan ts	Team leaders	Particip ants @ Rs. 1200	Team Leader s @ Rs. 1200	Particip ants @ RS. 250	Team Leader s @ Rs. 350	Particip ants	Team Leader s	Partici pants @ Rs. 225	Team Leader s @ Rs. 225		
Alipur	Jammu and Kashmir	Anantnag	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	1,11,09,000
		Kupwara	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	
		Baramulla	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	
		Budgam	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	
		Srinagar	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	
		Pulwama	200	20	160000	20000	640000	64000	240000	24000	400000	56000	180000	18000	45000	4500	1851500	
		Total	1200	120	960000	120000	3840000	384000	1440000	144000	2400000	336000	1080000	108000	270000	27000	1,11,09,000	

Annexure-14

The detailed Report of Kashmiri Youth Exchange Programme should come in the following manner (in 3 copies).

The contents of the Kashmiri Youth Exchange Programme report should contain the following: -

1. Front & Back Cover Page (sample attached)
2. In the inner cover of front and back page a brief write up along with their photographs on Local Kashmiri Youth Icon/Hero of the area from where the Kashmiri youth have attended the Kashmiri Youth Exchange Programme.
3. Quotation of the Hon'ble PM on Youth
4. Situation of Youth in the State
5. Credential of NYKS
6. Background and Context
7. Aims and Objective (as per the KYEP guidelines)
8. A brief on the background of the youth participated in KYEP
9. Implementing strategy
10. Material provided in the kit e.g. IEC material, booklets, etc.
11. **Details of Programme and Activities** reporting proforma (Annexure-10- a & b) duly supported by maximum number of relevant action photographs which should include: -
 - Picture on Lectures/Question answer session (on core issues mentioned in the guidelines) of the Kashmiri Youth Exchange Programme
 - 3 pictures of visit to institution of National importance, industry, historical places etc.
 - Interaction with VIPs, (Name of VIPs, Resource Persons and dignitaries attended the programme should be annexed).
 - Feedback and Evaluation session
 - Action pictures on games, yoga, cultural programme, costume parade, Shramdaan, feedback of Youth, food, residential arrangement, group discussion, VIP interaction, opening and closing ceremony, symposia seminar, Career Guidance exhibition etc.

Write up on each activity undertake in the KYEP	Photographs of that activity should be given
Write up on other activity undertake in the KYEP	Photographs of that activity should be given

12. Financial implication (submission of Audited Utilization Certificate)
13. Analytical report of feedback of participants given in Annexure-11 (a) & 11 (b)
14. Outcome and Conclusion
15. The report should be duly supported by sample invitation cards, press clippings and audio video CDs.
16. List of VIPs, State/District level officials and other dignitaries attended programme
17. Collage of Press Clippings



Kashmiri Youth Exchange Programme



Nehru Yuva Kendra Sangathan

नेहरू युवा केंद्र संगठन

साथ साथ
कल की ओर..

Sample cover page

2019-20

Organised By

Nehru Yuva Kendra Sangathan

(Ministry of Youth Affairs and Sports, Govt. of India)

In collaboration with Ministry of Home Affairs, Govt. of India

Name of Venue _____ State _____



Sample

Arise, Awake, and Stop not till the Goal is reached

-Swami Vivekananda



कश्मीरी युवा आदान प्रदान कार्यक्रम



Neeru Youth Exchange Programme

नेहरू युव एन एक्स

साथ साथ
कल की ओट..



2019-20

Sample Back Page

आयोजक:

नेहरू युवा केन्द्र संगठन

(युवा कार्यक्रम एवं खेल मंत्रालय, भारत सरकार)

सहयोग: गृह मंत्रालय, भारत सरकार

शिविर स्थल का नाम..... राज्य



"उठो, जागो और तब तक न रुको जब तक अपना लक्ष्य न हासिल कर लो"

स्वामी विवेकानंद