

NATIONAL PROGRAMME FOR YOUTH AND ADOLESCENT DEVELOPMENT



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NATIONAL PROGRAMME FOR YOUTH AND ADOLESCENT DEVELOPMENT



(COMMON GUIDELINES FOR THE ELEVENTH FIVE-YEAR PLAN)

1. BACKGROUND

1.1 The scheme titled National Programme for Youth Adolescent Development (NPYAD) has been formulated by merger of four 100% central sector grants-in-aid schemes of the Ministry of Youth Affairs & Sports during 10th Plan namely, Promotion of Youth Activities & Training, Promotion of National Integration, Promotion of Adventure and Development and Empowerment of Adolescents, with a view to reduce multiplicity of schemes with similar objectives, ensuring uniformity in funding pattern and implementation mechanism, avoiding delays in availability of funds to the field level and institutionalising participation of State Governments in project formulation and its implementation. While there will be synergy and convergence in operational mechanism and programme delivery, there will be clear distinction with regards the financial parameters of each of the components under the scheme.

1.2 While some procedural changes were made in the schemes during the last year of

10th Five Year Plan in 2006-07, it was felt that the schemes need to be substantially restructured in order to make it more meaningful in terms of content, impact and outcomes. The schemes were reviewed in the context of 11th Five Year Plan by the Working Group constituted by the Planning Commission for formulation of the 11th Five Year Plan. The Working Group has recommended that the restructured scheme should be more focused in terms of emerging needs and requirements as also with reference to the capabilities of implementing organization, programme content and methodology of training. Following these and in the context of zero-based budgeting during 11th Five Year Plan all the four schemes have been merged into a single umbrella scheme.

1.3 The revised umbrella scheme will be operated by the Ministry of Youth Affairs and Sports as a 100% central sector scheme during 11th Five Year Plan.

2. OBJECTIVES OF THE SCHEME

2.1 Short term objectives: -

- Provide opportunity for holistic development of youth including adolescents for realisation of their fullest potential;
- Develop leadership qualities and personality development of youth and to channelise their energy towards socio-economic development and growth of the nation;
- Promote national integration, strengthen secular and eclectic outlook through creative expressions by youth;
- Foster the spirit of adventure, risk taking, teamwork, the capacity of ready and vital response to challenging situations and of endurance among youth;
- Acknowledge adolescents as a distinct sub-group among youth and address their distinct needs and at the same time provide positive stimulation and congenial environment for their all-round development; and
- To encourage research and publication and to promote technical resource support including development of information and database on issues concerning youth and adolescents.

2.2 Long-term objectives:

- Engage and channelise the energy of youth in a positive manner for nation building;
- Develop amongst youth a sense of pride in nationally accepted values like democracy, socialism, and secularism;
- Promote activities and programmes, which foster social harmony and national unity among youth;
- Promote spirit of national integration, unity in diversity, pride in Indianness among the youth of different parts of the country and to induce a sense of social harmony amongst the youth;

- To motivate the youth to act as focal point for dissemination of knowledge in the rural area and involve them in nation building process;
- To stimulate action for development and empowerment of adolescents, particularly from the economically and socially neglected/backward sections of society;
- To build and develop an environment which recognises the specific needs and promise of the adolescents in the country and provides for adolescent friendly services.

3. SCHEME BENEFICIARIES



3.1 Definition of youth and adolescent: - The Youth and Adolescents for the purpose of the scheme would be as defined in the extant National Youth Policy. In other words, the expression 'youth' would cover persons belonging to the age group of 13 to 35 years and 'adolescent' would cover persons in the age group of 10-19 years under the scheme.

3.2 Target youth and adolescents under the scheme: - The targeted beneficiaries of the programmes include members of the youth clubs affiliated to the Nehru Yuva Kendra Sangathan, National Service Scheme, State Government Youth Organisations, Bharat Scouts & Guides or student youth in Schools, Colleges and Universities. Adolescents and Youth from other established youth organisations or NGOs may be considered provided they are the registered members of such organisations. Preference may be given to the youth with special abilities and youth belonging to scheduled caste, scheduled tribes, minorities and weaker sections.

