



KASHMIRI YOUTH EXCHANGE PROGRAMME

2024-25

GUIDELINES

“वतन को जानो”



**Implementing Agency: MY BHARAT (NYKS) under Ministry of Youth
Affairs and Sports, Govt. of India**

Collaborating Agency: Ministry of Home Affairs, Govt. of India

Contents

Introduction.....	3
Profile of Participants	4
Implementation Details.....	5
Beneficiaries at each level & their Involvement.....	6
Implementation strategy	8
IEC Strategy, Training and Formats	9
Financial Implications	11
Expected Outcome	14
Briefing and Feedback of Participants & Team Leaders.....	14
Annexure-1(a).....	16
Annexure-1(b).....	17
Annexure-2	19
Annexure-3	20
Annexure- 4 (a).....	21
Annexure – 4(b).....	22
Annexure-5	23
Annexure-6	24
Annexure-7	25
Annexure -8	26
ANNEXURE- 9.....	27
Annexure-10.....	31
Annexure- 11 (a).....	34
Annexure- 11 (b).....	36
Annexure -12	38
Annexure- 13	39
Annexure-14	40

"Kashmiriyat, Jamhooriyataur, Insaniyat' (social consciousness and cultural values of the Kashmiri people, democracy, and humanity), he said, "I would like to follow these three mantras which are the pillars of development of Kashmir. Sufi tradition has emerged from this land and this tradition has taught us oneness and strength of unity".

Shri Narendra Modi, Hon'ble Prime Minister of India

Introduction

Youth are vibrant and major human resources for strengthening democracy and development, and thus key agents for social and economic transformation of a country. There is a need for larger youth involvement and their participation in the socio-economic, political and cultural development.

The role and responsibility of the youth in Kashmir Valley is tremendous. They are the pride of the nation and considered as the real assets. They have innovative ideas and opinions, have the capacities and capabilities to bring positive changes in the functioning of the State. Therefore, in the present scenario, what they need is right direction that help them to recognize their strength and facilitate them to understand the vision they hold for the State of Jammu and Kashmir and for the country.

The fragile socio-political landscape, affected by continuing violent conflict and instability, has created a deep sense of uncertainty amongst the local population, particularly the youth. Kashmiri youth have grown up in this adverse environment and have faced tremendous stress. MY Bharat programme thus aims to fight the feeling of desperation, anger and helplessness which are largely prevalent among them.

Kashmir Valley is facing various problems due to sponsored terrorism and the youth get swayed due to variety of reasons. Youth are getting involved in radical activities primarily due to lack of access to various opportunities for their overall development.

What has now become increasingly important is to provide safe spaces to youth, mobilize, organize and channelize their energies to bring them into mainstream of development and make them partners in Nation Building activities.

Government is taking several important measures for the development process and peace initiatives in Kashmir Region.

After successful organisation of Kashmiri Youth Exchange Programme in the previous years, MY Bharat will organize 5th Kashmiri Youth Exchange Programme during the year 2024-25 to provide opportunity to **1,800 Kashmiri Youth along with 180 Team Leaders** for their visit in 15 important cities of the country viz. **Nainital (Uttarakhand), Cuttack (Odisha), Udaipur (Rajasthan), Faridabad (Haryana), Muzaffarpur (Bihar), Jamshedpur (Jharkhand), Jodhpur (Rajasthan), Surat (Gujarat), Nangloi (West Delhi), Gandhinagar (Gujarat), Meerut (Uttar Pradesh), Dhanbad (Jharkhand), Raipur (Chhattisgarh), Ludhiana (Punjab) and Prayagraj**

(Uttar Pradesh) respectively in which participants from six districts of Kashmir Valley i.e. Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama will participate.

This programme is visualized with an understanding that rural youth are highly receptive and impressionable, and this is the time when love, care and self-experience together can create a good impact on their personality. Acculturation and socialization, the two main sociological and psychological processes through which youth learns and experiences are given utmost importance. Youth not only interact amongst themselves but also with other fellow citizens and develop a sense of belongingness to the country. It makes an effort to provide this opportunity for youth of militancy affected districts of Kashmir Valley.

Aims & Objectives

- To orient and sensitize participants to act as proponents of national unity, integrity and peace among the young people of Kashmir Valley.
- To provide opportunities to the participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To help the participants develop an understanding and knowledge so that they may understand their surroundings, misconceptions, gaps and situations as these are recur in Kashmir Valley from time to time.
- To provide opportunity to understand, appreciate and compare each other understandings on socio-cultural, religious-political, economic as well as environmental situation.
- To provide information and knowledge on Constitution of India, duties and responsibility of citizen, National Integration, Patriotism and National Development.
- To provide opportunities to Kashmiri Youth towards the technological and industrial advancement that have taken place in different states of the country with focus on various development activities, skill development, educational & availability of employment opportunities.

Profile of Participants

- Youth in the age group of 18-22 years from MY Bharat (NYKS) Youth Clubs are to be selected for participation in this programme from 6 selected districts of Kashmir Valley. Those youths who have participated in the Kashmiri Youth Exchange Programme during previously organized KYEPs are not eligible to participate in Kashmiri Youth Exchange Programme 2024-25. Therefore, SD and concerned DD or DYO should ensure that there is no repetition of participants in the programme.
- From each of the six district viz. Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama (where at present District offices are functional) of Kashmir Valley. 300 participants are to be selected along with 30 Team Leaders in each of six districts.
- In each Programme, 120 Kashmiri youth will participate and will be accompanied by 12 Team leaders.

Implementation Details

The Kashmiri Youth Exchange programmes 2024-2025 are to be organized at 15 Venues viz. Nanital (Uttarakhand), Cuttack (Odisha), Udaipur (Rajasthan), Faridabad (Haryana), Muzaffarpur (Bihar), Jamshedpur (Jharkhand), Jodhpur (Rajasthan), Surat (Gujarat), Nangloi (West Delhi), Gandhinagar (Gujarat), Meerut (Uttar Pradesh), Dhanbad (Jharkhand), Raipur (Chhattisgarh), Ludhiana (Punjab) and Prayagraj (Uttar Pradesh) respectively. The programme is to be organised by the concerned District Youth Officer with the support and guidance of concerned State Director in the above mentioned 15 venues.

Sufficient number of the participants along with reserve list are to be selected by concerned District Youth Officer from 6 districts of Kashmir Valley to factor in last minute drop out of the participants.

- **300 youth** who are enthusiastic, healthy and willing to participate in KYEP should be selected by concerned District Youth Officer, **from each 6 district of Kashmir Valley in (50:50 male: female ratio)** in the age group of 18-22 years. Before selection the credential should be verified by concerned DYOs and SDs. In a batch of 20 youth, 02 Team Leaders (01 male & 01 female) should be deputed. The participant should be selected from the Youth Clubs of 6 districts of Kashmir Valley mentioned above.
- During 6 days of Kashmiri Youth Exchange Programme, key activities such as Seminars, Panel Discussions, Lecture Series, Skill Development, Industry Visit, Exhibition of Artifacts and Local Products of Kashmir valley, Food Festival, sharing of best practices, Customs and traditions, Language Learning, Career Guidance, Patriotism and Nation Building Programme and Cultural Programmes etc., should be organized. Apart from that, the participants should also be visited places of higher learning (Educational Institutions), places of Historical and Cultural Importance and leading industries of the host state. Interactive Sessions with the dignitaries and eminent personalities will add values to this programme.
- **The sessions will also cover important component viz.** National Flagship Programme of Govt. on Social and Financial Inclusion, Amrit Kaal-India@2047, Make in India, Entrepreneurship, Tourism, Popularise local cuisine and products, Pradhan Mantri Jan Dhan Yojna, Pradhan Mantri Suraksha Bima Yojana, Pradhan Mantri Jeevan Jyoti Bima Yojana, Atal Pension Yojana, MUDRA Bank (Micro Units Development and Re-Finance Agency), Swachh Bharat Mission, Digital India, Skill India, Beti Bachao – Beti Padhao Abhiyan, Practice and Promotion of Good Governance and Civic Responsibilities, Participation in Saansad Adarsh Gram Yojana, Other Schemes for the benefit of youth and masses and sessions on Role of Freedom Fighters during Freedom Struggle on the occasion of Azadi Ka Amrit Mahotsav and Documentary/Movies on India's Freedom Movement etc.
- Suggestive Programme schedule and detailed programme schedule are given at **Annexure-1 (a & b)**. Suggestive daily routine for the Kashmiri Youth Exchange Programme is given at **Annexure-2**.

