







# Kashmiri Youth Exchange Programme



2019-2020

## "वतन को जानो"

Organised by:Nehru Yuva Kendra Sangathan
(Ministry of Youth Affairs and Sports, Govt. of India)
In collaboration with Ministry of Home Affairs, Govt. of India



Arise, Awake, and Stop not till the Goal is reached

-Swami Vivekananda



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"Kashmiriyat, Jamhooriyat aur Insaniyat' (social consciousness and cultural values of the Kashmiri people, democracy, and humanity), he said, "I will like to follow these three mantras which are the pillars of development of Kashmir. Sufi tradition has emerged from this land and this tradition has taught us oneness and strength of unity".

Shri Narendra Modi, Hon'ble Prime Minister of India

## **Background:**

The Youth are vibrant and major human resources for strengthening democracy and development, and thus key agents for social and economic transformation of a country. There is a need for larger youth involvement and participation in the socio-economic, cultural and political environment of the country and its development process.

The roles and responsibilities of the youth in Kashmir Valley is huge. They are the pride of the nation and real assets and possess innovative ideas and the capabilities to bring positive and transformational changes in the State. And therefore, at this juncture, they require right directions that help them to identify their strength and understand the vision they hold for Jammu, Kashmir and Ladakh and for the country.

The fragile socio-political landscape, affected by continuing violent conflict and instability has created a deep sense of uncertainty amongst the local population, particularly the youth. Kashmiri youth have grown up in this adverse environment and have faced tremendous stress.

**Kashmiri Youth Exchange Programme** thus aims to fight the feeling of desperation, anger and helplessness which are largely prevalent among them.

Kashmir Valley is facing multifarious problems due to sponsored terrorism and the deviation of youth from right path due to a variety of reasons. One of the major reasons behind youth getting involved in radical activities is the lack of access to various opportunities for their overall development.

This necessitates to provide safe spaces to youth, mobilize, organize and channelize their energies towards their mainstreaming and partnership in Nation Building activities. Government is taking several important measures for development process and peace initiatives in Kashmir Region.

The Kashmiri Youth Exchange Programme has been visualized with an understanding that rural youth are highly receptive and impressionable and this is the time when love, care and self-experience together can create a good impact on their personality.

Acculturation and socialization, the two main sociological and psychological processes

through which youth learns and experiences. Youth not only interacts amongst themselves but also with other fellow citizens and develop a sense of belongingness to the country.

## **Objectives:**

- To orient and sensitize participants to act as proponents of national unity, integrity and peace among the young people of Kashmir Valley.
- To provide opportunities to the participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To help and facilitate participants to develop better knowledge and understanding about their surroundings and to dispel misconceptions and gaps which are prevailing in Kashmir Valley.
- To share the information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley.
- To provide opportunity to understand, appreciate and compare each other's understandings on socio-cultural, religious-political, economic as well as environmental situation.
- To provide information and knowledge on Indian Constitution, duties and responsibility of citizen, National Integration, Patriotism and Nation Development.
- To expose Kashmiri youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.

### **Activities Basket:**

Following programmes and activities constituted the mainstay of Kashmiri Youth Exchange Programme:

- Exhibitions of Artefacts and Local Products of Kashmir Valley,
- Food Festival,
- Sharing of Best Practices,
- Culture and Customs,
- Language Learning,
- Sessions on National Flagship Programmes of Govt. of India
- Development of Tourism,
- Financial Inclusion Programme of Govt., and
- Field Visits to important places and Cultural Presentations etc.

## **Important Components:**

- ✓ Ek Bharat Shreshtha Bharat,
- ✓ National Flagship Programme of Govt.,
- ✓ Sankalp se Sidhi,
- ✓ Make in India.
- ✓ Entrepreneurship,
- ✓ Tourism,
- ✓ Popularise local cuisine and products,
- ✓ Pradhan Mantri Jan DhanYojna,
- ✓ Pradhan Mantri Suraksha Bima Yojana,
- ✓ Pradhan Mantri Jeevan Jyoti Bima Yojana,
- ✓ Atal Pension Yojana,
- ✓ MUDRA Bank (Micro Units Development and Re-Finance Agency),
- ✓ Swachh Bharat Mission,
- ✓ Digital India, Skill India,
- ✓ Beti Bachao Beti Padhao Abhiyan,
- ✓ Practice and Promotion of Good Governance and Civic Responsibilities
- ✓ Participation in Saansad Adarsh Gram Yojana,
- ✓ Shramdaan motivating youth to devote 100 hours on voluntary labour a year (2hrs a week) in their areas,
- ✓ Other Schemes for the benefit of youth and masses etc.

## Methodology:

NYKS used the following methodology while organizing Kashmiri Youth Exchange Programmes

- In-house
- Lecture based
- Interactive
- Field and Exposure Visits
- Sharing of Experiences and Best Practices.
- Learning while doing

## **Profile of the Participants:**

- Youth in the age group of 18-22 years.
- Belong to NYKS Youth Clubs.
- Drawn from six Districts of Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama of Kashmir Valley.
- From each of the above six districts, 200 participants and 20 Team Leaders were selected.

## Selection of Participants:

- The selected 200 youth (from 18-22 years of age) from each of the six Districts were those who had shown enthusiasm, possessed good health and willing to participate in KYEP. Before selection, their credentials were verified by concerned DYCs, SDs and District Administration. For each programme, 20 Youth and 02 Team Leaders were deputed.
- Sufficient numbers of participants were selected from each of the six Districts.
   Reserve lists were also prepared to factor in last minute dropping out by the participants.

## **Programme Details:**

- The Kashmiri Youth Exchange programmes for the year 2019-2020 were planned at ten venues in the country, however, only Eight Programmes were organized. The remaining two programmes could not be organized in the light of advisory issued by the Govt. in the wake of COVID-19 Pandemic. The eight venues where programmes successfully organized were Hyderabad (Telangana), Pune (Maharashtra), Thiruvananthapuram (Kerala), Anantapuram (Andhra Pradesh), Gandhinagar (Gujarat), Mohali (Punjab), Varanasi (Uttar Pradesh) and Mysore (Karnataka).
- The concerned District Youth Coordinators of Nehru Yuva Kendras (NYKs) with the support and guidance of concerned State Director organized the Kashmiri Youth Exchange Programme.
- During the 6 days of Kashmiri Youth Exchange Programme, activities such as Seminar, Panel Discussions, Lecture Series, Skill Development, Industry Visit, Exhibition of artefacts and local products of Kashmir Valley, Food Festival, Sharing of best practices, Culture and Customs, Language Learning, Career

Guidance, Patriotism and Nation Building Programmes and Cultural Programmes were organized. Apart from the above activities, participants were also given opportunity to visit places of higher learning (educational institutions), places of Historical and Cultural Importance of the Host State. Interactive Sessions with Dignitaries and Eminent Personalities added values to the programme.

## **Programme Evolution:**

At the instance of Ministry of Youth Affairs and Sports and Ministry of Home Affairs, Govt. of India, Nehru Yuva Kendra Sangathan (NYKS) collaborated with the Department of Jammu & Kashmir Affairs, Ministry of Home Affairs, Govt. of India for the organization of **Kashmiri Youth Exchange Programme 2019-2020.** 

This programme has made honest attempt and sincere effort to provide opportunity to youth of militancy and terrorist affected districts of Kashmir Valley for their exposure to different parts of the country in order to have first-hand experience about social, economical, cultural and technological advancement that have taken place.

### Outcome:

- To have oriented and sensitized 1,056 youth and Group Leaders from Kashmir Valley to act as proponents of national unity, integrity and peace in Kashmir Valley.
- To have provided opportunities to 1,056 Kashmiri Youth participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To have helped and facilitated participants to develop better knowledge and understanding about their surroundings and to dispel misconceptions and gaps which are prevailing in Kashmir Valley.
- To have shared the information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley.
- To have exposed Kashmiri youth to the technological and industrial advancement that have taken place in different states of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.

## The Programme

Venues wise details of programme and activities organised under Kashmiri Youth Exchange Programme are given as following:

### 1. Hyderabad, Telangana (11<sup>th</sup> February, 2020 to 16<sup>th</sup> February, 2020)

The First Programme of Kashmiri Youth Exchange Programme was organized at Hyderabad, Telangana from 11<sup>th</sup> February, 2020 to 16<sup>th</sup> February, 2020 at Youth Hostel Secunderabad. It was inaugurated on 11<sup>th</sup> February, 2020.

The Chief Guest was Sh. H. S. K Thangirala, Director, ICM, Rajendranagar, Hyderabad. Sh. F.M Saleem, Chief Bureau, Hindi Milap, Hyderabad and Sh. Om Prakash, Dy. Director of Youth Services, Govt. of Telangana were the Guest of Honour. The Chief Guest in his address welcomed the visiting participants from Kashmir Valley in the city of Hyderabad. The programme of Kashmiri Youth Exchange Programme would provide opportunities to these participants to know the different parts of the country, people and their culture, he added. He also talked on the prevailing culture of Telangana; the host state.





**Sh. Thangirala, Director, Institute of Cooperative Management**, delivered lecture on National Flagship Schemes of Govt. of India and also provided details about different schemes, their eligibility, how to apply and its benefits. This was followed by Question Answer Session.

**A Thematic Discussion** on issues of Kashmiri Valley and Role of Youth in understanding threats & challenges posed by divisive forces was organized. Most of the participants during the discussion were of the opinion that the young generation had the potential to bring transformational change in Kashmir Valley.



Sh. M. A Kareem, Senior Psychologist was the speaker on Sankalp se Siddhi, Ek Bharat Shrestha Bharat, Swachh Bharat Abhiyan, Environment Awareness and how youth can play pivotal role in achieving the envisaged objectives of the above schemes. Open house discussion gave opportunities to the participants

to express their viewpoints and also listened others opinion on the issue.

Dr. P. Nagapadmini, Rtd. Asst. Director, Door Darshan, Hyderabad spoke on Career Guidance and Skill Development with orientation on various career opportunities for youth. This was informative as well as provided vital information on various available options about career.



Sh. Keshava Kumar, Chief Trainer, Nizamabad

conducted **Panel Discussion** on **Financial Inclusion Scheme** of Government of India namely Mudra Yojana, Standup India and Start up India etc. and on Entrepreneurship Development.

**Prof. Ghanashyam** facilitated **Interactive session** on **Sharing of best practices and Language learning** session among participants. **Subsequently**, Group Discussions Session was moderated by Sh. Anvesh, District Youth Coordinator; Nehru Yuva Kendra.

**Culinary Festival** provided opportunities to the participants of both host as well as guest to know not only the food habits, taste of each other's food but cooked the food together and relished them.





Participants visited L. B Stadium, Hyderabad where they got the opportunity to have interaction with **Sh. Venkateshwar Reddy, Chairman, Sports Authority of Telangana** & other sports person and Artists. He shared his views about the **Role of Sports in the life of Youth** and also informed the present state of Cricket and Football in Telangana. Togetherness brings camaraderie and allows people to gel. This was reflected in a friendly match of Cricket and Football played by the guest and host teams.





During all six days of the Programme, in the evening, Cultural Programmes were organized in which participants presented different types of cultural items such as Dance, Songs and drama.





Field Visits were organized at various places of Historical Importance and also to some Educational Institutes such as Makka Masjid, Charminar, CMR Institute of Technology, Salarjung Museum, Kadlakoyal and Medchel Mandal.





The Valedictory function was organized on 16<sup>th</sup> February, 2020. The Chief Guest of the Closing Ceremony was Sh. R. Satyanarayana, Rtd. Director of Youth Services, Govt. of India. Dr. P. Nagapadmini, Rtd. Asst. Director, Door Darshan was the Guest of Honour. The Chief Guest distributed the certificates and prizes to the participants and mementoes both to the winners



and runners up of various games organized during the programme. He lauded the efforts of NYKS for organizing such engaging programme for the youth of Kashmir Valley which provided them so many opportunities for to know the other parts of the country and thereby, inculcating sense of appreciation for our diversity.





A total of 120 Participants including 12 Team Leaders participated during the 6 days programme.

### 2. Pune, Maharashtra (11th February, 2020 to 16th February, 2020)

NYK, Pune hosted Kashmiri Youth Exchange Programme from 11<sup>th</sup> February, 2020 to 16<sup>th</sup> February, 2020 at Shikshak Bhavan, Navi Peth, Pune. The programme was formally inaugurated on 11<sup>th</sup> February, 2020.





