



नेहरु युवा केन्द्र संगठन NEHRU YUVA KENDRA SANGATHAN

स्वायत्तशासी संस्था
युवा कार्यक्रम एवं खेल मंत्रालय
भारत सरकार

*an Autonomous Body under the
Ministry of Youth Affairs & Sports
Government of India*



Ref. No.NYKS/ PROG: observance of day of yoga/2015/19

Dated : 4th June, 2015

From : Major General Dilawar Singh, Director General, Nehru Yuva Kendra Sangathan

To : All Zonal Directors, Nehru Yuva Kendra Sangathan

Subject : **Organisation of Neighbourhood Youth Parliament at Block Level and preparations for observing International Day of Yoga on 21st June, 2015 at Village level**

NYKS earlier letter: NYKS/PROG: observance day of yoga/2015/17 dated 1st June, 2015

As aware, Celebration of International Day of Yoga on 21st June, 2015 with participation of large number of people in general and youths in particular is the top priority of Govt. of India. Yoga is the way of life of a person and helps to keep their body and mind healthy. Therefore, it has been decided that for motivation NYKs Youth Clubs and Mahila Mandals, **Neighborhood Youth Parliaments at Block level** with a participation of **Youth Leaders** from Youth Clubs and Mahila Mandals would be organized under the scheme of National Young Leaders Programme (NYLP) of MoYAS. Following actions should be looked into and complied with due seriousness:

- The Neighborhood Youth Parliaments at Block are to be **organized between 10th to 19th June, 2015** as per laid down procedure and **enclosed Guidelines**. In each of the Parliament, a minimum of 80 members of 40 Youth Clubs and Mahila Mandals should be ensured.
- Distribution of Neighborhood Youth Parliaments at Block level to District NYKs would be on the basis of Blocks in a District and requirement submitted by Zonal Directors.
- As far as possible, District Youth Coordinators should be present in the Parliaments but if it will not be mandatory. The services of ACTs and NYC Volunteers should be utilized for effective implementation of the Programme.
- It is to be noted that **one hour session should be devoted on Yoga** in form of Lecturers on benefits of Yoga, Demonstration of Yoga Practices as per Common Yoga Protocol by the trainers from identified NGOs and other local experts, show of Film/Video on Yoga followed by discussion and planning.
- During conduct of the Neighborhood Youth Parliaments, the Leaders of Youth Clubs and Mahila Mandals should be **motivated to organize Yoga Camps/ Demonstrations** as per Common Yoga Protocol and showing of Film/Video on Yoga in their respective villages by mobilizing local Yoga experts and resources on 21st June, 2015 from 7:00 a.m. to 7:35 a.m. Maximum number of villagers should be motivated to take part in the Yoga Camps/ Demonstrations. The services of NGOs and their experts, identified by M/o AYUSH may be utilized for training and demonstration as mentioned in my previous letter.

Besides above, during the 'Neighbourhood Youth Parliament' any issues or concern of local community can be taken up. An illustrative list is mentioned at Page No. 2 and 3 of enclosed Guidelines.

- The **copies of the booklet and DVD/CD** should be provided to each of the participant as a part of their kit bag material.
- The Booklet (both Hindi and English), DVD and design of Logo developed by M/o AYUSH is placed on NYKS website: www.nyks.org, which should be used for necessary guidance and publicity along with NYKS name and Logo.

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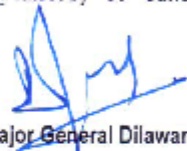
Visit us at <http://www.nyks.org>

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- In addition to above, it is must be ensured that as an evidence, **action photographs and Press Clippings** of the activities undertaken by Youth Clubs and Mahila Mandals should be collected. District NYKs should prepare an **Electronic Album** of good action photographs (with captions) of the Celebration in form of a CD and submit to concerned Zonal Director, who in turn will **prepare CDs of the Zone** and submit to Dr. M.P. Gupta, Joint Director (Programme) for my analysis and submission to higher authorities for their perusal.

It is reiterated that adequate coverage both in **print and electronic media** should be ensured. The **physical report** on observance of the Neighbourhood Youth Parliament at Block Level be sent in the prescribed Proforma (**Annexure – 3**) at e-mail: regularprogramme@gmail.com latest by **30th June, 2015**.

Jai Hind.



(Major General Dilawar Singh)

Encl: as above.

CC : Secretary (Youth Affairs), MoYAS for information please.

Note:

1. The content of the letter be translated in Regional Language and be sent to all District Youth Coordinators and other concerned.
2. Receipt of the same may be acknowledged and sent the feedback of the action before and after the following
3. Programme should be implemented as per the Guidelines and financial norms.