3.3 Gender budgeting: - In selection of beneficiary women will have a distinct priority and care should be taken to include at least one-third beneficiaries from women.

4. PROGRAMME AREA AND COMPONENTS

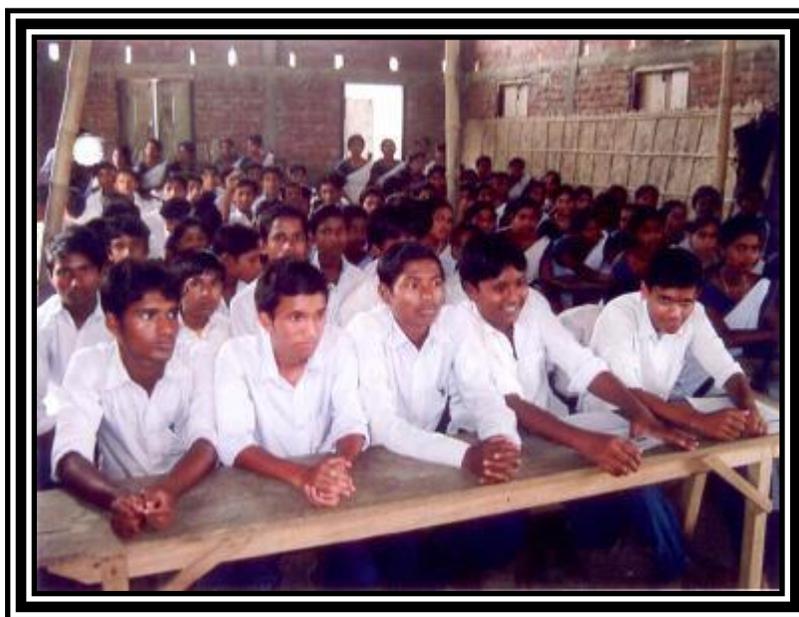
4.1 Programme Component:- The umbrella scheme will comprise of the following broad programme areas and their components: -

Sl.	Name of the Programme Area	Programme Component
(a)	Youth Leadership and Personality Development	i. Youth Leadership and Personality Development Training
(b)	Promotion of National Integration	i. National Integration Camp ii. Inter-State Youth Exchange Programme iii. Multi-Cultural Activities iv. National Youth Festival v. State Youth Festival vi. National Youth Awards
(c)	Promotion of Adventure	i. Promotion of adventure at basic and intermediate level in India ii. Promotion of adventure at advance level including expeditions in India ii. Grants to Recognised Institutions iv. Tenzing Norgey National Adventure Awards
	Development and Empowerment of Adolescents	i. Life Skills Education ii. Counselling iii. Career Guidance iv. Residential Camps

(e)	Technical and Resource Development	i. Environment Building ii. Research & Studies on youth issues iii. Documentation & Publication iv. Seminars, Conferences, Exhibitions and Workshops on youth or adolescent issues, national integration and adventure
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4.2 Operational Guidelines:- The operational guidelines of each programme area and the activities under each programme component, eligible institutions/ organisations for financial assistance and their financial cost norms are given at the Annex-'A', 'B', 'C' 'D' and 'E' to the Common Guidelines.

5. IMPLEMENTATION OF THE SCHEME:



5.1 Eligibility

5.1 The following organizations are eligible for financial assistance under the scheme:

- (a) All the autonomous organizations whether partially or fully funded by the Government, registered Societies, Trusts, NGOs registered under the relevant Acts, for the last five years and actively working in the field of Youth Development for the last three years.
- (b) Universities including deemed universities and Association of Indian Universities.
- (c) State Level Organisations (SLOs) i.e.
 - (i) State Departments/Directorates for Youth Affairs/Youth Welfare and other District Level Offices in States;
 - (ii) Panchayati Raj Institutions and Urban Local Bodies;