The Chief Guest for the opening ceremony was **Sh. Manikrao Salunke**, **Vice-Chancellor**, **Bharti Vidyapeeth**, **Pune**. Sh. Ravindra Shisve, Joint Commissioner, Police, Pune and Sh. Sahebrao Gaikwad, Additional Collector, Pune were the Guest of Honour. In his address, Chief Guest urged the Kashmiri Youth to come into the mainstream of education. While sharing his memories at Central Kashmir University, he had shown special appreciation for the resoluteness and behavioral skills of Kashmiri Youth. He also explained the opportunities available to youth in Kashmir.





The participants were taken to CRPF Camp where a lecture was delivered by Sh. Birendra Kumar Toppo, DIG, Pune on Central Reserve Police Force and its Duties towards nation. He also explained about various paramilitary forces and how interested youth can



join CRPF. The session was followed by Cultural Programme organized at CRPF campus where group performed on various folk dances.





Sh. Yashwant Mankhedkar, District Youth Coordinator, Nehru Yuva Kendra delivered a lecture on various Career Opportunities available to the youth. The experience of **Project Yuvdoot** which is run by NYK, Pune was shared with the participants. He also facilitated the session on Role of Youth in Nation Building, during which various aspects were discussed in great details. The current problems such as

Unemployment, Depression, Addiction, and Issue of upgraded skills which are being faced by youth also came for discussion.

**Sh. Shailendra Belhekar**, Social Activist spoke on the **Role of Youth in Environment Awareness & Conservation**. He appealed to the youth to become change agents of

society by adopting positive behavior and taking up concrete actions.

The participants were taken to Suryadatta College where they were briefed on Swachha Bharat Mission by a College Faculty. It was told to the participants that Swachh Bharat Abhiyan aims at eliminating Open Defecation, Eradication of Manual Scavenging, adoption of Solid Waste Management and promotion of Positive Attitude towards Healthy Sanitation Practices.



The participants were taken to various places of Historical Importance. They were taken to Maharashtra State Police Headquarter, Gateway of India, Marine Drive, National Museum on Indian Cinema, Haji Ali Dargah.









The Valedictory function was organized on 16<sup>th</sup> February, 2020 during which Sh. Anwar Sheikh, Principal, Poona College; the Chief Guest appealed to the participants to act as an ambassador for the social changes in Kashmir Valley and also adopt communities, villages for experiential learning and grooming leadership. The Chief Guest also distributed prizes and certificates to the participants.





A total of 130 Youth including 12 Team Leaders participated in the programme.





## 3. Thiruvananthapuram, Kerala (23rd February, 2020 to 28th February, 2020)

NYK, Thiruvananthapuram organized Kashmiri Youth Exchange Programme from 23<sup>rd</sup> to 28<sup>th</sup> February 2020 at Govt. Youth Hostel Veli, Thiruvananthapuram, Kerala.

The Programme started with Ice Breaking Session which was conducted by Shri. **Brahhma Nayakom Mahadevan, Master trainer of National service scheme**. The Trainer's Ice Breaking Session was very much interactive, engaging and full of wisdom. Subsequent to the Ice Breaking Session, participants became informal and friendly to each other and also with the organizers.





Language Learning Session was facilitated by Trivandrum volunteers. All the participants were divided into groups. Volunteers from Kerala taught basic functional Malayalam words to Kashmiri youth and in turn, Kashmiri Youth taught them some Kashmiri words.



Shri. Kunhammed, State Director of NYKS, Kerala Zone informed that the objective of



the programme is to provide information and knowledge on duties and responsibilities of citizen, skill development, educational & employment opportunities available for National Development and to expose Kashmiri youth to the technological and industrial advancement that have been achieved so far.

The Programme was formally inaugurated on 24th February, 2020 by Shri. Arif Mohammed Khan, Hon'ble Governor of Kerala who kindly consented to be the Chief Guest for the opening ceremony. Shri. O. Rajagopal, MLA and Shri. Vishnu Vardhan Reddy, Vice-Chairman of NYKS, Govt. of India were the Guest of Honour on the occasion. In his inaugural Speech, Hon'ble



Governor said that the culture of Kashmir is a diverse blend and highly influenced by northern South Asia, Persian as well as Central Asian culture. The Kashmiri Youth Exchange Programme will give Kashmiri Youth an opportunity to know other parts of India; their culture, dress sense and food habits. Through this programme, participants from Guest and Host States will get more time to exchange views and intermingle with each other in an atmosphere of informality and personal bonding.





A Cultural Programme was also organized which was witnessed by the Chief Guest, dignitaries and others. Rouf & Dumhal Dances which are famous in Kashmir were performed by the dance troupes along with Folk Dances of Telangana. Besides, Kashmiri Songs were also performed by the artists.







Interactive Session was organized during which participants shared experiences of concerned states. They also discussed about prevailing Art and Cultural Forms, Socio-Economic Development, Tourism sectors and other also important happenings in the states of Kerala and Kashmir.



The participants got an opportunity to interact with **Sugutha kumari**, **Padmashree awardees'**. She is a poet and social activist who has been at the forefront of Environmental and Feminist movements in Kerala, and in other parts of South India.





The participants were also taken to Kanyakumari, Tamil Nadu where they visited beach on the same day and saw the most fascinating sunset.

Field visits were organized for the participants as a part of the programme. The participants were taken to **Vivekanda Rock**, **Neyyar dam**, **Statue of** 



**Thiruvalluar, Temple in Kanyakumari etc.** and also travelled in Ferry.



A Cultural Programme was organized to honour Kashmiri Youth where they also performed Kashmiri dances. Shri. Madhupal, Film Actor & Director and Usha Kumari, Panchayat, President presided over the function as the Chief Guest.





Participants also visited Local School, Anganwadi, Youth Clubs, Primary Health Centre where they interacted with the locals and also with the students at School and exchanged views on various issues.





The programme concluded on **28**<sup>th</sup> **February**, **2020.** Shri. Kunhammed, State Director, NYKS, Kerala presented mementoes and prizes to the participants during the valedictory function. He thanked the participants from Kashmir for their cooperation and appealed them to follow up the issues and other important things which they have learnt during the programme.

A total of 126 Youth including 10 Team Leaders participated in the programme.





## 4. Anantapuram, Andhra Pradesh (23rd February, 2020 to 28th February, 2020)

Nehru Yuva Kendra, Anantapuram (A.P.) hosted a **Kashmiri Youth Exchange Programme from 23**<sup>rd</sup> **February 2020 to 28**<sup>th</sup> **February 2020**. The programme was inaugurated at TTDC, Rapthadu, Anantapuram on **23**<sup>rd</sup> **February, 2020 by Sri. G. L. N. Prasad, Spiritualist,** HOD in Zoology, Govt. College, Anantapuram who was Chief Guest of the function while **Sh. K. Rajasekhar, Lecturer** in Chemistry Deptt. was the Guest of Honour. Chief Guest welcomed the participants and appealed them to take part in all the designated activities of the programme proactively.





O. Pranathi, Asst. Professor, Central University delivered lectures on schemes such as Mudra Yojana, Standup India and Startup India and on Entrepreneurship Development during the entire duration of the programme. Sh. A. Chandra Sekhar Rao, Retired Principal, Govt. College delivered lecture on Thematic Discussion on issues of Kashmir Valley and Role of Youth & Understanding threats & Challenges. This was followed by open house discussion.





### Daily Yoga:

Every day in the morning, participants participated in Yoga Session for physical and mental fitness and rejuvenation.





Sri. M. B. Mahesh Babu, District Coordinator, International Naturopathy Organization (INO) and State Coordinator for PATHANJALI YOGA talked on "Sankalp Se Siddhi & Ek Bharat Shreshtha Bharat" and interacted with youth on various facets of the above two programmes.

Sri. S. Vishnu Vardhan Reddy, Vice Chairman, NYKS, New Delhi was the main

speaker on 25<sup>th</sup> February, 2020. He addressed the participants on youth power. There is a need for larger Youth involvement and participation in the socio-economic, cultural and political environment of the country and its development process. He lauded the efforts of NYKS for organizing Kashmiri Youth Exchange Programme which would broaden the vision of youth of Kashmir valley about the country and its



oneness in the midst of diversity. **The other notable guests on the occasion were Sh. Satya Yesu Babu, IPS,** Superintendent of Police, Anantapuram, and Sh. **R. Venkatesham, State Director,** NYKS, A. P. State.





Career Guidance and Skill Development are the two important issues for the youth. And in this regard, Smt. A. R. Vijaya Rao, DD, NYKS, AP State provided detailed information on Career Guidance, current trends and Skill Development with orientation on various opportunities.



On 26<sup>th</sup> February, 2020 participants were taken to Field Visit to Historical places in Anantapuram District such as Lepakshi, Penukonda Darg, Lepakshmi, Biggest Monolithic Nandi Statue Hindupur and Penukonda Fort and Darga.









On 27<sup>th</sup> February, 2020 participants visited Central University and had Interaction Sessions with Resource Persons such as Prof. G. Gopal Reddy, Member UGC, Central University, Prof. VVN Rajendra Prasad, VC, former Vice Chancellor, S. V. University, Tirupathi and Prof. Anjaneya Swami, Pondichery Central University, Anantapuram on various topics concerning young people in general and Kashmiri youth in particular.





### **Culture Evenings:**

Every day during evening times, Cultural Programmes were organized in which participating youth both from the Host as well as Guest States got an opportunity to showcase not only their talents but existing cultural practices of their localities.





#### **Other Important Input:**

During the programme, issues such as Leadership Development, Language Learning and building lasting bonding among people from Kashmir Valley and other parts of the country.





28th February, 2020: Smt. A. R. Vijaya Rao, DD, NYKS, Guntur took Interactive session on Sharing of Best Practices and Language Learning by Kashmiri Youth.

During later part, valedictory session started. Participants shared their experiences about the programme and shown resolve to follow-up whatever they learnt.





A total of 132 participants including 12 Team Leaders participated in the 6 days programme from six districts of Kashmir Valley.

### 5. Gandhinagar, Gujarat (24th February, 2020 to 29th February, 2020)

Nehru Yuva Kendra, Gandhinagar (Gujarat) hosted Kashmiri Youth Exchange Programme from 24<sup>th</sup> February 2020 to 29<sup>th</sup> February 2020 at Youth Hostel, Sector-16, Gandhinagar, Gujarat.

The inaugural function was held on 24th February in which various dignitaries like Sh. Jasvant Gandhi, MD & Director Social welfare,



OBC. Sh. Kartik Patel, retired deputy mayor of Gandhinagar Municipal Cooperation, Sh. DM Patel Secretary of Gujarat Vidhan Sabha, Swami Vishwananda, Global Peace Ambassador, Smt. Manisha Shah, state Director NYKS Gujarat were present. The programme was started by lightening the lamp by the dignitaries.







At the outset, **Sh. Kartik Patel** a National Youth Awardee, appealed the Kashmiri Youth to participate in the mainstream of national development and also necessitated the need and importance of education for the development of the valley.

Sh. Jasvant Gandhi addressed the visiting Kashmiri Youth to educate themselves and told them how to tackle the confusing situation in the present scenario, motivated them to pave their way while facing different challenges.



In the evening participants visited **Dandi Kutir** where they interacted with official Sh. BG Patel who told them about the life of the Mahatma Gandhi from south Africa to India and how Bapu covered the distance from "Gandhi to Mahatma". After that participants with dignitaries visited the Sanskriti Kunj mela where they have enjoyed the different dance forms form the all the states of India.





On 25th February, participants visited Rural Technology Institute where they saw different arts, Useful things made by the waste. They also interacted with Sh. Atul Upadhayay, MD, Rural Technology Institute. Participants also visited Swarnim Gujarat Sports University where they interacted with Dr. Sudhir Sharma, Dean of Swarnim Gujarat Sports University who



narrated them the importance of the sports activities, education and Government schemes related to sports.





On 26<sup>th</sup> February, participants visited Gujarat Vidhan Sabha. Later on, they interacted with media and shared their experiences. Later on, they went to Madhur Co-operative Dairy where they saw making of milk related products and interacted with the staff of the Dairy.





In the late afternoon, participants interacted with Swami Vishwananda, Global Peace Ambassador, where Swami ji talked about peace and unity and how these things are important to attain the growth and prosperity in the valley. In the evening, the candidates interacted with DYC Mehsana Sh. Devandra Vyas & DYC Gandhinagar Bharti Mongra where the participants have been told about the different career options and importance of hard work and smart work to achieve their aims.



On Fifth day (27th February), Sh. Pankaj A Mistri,

Joint Director of Skill Development, interacted with the participants on the prospect of Skill Development and details on Start Up and how they can take advantages from these two schemes.