Important

The concerned State Director and DYO should ensure the following:

- a) Mobilising extra resources for the programme.
- b) Organising innovative Programme in addition to the activities mentioned in the guidelines.
- c) The Booklet on Govt. of India National Flagship Scheme is prepared and given to all participants
- d) The programme Video Film is developed professionally and submitted to HQ.
- e) Concerned DD or DYO must ensure that **100% procurement of goods and services shall be done from GeM portal only.**

Beneficiaries at each level & their Involvement

The number of participants mentioned below shall be drawn from the following 6 district of Kashmir Valley viz. **Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama** to participate in the Kashmiri Youth Exchange Programme at 15 venues viz. **Nanital (Uttarakhand), Cuttack (Odisha), Udaipur (Rajasthan), Faridabad (Haryana), Muzaffarpur (Bihar), Jamshedpur (Jharkhand), Jodhpur (Rajasthan), Surat (Gujarat), Nangloi (West Delhi), Gandhinagar (Gujarat), Meerut (Uttar Pradesh), Dhanbad (Jharkhand), Raipur (Chhattisgarh), Ludhiana (Punjab) and Prayagraj (Uttar Pradesh).**

State wise number of Participants and Team Leaders for the Kashmiri Youth Exchange Programme at various places across the country (Details at Table 2) are as follows:

TABLE-1

Sl. No.	Name of Districts of Kashmir Valley	Number of Participants	No. of Team Leaders
1	Anantnag	300	30
2	Kupwara	300	30
3	Baramulla	300	30
4	Budgam	300	30
5	Srinagar	300	30
6	Pulwama	300	30
	Total	1,800	180

Table-2:- Kashmiri Youth Exchange Programme, 2024-25
Venue wise and district wise details of participants and team leaders for district of Kashmir Valley

S. No	Name of Venue/ State	Participants & Team Leader	Number of Participants from district of Kashmir Valley					Total Participants & Team leaders at the Programme Venue	
			Anantnag	Kupwara	Baramulla	Budgam	Srinagar		Pulwama
1	Nanital (Uttarakhand)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
2	Cuttack (Odisha)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
3	Udaipur (Rajasthan)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
4	Faridabad (Haryana)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
5	Muzaffarpur (Bihar)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
6	Jamshedpur (Jharkhand)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
7	Jodhpur (Rajasthan)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
8	Surat (Gujarat)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
9	Nangloi (West Delhi)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
10.	Gandhinagar (Gujarat)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
11	Meerut (Uttar Pradesh)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
12	Dhanbad (Jharkhand)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
13	Raipur (Chhatigarh)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
14	Ludhiana (Punjab)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
15	Prayagraj (Uttar Pradesh)	Participants	20	20	20	20	20	20	120
		Team Leader	2	2	2	2	2	2	12
		Total	330	330	330	330	330	330	1,980
Total Participants			300	300	300	300	300	300	1,800
Total Team Leaders			30	30	30	30	30	30	180

Implementation strategy

Selection of Programme Venues: Utmost care should be taken by the host DYO & SD for the selection of programme venue keeping in view the distance from railway station/bus stand, safety of participants, cleanliness and hygiene, place of accommodation, availability of logistics for inaugural, closing, cultural programme, exhibition, food festival etc. The venue should be selected well in advance and communicated to the DYOs of the participating Kendras and concerned State Director, at least 1 month prior to the implementation of the programme.

Selection of Team leader for the participants

Two Team Leaders (one male and one female) for a batch of 20 youth participants should be selected preferably from NYV, Ex-NYVs or Youth Leaders from MY Bharat affiliated Youth Clubs who can lead the group of participants and take all measures for their safety, safe journey and medical assistance during journey and programme.

Responsibilities of the Team Leader are to orient all participants about the Kashmiri Youth Exchange Programme. Ensuring safe journey for the participants including railway journey, their fooding and medical assistance, guiding participants for being in group and be in contact with them always during the entire programme duration. Sorting out any problem of participants in consultation with concerned DYO and higher authorities. Assisting the participants for their boarding and lodging, accommodation & transportation. Assisting the participants in interaction programme, field visits, presentation, food festival, cultural programme and exhibition etc.

ID Cards and Comprehensive Insurance of the participants

All the Participants and Team Leaders should be insured with a Govt. Insurance Agency by the participating District Youth Officer for a period during which they will be travelling as well as participating in the programme and back to home district. The insurance policy will be comprehensive policy which covers hospitalisation in addition to life risk.

Track Suit and Sports Shoes

Concerned DYOs of the participating districts should provide Track Suit and Sports Shoes to the participants and Team Leaders.

Venue and Dates of the Programme:

For organization of Kashmiri Youth Exchange Programme, District Youth Officer of the Host District will finalize the dates, duration and venues of the programme under the guidance and supervision of concerned State Director. Each Venue will host 120 Participants along with 12 Team Leaders.

One qualified Medical Officer should be deployed by the Host DYO under the supervision and guidance of concerned State Director to take care of the medical problems/health issues of participants in each venue.

Roles and Responsibilities of State Director and District Youth Officer of Participating Districts

State Director and District Youth Officer will mobilise and select 1800 participants and 180 Team Leaders from 6 selected districts of Kashmir Valley as mentioned at Table 1. The DYO should also get the **filled in application of the selected candidates** along with filled in **Indemnity Bond**. Before the departure of the participants to various venues in the country for the Kashmiri Youth Exchange Programme, all the participants and Team Leaders should be thoroughly briefed and oriented about the programme by the concerned District Youth Officer. The participants should also be informed about their roles and responsibilities, and they should also get introduced with each other as well as with the team leaders. The DYO will **issue I-Cards and arrange insurance cover** for all participants and team leader. DYO should also make travel arrangements like booking of tickets and payment of Journey DA to the Participants and Team Leaders under supervision of the concerned State Director.

Reporting: - Immediately after completion of the programme, the concerned District Youth Officer of the host state will submit the **summary report** under the supervision and guidance of concerned State Director in the reporting format as per **Annexure no. 10 (A)**. Subsequently, a detailed report of the programme as per **Annexure- 10 (A &B&C)** along with supporting action photographs, press clippings and Audited Utilisation Certificate within 15 days after completion of the programme. Three copies of detailed report in hard copy form should reach Hq (Special Programme Section) within 15 days of the organisation of Programme.

IEC Strategy, Training and Formats

- After selection of the participants by concerned DYO, the participants should be provided with details of programme and activities for their information and knowledge.
- A special 2 days (1+1) briefing and feedback and follow-up Programme should be organised for the participants by concerned DYO for briefing the participants before the departure and for taking feedback and follow-up on arrival of the participants after the completion of programme.
- The district wise list of Participants and Team Leaders (**Annexure-7**) selected by DYO of participating district along with filled in application form (**Annexure-3**) must be communicated to concerned District Youth Officer of the host district and concerned State Directors at State level.
- Venue wise tentative schedule is given at **Annexure- 4 (a)**.
- All the participants are required to fill up the Indemnity Bond before participating in the programme (**Annexure-5**).
- All the participants are required to submit the Medical Fitness Certificate signed by Medical Officer before participating in the programme (**Annexure-6**).
- The list of selected participants should be in the proforma as per **Annexure-7**.