FINAL Operational Guidelines for implementation of Neighbourhood Youth Parliament at Block level Under the Scheme of National Young Leaders Programme (NYLP)

Background

Ministry of Youth Affairs & Sports, Govt. of India has introduced a new **Central Sector Scheme**, named **National Young Leaders Programme (NYLP)** which is to be implemented during 12th Plan with the following objectives and components.

Objective of NYLP

The objective of the Programme is to develop leadership qualities among the youth to enable them to realize their full potential and in the process, to contribute to the nation-building process.

The Programme aims at motivating the youth to strive for excellence in their respective fields and to bring them to the forefront of the development process. It seeks to harness the immense youth energy for national-building.

Components of NYLP

The National Young Leaders Programme shall be a Central Sector Scheme. The Programme shall have the following FIVE components:

- Neighbourhood Youth Parliament (NYP)
- Youth for Development Programme (YFDP)
- National Young Leaders Awards (NYLA)
- National Youth Advisory Council (NYAC)
- National Youth Development Fund (NYDF)

The Ministry of Youth Affairs and Sports, Government of India at this juncture has entrusted NYKS with the responsibility to implement first component of the scheme namely **Neighbourhood Youth Parliament (NYP)**.

The Programme shall be implemented through district offices of Nehru Yuva Kendra Sangathan (NYKS), an autonomous organization under the Department of Youth Affairs, having pan-India presence through Nehru Yuva Kendras (NYKs) in 623 Districts and about 80 lakh youth enrolled through 2.74 lakh youth clubs.

The operational plan and guidelines as well as financial pattern and time line for the implementation of **Block Level Neighborhood Youth Parliament** follows.

Neighbourhood Youth Parliament

Objectives

- To create an institutional platform right up to the village level, where the youth can articulate their views on various issues and draw the attention of the local administration to such issues/ concerns affecting their lives.
- To develop platform of youth clubs further in the shape of vibrant 'neighborhood youth parliament' so as to educate the youth club members about contemporary socio-economic development issues confronting local communities in general and the youth in particular and to involve them in debate/ discussions on such issues.
- Share their experiences and ideas; debate various issues concerning the society and youth in particular by means of neighborhood youth Parliament in presence of representatives of PRIs, development partners, service providers, village communities and local administration.
- Strengthen and enhance existing network of Youth Clubs and Mahila Mandals with representation from all sections of society.

Subjects to be taken up

Director General, NYKS has directed that following areas and subjects should also be discussed and their outcome be documented:

1. What schemes and programmes of New Government have reached to the youth and whether they are useful /beneficial to them?
2. Today's Education System - Areas where improvement is needed and what are your suggestions.
3. Youths personal physical and sports development – Suggestions on how to develop interest among youth
4. Yoga- Indian Culture and Heritage
 - ✓ Yoga not only develop a person's body but also the mind as well as it is key for coordination
 - ✓ Yoga and its importance and usefulness in treatment of ailments
--Lectures by experts and discussion
5. Skill development – Opinion of youth that which skill is important and which type of skill training they wish to undertake.
6. Any other subjects, the youth wish to undertake.

In each of the above mentioned subjects, it should clearly be spelt out based on the suggestions of youth that what role youth can play in each of the above mentioned subjects.

Besides above, during the 'Neighbourhood Youth Parliament' any issues or concern of local community can be taken up. An illustrative list is mentioned below:

To publicize, promote and participate in the **National Flagship Programmes** viz.

- Pradhan Mantri Jan Dhan Yojna
- Swachh Bharat Mission - Clean India' Campaign
- Motivation for and facilitate construction of Toilets under Nirmal Bharat Abhiyan
- Participation in Saansad Adarsh Gram Yojana
- Practice and promotion of Good Governance
- Shramdaan

Education: adult literacy, pre-school education, continuing education of school drop-outs, legal literacy, consumer awareness, etc.

Health, Family Welfare and Nutrition: immunisation, blood donation, health education, AIDS awareness, maternal health, population education and family welfare programmes, nutrition programmes, life skill education, etc.

Sanitation and Cleanliness: personal hygiene, cleanliness, construction of sanitary latrines, elimination of manual scavenging, etc.

Social Issues: prevention of female feticide, dowry, drug abuse and alcoholism, child marriage, etc., mainstreaming neglected sections of Society, issues of inter-generational bonding, extending support to persons with disabilities and sensitization about their needs and rights, etc.

Environment Conservation: plantation of saplings and their preservation/ upkeep, water conservation and water use efficiency, soil conservation, campaign against polythene bags, use of renewable sources of energy, etc.