Participants visited **GEER Foundation** and interacted with Sh. DC Mehta, Deputy Director of GEER Foundation & Sh. Alap Pandit, Nature Educator. Later, in the same evening, participants visited Sabarmati Gandhi Ashram and got to know in detail about life and work of Mahatma Gandhi.

The participants were given an opportunity to exhibit famous Kashmiri Products. The participants showcased handicraft products from Kashmir.





On Sixth day (28th February), participants visited NIFT Institute where they interacted with students and Sh. Arindham Das, Director NIFT. During evening, they interacted with Sh. IA Bohra, retired Joint Secretary of Minority Commission who told them about



the role of youth in development of Kashmir valley and by suitably channelizing their energy. There were open House Discussion during which participants asked questions and also shared their views.

On 29th February 2020, during Closing Function, **Sh. PB Thakkar, Secretary of Child Right Commission were the Chief Guest**. Sh. IA Bohra, Sh. Arindham Das, Sh. Pawan Amravat, Deputy Director, NYKS Gujarat, Sh. Shiv Dayal Sharma, Deputy Director NYKS Gujarat were the other dignitaries. In his key note address, sh. PB Thakkar focused on the enrichment of knowledge. He cautioned the participants not to waste time as well as energy in useless things. Instead, do something productive in life. Value of hard work pays divided in the life. Develop yourself is the way you can take part in development of the country. Later on, Sh. Pawan Amravat, Deputy Director shared his experiences about Jammu & Kashmir and role of youth in panchayat election.

### A total of 126 Youth including 12 Team Leaders participated in the programme.





### 6. Mysore, Karnataka (5th March, 2020 to 11th March, 2020)

NYKS, Mysore organized Kashmiri Youth Exchange Programme from 5<sup>th</sup> March, 2020 to 11<sup>th</sup> March, 2020 at Youth Hostel Gangothri Layout Saraswati Puram, Mysore Karnataka. The programme was inaugurated on 6<sup>th</sup> March, 2020. The Chief Guest for the inauguration was **Sh. Atul J. Nigam, State Director, NYKS, Karnataka**. He stated the aim & objectives of the Kashmiri Youth Exchange Programme. This was followed by Cultural Programme. Variety of Individual & Group evens were performed in which Kashmiri Youths also performed and showed their talent.





An Interactive Session on Role of Youth in National Integration, Communal Harmony & Nation Building was conducted by Sh. Vipul Kumar, IPS, Inspector General of Police, Southern Range & Director, Karnataka Police Academy. In the session, many queries & questions were asked by the participants which were clarified by the IGP. In the Presidential Address, Swamy Mukthidananda ji spoke about the history of communal harmony in India & the role of youth in maintaining the values for sustainable development of the country.







A seminar on Role of Youth in Integration of Caste-Religion-Language- Area for integrated development of India was taken up by Prof. Karimuddin. He recited famous quote "in every give 10 members group, there will be 9 Buddus & one Buddh" He further explain that we all should try to become BUDDHA to enlighten our lives, society & motherland.

Prof. G. S Jayadev Founder, Deenabandhu, Charmarajanagar spoke on the Role of Youth in preservation of Environment, Global Warming & other Natural/Community Resources. He had also given reference to his research on Tribal population of B. R Hills in Chamarajanagar district and presented excellent information on the subject.



An lecture & interactive session on Role of Youth in Jalshakti Abhiyan & implementation of centrally sponsored Schemes was taken up by Dr. M. P Varsha, Director, CREDIT-I, Mysuru.



Language Learning Session was facilitated by Sh. S. Siddaramappa, DYC, Mysuru who interacted with both the Guest as well as Host participants and made them learn each other's language.

part of Industrial

participants were taken to **Vinyas Innovative Technologies**, Koorgalli Industrial Area, Mysuru; a startup company. There was an interactive session with **Sh. Narendra**, **Founder & Managing Director** who shared with them wisdom, knowledge, technical input and practical ideas on startups.

The Participants were also taken to **TVS Motor Factory** where **Sh. Rajendra, Manager**, **Human Resource** explained the participants about TVS Group of companies.

Participants also visited the Home of the local participants and interacted with their family. This allowed them to know more about the Culture, Food Habits, Festivals & other important aspect of Mysore, Karnataka.





As a part of "Fit India Programme, participants were taken to Chamundi Hill Trekking of two kilometers of trekking. Participants also visited places of Historical and Educational Importance such as Mysuru Palace, Science-Technology Park, Nature Learning Centre, Manasa Gangothri (Post Graduation Center of Mysuru University), Samadhi Sthala of Hyder Ali & Tippu Sultan, Sri Gangapathi Sachidananda Ashrama, Bonsai Garden & Chidia Ghar.









The programme concluded on 11th March, 2020. Sh. Abhiram G. Shankar, IAS, Deputy Commissioner was the Chief Guest of the programme while Dr. Chandragupta, IPS, Commissioner of Police, Mysuru City was Guest of Honour. In his speech, Chief Guest emphasized the need of youth involvement in personal, community & nation building activities & quoted many of the incidents. He



further said the Indian youth should also have focus on preservation of Land-Water-Trees which is very important for survival. At the end of the programme, participants were issued certificates/ mementoes.





A total of **122 Youth including 12 Team leaders** participated in this 6 days programme with participants from six districts of Kashmir Valley.

### 7. Mohali, Punjab (2<sup>nd</sup> March, 2020 to 7<sup>th</sup> March, 2020)

Nehru Yuva Kendra, SAS Nagar, Mohali (Punjab) organized Kashmiri Youth Exchange Programme from 02<sup>nd</sup> March, 2020 to 07<sup>th</sup> March, 2020 at Rajiv Gandhi National Institute of Youth Development, Chandigarh. 127 participants from 6 Districts i.e Baramulla, Kupwada, Anantnag, Srinagar, Pulwama and Budgam of Kashmir valley took part in the programme.

The programme was inaugurated by **Hon'ble Cabinet Minister S. Balbir Singh Sidhu**, **Health and family welfare**, **Govt. of Punjab**. While addressing the youth, he talked about the beauty of Kashmir and the elegance of the place where the participants belonged to. He also discussed about the heritage of Punjab, its customs, traditions and the martyrs who fought for the freedom of the country.





Sh. Hussan Lal, I.A.S., Principal Secretary, Tourism Culture Youth Services and Sports, Govt. of Punjab, presided over the programme. He addressed the participants and also talked about the culture and traditions of Punjab. He told that this programme would enable Kashmiri Youth to know more about our country, its



diversity, different people and culture.



S. Sukhdev Singh, State Director, NYKS, Punjab & Chandigarh, explained the basic objective of Kashmiri Youth Exchange. Dr. Kottu Shekhar, Coordinator, RGNIYD, Sh. S. Gurcharan Singh Riar, Vice president, Kisaan cell, Punjab, S. Bharat Bhushan, In-charge,

ATDC; Sh. J. S. Duggal, former Dist. Youth Coordinator were also present. During the six days programme, details of Resource Persons topic wise are as following:

**Retd. Brig. G.J Singh** took a session on **Patriotism and National Building**. He stated many examples of Freedom Fighters and story of their life.

**Sh. Bikram Singh Rana**, Coordinator, NSS, Chandigarh took a session on **Sankalp se Siddhi & Ek Bharat Shrestha Bharat** for the participants followed by a lecture session by Dr. Gaurav Gaur, Assistant prof., Panjab University on Swachh Bharat Mission & Environment awareness & conservation.

Mrs. Sheela Sharma, Training Associate, RGNIYD conducted a presentation on **Women Empowerment**. This was followed by a lecture on Entrepreneurship Development & interaction with corporate & industrial houses by Sh. Bharat Bhushan, In-charge, ATDC. The participants were given a detailed understanding of Entrepreneurship development.







Sh. K.K. Sharda, Chairman Gandhi Peace Foundation took a session on **Social harmony** & **National integration**. He stated that India is a country having unity in diversity. This is unique as irrespective of different languages, culture and customs, we are one.

Dr. Kottu Shekhar, Coordinator, RGNIYD spoke on the topic of Understanding threats & challenges posed by divisive forces. Sh. Surinder Saini, Dy. Director talked on National flagship scheme of Govt. of India.

These Resource persons through their lectures enriched the level of knowledge and skill of participants on above topics. Besides, issue based Group Discussions, Interactive Sessions and Debates were also moderated and facilitated by these Resource Persons of eminence.



#### **Field Visit**:

Participants were taken to various places of imminence. The details of which are as following:

- 1. **Rock garden, Rosegarden, Shopping plaza** Sector 17 and sector 22, **Sukhna lake** located within and around the city of Chandigarh.
- 2. **Gandhi Smark Bhawan, Chandigarh,** Sh. K.K Sharda, Chairman, Gandhi Smark Bhawan interacted with the participants and told about the philosophies of Mahatma Gandhi.
- 3. **Gurudwara Shri Fatehgarh sahib**, where the martyrdom of younger sons of Guru Gobind Singh took place.

- 4. **Aam khas Bagh,** This Royal inn was initially built by Akbar and was re-built by Shah Jahan. The royal couple used to stay here in the old building complex while going to and coming back from Lahore.
- 5. **Chapparchiri**, the village famous due to Fateh burj, the tallest victory tower in the country. This 328 ft. tower is dedicated to the establishment of Sikh Rule in India in 1711. It is also known as Baba Banda Singh Bahadur war memorial.









#### **Cultural Evening:**

During all six days of Kashmiri Youth Exchange Programme, during each evening, Cultural Programmes were organized in which both the participants of Guest as well as Host States participated and performed their area specific cultural items. A special Cultural Programme was organized on 5th March 2020 in which the artists of Punjab presented the **Punjabi Folk Dance Bhangra**, **Ludi** and also played their famous Lok Saaj. Handicrafts and Handlooms Exhibition of Punjab and Kashmir were also organized.



### **Self** -Defense Training:

During the above programme, a Self Defense Training was also organized for female participants by the RGNIYD, Chandigarh.

### **Valedictory Function:**

On the last day of the programme, Feed Back Forms were given to the participants for their opinion. The closing ceremony of the Kashmiri Youth exchange programme was held in the evening on 7th March 2020. The Chief Guest for the function was Sh. Vijay Sharma, Chairman, Dist. Planning Board, Mohali. Sh. Surinder Saini, Deputy Director, NYKS, Punjab and Chandigarh presided over the closing ceremony. The certificates and mementos were distributed to the participants. The participants interchanged their cultures, stepped into each other's shoes and performed the dance of Punjab and Kashmir. The Kashmiri Youth performed Malwayi Gidha and Ludi (famous folk dances of Punjab) very enthusiastically. Besides, they also shared their experiences about the camp, learned words of Punjabi Language.

A total of 127 Youth including 11 Team Leaders participated in the programmme.





### 8. Varanasi, Uttar Pradesh (3<sup>rd</sup> March, 2020 to 8<sup>th</sup> March, 2020)

Nehru Yuva Kendra, Varanasi (Uttar Pradesh) hosted Kashmiri Youth Exchange Programme from 3<sup>rd</sup> March 2020 to 8<sup>th</sup> March 2020 at Dr. Ambedkar Shiksha Samiti, Sarnath, Varanasi (U.P).

Ms. Shubhangi Shukla, Additional City Magistrate 4, Varanasi formally inaugurated the programme on 4<sup>th</sup> March 2020 as Chief Guest by lightening the lamp. In her inaugural speech, she appealed the Kashmiri Youth to participate in the mainstream of national development and also added that this is the best platform to understand cultural diversity of India and accomplishing the cherished goal of 'Ek Bharat - Shreshta Bharat'.



**Sh. Shafiqe Zama Khan, Deputy Director, NYKS** narrated in detail about the objectives of Kashmiri Youth Exchange Programme. An Interactive Session was organized which was moderated by Sh. D. N. Diwedi, D.T.O. During the session, participating Kashmiri Youth expressed their viewpoints particularly in response to the current situation in Kashmir valley and future roadmap for development.





On 5th March, participants visited important sites and places of historical importance such as Varanasi Sarnath Museum, Budha Stupa, Sarnath Math, Jain Mandir, Zoo, and Parks and saw different art forms, cultural diversity, got clear idea about Buddhist Tradition existing in Varanasi. During evening time, cultural performances both by the youth of Varanasi and Kashmir were the main highlights. Through these performances, the participants not only showcased their respective folk cultural items but also exhibited their talents.





On 6<sup>th</sup> March, participants visited a Museum located at 11 NDRF UNIT, where they interacted with officers serving in the Defence Forces. Kashmiri youth also learnt various tactics to protect themselves at the time of disasters. They were oriented and sensitized through video film and subsequent discussions facilitated by the officers of NDRF team.