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

- The participants are to be issued proper ID cards by the concerned DYO of participating district before the participant start their journey for the programme. The sample ID card is given at **Annexure-8**
- Contact details of District Youth Officers and State Nodal Officer for this purpose is at **Annexure-9**.
- The summary and detailed Reporting format is as per **Annexure no. 10 (Part A & B)**
- Expectations and Feedback forms for participants at **Annexure- 11 (a&b)**.
- **Venue wise allocation of Participants and Team Leaders** from 6 districts of Kashmir Valley is at **Table 2**.
- All Participants of the programme would be provided comprehensive insurance cover by the participating Kendra from Kashmir Valley.

Important points to be noted by State Director and District Youth Officer for successful implementation of Kashmiri Youth Exchange Programme

- Credential of the participant should be verified before selection.
- Care should be taken to select the bonafide participants.
- Care needed in the selection of participants so that there are no dropouts. It is suggested that such participants are to be selected who are determined to participate in the programme. The dropouts hamper the target achievement.
- The participants should be of sound health, enthusiastic and willing to participate
- Kashmiri youth who can present cultural performances should also be included in the list of participants.
- Briefing of participants about the programme is essential to be done prior to attending the programme by DYO of the participating district.
- Reservation of journey tickets of participants should be done in advance and once tickets are reserved it should be ensured that there are no dropouts.
- Identification of Team Leaders should be made with proper seriousness, so that there are no dropouts.
- Youth from less privileged section of society need to be included.
- Efforts should be made to increase the involvement of female participants.
- The detailed programme will be chalked out by concerned DYO under supervision and guidance of State Director along with resource persons.
- Interaction of school students with the participants of Kashmiri Youth Exchange Programme is mandatory.
- Long Speeches during the programme must be avoided. Focus should be on interactive sessions, discussions, experience sharing, motivational and interactive sessions.
- Health Status of all the participants would need to be checked by the Doctor before leaving from the Headquarter.
- State/District Administration should be coordinated for successful implementation of Kashmiri Youth Exchange Programme.

Financial Implications

1. TA/DA provisions:

- a) To & Fro Travelling of Participants and Team Leaders @ Rs. 1,500/- per head by Sumo from residence to Jammu and back subject to actual.
- b) Travelling allowance for each participant and team leader for their to & fro journey from district headquarter railway station / to programme place and back will be admissible @ Rs. 3000/- per person (subject to actual) on producing of 'Sleeper Class' Rail journey tickets by shortest route/ Bus Fare.
- c) D.A @ Rs. 250/- per head per day for maximum of 8 days on the basis of total journey period (including to & fro journey period) may be paid to all participants and team leaders from each district subject to actual journey period.

2. Budget for ID cards:

A Budget Provision of Rs. 25/- per head has been made for providing ID cards to all participants and team leaders.

3. Budget Insurance cover

A Budget Provision of Rs 175/- per head has been made for providing Comprehensive Insurance to all participants and Team Leaders.

4. Procurement of Track Suit and Sports Shoes to the Participants and Team Leaders-

A budget of Rs. 1500/- per head has been sanctioned for procurement of quality Track Suit and Sports Shoes for the Participants and Team Leaders.

5. Medical Assistance-

A budget of Rs. 1000/- per day for 6 days i.e. Rs. 6,000/- has been provided for each of the programme venue in order to arrange one Medical Officer during the programme.

6. Interactive Programme:

A budget of Rs. 40,000/- is provided for organisation of minimum **Two Interactive Programme** i.e. Rs. 20,000 per programme.

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

BUDGET FOR KASHMIRI YOUTH EXCHANGE PROGRAMME

S. No	Main Head	Particular	Amount (In Rs)
A]	Budget for One Kashmiri Youth Exchange Programme (with 120 Youth)		
	Travelling Allowance	a) To & Fro Travelling of Participants by Sumo @ Rs. 1,500/- per head from residence to Jammu and back (1,500x120) subject to actual	1,80,000
		b) Travelling allowance (to and fro) from District HQ to programme place and back @ Rs. 3000/- per head (3000x120) subject to actual	3,60,000
		c) Local TA from Station/ Bus stand to the place of accommodation of the participants and back @ Rs. 250/- per participant for 120 participants (250 x 120)	30,000
2	D.A during Journey	D.A. @ Rs. 250/- per head per day for 8 days journey period (250x120x8) subject to actual	2,40,000
3	Boarding and Lodging	B&L expenses @ Rs. 500/- per head per day for 8 days (6+2 days (1 day prior to departure briefing and 1 day on return for feedback and follow up) (120 x500x8)	4,80,000
4	Resource Kit/Bag to participants	@ Rs. 500/- per person (500x120)	60,000
5	Organization of interactive programmes	Minimum two programmes @ Rs.20, 000/- per programme.	40,000
6	Insurance (Comprehensive Insurance Policy)	Insurance & Procurement of ID Cards @ Rs. 200 (Rs. 200*120)	24,000
7	ID cards		
8	Inaugural & valediction functions & cultural programme.	Tent and Shamiyana, decoration and organizational expenses including Electricity & Light, Sound etc	65,000
9	Printing of Programme Brochure, Banners, Still Photography, Videography and press conference	Press Conference, printing of Programme Brochure, Backdrops, Banners, Still Photography, & videography, etc.	65,000
10	Exhibition of products of Kashmir Valley	Putting exhibition of local product of 6 districts of Kashmir Valley (Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama) and host districts	15,000
11	Food Festival- Kashmiri and local State/District Cuisine	Putting stalls for food festival of Kashmiri Cuisine of 6 districts of Kashmir Valley (Anantnag, Kupwara, Baramulla, Budgam, Srinagar and Pulwama) and host districts	15,000
12	Transportation	Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons at their official residence, @ Rs.6,000/- per bus per day for 5 buses for 02 days (6000x5x02) as per actual	60,000
13	Thematic Programmes	Every day Cultural evening programmes, Group Discussion, Career guidance and Seminar etc.	25,000
14	Documentation	Documentation and Reports Preparation etc.	8,000

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

S. No	Main Head	Particular	Amount (In Rs)
15	Track Suit and Sports Shoes	Procurement of Track Suit and Sports Shoes to the participants for 120 participants @ Rs. 1500	1,80,000
16	Medical Assistance	One medical officer for the venue @ Rs. 1000 per day for 6 days	6,000
	PART-A: Budget for 120 participants in One Programme		18,53,000
B]	Budget for One Team Leaders		
1	Travelling Allowance	a) To & Fro Travelling of Team Leader by Sumo @ Rs. 1500/- per head from residence to Jammu and back subject to actual	1500
		b) Traveling allowance (to and fro) from District to programme place and back @ Rs. 3000/- per head subject to actual	3000
		c) Local TA from Station/Bus stand to the place of accommodation of the Escort and back @ Rs. 250 per Escort	250
2	D.A during Journey	D.A. @ Rs. 250/- per head for journey for 8 days journey during the programme (250x8) subject to actual	2,000
3	Boarding and Lodging	B&L expenses @ Rs. 500/- per head per day for 8 day (6+2 days (1 day prior to departure briefing and 1 day on return for debriefing)(500x8)	4,000
4	Track Suit and Sports Shoes	Procurement of Track suit and Sports Shoes to the team leader @ Rs. 1500	1,500
5	Insurance (Comprehensive Insurance Cover)	Insurance & ID Card @ Rs. 200/- per person	200
6	ID card		
	Amount for One Team Leader		12,450
	Part B: Budget for 12 Team Leaders @ Rs. 12,450/- per head		1,49,400
[A+B]	Total for One Programme (@132 Youth including Participants & Team Leaders)		20,02,400
Total for 15 programmes (Rs. 20,02,400X15)			3,00,36,000
Rupees Three Crore and Thirty-Six Thousand only			