- (iii) Educational Institutions including Polytechnics.
- (d) The organization must have, on an average, an annual turn over of Rs. 5.0 lakhs for the last three years duly authenticated by a Chartered Accountant
- (e) The organization must have an active website and web address
- (f) All the applications for grants under the Scheme must be received electronically on-line within the stipulated time limit.
- (g) The organizations seeking grants must also be prepared to make a presentation before the designated authority whenever asked to do the same and failure to do so may debar them from receiving any future grants from the Government.
- (h) The organizations seeking grants must be able to complete the programme and submit the Utilization Certificate(UC) within the financial year in which the grant is being sanctioned.
- (i) The organizations seeking grants will clearly indicate the schedule of the programme and organizations who have been sanctioned grants by the Ministry will duly inform the Ministry about the commencement of the programme, one week prior to the commencement of the programme. The organization will also facilitate the inspection of the programme by an officer of the Ministry or any other person authorized by the Ministry. The organization must ensure that the inspection takes place during the currency of the programme. Inspection conducted after completion of the programme will not be recognized by the Ministry.
- (j) The PAC while deciding the G-I-A shall also decide whether the grant will be given in lump-sum or in installment and in the later case the proportion to be given in the installment will also be decided by the PAC.
- (k) The grants-in-aid whether given in installment or lump-sum shall be settled with in the financial year in which it is released.
- (l) All the grantees shall follow the provisions contained in Government of India's General Financial Rules, 2005, wherever applicable.

5.2 The Ministry of Youth Affairs and Sports will receive proposals directly from all the Organizations mentioned at para 5.1(a) and (b) above. Proposals from State Level Organizations will have to be routed through the concerned State Government/UT administration, who will verify the authenticity and feasibility of the project proposal through a designated State Level Screening Committee(SLSC) constituted for the purpose before recommending to the Ministry indicating their priority.

5.2(i) The Youth Leadership and Personality Development Programme will be implemented through Nehru Yuva Kendra Sangathan(NYKS).

5.2(ii) The Technical and Resource Development Programme will be implemented through Rajiv Gandhi National Institute of Youth Development(RGNIYD).

5.2(iii) Penal action will be taken against organizations not fulfilling the requisite provisions and will be black-listed for any future grants from the Government.

5.3 Project Mode: - The scheme will be implement in the project mode through Project Implementing Agencies (PIAs). The PIA may submit project proposal involving one or more

programme area or components under the scheme but the key factor for consideration of the project will be the past experience and resource (infrastructure and technical manpower) available with the PIA. The following parameters are mandatory for formulation of project proposal by PIA.

- (i) **Project Area:** The project proposal should have a well-defined geographical area and should clearly indicate targeted beneficiaries under the project. Ordinarily two to three districts in a state will constitute a project area. Adequate justification in terms of available infrastructure, manpower and past experience of the organisation needs to be given for projects having more than one State/UT in the project area.
- (ii) **Project Period:** Ordinarily, the project should have a period of one year with in which a number of activities can be planned. In case the project requires more than one year the same should be adequately explained in the project proposal.
- (iii) **Phasing of Project:** The project should have three phases i.e., Preparatory Phase (PP), Activity Phase (AP) and Follow-up Phase (FP). During preparatory phase environment building activities and identification/selection of the targeted beneficiaries should be taken up as per criteria given at para 3.2 of the scheme guidelines. This should be followed by the activity phase in which detail scheduling of activities should be organised. The follow-up phase should have evaluation of the impact of the project on the target youth and adolescents including the outcome of the project intervention with respect to its stated aims and objectives.
- (iv) **Project Budget:** The project budget should have programme component-wise cost estimate. The cost estimate under each component will have two sub-heads i.e., (i) the contribution either in kind or cash to be provided by the PIA and (ii) the financial assistance sought from government under the scheme.

5.4 Format for submission of Project Proposal: The Project Implementing Agency will be required to submit the project proposal in the prescribed format at [Appendix-1](#). In case of the State Governments, NSS and NYKS no Bond is required and the Part-A of the format may also be modified suitably. The format for submission of application for National Youth Awards (Individual), National Youth Awards (Organisation) and Tenzing Norgay National Adventure Award is given at [Appendix-2](#), [Appendix-3](#) and [Appendix-4](#) respectively.