The young contingent from Kashmir also visited Basant Kanya Mahavidhyalaya, Rajghat Varanasi where they were welcomed and addressed by **Dr. Alka singh, Principal, Basant Kanya Mahavidhyalaya.** Kashmiri Youth participated in Interactive Seminar, where group leaders highlighted about various facets of Kashmir valley, people and local customs and traditions. They were of the opinion that such exposure visit would widen



the canvas of their understanding. Participants were taken to Boat Yatra in river Ganges

from Rajghat to Assi Ghat. Reaching at Assi Ghat, they enjoyed cultural evening along with Holi festival celebration with locals of Varanasi. They mingled with the locals effortlessly reflected their realization about India's innate unity despite diversity.





On Fifth day i.e. 7th March, Shri R P Chauhan, District Youth Coordinator, NYK, Pratapgarh moderated a session on Environmental Awareness. He laid focus on larger engagement of youth in environment awareness programmes particularly in respect of reduction of pollution and extensive plantation programme. Ms Aishwarya Mishra, District Project Officer, Namami Gange Project during



evening session spoke on the salient features of the project and how various activities under the project through youth centric interventions are bringing changes in the attitudes of the people particularly in respect of cleaning river Ganga and conserving environment. The last session of the day was taken by Sh. Mithilesh Kumar, LDM, Varanasi who shared his experience and though with the visiting youth.

Shri Dinesh Pratap Singh, Vice Chairman, NYKS graced valedictory session as the Chief Guest while Shri Kaushlendra Pratap Patel, Member, National Backward Commission, GOI was the Guest of honor.





**Shri Kaushlendra Pratap Patel** opined that Kashmir is the royal crown of India and any problem faced by Kashmir will affect the entire nation. This necessitates the need of maintaining peace and harmony in Kashmir. While addressing the participants, Chief

Guest explained the need of organizing such exchange programme for the youth of Kashmir. Youth get ample opportunity to learn and share cultural, linguistic and eating habits; besides, such platforms help them to remove the stereotypes and provide them new vision towards life, said the Chief Guest. Dr. Harish Chandra, Manager, Dr. Bhimrao Ambedkar Shiksha Samiti campus also shared his views with the visiting youth.





A total of 124 Youth including 9 Team Leaders participated in the 6 days programme from the six districts of Kashmir Valley.









## IMPORTANT TOPICS COVERED & RESOURCE PERSONS

SI.	Name of	Name of Resource Persons							
No.	the Host	Important topics covered	Traine of Resource 1 cisons						
	State &								
	venues								
1	Hyderabad	Patriotism & National Building, Issues of	Sh. B. Praveen Singh, DYC						
	(Telangana)	Kashmir Valley and Understanding Threats							
		& Challenges posed by divisive forces							
		National Flagship Scheme of Govt. of India	Sh. Thangirala, Director, Institute of Cooperative Management						
		Swachh Bharat Abhiyan, Environment	Sh. M. A Kareem, Senior						
		Awareness and Role of Youth	Psychologist						
		Role of Youth in Social Service Activities	Sh. Uma Shankar, NSS Wing						
		Career Guidance & Skill Development	Sh. P. Nagapadmini, Rtd. Asst.						
			Director, Door Darshan, Hyderabad						
		Sharing of best practices and Language							
		Learning of best practices and Language	Prof. Ghanashyam						
		Cultural Exchange Programme	Sh. Narsihmulu, NSS Officer						
		Financial Inclusion Scheme of Govt. of India	Sh. Keshava Kumar, Chief						
			Trainer, Nizamabad						
2	Pune	Role of CRPF and How to join CRPF	Sh. Birendra Kumar, Topo DIG,						
	(Maharashtra		CRPF, Pune						
		Career Guidance for available opportunities	Sh. Yashwant Mankhedkar, DYC, Pune						
		Interactive Session	Sh. Krishnaprakash (Spl. DG,						
		interactive Session	Maharashtra Police, Mumbai)						
		Sharing of Best Practices	Sh. Anwar Shaikh, Principal, Poona College						
		Polo of Vouth in Nation Building	Sh. Yashwant Mankhedkar, DYC						
		Role of Youth in Nation Building							
		Environment Awareness & Conservation and Role of Youth	Sh. Shailendra Belhekar, Social Activist						
		and Role of Toutif	Activist						
		Education Opportunities in Maharashtra	Faculty of Surydatta College, Pune						
		Flagship Schemes of Govt. of India	Sh. Mohit Saini, DYC						
3	Thiruvanan	Interactive session	Smt. Sugutha kumara, Padma						
	thapuram (Kerala)		Shri, poet and environmental activist						
		Ice-breaking session	Shri. Brahhma Nayakom						
			Mahadevan, Master trainer of						
			National service scheme						

4	Anantapuram	Mudra Yojana, Standup India and Startup	Sh. O. Pranathi, Asst Professor,						
	(Andhra	India etc.	Central University						
	Pradesh)	Issues of Kashmir Valley and Role of	Sri. A. Chandra Sekhar Rao,						
		Youth & Understanding threats &	Retired Principal, Govt. College						
		Challenges posed by divisive forces							
		Sankalp Se Siddhi & Ek Bharat Shreshtha	Sri. Mahesh Babu, District						
		Bharat	Coordinator, International						
		Diana	Naturopathy Organization (INO) and State Coordinator for Pathanjali Yoga						
		Canan Cuidanas and Chill Davidanment	,						
		Career Guidance and Skill Development,	, ,						
		with orientation on various opportunities	Andhra Pradesh						
		Sharing of Best Practices and language	Smt. A. R. Vijaya Rao, DD, NYKS,						
		learning	Guntur						
5	_	Youths of Kashmiri Valley and Minority	Sh. I. A. Vohra, (Ret. IAS, Jt.						
	(Gujarat)		Secretary of Minority						
			Commission)						
		Child Protection	Sh. Pankaj Thakar, Secretary,						
			Child Right Commission						
		Protection of Environment	Sh. D. C Mehtra, Dy. Director,						
			Geer Foundation, Gandhinagar						
		Introduce Forest of Gujarat and Tourism	Sh. Alap Pandit, GEER						
		Places	Foundation, Gujarat						
		Session on Sharing of Best Practices & Peace	Swami Vishwanand, Global						
		by Kashmiri Youth	Peace Ambassador						
		Skill Development	Sh. Pankaj A Mistri, Jt. Director,						
		r	Skill Development Programme						
		Handicrafts and Handlooms of Kashmir	Sh. Atul Upadhyay, MD, Rural						
			Technology Institute,						
			Gandhinagar						
		Lesson from the life of Mahatma Gandhi	Sh. B. G Patel,						
			·						
		Promote Sports and Introduce Sports	Dr. Sudhir Sharma, Swarnim						
		activities, Education and Government	Sports University, Gujarat						
		Schemes							
		Introduce Gujarat Vidhan Sabha and	Sh. D. M Patel, Secretary, Vidhan						
		Democracy	Sabha						
		Introduction to National Institute of Fashion	Sh. Arindham Das, Director,						
		Technology and Other Information	Naitonal Institute of Fashion						
			Technology						
6	Mohali	Patriotism & Nation Building	Retd. Brig. G. J Singh						
	(Punjab)	Sankalp Se Siddhi & Ek Bharat Shrestha	Sh. Bikram Singh Rana,						
		Bharat	Coordinator, NSS, Chandigarh						
		Dr. Gaurav Gaur, Assistant							
		Awareness & Conservation	Professor, Punjab University						
		Women Empowerment	Mrs. Sheela Sharma, Training						
1		•							

		<u> </u>												
			Associate, RGNIYD											
		Entrepreneurship Development &	Sh. Bharat Bhushan, Incharge,											
		Interaction with Corporate & Industrial houses	ATDC											
		Social Harmony & National Integration	Sh. K. K. Sharda, Chairman, Gandhi Peace Foundation											
		Understanding threats & Challenges posed by divisive forces  Dr. Kottu Shekhar, Coord RGNIYD												
		National Flagship Schemes of Govt. of India Sh. Surinder Saini, Director												
7	Mysore	Role of Youth in National integration,	Sh. Vipul Kumar, IPS, IG,											
	(Karnataka)	Communal Harmony and nation building Southern range & D Karnataka Police Ac Mysuru												
			Swami Mukthidanandaji, President, Sri. Ramakrishna Ashram, Mysuru											
		Role of Youth in integration of Caste, Religion, Language area for integrated development of India.												
		Role of Youth in Preservation of Environment, Global warming & other Natural/ Community resources	Prof. G.S. Jayadev, Founder Deena Bandhu Chamarajanagar											
		Role of Youth in Jal Shakthi Abhiyan & Implementation of Centrally Sponsored Schemes.	Dr. M.P Varsha Director, Credit-I, Musuru.											
		Good habits of Kashmiri Youths, Language learning & Development	Prof. K.M. Prasanna Kumar Associate Professor of English,											
			Govt. First Grade College, Mysuru											
8	Varanasi	Interaction to learn various tactics to protect	NDRF Officers											
	(Uttar Pradesh)	at time of disasters.	Du Alles Circols Duineinel Description											
	Trauesii)	Various facets of Kashmir valley, local customs and traditions	Dr. Alka Singh, Principal, Basant Kanya Mahavidhyalaya											
		Environmental Awareness	Sh. R P Chauhan, District Youth											
			Coordinator, Pratapgarh											
		Cleaning Ganga and conserving	Ms. Aishwarya Mishra, DPO,											
		environment	Namani Gange Project											
		Need for maintaining peace and harmony in	Sh. Kaushlendra Pratap Patel											
		Kashmir												

## VISIT TO IMPORTANT PLACES INCLUDING PLACES OF HISTORICAL IMPORTANCE

S.	Name of the Host	Places Visited								
No	State & venues									
1.	Hyderabad	Makka Masjid, Charminar, Salarjung Museum, Golkonda Fort,								
	(Telangana)	CMR Institute of Technology, Kadlakoyal, Medchel Mandal								
2.	Pune (Maharashtra)	CRPF Camp, Maharashtra State Police Headquarter, Gateway of								
		India, Marine Drive, Girigaon Chowpati, National Museum on								
		Indian Cinema, Haji Ali Dargah, Poona College,								
3.	Thiruvanthapuram	Vivekanda Rock, Neyyar dam, Statue of Thiruvalluar, Temple								
	(Kerala)	in Kanyakumari, Primary Health Centres, Anganwadi								
4.	Ananthapuram	Lepakshami, Nandi Hindupur, Penukonda Fort, Darga, Central								
	(Andhra Pradesh)	University, Rudseti, Lalit Kala Parishad, Monolithic Nandi,								
5.	Gandhinagar (Gujarat)	Dandi Kutir, Madhur Co-operative Diary, Swarnim Gujarat								
		Sports University, GEER Foundation, Sabarmati Gandhi								
		Ashram (Ahmedabad), Rural Technology Institute, All India								
		Radio Station, Sanskriti Kunj, Gujarat Vidhan Sabha, National								
		Institute of Fashion Technology								
6.	Mohali (Punjab)	Rock Garden, Rose Garden, Sukhna Lake, Gandhi Smark								
		Bhawan (Chandigarh), Gurudwara Shri Fatehgarh Sahib, Rauza								
		Sharif, Aam Khas Bagh, Chapparchiri								
7.	Varanasi (Uttar	Bodh Stupa (Sarnath), Sarnath Museum, Basant Woman								
	Pradesh)	University, Ganga Ghat.								
8.	Mysore (Karnataka)	Vinyas Innovative Technologies, Koorgalli Industrial Area,								
		(Mysuru), TVS Motor Factory, Chamundi Hill Trekking, Nandi Statue, Mysuru Palace, Science-Technology Park, Nature								
		learning Centre, Manasa Gangothri (Post Graduation Center of								
		Mysuru University), Samadhi Sthala of Hyder Ali & Tippu								
		Sultan, Sri Gangapathi Sachidananda Ashrama, Bonsai Garden & Chidia Ghar								