Women Empowerment: gender equality, women's rights, legal literacy, developing personality and leadership qualities of women, etc.

Rural Development: development of rural infrastructure, provision of basic amenities for people like housing, drinking water, sanitation and electricity, self-employment and wage employment opportunities, formation of self-help groups for income-generation activities, etc.

Economic Development: development of agriculture and allied activities, promotion of traditional crafts, etc.

Skill Development and Entrepreneurship: linking youth to skill development opportunities and providing necessary support for setting up enterprises.

Volunteerism: promoting spirit of volunteerism, including undertaking **Shramadaan** on regular basis.

Good Governance and Civic Education: promoting spirit of nationalism, communal harmony, universal brotherhood etc.

Programme Beneficiaries:

The Programme beneficiaries shall be the youth in the age-group of 15-29 years, in line with the definition of 'youth' in the National Youth Policy, 2014.

Block Level Neighborhood Youth Parliament – Implementation Guidelines

In order to enable the 'youth clubs' to function as vibrant 'neighbourhood youth parliament', capacity building of the youth club leaders shall be necessary on continuing basis. This will be in the nature of 'Block Youth Parliament'. In this context, one 'Block Youth Parliament' shall be organised in every Block. In each 'Block Youth Parliament' Programme, some of the issues listed above shall be taken up for discussion/ debate.

No. of Programmes:

During a year 04 programmes have been envisaged to be organized in each block of the country. The scheme and the programme were launched on 25th December 2014. For the financial year 2015-16 the distribution of Programmes is based on Number of Blocks rather than number of Youth Clubs in a district.

- Duration** : 1 day each
- Time Line** : 10th June, 2015 to 19th June, 2015
- Coverage** : Approx. 2998 Blocks of 623 District NYKs
- No. of Youth Clubs to be involved** : 40 per programme
- No. of participants/Beneficiaries** : 80 per programme with participation of youth leaders from that particular Block. **Two** representatives from each youth club (President and Secretary of youth club or any other representative as the club may decide) shall participate in the Block level Neighborhood Youth Parliament.
- The Block officials and elected public representatives shall also be invited to attend.
- Type of Activities to be undertaken** : Preparation of resource material, Lectures by subject experts, discussions and debate on the mentioned subject, Minutes of the deliberations and

recommendations and their submission to concerned Block level Government Departments as well as the elected local bodies for their consideration.

Budget per programme

Head	Rate (in Rs.)	Amount (in Rs.)
Boarding and Lodging	@Rs. 100/- per head for 80 participants (100X80)	8000
Organizational expenses including resource material	-	2000
Honorarium to resource persons	@Rs.500/- per person for 04 persons	2000
Total		12000

Roles and Responsibilities

- District Youth Coordinators should select the venue in each Block for organizing this programme where successful "**Block level Neighborhood Youth Parliament**" could be organized. For example, venues where facilities like space for discussion, lectures, teaching aid and equipments, electricity with power back up, water, sanitation and other facilities are available.
- Mentor Youth Clubs, trained office bearers and designated NYC volunteers should be actively involved and made in-charge of the programme.
- The District Youth Coordinators should identify the topics to be covered out of the above mentioned areas. Accordingly, the concerned heads of development departments and agencies be finalized along with their experts and resource persons who through lectures can impart awareness and educations as well as provide IEC material on the selected topics and subjects to be covered under the programme and moderate discussions
- District Youth Coordinator should be present during each programme and guide the beneficiaries of the programme.
- Each District Youth Coordinator has to inform the participants and resource persons well in advance the dates, venues and other details of the "**Block Neighborhood Youth Parliament**" so as to enable them to attend the programme with full preparedness.
- Educated youth should also be motivated to mobilize their peer and village communities for creating awareness in at least two identified areas of their interest in their respective Youth Club villages.

- The District NYKs shall finalize the Programme Schedule for the Block level Programmes, the structure of the Programme, the subjects to be covered in each Programmes, the speakers, venue of the programmes and so on.
- Necessary resource material on the subjects covered in the Programmes shall also be arranged.
- The entire planning should be done in close coordination with District and Block level Government officials and the elected local bodies.
- It must be ensured that Public Representatives viz. Hon'ble Ministers, MPs, MLAs, MLCs as well as Heads of Development Departments, NGOs, Agencies should be invited to attend the programme.
- The Programme shall primarily be participatory and interactive in nature.

Broad structure of Block Level Neighbourhood Youth Parliament

There would be two sessions under this activity as follows.

