



Nehru Yuva Kendra Sangathan
नेहरू युवा केन्द्र संगठन
साथ साथ
कल की ओर...



नेहरू युवा केन्द्र संगठन Nehru Yuva Kendra Sangathan

स्वायत्तशासी संस्था
युवा कार्यक्रम एवं खेल मंत्रालय
भारत सरकार

an Autonomous Body under the
Ministry of Youth Affairs & Sports
Government of India



Cir. NYKS/PROG:7th IDY/2021 / 26

Dated : 15th June, 2021

From : M.P. Sharma, Joint Director (Prog), NYKS Hqr
To : All Regional Directors & State Directors, Nehru Yuva Kendra Sangathan

Subject : Celebration of 7th International Day of Yoga on 21st June, 2021

1. This has reference to the Webinar Review Meeting to assess the preparation being made for celebration of International Day of Yoga 2021 held under the chairpersonship of Secretary (Youth Affairs), Ministry of Youth Affairs & Sports, Govt of India on 15th June, 2021.
2. As discussed in the Review meeting, all State Directors are required to make a Plan of Action and assess the expected number of participation.
3. The formula to assess the participation may be: 5 Members of Village Youth Club will adopt 5 Families each (with average 5 persons each) in each Village. Thus in each village 25 families with 125 persons would be covered. Each of the adopted 25 families will further educate and motivate one family. Thus in each village 50 families may be covered with an expected participation of 250 family members & others.
4. The expected number of participation may please be sent to the undersigned at mpsharmanyks@yahoo.co.in latest by 2:00 pm on 16th June 2021 in the given below proforma:

Name of State	Expected No. of Villages to be covered during IDY 2021	Expected No. of families to be covered during IDY 2021	Expected No. of total participation during IDY 2021

Contd...

M.P. Sharma
15/6/2021

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5. A Preliminary Report in the below Format may please be sent to the undersigned at mpsharmanyks@yahoo.co.in on 21 June 2021 latest by 1:00 pm. Similarly, FINAL REPORT may be submitted in the same format latest on 22nd June 2021 by 1:00 pm.

Name of State:

Number of District NYKs motivated Youth & others for participation in IDY 2021	Offline/Online training on Yoga as per Common Yoga Protocol		No. of Villages, Youth, COVID Warrior/ Family members/ others performed Yoga on 21 st June 2021 at their Homes with their family			Number of total participation (Training & Participation in Yoga)		Name of Dignitaries participated in State/ District level events
	No. of families participated	No. of Youth/COVID 19 warriors, etc trained	No. of Villages observed IDY	No. of families performed Yoga at Home	No. of Youth, COVID warriors/ Family members/ others performed Yoga at Homes with their Families	No. of Families	Total Number of participants took part in Yoga Day Celebration including training	
1	2	3	4	5	6	(2+5)	(3+6)	

6. Further, Activity Photographs, e-posters, press clippings, videos may please be shared on **daily basis**.

This issues with the approval of Director General.


(M.P. Sharma)

Encl: as above

CC:

- PS to DG, NYKS
- Director (Prog)