## VENUE WISE LIST OF VIPs/ DIGNITARIES ATTENDED

S.	Name of Host	Name of VIPs/ Dignitaries with Participants							
No.	Zone/ State	Tunic of VII of Digitalities With I dividipants							
1.	Hyderabad	Sh. H. S. K Thangirala, Director, Institute of Cooperative							
	(Telangana)	Management, Rajendranagar							
	, ,	Sh. R. Satyanarayana Rao, Rtd. Director, Youth Affairs, Govt. of							
		Telangana							
		Sh. F. M Saleem, Chief Bureau, Hindi Milap, Hyderabad							
		Dr. P. Nagapadmini, Rtd. Asst. Director, Door Darshan,							
		Hyderabad							
2.	Pune	Dr. Manikrao Salunkhe, Vice Chancellor, Bharti Vidhyapeeth							
	(Maharashtra)	Sh. Ravindra Shivse, IPS, Jt. Commissioner of Police, Pune							
	,	Sh. Birendra Kumar Toppo, DIG, CRPF, Pune							
		Sh. Sahebrao Gaikwad, Additional Collector, Pune							
		Sh. Jayshree katare, Residential Dy. Collector, Pune							
3.	Thiruvanathapur	Shri. Arif Mohammed Khan, Honorable Governor of Kerala							
	am (Kerala)	Shri. K.T. Jaleel, Hon. Minister for Minister for Higher Education,							
	,	Minority Welfare, Hajj and Wakf							
		Shri. Ramachandran Kadannappally, Minister for Ports, Museums,							
		Archaeology and Archives							
		Shri. O. Rajagopal, MLA & Former Union Minister of State for							
		Railways							
		Shri. Vishnu Vardhan Reddy, Hon. Vice Chairman of NYKS							
		Shri. C.K. Harindran, Member of Legislative Assembly (MLA)							
		Shri. M. Vincent, Member of Legislative Assembly (MLA)							
		Shri. C.K. Harindran, Member of Legislative Assembly (MLA)							
4	A	Shri. I.B. Satheesh, Member of Legislative Assembly (MLA)							
4.	Anantapuram	Sh. S. Vishnu Vardhan Reddy, Hon'ble Vice Chairman, NYKS							
	(Andhra Pradesh)	Sh. Satya Yesu Babu, I.P.S, Superintendent of Police,							
	Tradesity	Anantapuram  Ch. P. Civarama Vaishna Dainainal CCPN Dagraa Callaga							
		Sh. B. Sivarama Krishna, Principal, SSBN Degree College,							
		Anantapuram Smt. G. Padmaja, Advocate and Secretary, Lalitha Kala Parishad,							
		Anantapuram							
5.	Gandhinagar	Sh. Jasvant Gandhi, Managing Director, Social Welfare, OBC							
<i>J</i> .	(Gujarat)	Sh. P. B Thakkar, Secretary of Child Right Commission							
	(Sujurut)	Sh. Haresh Pandya, Dy. Director, All India Radio Station,							
		Ahmedabad							
		Sh. Kartik Patel, National Youth Awarded Dy. Mayor, GMC							
6.	Mohali (Punjab)	Sh. Balvir Singh Sidhu, Cabinet Minister, Health & Family							
0.	Wionan (i unjab)	Welfare, Govt. of India							
		Sh. Hussain Lal, IAS, Additional Chief Secretary, Tourism,							
		,							
		Culture Affairs, Youth Services & Sports Govt. of Punjab							

	S.	Name of Host	Name of VIPs/ Dignitaries with Participants									
ľ	No.	Zone/ State										
			Sh. S. Gurcharan Singh Riar, Vice President, Kisan Cell, Punjab									
			Sh. Vijay Sharma, Chairman, District Planning Board, Mohali									
7	•	Varanasi (Uttar	Sh. Dinesh Pratap Singh, Vice-chairman, NYKS									
		Pradesh )	Dr. V. P Singh, UBI, Financial Advisor									
			Ms. Shubhangi Shukla, Additional City Magistrate, Varanasi									
			Dr. Lalji, Field Publicity Officer, Govt. of India									
8		Mysore	Sh. Abhiram G. Shankar IAS, Hon'ble Dy. Commissioner,									
		(Karnataka)	Mysuru District.									
			Dr. Chandra Gupta. IPS, Hon'ble Commissioner of Police, Mysuru									
			City									
			Sh. Santhosh. N, President Sai Gurukula, Mysuru									
			Smt. Rukmini Chandran, Director, National Adventure									
			Foundation, Mysuru									

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# EXCERPTS FROM THE SPEECH OF VVIPS & DIGNATARIES ON KASHMIRI YOUTH EXCHANGE PROGRAMME 2019-2020

#### Sri. S. Vishnu Vardhan Reddy, Hon'ble Vice Chairman, NYKS, New Delhi: -

He addressed the Youth as vibrant and major human resources for strengthening democracy and development, and thus key agents for social and economic transformation of a country. He further stated that there is a need for larger Youth involvement and participation in the socio-economic, cultural and political environment of the country and its development process.

Sh. S. Balbir Singh Sidhu, Cabinet Minister Health & Family Welfare, Govt. of Punjab:

In his speech, he talked about the beauty of Kashmir and the elegance of the place. He also discussed about the heritage of Punjab, its customs, traditions and the martyrs who fought for the freedom of the country.

Sh. Hussan Lal, I.A. S., Principal Secretary, Tourism, Culture and Youth Services and Sports, Govt. of Punjab: - He talked about the culture and traditions of Punjab. He advised the Kashmiri Youth to know more about our country (Vatan ko Jaano); and acquire more knowledge on people, region and culture.

<u>Sh. Jasvant Gandhi, MD & Director, Social Welfare, OBC</u> motivated the Kashmiri Youth to participate in the mainstream development process of the country and also made them aware about importance of education for the development of the valley and for the country.

<u>Sh. P. B Thakkar, Secretary, Child Right Commission</u> emphasized on enrichment of knowledge & advised the youth not to waste the time as well as energy in useless things. Rather, they should focus on doing something productive in life and value hard work.

Sh. Vipul Kumar, IPS, Inspector General of Police, Southern Range & Director, Karnataka Police Academy interacted with participants and guided them on their role in strengthening National Integration, Communal Harmony & Nation Building.

<u>Sh. Abhiram G Shankar, IAS, Dy. Commissioner/ District Magistrate</u> emphasized the need of youth involvement in Personal, Community & Nation Building activities. He further added that Indian Youth should also focus on conservation of environment and bio-diversity.

Sh. Arif Mohammed Khan, Honorable Governor of Kerala in this address said that the culture of Kashmir is a diverse blend and highly influenced by northern South Asia, Persian as well as Central Asian culture. He added that along with its scenic beauty, Kashmir is famous for its cultural heritage; it has amalgamated Hindu, Sikh, Muslim and Buddhist philosophies and thereby evolved composite culture. He also remembered the Contributions of renowned personalities in Kashmir like Allah Rakha, Bhajan Sopori (musician), Dina Nath Walli.

Sh. Ravindra Shiswe, Asst. Commissioner of Police, Mumbai urged the youth to join mainstream and should not believe in rumors being spread in the social media by antisocial elements. He strongly advocated for the adoption of Modern Technology as tool for the development.

<u>Sh. Anwar Shaikh, Principal, Poona College</u> appealed to the participants to act as an ambassador of the social changes in Kashmir Valley and adopt communities, villages for experiential learning and creating leadership.

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## FEEDBACK OF PARTICIPANTS

- Participants found the sessions and lectures during the programme very informative
  which added to their information and knowledge. They also shared that through the
  programme, they got to learn diverse topics and issues. Besides, they were able to visit
  Important Sites, Institute of Higher Learning, Historical Monuments and Tourist
  Places because of this exchange programme.
- Participants expressed with joy that the experience during the programme was overwhelming and they would certainly cherish that for a long time.
- Participants expressed their gratitude for providing empowering opportunities to them through the programme. They also stated that coming to different state and experience different culture, food habits and learn new things were exciting and life time experience.
- Participants expressed that they were impressed by the varied diversity of our country in terms of culture, traditions, language and added that this programme had enriched their knowledge about the country.
- Participants assured that they are now inspired and motivated to promote peace, friendship, fraternity in their respective areas by soliciting important learning lessons from this programme.
- Participants stated that the Kashmiri Youth Exchange Programme had moulded them into more responsible citizen.
- Participants felt inspired and motivated after interacting with VIPs and Dignitaries such as Hon'ble Governor, Member of Parliament, Ministers, MLA, District Collectors, Senior Bureaucrats, Academicians and People's Representatives.
- Participants also shared that they have understood that the people of other states of India are very much concerned with Kashmiri people and have love for Kashmir.
- Participants stated that their idea about the role of youth in building peace across the country was made explicit through the interactions they have had with the VIPs and dignitaries during the programme.
- Participants expressed that Kashmiri Youth Exchange Programme should be organised every year for providing opportunity to Kashmiri youth to see various part of our country & interact with people of different region & understand the socio-cultural & technological development.

## **OUTCOME**

- The participants learnt language of host state by learning some sentences, words and songs of the host state. Because of the programme, they also learnt about the culture and food habits of other state.
- Interactive Sessions with VIPs, dignitaries and person of eminence such as Hon'ble Governor, Member of Parliament, Ministers, MLAs, District Collectors, Senior Bureaucrats, Academicians and People's Representatives, Young Entrepreneurs, Artists and Press persons enhanced their capacities.
- Exposure to Sports Infrastructure and places of Cultural Heritage have strengthened their faith in National Unity and communal harmony.
- Through the programme, the participants felt that they (youth) have the main role in Patriotism and National Development and for that understanding the culture, language and customs of each other will help in making country united.
- Participants also added that it is not the violence of few but the silence of the majority that hinders development in their area. So, they have now decided to stand up and speak for peace & development.
- The Participant assured that they will be the ambassador of peace, love and development.
- Participants got an opportunity through this programme to compare the socio-economic situations in other parts of the country and the role of youth in development. The participants also took pledge to sincerely work for development & peace in Kashmir.
- The Kashmiri Youth got opportunity to present their culture, custom and tradition before
  the people of other parts of our country and learnt from each other about national
  integration, peace, fraternity and brotherhood besides endeavouring for participation in
  development processes.
- The visiting Kashmiri Youth were extremely happy to showcase their handicrafts, which included shawls, Woodwork, Dry Fruits like walnuts, almonds, apricots & local saffron, Kashmiri dresses and dishes. People appreciated the Kashmiri products & culture and expressed that the bond of friendship & fraternity have been developed.
- The participating Kashmiri Youth were highly motivated with the hospitality and positive attitude of the people of host states and their admiration for people of Kashmir & its scenic beauty.
- The youth got experience not only during six days of the camps but also got vivid experiences right from starting their journey from their homes in Kashmir Valley to Jammu by road, from Jammu to various places of country by train, traversing many States & UTs of the country, experiencing lifestyle, costumes, language, topography, varied weather, food habits, culture. This enabled them to imbibe the essence of unity in diversity & national integration character of our country.
- The participating Kashmiri Youth got orientation in Disaster Management, Leadership Development, & Communication Skills etc. They also got opportunity to take part in Food Festival and Exhibition and to showcase the cuisines and handicraft of Kashmir & products of other parts of country. The participants got insight into the process of development and were inspired & motivated to participate in the development process in Kashmir valley.

### **DETAILS OF PARTICIPANTS AND TEAM LEADERS**

	Programme Venue		Category of Participants																<b>Grand Total</b>
S. N		SC		ST		ОВС		Minority		Physically challenged		General		Total		Grand Total	Team Leaders		of Participants including
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		M	F	Team Leaders
1.	Hyderabad (Telangana)	-	-	-	-	-	-	108	-	-	-	-	-	108	0	108	12	-	120
2.	Pune (Maharashtra)	-	-	-	-	-	-	118	-	-	-	-	-	118	0	118	12	-	130
3.	Thiruvanathapuram (Kerala)	-	-	-	-	115	1	-	-	-	-	-	-	115	1	116	10	-	126
4.	Anantapuram (Andhra Pradesh)	-	-	-	-	-	-	120	-	-	-	-	-	120	-	120	12	-	132
5.	Gandhinagar (Gujarat)	6	-	13	-	11	-	17	-	-	-	67	-	114	-	114	12	-	126
6.	Mohali (Punjab)	-	-	-	-	2	9	-	-	-	-	60	45	62	54	116	8	3	127
7.	Varanasi (Uttar Pradesh)	-	-	-	-	-	-	-	-	-	-	115	-	115	-	115	9	-	124
8.	Mysore (Karnataka)	-	-	-	-	-	-	94	16	-	-	-	-	94	16	110	11	1	122
	Grand Total	6	0	13	0	128	10	457	16	0	0	242	45	846	71	917	86	4	1,007