Expected Outcome

- To have oriented and sensitized participants to act as proponents of national unity, integrity and peace among the young people in Kashmir Valley.
- To have provided opportunities to the participants to visit different places of cultural, industrial, historical, religious and educational interest in the country.
- To have helped the participants develop an understanding and knowledge so that they may understand their surroundings, misconceptions, gaps and situations as that are prevailing in Kashmir Valley.
- To have provided opportunity to understand, appreciate and compare each other understandings on socio-cultural, religious-political, economic as well as environmental situation.
- To have provided information and knowledge on constitution of India, duties and responsibility of citizen, National Integration, Patriotism and Nation Development.
- To have given exposure to Kashmiri youth to the technological and industrial advancement that have taken place in parts of the country with focus on various developmental activities, skill development, educational & employment opportunities available there.

Briefing and Feedback of Participants & Team Leaders

Briefing of Participants and Team Leaders- It is important to note that the participating Districts would organize briefing session before the departure of the Participants and Team Leaders. Similarly, a joint de-briefing session should be organized on the arrival of Participants and Team Leaders. During the briefing session, activities and their plan of action for the participants be prepared and followed up. The detailed report along with photographs and videographs of the briefing and de-briefing session should be submitted to HQ.

Feedback of the Participants and follow up

Feedback forms have been provided at Annexure- 11 (a&b) for written feedback of participants and feedback on video and impact assessment of the programmes.

One-day briefing and one-day feedback and follow-up should be organised for the participants of Kashmiri Youth Exchange Programme by concerned district.

After the completion of the Kashmiri Youth Exchange Programme, the State Director and District Youth Officers would endeavour to follow up the programme with the participants of the Kashmiri Youth Exchange Programme and coordinate with State Govt. for its sustenance. The concerned officers should orient the participants and develop social action initiative involving larger youth population of the district for the development of Kashmiri

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Youth and mainstreaming them with the development at State and National Level. They should also ensure the sharing of experience of the participants who attended the Kashmiri Youth Exchange Programme.

For impact assessment of the programme, Feedback Forms have been added as **Annexure-11 (a & b)**. It should also be gauged through live video recording of participants. Besides above, Ministry of Home Affairs may at its level engage an independent third-party agency for in depth impact assessment of the programme.

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Annexure-1(a)

Kashmiri Youth Exchange Programme, 2024-2025

Supported by: Department of J&K Affairs, Ministry of Home Affairs, Government India

Venue: -.....

Duration: From.....to.....

Suggestive Programme Schedule

S. No	Details of Programmes	Dates
01	Arrival and registration of the participants at programme venue/location before holding of inaugural function. Briefing of participants about the programme.	Day -0
02	Lecture series on understanding about our freedom movement and sacrifices of freedom fighters, understanding Indian Democracy, Scientific & Technological Advancement, Issues related to development & empowerment of youth, Understanding Gender Issues, understanding threats & challenges posed by divisive forces (with reference to communalism, regionalism, terrorism), Role of youth in propagating peace, harmony, unity & integrity and Cultural Performances	Day-1
03	Thematic Discussions/Seminar and on issues related to Kashmir Valley, Employment Generation and socio-economic development of youth of Kashmir, Flagship Scheme of Govt. India, Viksit Bharat as part of Amrit Kaal- India@2047 and Cultural Programme	Day -2
04	Session on Skill Development, Career Guidance and Counselling with reference to different career opportunities available to youth Training Need Assessment under various Skill Development and entrepreneurship Programmes and Cultural Programme and Food Festival	Day -3
05	Visit to Educational Institutes of National Importance, Industries, Scientific Institutions, Monuments and places of Historical Importance	Day -4
06	Interactive Meeting with important public dignitaries like Hon'ble Governor, Hon'ble Chief Minister & other famous personalities in the field of Sports/Games/Academics/Entrepreneurs/Educationist/Social Work/Youth Work and Cultural Programme	Day -5
07	Experience Sharing/ Group Discussions, Presentation by participants, Summing Up, Programme Evaluation / Feedback of participants, Finalization of follow up Action Plan, (concluding remarks, Development of Action Plan, Cultural Programme) and departure of participants.	Day -6

Note: This is the suggestive programme schedule. Attempts have been made to make these programme a **balanced mix of information, knowledge, skill development, entrepreneurship and discourses on current national issues for the eager youth from Kashmir Valley districts striving for national development.** Some brainstorming sessions on local issues pertaining to Kashmir will also be included in the curriculum. Exhibition on the products of Kashmir Valley and Food Festival of Kashmiri Cuisine will bring flavour to the programme

**Detailed Programme Schedule of Kashmiri Youth Exchange Programme,
2024-2025**

Day - 0

Press Conference (briefing the Media about the programme)	Before a day of the organization of the programme evening
Arrival of Participants	Preferably by evening
Accommodation of Participants	From evening

Day - 1

<ul style="list-style-type: none"> • Registration of Participants & Team Leader • Distribution of Kit bag including Track Suit and Sports Shoes 	<p>9.00 to 9.30 AM</p> <p>9.30 to 10.00 AM</p>
Self-Introduction of participants & their expectation from the programme though ice breaking exercise and questionnaire	10.00 to 11.30 AM
Briefing on the programme	11.30 to 12.00 PM
A glimpse on programme & Activities of MY Bharat & Dept. of Youth Affair & Sports, GOI	12.00 to 1.00 PM
Lunch	1.00 to 2.00 PM
Inaugural function of the Kashmiri Youth exchange Programme	2.00 to 4.00 PM
Interaction, experience sharing and expectations of Kashmiri youth for their development, empowerment and way forward to participate in Nation building.	4.00 to 5.30 PM
Culture Programme	6.00 to 8.00 PM
Dinner	8.30 to 9.30 PM

Day 2

Seminar on Patriotism & Nation Building and Struggles of Freedom Fighters followed by sharing of views and reactions of youth	9.00 to 10.30 AM
Thematic Discussion on issues of Kashmir Valley and Role of Youth	10.30 to 11.30 AM
Understanding threats & challenges posed by divisive forces followed by discussion	11.45 to 13.00 PM.
Session on National Flagship scheme of Govt. of India on social and financial inclusion followed by Question Answer Session	2.00 to 3.00 PM
Career Counselling	3.00 to 4.00 PM
Session on Amrit Kaal- India @ 2047 followed by discussion and interaction by youth	4.00 to 5.30 PM
Cultural Programme	6.00 to 8.00 PM

Day - 3

Seminar on Entrepreneurship, Skill Development & Career Guidance	9.00 to 10.00 AM
Orientation on Various Career opportunities available to Youth including career in tourism, local Kashmiri Products and Cuisines	10.00 to 11.00 AM
Panel Discussion on Financial Inclusion Scheme of Govt. for youth,	11.00 to 2.00 PM

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Followed by Question Answer Session (Special reference to MUDRA Yojna, Startup & Stand up India etc.)	
Motivational talk on Entrepreneurship development & interaction with Corporate & Industrial houses.	3.00 to 5.30 PM.
Cultural programme	6.00 to 8.30 PM

Day - 4

Visit to educational Institutes of National Importance/Industries/Scientific Institution & Places of Historical Importance and their interaction as well as Group presentation on the learning by participants on visit programme	9.00 to 2.00 PM.
Possible interactive Meeting of participants with important public dignitaries. (Hon'ble Governor/Chief-Minister/Youth Icon/Famous personality from the field of Tourism, Handicraft, Cuisines, Sport, Academics, Entrepreneurship /Education/Social Workers etc.)	3.00 to 5.00 PM

Day - 5

Interactive session on Sharing of Best Practices by Kashmiri Youth and local Resource person	9.00 to 10.00 AM
Interactive session on Language Learning	10.00 to 11.00 AM
Session on Swachh Bharat Mission& Role of youth	11.00 to 12.00AM
Session on Environment Awareness & Conservation and role of youth	12.00 to 1.00PM
Interactive session on Handicrafts and Handlooms of Kashmir and e-commerce	2.00 to 3.30PM
Traditions and Flavors of Kashmiri Cuisine and how they can be promoted	3.30 to 5.00 PM.
Kashmiri and local state Food Festival by participants of 6 districts of Kashmir Valley	6.00 to 9.00 PM.