5.5 Project Appraisal Committee: - The proposals will be considered by a duly constituted Project Appraisal Committee (PAC) in the Ministry of Youth Affairs and Sports. The PAC will have members from the Planning Commission, Integrated Finance Division and Administrative Division in the Ministry apart from out side experts as would be necessary. The Ministry will stipulate separate budget provisions for AIOs and SLOs from with in the annual budget allocated for the scheme. The recommendations of the PAC shall be placed for approval of the competent authority in the Ministry.

5.6 Release of Funds to PIAs: - On approval of the project, grants-in-aid shall be released to the PIA up to 50% of the approved amount as 1st installment. In case of State/UT governments, NSS and NYKS advance up to 90% may be released. The balance shall be released on completion of the approved programme and on receipt of the documents mentioned in sub-para 5.7 below. However in the case of projects over one year duration, the unspent balance amount with the grantee shall be adjusted from their next entitlement.

5.7 Submission of documents for balance installment: - The following documents are required to be submitted for consideration of further release of funds;

- (i) Utilization Certificate by the grantee in the form GFR-19 (A).
- (ii) Performance Report showing up to date item-wise physical and financial achievement with respect to the sanction order.
- (iii) A Undertaking stating that: -
 - (a) All the terms and conditions of the financial sanctions have been adhered;
 - (b) There is no deviation in respect of any stipulation of the sanction order including those relating to the age, number and category of the project beneficiaries;
 - (c) The amount for which reimbursement is sought from the ministry is not claimed from any other source and the organisation shall indemnify the government for any deviation noticed later, if any.
- (iv) For release of final installment of fund in addition to the above three documents the audited statement of account showing the total receipt of funds (from the ministry and other sources including own resource) and total expenditure of the sanctioned project duly certified by a Chartered Accountant needs to be furnished.
- (v) No release of fund shall be considered in case the request for second/balance installment is received in the ministry after one year of the date of the sanction order.

5.8 Funding for the previously sanctioned projects: - The projects, which have been sanctioned under the pre-revised scheme of the Financial Assistance for Promotion of Youth Activities & Training, Promotion of National Integration, Promotion of Adventure and the scheme for Development and Empowerment of Adolescents shall continue to be funded under this scheme as per the financial amount approved earlier. The remaining amount towards second or final installment shall be released under the scheme as committed liability. Projects sanctioned under the pre-revised Scheme shall continue to follow the earlier scheme guidelines.

5.9 Revision of the scheme guidelines and cost norm: - Any provision in the scheme guidelines including cost norm may be modified/relaxed with the approval of the Secretary, Youth Affairs & Sports in consultation with the Financial Adviser in the Ministry. The decision of the Ministry with regard to modification/relaxation of any provision of the scheme shall be final and binding on the Project Implementing Agency.

6. PATTERN OF FINANCIAL ASSISTANCE

6.1 Typical Programme Component:- The financial assistance from the government of India under the scheme will be catalytic funding and the PIA is free to mobilise additional resource from other collaborating agencies/ organizations for conduct of the programme. The amount financial assistance may vary depending on the no of participants or the duration of any individual programme drawn, which may be different than the number of participants or number of days mentioned below against the each typical programme component. The pattern of financial assistance for a typical programme component under the scheme and the eligible organisations/ institutions for the financial assistance are given below for guidance.

Sl. No.	Typical Programme Component	Financial assistance amount under the Scheme	Eligible grantee for the Prog. Component
(1)	(2)	(3)	(4)
(a)	Youth Leadership and Personality Development		
(i)	Youth Leadership and Personality Development Training Project	Rs. 3,00,000/-	AIOs/SLOs
(b)	Promotion of National Integration		
(i)	National Integration Camp for 150 persons for 7 days duration at - State Capitals - Other Places	Rs. 4,30,000/- Rs. 3,53,750/-	AIOs/SLOs
(ii)	Inter-State Youth Exchange Programme for 50 participants for 15 days durations	Rs. 2,92,500/-	AIOs/SLOs
(iii)	Multi-Cultural Activities	Maximum Rs. 3.0 lakh for first time grantee	AIOs/SLOs
(iv)	National Youth Festival	Maximum up to Rs. 2.00 crore	State Govts./ UT Admn.
(v)	State Youth Festival	Up to Rs.10,00,000/-	State Govts./ UT Admn.
(vi)	National Youth Awards - Individuals - NGO	Rs. 20,000/- Rs. 1,00,000/-	Individuals and NGOs
(c)	Promotion of Adventure		
(i)	Grants to Recognised Institutions	As per approved Annual Budget	Recognised Institutions