## GLIMPSES OF PROGRAMME WITH PHOTOGRAPHS

















### PRESS CLIPPINGS

#### 1. Hyderabad (Telangana)

#### దేశ సమైక్యతను యువత కాపాదాలి



మాట్లాడుతున్న మాజీ సంచాలకులు సత్యనారాయణ

బన్సీలాలోపేట్: స్రాంతాలు, మతాలకు అతీతంగా దేశ సమెక్యత, సమగ్రత లను కాపాడటానికి యువత ఉద్యుక్తులు కావాలని పలువురు వక్తలు పిలు పునిచ్చారు. సికింద్రాబాద్ బోట్స్క్లోబ్ యూత్ హాన్డల్ ప్రాంగణంలో ఆది వారం జరిగిన కశ్మీరీ యూత్ ఎక్స్చేంజ్ ప్రోగ్రామ్ ముగింపు కార్యక్రమంలో పలువురు వక్తలు మాట్లాడారు. యువజన సర్వీసుల శాఖ మాజీ నంచాల కులు ఆర్.సత్యనారాయణ, నెహ్రూ యువక కేంద్ర సంఘటన్ అసిస్టెంట్ డైరెక్టర్ పి.శ్రీనివాస్గౌడ్, దూరదర్శన్ మాజీ అసిస్టెంట్ డైరెక్టర్ పి.నాగపద్మి ని, నెహ్రూ యువ కేంద్రం హైద్రాబాద్ యూత్ కో-ఆర్డినేటర్ ఖుష్బూ గుప్తాలు మాట్లాడారు. యువత కృషి, పట్టుదల, ఆత్మవిశ్వాసంతో తమ జీవితాలను ఉన్నతంగా తీర్చిదిద్దుకోవాలని సూచించారు. నమాజంలో సాంఘిక రుగ్మతలు, తీ్రమాదానికి వ్యతిరేకంగా పోరాడాలన్నారు. విద్యా భివృద్ధితో పాటు సేవా కార్యక్రమాలతో సమాజ వురోభివృద్ధికి కంకణ బద్దులు కావాలని సూచించారు. యూత్ ఎక్స్చేంజ్ కార్యక్రమాలు వివిధ ప్రాంతాల సాంఘిక, సంస్కృతి, సంప్రదాయాలను తెలునుకోడానికి ఎం తో ఉపయోగపడతాయన్నారు. శిక్షణ కాలంలో నేర్చుకున్న విషయాలను అర్ధం చేసుకొని మీ ప్రాంత వాసుల అభివృద్ధికి పాటుపడుతూ మీ జీవి తాలను ఉన్నతంగా తీర్పిదిద్దుకోవాలని సూచించారు. ప్రభుత్వాలు అమలు చేస్తున్న సంక్షేమ పథకాలు, అభివృద్ధి కార్యక్రమాలు పేదలు సద్వి నియోగం చేసుకునే విధంగా కృషి చేయాలని కోరారు. అనంతరం కార్యక్ర మంలో చక్కని ప్రతిభ పాఠవాలు కనబర్సిన యువతకు సర్టిఫికెట్లు అందజే శారు. ఈ కార్యక్రమంలో బ్రాగ్రామ్ ఇన్చార్జి వి.చంద్రశేఖర్, జి. విశాల్, శ్రీనివాసులుతో పాటు నేషనల్ యూత్ వాలంటీర్స్ పాల్గొన్నారు.

### 'దేశాభివృద్ధిలో యువత భాగస్వాములు కావాలి'

బన్సీలాలోపేట్, న్యూస్ట్ సంఘాల ఏర్పాటుతో యువతలో సేవాభావం, ఇక్వత పెంపొందుతాయని పలు వరు వక్తలు ఆభిప్రాయపడ్డారు. మంగళవారం నెహ్రూ యువ కేంద్ర సంఘటన్ ఆధ్వర్యంలో కాశ్మీర్ యూత్ ఎక్సేంజ్ ప్రోగ్రాం ప్రారంభమైంది. సికిండ్రాబాద్ యూత్ హాస్టల్లో జరిగిన కార్యకమానికి ఇనిస్టిట్యూట్ ఆఫ్ కోఆ పరేటివ్ మేనేజ్మెంట్ డైరెక్టర్ ఎస్. హెచ్. కే. తంగిరాల, ఎన్వైకే రాష్ట్ర సంచాలకులు ప్రమోద్ హింగే, యువజన సమన్వయకర్త ఖుష్బు గుప్తా తదితరులు హజరయ్యారు. ఈ సందర్భంగా తంగిరాల మాట్లాడుతూ యువత ఐక్వ తతో దేశ సమ్మగతను చాటాలన్నారు. దేశంలోని ఆయా సంస్కృతులు, సంప్రదాయాలను తెలుసుకోవడానికి ఇటు వంటి కార్యక్రమాలు దోహదపడతాయన్నారు. కార్యక మంలో యువజన సమన్వయకర్త స్టవీణ్కుమార్, హిందీ మిలాప్ చీఫ్ బ్యూరో ఎఫ్ఎం సలీం, స్టోగ్రాం ఇన్ఛార్జి చంద్రశేఖర్ తదితరులు పాల్గొన్నారు.



మాట్లాడుతున్న ఎన్వైకే రాష్ట్ర సంచాలకులు ప్రమోద్ హింగే

#### 'సహకార సంఘాలతో ఉపాధి'

రాంగోపాలోపట్, ఫిబ్రవరి 11(ఆంధ్ర జ్యోతి): యువత సహకార సంఘాలుగా ఏర్ప ఓ ఉపాధి పొందొచ్చని, వీటికి అనేక పథకాలు కూడా ఉన్నాయని ఇనిస్టిట్యూట్ ఆఫ్ కో-ఆపరే టివ్ మేనేజ్మెంట్ డైరెక్టర్ హెచ్ఎస్కే తంగిరా ల అన్నారు. నీకింద్రాబాద్ యూత్ హాస్టల్లో నెహ్రూ యువ కేంద్ర హైదరాబాద్ ఆధ్వర్యంలో ప్రారంభమైన కాస్మీరి యువజన సమ్మేళనాన్ని మంగళవారం ఆయన ముఖ్యఅతిథిగా హాజరై ప్రారంభించారు. ఈ సందర్భంగా తంగిరాల మాట్లాడుతూ కాస్మీరి యువత హైదరాబాద్ రావడం ఎంతో సంతోషించదగ్గ విషయమని, ఈ వారం రోజుల్లో తెలంగాణ సంస్మృతి, సంస్థ దాయాలు తెలుసుతోవడానికి మంచి అవకాళ మని, ఈ సమ్మేళనాన్ని వీరు సద్వినియోగ పర మకోవాలని అన్నారు. అనంతరం నెహ్రూ యువ కేంద్ర రాడ్లు సంచాలకులు ప్రమోద్ హింగే మాట్లాడుతూ ప్రస్తుత కాలంలో యువ



మాట్లాడుతున్న తంగిరాల

త చెదు సావాసాలు చేయకుండా యువజన సంఘాలను ఏర్పాటు చేసుకొని వాటి ద్వారా సంఘసీవ చేయడానికి మంచి అవకాశమన్నా రు. నెహ్రూల యువకేంద్ర కార్యక్రమాలు యవ జన సంఘాలకు ఎంతో ఉవయోగకరంగా ఉంటాయన్నారు. ఈ కార్యక్రమంలో హిందీ మిలాప్ చీప్ బ్యూరో ఎఫ్ఎం సలీం, యువజన సమన్వయకర్తలు కుశుబు గుప్పా, డ్రమీజోకు మార్, చంద్రశేఖర్, విశాల్, వీరేందర్ సింగ్, మురశీకృష్ణ, క్రనివాస్ తదితరులు పాల్గొన్నారు.

#### 2. Pune (Maharashtra)

## कश्मार में शाति के लिए वहां के युवाओं की

कश्मीर के युवाओं द्वारा तलेगांव में सीआरपीएफ केंद्र का दौरा करने के दौरान उप महानिदेशक टोप्पो ने कहा

 बोले- गलतफहिमयाँ पर विश्वास न करते हुए कश्मीरियों को काम करने की जरूरत

तलेगांव दाघाडे, 15 फरवरी (आ.प्र.) कश्मीर में शांति बनाए रखने के लिए वहां के युवकों की भूमिका बेहद महत्वपूर्ण है. कश्मीरी लोगों में नम्रता, जिद्द, हठ और ईमानदारी से कर्तव्य निभाने का मौलिक गुण होता है.

कश्मीर की युवा पीढ़ी को विकास के मुख्य प्रवाह में लाने से उनका भविष्य उज्ज्वल होगा, इसके लिए विभिन्न माध्यमों से फैलाई जा रही गलतफहमियों पर विश्वास न करते हुए काम करने की जरूरत है. ये विचार सीआरपीएफ के उप महानिदेशक बीरेंद्र कुमार टोप्पो ने बुधवार को ज्यवत किए.

केंद्र सरकार के युवा व खेल मंत्रालय



कश्मीर घाटी के युवक-युवतियों का तलेगांव दाभाई स्थित मीआरपीएफ केंद्र में स्वागत करते हुए डीआईजीपी बी.के. टोप्पो व अन्य

द्वारा पूर्ण में शुरू किए गए करमीरी युवा ज्योति मोहिते, नेहरू युवा केंद्र के राज्य आदान-प्रदान कार्यक्रम में कश्मीरी युवकों उपसंचालक शरद शालुके, सीआरपीएफ से तलेगांव दाभाडे स्थित सीआरपीएफ के संजीव कुमार व आर.डी बिश्त मुख्यालय में संवाद स्थापित किया गया. उपस्थित थे. जिला युवा समन्वयक इस मौके पर सीआरपीएक कैप के पश्चिम यशवंत मानखंडकर, रोटरी क्लब के विभाग के महासंचालक संजय लाटकर, मनोज दामले, जिला युवा कार्यकारिणी नेहरू युवा केंद्र की राज्य संचालिका सदस्या रसिका कुलकर्णी आदि उपस्थित

थे, कार्यक्रम की प्रस्तावना में कहा गया कि कार्यक्रम का उद्देश्य जम्मू-कश्मीर के युवाओं में सेना व अर्ध सैनिक बलो के प्रति आकर्षण पैदा करना है

जम्मू-कश्मीर में अपनी सेवाओं के दिनों को याद करते हुए टोप्पो ने कहा कि काश्मीरी युवाओं को आधुनिक टेक्नोलॉजी को विकास का जरिया मानकर उसे आत्मसात करना चाहिए. इस मौके पर राष्ट्रीय एकता, सांप्रदायिक सदभावना व देशभक्ति पर आधारित सांस्कृतिक कार्यक्रमों का आयोजन किया गया, इनमें जम्मू-कश्मीर के अनंतनाग, कुपवाहा, बारामुला, बहुगाम, श्रीनगर और पुलवामा से 130 युवक-युवतियां शामिल हुए थे

सीआरपीएफ के दीरे के दौरान कार्यक्रम का प्रबंधन मानखंडकर के मार्गदर्शन म रोटरी क्लब के मनोज दामले, जिला यवा कार्यकारिणी सदस्या रसिका कुलकर्णी व जिला स्तर पर नेष्ठक युवा केंद्र के विभिन्न अधिकारियों ने किया.

#### 44 youths from central Kashmir leave for cultural tour to Pune, Hyderabad

Srinagar, Feb 6 (UNI) As many as 44 youth of different parts of the central Kashmir district of Badgam on Thursday left on a cultural tour to Pune and Hyderabad, an official spokesman said this evening.

He said Deputy Commissioner (DC), Budgam Tariq Hussain Ganaie flagged off 44 youth associated with Nehru Yuva Kendra Budgam on 16 days tour to Pune and Hyderabad under J&K Youth Cultural Exchange programme

The flag off function organized by Nehru Yuva Kendra Sangathan and supported by Ministry of Home Affairs was held at approaching Railway Road Budgam. Under the programme the youths from different villages of the district shall visit various historical and cultural sites and other prominent places and shall interact with youth of various others states.

DC who earlier interacted with youth said that aim is to provide opportunities to these youth to visit various places and meet people from other states to learn about different cultures and to acquaint them to latest technologies and dynamic development in these states. He said these youth will also gain experiences on becoming self dependant and become responsible citizens under such programmes.

District Coordinator NYK Budgam, Wali Mohammad Lone who was also present on the occasion said that during tour the youth shall also interact with various prominent sportsmen and educationists of those areas and this is a great opportunity for youth going on this cultural tour.

## किश्मरी युवक मुंबईच्या भेटीला



मुंबई, दि. १४ (प्रतिनिधी) - कश्मिरी पंडितांबाबत जे घडले ते इतर कुणाबाबत घडू नये तसेच देशाचा खरा विकास कळावा या उद्देशाने 'वतन को जानो' मोहिमेअंतर्गत काही कश्मिरी युवकांनी नुकतीच तरुणांची स्वप्ननगरी असलेल्या मुंबईची भेट घेतली. यावेळी त्यांनी पोलीस मुख्यालय, गेट वे ऑफ इंडिया, पेडर रोड येथील सिनेमा संग्रहालय, हाजी अली दर्गा, फॅशन स्ट्रीट वगैरे ठिकाणी भेट दिली. पुण्यातील नेहरू युवा केंद्राने 'कश्मीर युवा आदान प्रदान' कार्यक्रमाचे हे आयोजन केले होते.