Day - 6

District wise development of action plan for involving large youth population of the district for their development & ensuring participation in the development process	9.00 to 10.00 AM
Summing up the whole programme	10.00 to 11.00 AM
Filling up the feedback form by participants and submission to DY0	11.00 to 12.00 AM
Feedback of participants through video recording and sharing of experience	12.00 to 1.00 PM.
Valedictory & closing ceremony	2.00 to 5.00 PM
Departure of participants	5.00 PM onwards

Note: Exhibition on Products of Kashmir Valley will be organized every day during the camp.

MY Bharat (NYKS)

Suggestive Daily Routine for the Kashmiri Youth Exchange Programme (2024-2025)

Time	Programme / Activity
05.00 a.m. -05.30 a.m.	Morning Rise
05.30 a.m. -06.00 a.m.	Daily Morning Routine- Ablutions
06.00 a.m. -06.30 a.m.	Devotional Songs and Community Singing
06.30 a.m. -07.30 a.m.	Yoga / Exercise, Traditional/Popular Games
07.30 a.m. -8.00 a.m.	Community Work/Shramdan/ Cleaning of the Campus/Tree Plantation
08.00 a.m. -08.30 a.m.	Personal Time
08.30 a.m. -09.30 a.m.	Breakfast
9.30 a.m. -11.30 a.m.	Working Session -I
11.30 a.m. -11.45 a.m.	Tea
11.45 a.m. -13.00 p.m.	Working Session-II
13.00 p.m. -14.30 p.m.	Lunch
14.30 p.m. -17.30 p.m.	Working/Interactive/ Activity Session
17.30 p.m. -17.45 p.m.	Tea
17.45 p.m. -18.30 p.m.	Personal Time
18.30 p.m. -21.30 p.m.	Cultural Performances
21.30 p.m. -22.30 p.m.	Dinner
22.30 p.m.	Lights-off

MY Bharat (NYKS)
Ministry of Youth Affairs and Sports, Govt. of India
Kashmiri Youth Exchange Programme (2024-2025)
Supported by: Ministry of Home Affairs, Government India

Application Form
(Participants and Team Leaders)

Space for pasting
of duly attested
Passport Size
Photograph of
the Participants

Name: -.....

Fathers'/Spouse Name: -.....

Date of Birth: -..... Age (As on 01.08.2024):

Gender (M/F/Transgender):

Educational Qualification: -
.....

Complete Address with Pin Code: -.....
.....

Contact Phone/Mobile No. with STD Code (Self and Guardian both): -.....
.....

Email ID: -.....

Whether Member of Youth Club/NCC/NSS/Bharat Scouts Guide- Please tick.

Experience in Youth Work or Community Service.....

Vocational Training/Skills.....

What are your expectations from this programme.....?

Particulars of Bank Account:-

Bank Account Number:-_____ Aadhar Number:-_____

Name of Bank:-_____

MICR Code:-_____ Bank IFSC Code:-_____

Name Address and Telephone No. of Two References

Details of Reference 1:-

Name : _____

Address:- _____

Telephone/Mobile No. _____

Details of Reference 2:-

Name : _____

Address:- _____

Telephone/Mobile No. _____

I undertake that the information furnished by me as above is correct as per my knowledge and belief and that I am also giving undertaking that I have taken consent of my parents/guardian for participation in the Kashmiri Youth Exchange Programme 2024-2025.

Signature of the Applicant
(Name.....)

Place:

Date:

Verified by concerned DYO (signature)

Name _____ Kendra (District) _____

Kashmiri Youth Exchange Programme 2024-2025

Venue wise Tentative Schedule

S. No.	Name of Venue	Tentative Dates
1.	Nanital (Uttarakhand)	2 nd November, 2024 to 7 th November, 2024
2.	Cuttack (Odisha)	5 th November, 2024 to 10 th November, 2024
3.	Udaipur (Rajasthan)	16 th November, 2024 to 21 st November, 2024
4.	Faridabad (Haryana)	18 th November, 2024 to 23 rd November, 2024
5.	Muzaffarpur (Bihar)	25 th November, 2024 to 30 th November, 2024
6.	Jamshedpur (Jharkhand)	4 th December, 2024 to 9 th December, 2024
7.	Jodhpur (Rajasthan)	8 th December, 2024 to 13 th December, 2024
8.	Surat (Gujarat)	14 th December, 2024 to 19 th December, 2024
9.	Nangloi (West Delhi)	18 th December, 2024 to 23 rd December, 2024
10.	Gandhinagar (Gujarat)	4 th January to 9 th January, 2025
11.	Meerut (Uttar Pradesh)	8 th January to 13 th January, 2025
12.	Dhanbad (Jharkhand)	12 th January to 17 th January, 2025
13.	Raipur (Chhattisgarh)	15 th January to 20 th January, 2025
14.	Ludhiana (Punjab)	2 nd February to 7 th February, 2025
15.	Prayagraj (Uttar Pradesh)	5 th February to 10 th February, 2025

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Annexure - 4(b)

MY Bharat (NYKS) Kashmiri Youth Exchange Programme 2024-25

Plan of Implementation

(To be prepared by the State Director of Organising Kendra/Office)

Name of State..... Name of State Director.....

S. No.	Name of Kendra & State Organising KYEP	Name & Contact details of Dy. Director/DYO of Host Kendra / Office assigned responsibility to facilitate SD	Final Dates of KYEP (From-to)	Full address of Venue of KYEP

Signature of District Youth Officer

Signature of the State Director with date

**MY Bharat (NYKS)
Indemnity Bond
(Participants and Team Leaders)
Kashmiri Youth Exchange Programme
(2024-2025)**

I, _____, son/ daughter of
_____, resident of village
_____ Distt. _____ do

hereby declare that as a Participant of Kashmiri Youth Exchange Programme, I am willingly participating in the programmes & activities of Kashmiri Youth Exchange Programme & that I have given detailed information of the Kashmiri Youth Exchange Programme (including journey to be undertaken to programme venues of Kashmiri Youth Exchange Programme and back), and that under no circumstances will I make any claim for any loss or injury that I may suffer in the course of the programme & activities of Kashmiri Youth Exchange Programme 2024-25.

I fully understand that MY Bharat, MoYAS and MHA, Govt. of India will not be responsible to make any kind of compensation in consequence of any mishap/loss/injury suffered by me during this programme and activity.