(ii)	One-week adventure camp at basic and intermediate level for 25 persons	Rs. 93,750/-	AIOs/SLOs
(iii)	Promotion of adventure at advance level including expeditions in India	As per specific expedition	Recognised Institutions
(iv)	Tenzing Norgy National Adventure Awards	Rs.3, 00, 000/-	Individuals
(d)	Development of Adolescents		
(i)	Life Skills Education (for 40 teens) – One-week Residential Prog. – One-week Non-residential Prog.	Rs. 65,000/- Rs. 23,000/-	AIOs/SLOs
(ii)	Counselling – Out-reach Prog. – Rural Counselling Centre – Telephone help line	Rs. 1,73,000/- Rs. 1,28,000/- Rs. 1,00,000/-	AIOs/SLOs
(iii)	Career guidance – Career Guidance Centre First year Second/Subsequent year – Career Mela	Rs. 2,34,000/- Rs. 2,14,000/- Rs. 25,000/-	AIOs/SLOs
(iv)	Second Chance Camps (4 months)	Rs. 4,56,000/-	AIOs/SLOs
(e)	Technical Resource Development		
(i)	Environment Building	Maximum Rs. 2.0 lakh	AIOs/SLOs
(ii)	Research & Studies on youth issues	Maximum Rs. 3.0 lakh for first time grantee	AIOs/SLOs
(iii)	Documentation & Publication	Maximum Rs. 3.0 lakh for first time grantee	AIOs/SLOs
(iv)	Seminars, Conferences and Workshops on youth or adolescent issues including national integration and adventure. – National level – State Level – Regional/District Level	Maximum Rs. 5.0 lakh Rs. 3.0 lakh Rs. 0.50 lakh	AIOs/SLOs

6.3 The maximum ceiling for grants-in-aid to a PIA will be limited to Rs. 10.0 lakh for a district or the average programme expenditure of the PIA during last 3 years, which ever is less. The Project Appraisal Committee may in case of AIOs and State Government Organisations with reasons to be recorded in writing, recommend project for more than Rs. 10.0 lakh for a

district.

7. MONITORING AND EVALUATION

7.1 An institutional monitoring and evaluation system will be evolved for the monitoring and evaluation of the projects sanctioned under the scheme. Institutions such as RGNIYD, TOC, TORCs of NSS, IDARAs or any other reputed Institution/ NGO/ VA may be designated as the Monitoring and Evaluation Institution (MEI) for the projects sanctioned in a State/UT.

7.2 Funds for the monitoring and evaluation will be released to the MEIs from the budget under the scheme. The PIA shall produce all records connected with the project to the MEI for the monitoring and evaluation purpose.

7.3 The MEI will visit the project authority on quarterly basis and submit Quarterly Progress Reports (QPRs) about the performance of the project to the Ministry under intimation to the concerned State/UT government. The MEI will also submit an end term evaluation report on completion of the project. The receipt of QPRs and evaluation report however will not hold the subsequent release of the funds to the Project Authority.

7.4 The MEI will be given an amount up to Rs. 1,50, 000/- for conducting monitoring and evaluation of about five projects in a state for one year. The funds to MEI will be released on not more than 3 instalments.

7.5 The Ministry of Youth Affairs & Sports, apart from the monitoring and evaluation done by the MEIs, may also conduct concomitant evaluation of the scheme/ projects for meta evaluation study in terms of its intended outcome and benefits for youth.