मुख्यालयाला भेट दिली तेव्हा विशेष पोलीस महानिरीक्षक कृष्णप्रकाश यांनी आपल्या आठवणींना उजाळा दिला, यावेळी त्यांनी नेहरू युवा केंद्रात स्वयंसेवक म्हणून पूर्वी काम करताना मिळालेल्या अनुभवाच्या शिदोरीचा उल्लेख केला. ते म्हणाले की, चिकाटी आणि सकारात्मक विचार अंगी बाळगल्यास यश निश्चित मिळेल. देशातील प्रत्येक व्यक्तीचा सन्मान म्हणजे देशाचा सन्मान असेही त्यांनी पुढे स्पष्ट केले. कश्मिरी युवकांच्या या भेटीदरम्यान केंद्राचे राज्य उपसंचालक शरद साळुंके, जिल्हा युवा समन्वयक यशवंत किश्मरी युवकांनी मुंबईतील पोलीस मानखेडकर, हितेंद्र वैद्य हेही उपस्थित होते.

#### चित्रपट संस्कृतीच्या बदलत्या स्वरूपाचे दर्शन

किश्मरी युवकांनी आपल्या मुंबई भेटीत सिनेमा संग्रहालयालाही भेट दिली. त्यावेळी त्यांनी देशभरातील चित्रपट संस्कृतीच्या बदलत्या स्वरूपाचेही दर्शन घेतले. सिनेमा नेमका कसा बनतो, त्याची निर्मिती प्रक्रिया काय हे जाणून घेतानाच त्यांनी विज्ञान, तंत्रज्ञान व कला यांचा शोध घेण्याचा प्रयत्न केला. कॅमेरा, लाइट, शूटिंग अशा चित्रपटांशी संबंधित पैलूही त्यांनी निरखून पाहिले. हाजी अली दर्ग्याला भेट दिली तेव्हा त्यांनी कश्मीर आणि महाराष्ट्र यांचे सांस्कृतिक बंध अधिक मजबूत करण्याचा प्रयत्न केला.

#### 3. Andhra Pradesh



## యువతలో జాతీయ భావాలు పెంపాందించాలి

నిరుద్వోగ సమస్య పలిష్కారమే మోదీ లక్ష్యం నెహ్రూ యువ కేంద్రం

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జాతీయ ఉపాధ్యక్షుడు విష్ణువర్ధన్ రెడ్డి

అనంతపురం క్లాక్ట్ టవర్, ఫిబ్రువర్ 25: బాద్యత లతో పాటు సమాజంపై కనీస అవగాహన కర్చిస్తూ యువతలో జాతీయ బావాలు పెంపొందించడమే ప్రభుత్వ లక్షమని నెస్టూరా యువకేంద్రం జాతీయ ఉపాద్యక్షుడు విష్ణవర్ధన్రెరెడ్డి పేర్కొన్నారు. మంగళ వారం స్థానిక ఎస్ఎస్ఓఎన్ కళాశాలలో నెహ్రూ యువకేంద్రం ఆధ్వర్యంలో కాశ్మీరియూత్ ఎక్సేంజ్ కార్య క్రమం నిర్వహించారు. ఈ సందర్భంగా ముఖ్య అతి థిగా హాజరైన ఆయన మాట్లాడుతూ గిరిజన స్రాంతా

లు, మావోయిస్మలు, ఉగ్గ వాద డ్రభావిత స్రాంతాల్లోని యువతను సన్నారంలో నడిపించి ఉద్యోగ, ఉపాది అవకా శాలు కర్పించడమే లక్షంగా దేశవ్యాప్తంగా యూత్ ఎక్బేంజ్ ప్రోగాం నిర్వహిస్తున్నట్లు చెప్పారు. యువతకు బాధ్యతలు, సమాజంపై గౌరవం, అత్మాబిమానం చూరగొనేలా జాతీయ భావాలు పెంపొందించాలని తెలిపారు. ప్రధాని నరేంద్ర మోదీ నాయకత్వంలో దేశాభివృద్ధి లో యువత భాగ



మాట్లాడుతున్న నెహ్రూ యువకేంద్రం జాతీయ వైస్ చైర్హన్ విష్ణువర్ధన్రరెడ్డి

స్వామ్యం కావాలని పిలుషనిడ్చారు. సమాజంలో నెలకొన్న రుగ్మతలు, అసాంఘిక శక్తులను ఏరివేస్తూ సన్నారంలో యువతను నడిపించేందుకు ప్రభుత్వం కృషి చేస్తోంద న్నారు. కేంద్ర, రాష్ట్ర ప్రభుత్వలు సంయుక్తంగా స్కిల్డెవల్ ఎమెంట్ ద్వారా వైప్షణ్య శిక్షణ ఇచ్చి యువతకు ఉడ్యోగ, ఉపాది అవకాశాలు కల్పిస్తున్నామన్నారు. కాశ్మీరి యువత లోని అశాంతి, వేర్బాటువాదాన్ని తొలగించి దేశ నిర్మాణంలో దేశభక్తి కలిగిన పౌరులుగా మార్చి సమైకృత కోసం పాటుపడుతున్నట్లు చెప్పారు. ఎస్పీ సత్య యేసుబాబు మాట్లాడుతూ కాశ్మీరి యువత ఉగ్రవాదం, అసహనం, సాంఘీక దురాచారాల వైష పోకుండా సన్మార్గంలో పయనించేందుకు ఇలాంటి కార్యక్రమాలు ఎంతగానో ఉపయోగప డతాయన్నారు. ఎన్వైకే రాష్ట్ర డైరెక్టర్ వెంకటేశం మాట్లాడుతూ వారం రోజుల పాటు కాశ్మీరి యువతకు నైపుణ్య అభివృద్ధి, సంస్కృత్తి, సంస్థ డాయం, నాయకత్వ లక్షబాలు, దేశ నిర్మాణం, శాంతి కల్పనపై అవగాహన కల్పిస్తామన్నారు. అనంతరం జిల్లా జెస్ట్ యూత్ క్లబ్ ఆవార్డు అందుకున్న విజన్ యూత్ అసోసియేషన్కు చెక్కు, జాపిక అందజేశారు. కార్యకమంలో ఎస్

వైకే రాష్ట్ర డిహ్మాటీ డైరెక్టర్ విజయరావు, ఎస్ఎస్ఓఎస్ కళా శాల కరస్పాండెంట్ మీఎల్ఎస్ రెడ్డి, డ్రిస్సిపాల్ శివరామ కృష్ణ, ఎస్వైకే జిల్లా సమన్వయకర్త సందీప్ కుమార్, డీడీఓ శ్రీనివాసులు, సెంట్రల్ యూనివర్మిటీ ప్రొపెసర్ డ్రణతి, రాష్ట్రపతి ఆవార్డు గ్రహీత జీవన్కుమార్, కాశ్మీరి యువత పాల్చొన్నరు.

**පරයින්ති** Wed, 26 February 2020 https://epaper.andhrajyothy.com/c/49373729



#### 4. Karnataka



## 'Youths should show concern to other citizens'

TIMES NEWS NETWORK

Mysuru: If the youths do not show concern for the problems around them and only try to become a lawyer, engineer, doctor etc, then when they grow up they will not be able to see a great nation, said commissioner of police Chandraguptha.

Addressing participants at a valedictory function of Kashmiri Youth Exchange Programme organised by Nehru Yuva Kendra Sangathan, Karnataka and Nehru Yuva Kendra, Mysuru at Youth Hostel here on Wednesday, hesaid: "We will become a great nation only when every citizen exhibits concern and goodness towards fellow citizens. These ideas we have to imbibe and bring into practice. Hope this programme must have given an



WITH LOVE FROM MYSURU: Students from Kashmir with district officials in Mysuru on Wednesday. All the 124 youths who had come from five different districts of Kashmir for the programme will be going back to Kashmir in batches.

opportunity to understand this." "Your visit must have helped you to understand the economy, education system, industry and food habits. I also visited Kashmir for one month which was my first experience. I can remember what I did every day in one month, may be I will not forget it. That much interest is generated if you are sincere to fellow citizens," he said.

Deputy commissioner Abhiram Sankar spoke about the strength of diversity.

Haqib Nazir, one of the youths from Kashmir, said. "During our stay in Mysuru, we were taken to many places. We were impressed with the hospitality shown by the people. Apart from this, we also learnt how to treat outsiders. The environment and people are very good. I would love to stay in Mysuru".

love to stay in Mysuru".

All the 124 youths who had come from five different districts of Kashmir for the programme will be going back to Kashmir in batches. The first batch went on Wednesday while the second batch will be leaving on Thursday.



Students during the Kashmiri Youth Exchange Programme, organised by Nehru Yuva Kendra, in association with Union Ministry of Home Affairs at Youth Hostel, Mysuru on Wednesday. M P Varsha, S Siddarammapa, T N Lakshmish Gowda, Commissioner of Police Chandragupta, Deputy Commissioner Abhiram G Sankar and Atul J Nikam are seen. DH PHOTO

## 'Change in education system required in Kashmir'

MYSURU, DHNS

Under the theme 'Ek Bharat Shresht Bharat', Kashmiri Youth Exchange Programme was organised by Nehru Yuva Kendra in Mysuru recently. A total of 132 students from across Kashmir took partin the six-day event, in and around Mysuru. They stayed at the Youth Hostel at Gangotri Layout.

Students from Budgam, Baramulla, Srinagar, Pulwama, Anantnag and Kupwara districts attended the programme andwere adorned with Mysuru peta, in line with the culture of the city. Admiring the education system here, Arif, a student, said, "We want a similar education in Kashmir. The method of knowledge sharing here, amazed us."

The students visited Cha-

The students visited Chamundi Hill, Mysuru Palace and other tourist places. They visited TVS Factory in Kadakola. "We're lucky to be in Mysuru. Food items like idli and dosa were delicious and we're eager to come back again," said Na-

zeema Bashir, a student leader.

Riyaz Malik, another student, said, "Mysuru is a rare place. There are no words to describe the love of people, here."

Students interacted with the residents of around 50 houses in Vijayanagar, as part of the programme. Thanking the people of Mysuru, Tariq Ahmed, another student, said, "This was an unique programme, where we got to know about our fellow citizens and their culture."

#### Nation's strength lies in diversity: DC

MYSURU, DHNS: Deputy Commissioner Abhiram G Sankar said, "As a nation, we have a long way to go and our strength lies in diversity. We have to reach new heights through our unified efforts."

Delivering his valedictory address of Kashmiri Youth Exchange Programme, organised by Nehru Yuva Kendra (NYK) in association with Union Ministry of Home Affairs, at the Youth Hostel here on Wednesday, he said that India is culturally vibrant and is like an union of various nations.

an union of various nations.

Commissioner of Police
Chandragupta said, "The objective of the programme is to
become responsible citizens
and to show concern towards
the people of the country. If
one does not strive for the
growth of the nation unitedly,
we will be fragmented."

State director of NYKS Atul J Nikam, member of State Advisory Committee on Youth Programmes T N Lakshmish Gowda, Yashwant Mankhedkar of NYK, Pune, District Coordinator S Siddaramappa and president of Sai Gurukula N Santosh were present.

## Filled with joy, Kashmiri students bid adieu to their tour of royal city

"Will miss Mysore Masala Dosa and





Deputy Commissioner Abhiram G. Sankar and City Police Commissioner Dr. Chandragupta are seen presenting mementoes to Kashmiri students, as NYK State Director Atul J. Nikam, NYK District Youth Coordi of 'Kashmiri Youth Exchange Programme' held at Youth Hostel premises in city last evening. Picture right show the students, with Mysore Petas on their heads, at the valedictory.

Mysuru, Mar. 12 (MTY&AM)- Srinagar and Pulwama - got end and so was the case for the of the heritage city, held as part Programme' concluded last at the Youth Hostel premises in

The Exchange programme, held under the aegis of the Ministry of Youth Affairs and Sports, Ministry of Home Affairs, Government of India, with the theme, 'Ek Bharat Shreshtha Bharat,' Kendra Sangathan (NYKS) and Nehru Yuva Kendra (NYK), Mysuru, began on Mar. 6.

from six districts — Anantnag, Kupwara, Baramulla, Budgam,

an opportunity to witness the art, culture, environment, food habits and lifestyles of the peo-ple in Mysuru. They were taken on a tour to the Mysore Palace, Chamundi Hill, the century-old University of Mysore and industrial plant visits in Nanjangud.