(Signature of Participant)

Name _____
Date _____
Mobile No. _____

(Signature of Parent/ Guardian)

Name _____
Date _____
Mobile No. _____

Signature of Witness 1:

Name _____
Address: _____ Address: _____
Date _____
Mobile No. _____

Signature of Witness 2:

Name _____
Date _____
Mobile No. _____

**Kashmiri Youth Exchange Programme
(2024-2025)**

Medical Fitness Certificate

(Participants and Team Leaders)

(To be signed by a registered medical practitioner holding a degree not below that of MBBS)

(TO BE SUBMITTED WITH THE APPLICATION FORM)

Name (in Block letters): _____	Passport Size Photograph of Candidate
Age: _____ Gender (M/F/Trans): _____	
Complete Address: - _____	
Father's Name: - _____	
Height: - _____ Weight: _____	
Blood Group & Rh. Factor: _____ Chest: _____	
Heart & Lungs: _____	
Vision: L: _____ R: _____	
Colour Vision: _____	
Hearing: _____	
Hernia/Hydrocele/Piles: _____	
Remarks: _____	

I certify that I have carefully examined Sh./Km./Sm. _____
Son/Daughter of Sh. _____, who has signed in my
presence. He/she has no mental and physical disease and is FIT to participate and undertake
long journey for attending the programme.

Signature of the Candidate

**Signature of the Medical Officer with seal and
Registration Number**

Name: _____

Place: _____

Date: _____

MY Bharat (NYKS)
Kashmiri Youth Exchange Programme
Supported by: Ministry of Home Affairs, Government India
Venue: -.....
Duration: From.....to.....

(A) List of Participants for the batches of KYEP 2024-25

Name of the District.....

Name of the State.....

Sl. No	Name of the Participants	Father's /Spouse Name	Gender (Male/ Female/Transgender)	Full Address with E-mail, Tel. & Mob. No.	Date of Birth (Age)	Academic Qualification	Acquired Vocational Training/Skill	Covered by Comprehensive Insurance (Yes/No)*
01								
02								
03-20								

(B) Details of Team Leaders

Sl. No	Name of the Participants	Father's /Spouse Name	Gender (Male/ Female/Transgender)	Full Address with E-mail, Tel. & Mob. No.	Date of Birth (Age)	Academic Qualification	Acquired Vocational Training/Skill	Covered by Comprehensive Insurance (Yes/No)*
01								
02								

*If answer is No then the Participants cannot participate in the programme

(Verified)
 (Name & Signature of
 District Youth Officer
 Of Concerned District
 with seal)

(Verified)
 (Name & Signature of
 Concerned State Director
 Of Concerned State
 with seal)

**MY Bharat (NYKS)
An Autonomous body of
Ministry of Youth Affairs and Sports, Govt. of India
Kashmiri Youth Exchange Programme 2024-2025
Supported by: Ministry of Home Affairs, Government India**

Venue: -.....

Duration: From.....to.....

Format of ID card

Space for pasting of
duly attested
Passport Size
Photograph of the
Participants

Name: -.....

Fathers'/Spouse Name: -.....

Date of Birth: -.....

Gender (Male/ Female/Transgender):

Blood Group: -.....

Complete Address with Pin Code: -.....

.....

Contact Phone/Mobile No. with STD Code (Self and Parents both): -.....

.....

Name and Designation of issuing Authority: -.....

.....

Mobile/Phone Number: -.....

Signature of the Issuing Authority

Name:

(District Youth Officer.....)

(Seal)

Details of Nodal officers for Kashmiri Youth Exchange Programme

1. List of Participating Kendras (Kashmir Districts)

S. No	Name	Designation	Mobile No.	Address
1.	Sh. Nisar Ahmed Bhutt	State Director (I/C)	7006638390	Nehru Yuva Kendra Sangathan, 39-A/C, Gandhinagar, Jammu, J & K Pin: 180004

Sl. No.	Name of Zone	District Youth Office	Address	Phone No. and Fax No.
1.	Anantnag	Smt Tajamul Ara DD	Nehru Yuva Kendra, Opposite Brilliant Coaching Centre, KP Road, Anantnag	Phone No:- 01932-223557 Mobile No. 9797007977 email: dyc.anantnagjk@gmail.com
2.	Kupwara	Ms Jigmat Spaldon (A/C)	Nehru Yuva Kendra , Opposite State Bank of India, Kupwara-193222	Phone No: -01955-219329; Mobile No. 9622979104 email: nykkupjk08@gmail.com
3.	Baramulla	Smt Tajamul Ara DD	Nehru Yuva Kendra , Near bus stand, opposite district veterinary complex, Baramulla-193101	Phone No:- 01952-22344937 Mobile No. 9797007977 email: dycbaramullajk@gmail.com
4.	Budgam	Smt Tajamul Ara DD	Nehru Yuva Kendra , Alamdhar Road, opposite District Telephone Office, Budgam-191111	Phone No:- 01951-255304 Mobile No. 9797007977 email: nykbudgam@gmail.com
5.	Srinagar	Ms Jigmat Spaldon (A/C)	Nehru Yuva Kendra , Near Linton Hall School, Rajbagh, Srinagar-190001	Phone No:- 0194-2453374; Mobile No. 9622979104 email: dycsgrjk@gmail.com
6.	Pulwama	Sh. Khushal Gupta (A/C)	Nehru Yuva Kendra , Near Exchange Road, CEO, Danger pore, Pulwama-192301	Phone No.:- 01933-241459 Mobile No- 9906249020 email: nykpulijk2@gmail.com

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

2. Details of Host States

Sl. No.	Name of Host State	Venue	State Director	Address	Phone No. and Fax No.
1	Delhi	Nangloi	Sh. Lal Singh	Nehru Yuva Kendra Sangathan G T Karnal Road Near Swami Sadanand College Alipur, Delhi, Pin : 110036	Phone No. 011- 27204804 Mobile No. 9418025662 Email: sdnyksdelhi@gmail.com
2	Uttar Pradesh	Prayagraj	Sh. Mahendra Singh Sisodia	Nehru Yuva Kendra Sangathan, 02/112 Vishal Khand-2, Gomti Nagar, Lucknow-226010, Uttar Pradesh.	Phone No.: 0522-2397002, 0522-2397004 Mobile No. 9460122545 Email: sdnyksuttarpradesh@gmail.com
3	Uttar Pradesh	Meerut	Sh. Mahendra Singh Sisodia	Nehru Yuva Kendra Sangathan, 02/112 Vishal Khand-2, Gomti Nagar, Lucknow-226010, Uttar Pradesh.	Phone No.: 0522-2397002, 0522-2397004 Mobile No. 9460122545 Email: sdnyksuttarpradesh@gmail.com
4	Gujarat	Surat	Sh. Dushyant Bhatt	Nehru Yuva Kendra Sangathan, Balvantrai Mehta Bhavan Sector-17, Gandhinagar Gandhi Nagar, Gujarat : 382017	Phone No.: -079-23243360 Mobile No.: 9429977709 E-mail: programme.nyks.zognr@gmail.com
5	Rajasthan	Udaipur	Sh. Krishan Lal Parcha	Nehru Yuva Kendra Sangathan, Kendriya Sadan Block A, 205, Sec-10, Vidhyadhar Nagar, Jaipur, Rajasthan, Pin : 302023	Phone No.: 141-2232665 Mobile No.: 9810548945 Email: sdnyksrajasthan@gmail.com
6.	Rajasthan	Jodhpur	Sh. Krishan Lal Parcha	Nehru Yuva Kendra Sangathan, Kendriya Sadan Block A, 205, Sec-10, Vidhyadhar Nagar, Jaipur, Rajasthan, Pin : 302023	Phone No.: 141-2232665 Mobile No.: 9810548945 Email: sdnyksrajasthan@gmail.com