Session 1

- It will have 80 youth club members from 40 villages from that particular Block at each location and will **mark their attendance**
- The total activity of both sessions will be of eight hours which would primarily be participatory and interactive in nature.
- In the beginning the speakers will give lectures and presentations on contemporary local issues including the problem of poverty, un-employment and issues confronting village communities and youth in particular.
- The issues may revolve around the **above mentioned thematic areas**.
- However, they are only suggestive in nature, it would depend upon the local youth leaders and experts to decide which local contemporary issues they wish to take up for deliberations.

Session 2

- In this session the participants will deliberate on identified issues, the speakers will do moderating.
- Time should also be devoted on brainstorming and deliberations on issues the youth wish to address on priority.
- At the end, the **minutes of the deliberations**, key decisions taken and recommendations made for future course of action be converted in form of **Action Plan**. It should also mention the **roles and responsibilities for its implementation** at the level of Youth

Clubs, Youth Leaders, Government Departments, Agencies and Service Providers at various levels as well as Gram Panchayats

- It would be handed over to the concerned Block Officials for action with the support of local administration.

Please see **Annexure -1** for reporting on Block level Neighborhood Youth Parliament Programme and Attendance Sheet of Neighbourhood Parliament **Annexure – 2** by District Youth Coordinators to their respective Zonal Directors. The Zonal Directors will submit the compiled report to NYKS Hqr. in **Annexure-3**.

It must be ensured that Representatives of Development Departments, NGOs, Agencies and others should be invited to attend the programme.

Coordination and Mobilizing support

- A letter from District Magistrate/District Collector, President of Zila Panchayat and Chief Executive of Zila Panchayat should be sent to all Sarpanches of Gram Panchayats, Heads of the Development Departments and other Agencies/NGOs working in the above mentioned development and welfare areas for deputing their officials and experts as resource persons, provide copies of their schemes, IEC material and support in organizing the programmes.
- The Heads of Development Departments and agencies should be actively involved during the programme as guide, facilitator, resource persons and support providers for village level activities.
- The Programmes should be organized in close collaboration with the concerned State Governments. The matter should be discussed in State and District level Advisory Committees on Youth Programmes.
- The State Governments should be requested to issue appropriate instructions to all their officials as also elected local bodies to extend full cooperation, by way of participation in the programmes, providing resource persons for speaking on various subjects and by giving due weightage to the recommendations emerging from such Programmes.

Resource Persons and I.E.C

- Programme schedule and resource materials will be developed by the District NYKs in consultation with Resource Persons. A copy of the same may also be provided to Heads of Development Departments and Elected Members of Panchayati Raj Institutions, opinion leaders and Youth Club Office bearers for their reference.
- All relevant printed resource material in the form of Schemes and IEC material on the identified topics should be provided to participants at the time of registration.
- Well in advance, the identified officials, resource persons and experts be briefed about the objectives, expectations of this programme and its outcome.

- It is to be ensured that the resource persons should have in-depth information and knowledge in the subject/topic allotted to him/her and can link it up with Youth Clubs roles vis-à-vis development and empowerment of Youth & Village Communities.

Report of Block level Neighbourhood Youth Parliament Discussion, Recommendation and Action Plan

Block District Name of NYC In-charge Date of Activity

Issues on which discussion held on identified Thematic Areas (mentioned in guidelines), Local Issues, Social Issues and other felt needs for development and welfare of villages in the Block	Problems, Expectations, Aspirations emerged which Youth and Villagers want to addresses and solve	Suggestions and ideas as to how to address and solve the discussed/felt problems/issues and meet the aspirations of Youth and Villagers	Resources required to solve the problems and issues leading to development	Sources from where the Resources can be mobilized at different levels (Gram Panchayat, District Administration, State Govt., Central Government)	Department and Agency to be coordinated for identified and required resource mobilization for addressing the issue /problem	Duration and Time Line to accomplish the task	Responsibility given to the Chairperson and his/her group of people to accomplish the tasks (Names of persons)

The copy of Block Action Plan be kept in District Nehru Yuva Kendras' record and a copy of the same be provided to all participating Youths in Block NYP. The consolidated district level Action Plan based on the Block level Action Plans should be prepared and submitted to concern Zonal Director.

Prepared by : (Name & Signature)

**Signature
Name and Designation
District Youth Coordinator**

Attach the Attendance of the participants in the format given at Annexure – 2

Attendance Sheet of Neighbourhood Youth Parliament at Block Level

Block District NYC In-charge Date of Activity

S. No	Name of Participant	Participant's Village	Participant's Youth Club/ Mahila Mandal	Designation	Gender M/F	Age	Category *	Mobile / Phone Number	Signature

- SC,ST,OBC, Minority, Physically Challenged and General

Signature

**Name and Designation
District Youth Coordinator**