Many self help groups like Sri Chamundeshwari Swasahaya Sangha and Annapoorneshwari Swasahaya Sangha, Vijayanagar, had organised a unique event 'Atithi Satkara' wherein Kashmir as a student at a similar these Kashmiri students were taken on visit to the houses in Vijayanagar 3rd Stage. The students interacted with the residents there, got to taste local Around 132 Kashmiri youth cuisines and enjoyed playing games and other cultural events including Antakshari and then

eating contests too.

Addressing the youth at the valedictory event, Mysuru DC Abhiram G. Sankar said, "Every region in the country has its own diverse culture, language, food uru city has broadened your by the Ministry. This diversity is what makes India unique."

City Police Commissioner Dr. Chandragupta, speaking on the occasion, reminisced his visit to student exchange programme. In his message to the students, he said, "You might become an engineer, doctor or a scientist, but your first duty is to become a responsible citizen. What is it that you can do to contribute

a thought which should always programmes give exposure to students across the nation to country, the Commissioner said.

Some of the Kashmiri stu-dents — Akib Nazir of Budgam and Srinagar's Najma Bashir and Hussain — shared their experiences with the audience at the event. They said, 'If the State Government allows us, we will stay in Mysuru itself. We loved the environment, culture and the tourist spots here. Mysureans are lucky, they live amidst weather and rich culture. We loved the traditional welcome accorded to us on the first day, especially with folk arts like Dol lu Kunitha and Veeragaase. The

industrial set-ups here are note come up in our State too. The warm and welcoming nature of We loved eating Idli and Mysore Masala Dosa. We will definitely miss that when we go back to Kashmir, the students said with a smile and asked the audience Kashmir soon.

The Kashmiri students were presented mementoes along with certificates, the royal Mysore Peta and a shawl at the v edictory. NYKS Assistant Director D. Dayanand, Jain George, NYK State Director Atul J. Nikam, NYK District Youth Coordinator S. Siddaramappa, Sai, Gurukul President N. Santosh and others were present.

#### 5. Kerala



#### 6. Gujarat

## कश्मीर में शांति सैनिक बनेंगे

#### कश्मीरी युवक गुजरात की कला-संस्कृति व माहौल से प्रभावित

पत्रिका न्यूज नेटवर्क rajasthanpatrika.com

गांधीनगर. गांधीनगर स्थित नेहरू युवा केन्द्र में 'वतन को जानें' शीर्षक के बैनर तले कश्मीर युथ एक्सचेंज प्रोग्राम हुआ, जिसमें कश्मीर से 100 से ज्यादा युवक आए थे।

कश्मीर युवा गुजरात के विकास और यहां की कला संस्कृति को देख काफी प्रभावित हुए। कश्मीर युवक अल्ताफ गुर्जर, आरिफ गुर्जर, मोहम्मद गुर्जर ने 'वतन को जानें' कार्यक्रम का हिस्सा बनने पर आभार जताया। उन्होंने समापन समारोह में अपने अनुभव जताते हुए कहा कि जो कुछ भी यहां सीखा उसकी प्रेरणा लेकर कश्मीर में शांति सैनिक के तौर पर कार्य करेंगे।

इसके अलावा उन्होंने नर्मदा जिले के केवडिया स्थित विश्व की सबसे ऊंची प्रतिमा-स्टेच्यू ऑफ यूनिटी और अहमदाबाद की ऐतिहासिक मस्जिद सिद्दी सैयद की

#### राष्ट्रीय एकता के लिए करेंगे कार्य

शांति, सद्भावना और राष्ट्रीय एकता के लिए कार्य करेंगे। हर तबके के लोगों को जानकारी देंगे। उन्होंने आकाशवाणी अहमदाबाद में 'फिट इंडिया ' समेत मुद्दों पर चर्चा की। साथ ही उन्होंने साबरमती आश्रम, दांडी कुटीर, निफ्ट, विधानसभा, दूध डेयरी, ग्राम टेक्नोलॉजी समेत संस्थानों का जायजा भी लिया।

जाली देखी। उन्हें महात्मा गांधी की 150वीं जयंती पर स्मृति चिन्ह भी भेंट की गई। समारोह के मुख्य अतिथि बाल संरक्षण आयोग के सचिव पंकज ठाकर, पूर्व संयुक्त सचिव आई.ए. वोरा समेत कई गणमान्य मौजूद थे।

इस अवसर पर नोडल अधिकारी रजनीकांत सुथार एवं पवनभाई अमरावत ने भी अपने विचार व्यक्त किए। इस मौंके पर भानूभाई शाह, कश्यम नीमावत, समीरभाई, हार्दिक मोची, कुंतल नीमावत, हार्दिक शुक्ल, ऋत्वि पटेल, बिपिनभाई, ऋषिकेश मालदेव, आकाश, चिंतन ने भी अहम योगदान दिया।

## નેહરુ યુવા કેન્દ્રમાં કાશ્મીરી યુથ એક્સચેન્જ કાર્યક્રમનું આયોજન



ગાંધીનગર ભાસ્કર | ગાંધીનગરના નેહરુ યુવા કેન્દ્રમાં કાશ્મીરી યુથ એક્સચેન્જ કાર્યક્રમમાં જમ્મુ કાશ્મીરના શાંતી સૈનિક સ્વામી વિશ્વઆનંદ, મનીષા શાહ, રજનીકાંત સુથાર, કાર્તિક પટેલ, જસવંત ગાંધીની ઉપસ્થિતિમાં ગુજરાત અને કાશ્મીરના યુવાનોએ સાંસ્કૃતિક કાર્યક્રમ રજૂ કર્યો હતો.

#### 7. Uttar Pradesh



#### 8. Punjab

# ਅਮਨਤੇ ਸਦਭਾਵਨਾ ਦਾ ਸੁਨਹਾ ਦੇ ਗਿਆ ਕਸ਼ਮੀਰੀ ਯੂਥ ਐਕਸਚੇਂਜ ਪ੍ਰਗਰਾਮ

ਮੋਹਾਲੀ, 9 ਮਾਰਚ (ਨਿਆਮੀਆਂ)-ਨਹਿਰੂ ਯੁਵਾ ਕੇਂਦਰ ਮੋਹਾਲੀ ਵਲੋਂ ਗ੍ਰਹਿ ਮੰਤਰਾਲਾ ਭਾਰਤ ਸਰਕਾਰ ਦੇ ਸਹਿਯੋਗ ਨਾਲ ਕਸ਼ਮੀਰੀ ਯੁਵਾ ਆਦਾਨ-ਪ੍ਦਾਨ ਪ੍ਰਗਰਾਮ ਰਾਜੀਵ ਗਾਂਧੀ ਰਾਸ਼ਟਰੀ ਯੁਵਾ ਵਿਕਾਸ ਸੰਸਥਾਨ ਸੈਕਟਰ-12



ਭਾਈਚਾਰਕ ਸਾਂਝੇ ਸਜ਼ਭੂਤ ਹੁੰਦੀ ਹੈ ਤੇ ਦੇਸ਼ ਨੂੰ ਵੀ ਸ਼ਾਂਤੀ ਦਾ ਸੁਨੇਹਾ ਜਾਵੇਗਾ। ਉਨ੍ਹਾਂ ਨਹਿਰੂ ਯੂਵਾ ਕੇਂਦਰ ਦੇ ਇਸ ਉੱਦਮ ਦੀ ਸ਼ਲਾਘਾ ਕੀਤੀ ਤੇ ਆਏ ਮਹਿਮਾਨਾਂ ਤੇ ਨੌਜਵਾਨਾਂ ਸਰਟੀਫਿਕੇਟ, ਸਨਮਾਨ ਚਿੰਨ੍ਹ ਦੇ ਕੇ ਨਿਵਾਜਿਆ। ਪ੍ਰੋਗਰਾਮ ਤਹਿਤ ਸਾਬਕਾ ਬ੍ਰਿਗੇਡੀਅਰ ਜੀ. ਜੇ. ਸਿੰਘ, ਵਿਕਰਮ ਐੱਨ.

ਕਸ਼ਮਗਰ ਸੰਗਰ ਕਸ਼ਸੀਰ ਨਜਦਾਰ ਦੂ ਸਨ। ਚੰਡੀਗੜ੍ਹ ਵਿਖੇ ਕਰਵਾਇਆਂ ਕੁਸ਼ ਕੁਆਰਡੀਨੇਟਰ ਗਿਆ। ਇਸ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਦਿੰਦਿਆਂ ਯੂਥ ਕੁਆਰਡੀਨੇਟਰ ਗਿਆ। ਇਸ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਦਿੰਦਿਆਂ ਯੂਥ ਕੁਆਰਡੀਨੇਟਰ ਸਿੰਗਲੀ ਪਰਮਜੀਤ ਸਿੰਘ ਨੇ ਦੱਸਿਆ ਕਿ ਕੈਂਪ ਵਿਚ 6 ਜ਼ਿਲਿਆਂ ਦੇ 127 ਨੌਜਵਾਨ ਮੁੰਡੇ-ਕੁੜੀਆਂ ਨੇ ਭਾਗ ਲਿਆ। ਸਮਾਗਮ ਦੇ ਸਮਾਪਤੀ ਸਮਾਰੋਹ ਦੇ ਮੁੱਖ ਮਹਿਮਾਨ ਵਜੋਂ ਜ਼ਿਲਾ ਯੋਜਨਾ ਬੋਰਡ ਸੰਹਾਲੀ ਦੇ ਚੇਅਰਮੈਨ ਵਿਜੇ ਸ਼ਰਮਾ ਟਿੰਕੂ ਨੇ ਸ਼ਿਰਕਤ ਕੀਤੀ। ਉਨ੍ਹਾਂ ਨੌਜਵਾਨਾਂ ਨੂੰ ਸੰਬੋਧਨ ਕਰਦਿਆਂ ਕਿਹਾ ਕਿ ਇਸ ਪ੍ਰੋਗਰਾਮ ਤਹਿਤ ਨੌਜਵਾਨਾਂ ਨੂੰ ਝਾਰਤ ਜਾਨਣ ਦਾ ਮੌਕਾ ਮਿਲੇਗਾ ਅਤੇ ਆਪਸੀ ਐੱਸ. ਐੱਸ., ਡਾ. ਗੌਰਵ ਗੋਡ ਪ੍ਰੋਫੈਸਰ ਪੰਜਾਬ ਯੂਨੀਵਰਸਿਟੀ ਚੰਡੀਗੜ੍ਹ, ਕੇ. ਕੇ. ਸਾਰਦਾ ਚੇਅਰਮੈਨ ਗਾਂਧੀ ਸਮਾਰਕ ਆਦਿ ਨੇ ਵੱਖ-ਵੱਖ ਵਿਸ਼ਿਆਂ 'ਤੇ ਨੌਜਵਾਨਾਂ ਨਾਲ ਵਿਚਾਰ-ਵਟਾਂਦਰਾ ਕੀਤਾ। ਇਸ ਮੌਕੇ ਭਾਰਤ ਭੂਸ਼ਨ, ਤੇਜਿੰਦਰ ਕੌਰ, ਗੌਰਵ, ਕਮਲਜੀਤ ਕੌਰ, ਵੀਰਜ, ਕੁਲਦੀਪ ਸਿੰਘ ਓਇੰਦ ਪੀ ਏ ਚੇਅਰਮੈਨ ਜਿਲ੍ਹਾ ਯੋਜਨਾ ਬੋਰਡ ਮੋਹਾਲੀ, ਕੁਸ਼ਮ ਪੂਜਾ, ਰਜਨੀ ਆਦਿ ਨੇ ਸਮਾਗਮ ਦੌਰਾਨ ਆਪਣੀਆਂ ਸੇਵਾਵਾਂ ਨਿਕਾਈਆਂ।

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### Balbir Sidhu inaugurates Kashmiri youth programme

MOHALI: Punjab's health and family welfare minister Balbir Singh Sidhu, on Tuesday, inaugurated the Kashmiri youth exchange programme being organised by Mohali's Nehru Yuva Kendra with active assistance of the Union home ministry at the Rashtriya Yuva Sansthan.

In his address on the occasion, Sidhu said such initiatives are instrumental in providing a golden chance to the youth to learn about the culture and traditions of each others' states, and hence goes a long way in strengthening democracy.

ditions of each others' states, and hence goes a long way in strengthening democracy.

The 126 Kashmiri youth, which include both boys and girls, belong to six districts. Anantnag. Baramulla, Kupwara, Srinagar, Pulwama and Budgam of J&K. On the occasion, additional chief secretary of tourism and cultural affairs Hussan Lal briefed the Kashmiri youth about the history and culture of Punjab.