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Sl. No.	Name of Host State	Venue	State Director	Address	Phone No. and Fax No.
7.	Punjab & Chandigarh	Ludhiana	Sh. Paramjit Singh	Nehru Yuva Kendra Sangathan, RGNIYD, PEC Campus, Gate no. 1 Sector -12, Jwalamukhi hostel, Pac Campus Chandigarh, Pin-160012	Phone No.- 0172-2744463, 0172-2991034 Mobile No.- 9855111034, 8837865997 Email Id- zdpczchd@gmail.com
8.	Gujarat	Gandhinagar	Sh. Dushyant Bhatt	Nehru Yuva Kendra Sangathan, Balvantrai Mehta Bhavan Sector-17, Gandhinagar Gandhi Nagar, Gujarat : 382017	Phone No.: -079-23243360 Mobile No.: 9429977709 E-mail: programme.nyks.zognr@gmail.com
9.	Chhattisgarh	Raipur	Sh. Atul Nikam	Nehru Yuva Kendra Sangathan, Opp Tuteja Big (NCC Office) Nr Gole Chowk, Rohini Puram, Raipur, Chhatisgarh, Pin : 492001	Phone No: 771- 2263674 Mobile No. 9422242269 email: nyks_raipur2262674@yahoo.com
10	Odisha	Cuttack	Smt. Honey Sinha	Nehru Yuva Kendra Sangathan, 71-VIP Area, IRC Village Bhubneshwar, Odisha, Pin : 751015	Phone No.: 0674-2555982, 0674-2558313 Mobile No. : 9471315175 E-mail ID: zdnyksbhu@gmail.com
11.	Bihar	Muzaffarpur	Sh. Sarvendra Pratap Singh	Nehru Yuva Kendra Sangathan, Rani Sadan RRC-121, Bahadurpur Housing Colony, near TV Tower, Kankarbagh Patna, Bihar, Pin : 800026	Phone No: 0612-2344261, Mobile No- 9424535534 Email: nyks_2006@yahoo.co.in , zdnyksbihar@gmail.com
12.	Uttarakhand	Nanital	Sh. Anil Kumar Singh	State Director Nehru Yuva Kendra Sangathan Near SBI Kargi Chowk PO Banjarwala Dehradun, Uttrakhand, Pin : 248001	Phone No.: 0135- 2629563 Mobile No. 9452689209 Email: sdnyksuttrakhand@gmail.com

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Sl. No.	Name of Host State	Venue	State Director	Address	Phone No. and Fax No.
13.	Haryana	Faridabad	Sh. Gurmail Singh Bajwa	Nehru Yuva Kendra Sangathan, Jawalamukhi Hostel PEC Campus Gate No. 1, Sector-12, Chandigarh, Haryana	Phone No. 0172-2745505, 0172-2923497 Mobile No. 9815355542 Email: nyksharyana@gmail.com
14.	Jharkhand	Jamshedpur	Ms. Honey Sinha	Nehru Yuva Kendra Sangathan, Anand Villa, Anand Mohan Lane, Harihar Singh Road, Morabadi, Ranchi, Jharkhand, Pin : 834008	Phone No:0651-2961766 Mobile No.9471315175, 7488883102 email: zdneyksjhar@gmail.com
15	Jharkhand	Dhanbad	Ms. Honey Sinha	Nehru Yuva Kendra Sangathan, Anand Villa, Anand Mohan Lane, Harihar Singh Road, Morabadi, Ranchi, Jharkhand, Pin : 834008	Phone No:0651-2961766 Mobile No.9471315175, 7488883102 email: zdneyksjhar@gmail.com

**MY Bharat (NYKS)
Kashmiri Youth Exchange Programme 2024-25
Summary Reporting Format
(To be prepared by the State Director of Organising State)**

Part - A

State: **Name of State Director:**

1. Date: From to
2. Venue of Kashmiri Youth Exchange Programme:
3. Collaborating Departments and Agencies:
4. **Resources support Mobilized:**
 - a) Material (Type) Quantity Value (in Rs.)
 - 1.
 - 2.
 - b) Fund (in Rs.)
5. Mention names of Resource Persons and their topics.
 - i.
 - ii.
 - iii.
6. Name and Designation of Dignitaries/VIPs attended the **Kashmiri** Youth Exchange Programme
 - i.
 - ii.
 - iii.
 - iv.
7. Day wise brief on Programme & activities organised including issues & topics covered in Kashmiri Youth Exchange Programme along with content of topic delivered by the resource person and action photos with captions.
8. Details of Participants & team leaders

Sl. No.	Participating District	Participants														Team Leaders	
		SC		ST		OBC		Minority		PWD		General		Total		M	F
		M	F	M	F	M	F	M	F	M	F	M	F	M	F		
1.																	
2.																	
3.																	

It is certified that all the Participants & Team Leaders attended the Kashmiri Youth Exchange Programme activities and programmes were organized.

Signature of State Director

Signature of District Youth Officer

Part B

Detailed Report Framework

- The **outcome** of the programme activities should be documented properly as per the reporting proforma and detailed qualitative reports & quantitative report with concluding remarks and recommendations along with action photographs and press clippings and group photographs of participants at each venue of the programme.
- The detailed qualitative report of Kashmiri Youth Exchange Programme should also cover the following points as well as Part-A above along with **details and action photographs of topics as mentioned in Part C, press cutting, audio - visual clippings, opening and closing ceremony.**
- **Inaugural Ceremony:** - Details of eminent personality attended the programme along with details of proceedings & programs on Inaugural function should be given.
- **Lecture Series:** - Details of resource person, topics covered, deliberation made.
- **Interactive Session:** - Details of meeting with VIP and other dignitaries, youth etc.
- **Career Guidance and Counselling:** - Session covered under Career guidance and counselling with detailed information on opportunities for employment and self-employment avenues.
- **Visit to Institute of National Importance, Historical and Cultural Places-** understanding the social and cultural ethos of the country and understanding the diversity of great Indian civilisation, cultural and historical heritage, institutes of National importance.
- **Exhibition and Food Festival.**
- **Experience sharing and development of Action Plan.**
- **Closing Ceremony-** Details of eminent personality attended the programme along with details of proceedings & programs on closing function will be given.

Part C

Types of Photographs to be sent to HQ: -

1. Photographs of Inaugural Functions
2. VIPs/Dignitaries Interaction (With Name & Designation)
3. Various Topic covered along with names of the Resource Person
4. Field Visit and Industrial Visit with caption and name of place visited.
5. Visit to Historical places
6. Food Festival
7. Photographs of Exhibition of Products of Kashmiri Valley
8. Cultural Programme
9. Photographs of Shramdan, Tree Plantation and Yoga
10. Feedback Session
11. Valedictory Session
12. Any Other

**MY Bharat (NYKS)
Kashmiri Youth Exchange Programme, 2024-2025**

Date _____ to _____

Venue: - _____

Expectations of the Participants

(Questionnaire to be filled in by the Participants on arrival)

1. Why did you wish to participate in Kashmiri Youth Exchange Programme?

2. Have you ever visited any part of India earlier? If Yes, what was your experience?

3. What are your expectations from this programme?

4. Do you have friends/relatives outside your state _____ yes/no
If yes, Name the place _____

5. What are your opinion about National Integration, Democracy, Peace, Harmony and Fraternity and what measures you will take to strengthen these?

6. Do you know about the youth development programmes run by MY Bharat and other department of Govt. in your state/district, if yes please elaborate?

7. In which programmes you are interested. (Group Discussion, Cultural programme, Field visits, Interactive meeting, Yoga, Exercise, Exhibition and Food Festival etc.) please specify?

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

8. What are your hobbies? Please specify

9. What measures should be taken for mainstreaming the Youth from Kashmir Valley to the national mainstream?

10. What specifically would you like to learn & get experience from this programme?

11. Please mention your knowledge and information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley.

12. Any other point you would like to mention

**MY Bharat (NYKS)
Kashmiri Youth Exchange Programme, 2024-2025**

Date _____ to _____ Venue: - _____

Feedback Form for Participants

(Questionnaire to be filled in by the participants at the end of the programme)

1. Name of participant (Optional) _____

2. What was your first feeling when you boarded the train for the venue and what are your thoughts and impression now?

3. Did the mainland you imagined, differ from places you experienced, If yes, in what ways

4. Have you made any friends during this programme if yes, how many and common areas of interest?

5. What impressed you much about our country's
Diversity _____
Traditions _____
Culture _____
Languages and Dialects _____
Food habits and costumes _____
Any other (Pl. Specify) _____

6. Did this programme enrich your knowledge about places you visited, and its culture, economy, social structure etc. If yes, in what ways?

7. In what way do you think you can contribute in promoting peace, friendship, fraternity, youth development and combating terrorism?

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

8. What role you would play after attending the Kashmiri Youth Exchange Programme for mainstreaming the Youth with the national mainstream.?

9. How would you disseminate the information you have accumulated in Kashmiri Youth Exchange Programme to your peer groups for their benefit?

10. What improvements would you suggest in the organization of Kashmiri Youth Exchange Programme? The activities you wish to be added/excluded from the programme.

11. Your overall impression on:

- Boarding and Lodging: - _____

- Travel arrangements: - _____

- Programmes and activities: - _____

- Places visited: - _____

- Interaction with VIPs: - _____

- Interaction with Youth: - _____

12. Please mention in details the sharing of your knowledge and information on tourism, cuisine, culture and handicrafts and other products of Kashmir Valley with general public of host district/state and their response.

13. Any other comment you would like to register apart from above points.

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Annexure -12

Releasing Pattern of funds for Host Districts

S. No.	Name of State	Venue of Programme	No. of Team Leader	No. of Participants	Total Participants (Team Leaders and Participants)	Local TA from Station /Bus stand to the place of accommodation and back @ Rs. 250 per head (Subject to Actual)		Boarding and Lodging Expense @ Rs. 500 per head for 6 days		Resource Kit/Bag @ Rs. 500	Organization of TWQ interactive programme @ Rs. 20,000/- per prog.	Inaugural & Valention function s & cultural programme , Videography	Printing of Programme, Brochures, Banners and still photographs to the participants	Exhibition of products of Kashmir Valley	Food Festival- Kashmiri and Local State/ District Cuisine	Transportation (Hiring of Buses for field visit and for interactive meeting with VIPs and eminent persons @ 6,000/- per bus per day for 5 buses for 2 days (6000*5*2)	Thematic Programme (every day cultural evening programme, group discussion , career guidance and seminar etc.)	Documentation & Reports preparation	Medical Assistance (One Medical Officer for participants @ Rs. 1000 per day for 6 days)	Total amount for Concerned district
						Participants	Team leaders	Participants	Team Leaders											
1	Uttarakhand	Nainital	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
2	Odisha	Cuttack	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
3	Rajasthan	Udaipur	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
4	Haryana	Faridabad	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
5	Bihar	Muzaffarpur	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
6	Jharkhand	Jamshedpur	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
7	Rajasthan	Jodhpur	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
8	Gujarat	Surat	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
9	Delhi	Nangloi	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
10	Gujarat	Gandhinagar	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
11	Uttar Pradesh	Meerut	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
12	Jharkhand	Dhanbad	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
13	Chhattisgarh	Raipur	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
14	Punjab	Ludhiana	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
15	Uttar Pradesh	Prayagraj	12	120	132	30000	3000	360000	36000	60000	40000	65000	65000	15000	15000	60,000	25000	8000	6000	788000
Total			180	1800	1980	450000	45000	5400000	540000	900000	600000	975000	975000	225000	225000	900000	375000	120000	90000	1,18,20,000

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

Annexure- 13

Releasing Pattern of funds for Participating Districts

Name of State	Name of Districts	No. of Participants	No. of Team Leaders	Travelling Allowance				Procurement of Track Suit and sports shoes @ Rs. 1500 for the Participants and Team Leaders		D.A during Journey for 8 days for participants and for Team Leaders for 8 days (Subject to Norm & Actual)		B&L expenses @Rs. 500 for 1 days for briefing & 1 day for Debriefing Sessions for the Participants and Team Leaders		Comprehensive Insurance and ID cards for Participants and Team leaders		Total amount for concerned district		
				To & Fro Travelling by Sumo from residence to State headquarter (subject to actual)		To and fro from State Hqtrs to programme place and back @ Rs. 3000/- per head (subject to actual)		Participants @ Rs. 1500	Team Leaders @ Rs. 1500	Participants @ Rs. 1500	Team Leaders @ Rs. 1500	Participants @ Rs. 250	Team Leaders @ Rs. 250	Participants	Team Leaders		Participants @ Rs. 200	Team Leaders @ Rs. 200
				Participants @ Rs. 1500	Team Leaders @ Rs. 1500	Participants	Team leaders											
Jammu and Kashmir	Anantnag	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Kupwara	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Baramulla	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Budgam	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Srinagar	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Pulwama	300	30	4,50,000	45,000	9,00,000	90,000	4,50,000	45,000	6,00,000	60,000	3,00,000	30,000	60,000	6,000	30,36,000		
	Total	1800	180	2700000	270000	5400000	540000	2700000	270000	3600000	360000	1800000	180000	360000	36000	1,82,16,000		

Annexure-14

The detailed Report of Kashmiri Youth Exchange Programme should come in the following manner (in 3 copies). The contents of the Kashmiri Youth Exchange Programme report should contain the following: -

1. Front & Back Cover Page
2. In the inner cover of front and back page a brief write up along with their photographs on Local Kashmiri Youth Icon/Hero of the area from where the Kashmiri youth have attended the Kashmiri Youth Exchange Programme.
3. Quotation of the Hon'ble PM on Youth
4. Situation of Youth in the State
5. Credential of MY Bharat
6. Background and Context
7. Aims and Objective (as per the KYEP guidelines)
8. A brief on the background of the youth participated in KYEP
9. Implementing strategy
10. Material provided in the kit e.g. IEC material, booklets, etc.
11. **Details of Programme and Activities:** A day wise brief of programme activities supported with reporting proforma (Annexure-9- a & b) duly supported by maximum number of relevant action photographs which should include: -
 - Picture on Lectures/Question answer session (on core issues mentioned in the guidelines) of the Kashmiri Youth Exchange Programme
 - Quality Action Photographs of visit to institution of National importance, industry, historical places and other field visit etc.
 - Interaction with VIPs, (Name of VIPs, Resource Persons and dignitaries attended the programme should be annexed).
 - Cultural Dance performances by Kashmiri participants during cultural programme and Photos related to exhibition of local products of Kashmir Valley.
 - Feedback and Evaluation session
 - Action pictures on games, yoga, cultural programme, costume parade, Shramdaan, feedback of Youth, food, residential arrangement, group discussion, VIP interaction, opening and closing ceremony, symposia seminar, Career Guidance exhibition etc.

Write up on each activity undertake in the KYEP	Photographs of that activity should be given
Write up on other activity undertake in the KYEP	Photographs of that activity should be given

12. Financial implication (submission of Audited Utilization Certificate).

13. Analytical report of feedback of participants given in Annexure-10 (a) & 10 (b)

Guidelines of Kashmiri Youth Exchange Programme 2024-2025

14. District wise development of action plan for involving large youth population of the district for their development plan & ensuring participation in the development process.
15. Outcome and Conclusion
16. The report should be duly supported by sample invitation cards, press clippings and audio video CDs.
17. List of VIPs, State/District level officials and other dignitaries attended programme
18. Collage of Press Clippings.