

### नेहरु युवा केन्द्र संगठन NEHRU YUVA KENDRA SANGATHAN



स्वायनगासी संस्था युवा कार्यक्रम एवं खेल मंत्रालय

an Autonomous Body under the Ministry of Youth Affairs & Sports Government of India

Ref. No.NYKS/PROG:major decisions of video conference/2015

Date: 8th June, 2015

: Dr. M.P. Gupta, Joint Director (Programme), Nehru Yuva Kendra Sangathan

To

: All Zonal Directors, Nehru Yuva Kendra Sangathan

Subject: Major decisions taken during Video Conference with Zonal Directors, NYKS on 5th of June, 2015 under the Chairmanship of Secretary (Youth Affairs),

MoYAS in his office chamber-reg.

Enclosed kindly find herewith a copy of major decisions taken during Video Conference with Zonal Directors, NYKS on 5th of June, 2015 under the Chairmanship of Secretary (Youth Affairs), MoYAS in his office chamber.

All are requested to go through the decisions taken during Video Conference and ensure strict compliance.

This issues with the approval of Director General, NYKS.

Encl: as above

CC: PS to DG, NYKS

Major decisions taken during Video Conference with Zonal Directors, NYKS on 5<sup>th</sup> of June, 2015 under the Chairmanship of Secretary (Youth Affairs), MoYAS in his office chamber

### **Neighbourhood Youth Parliament (NYP)**

- 1. Neighbourhood Youth Parliament (NYP) under the Scheme of National Young Leaders Programmes should be organized in all blocks of the 623 district NYKs. These Parliaments should be completed well before 18<sup>th</sup> June, 2015.
- Neighbourhood Youth Parliament may be organized by clubbing 2-3 Blocks at District Hqr. where required for early completion and for ensuring proper training of Presidents and Secretaries in Yoga by specialists/ Yoga Gurus. Rehearsal of Yoga at all levels on 19<sup>th</sup> and 20<sup>th</sup> June, 2015 be ensured.
- 3. In case, the Neighbourhood Youth Parliament is organized at District level, District NYKs may club 2-3 programmes and can make payment to the participants towards their TA from the available sanctioned amount of Rs. 12,000/- per Parliament.
- 4. Besides, the services of AYUSH experts, other experts for training on Yoga as per Common Yoga Protocol may be availed but only those Asanas given in AYUSH Booklet be trained in same sequence.
- 5. During Neighbourhood Youth Parliaments, the Yoga Practice should be undertaken between 09:00 a.m. to 10:00 a.m. and 05:00 p.m. to 06:00 p.m. This will facilitate the District Coordinators to visit and monitor the NYPs and Yoga Trainings at different avenues in a day.
- 6. Lecturers by experts on Yoga for Harmony and Peace, Yoga not only develops a persons' body but also mind as well as key for coordination and its importance and usefulness in treatment of elements, other benefits of Yoga, Yoga for Personality Development and other related subjects followed by discussion should be ensured.
- 7. The participants of Neighbhourhood Youth Parliament should also be made aware and educated about Flagship Schemes of Central Government for e.g. Prime Minister Jan Dhan Yojana, Saansad Adarsh Gram Yojana, Swachh Bharat Mission, Betti Bachao Betti Padhao Yojana, Prime Minister Surksha Beema Yojana, Prime Minister Jeevan Jyoti Beema Yojana, etc. so that maximum people can get benefit from the schemes.
- 8. The participants be trained on Yoga as per Common Protocol Booklet and Video and be motivated to practice the same and organize Yoga Demonstration in their respective villages.

Celebration of International Day of Yoga on 21<sup>st</sup> June, 2015 ( 07:00 a.m. to 07:35 a.m.) in mission mode rather than a routine exercise at District Hqr. and Village level

- 9. The theme for Celebration of International Day of Yoga would be **"Yoga for Harmony and Peace".**
- 10. Preparatory meetings with District Administration, AYUSH, NGOs and other Agencies should be organized for their active participation and training of youth.
- 11. Each of 623 District NYKs would ensure Yoga Demonstration as per Common Yoga Protocol at District Hqr. with a participation of a minimum of 500 persons.

- 12. District NYKs will motivate all the NYKs Youth Clubs and Mahila Mandals to celebrate International Day of Yoga on 21<sup>st</sup> June, 2015 in their villages.
- 13. District NYKs are free to organize activities at District, Cluster and Block level on 21<sup>st</sup> June, 2015, but it must be ensured that the Day is observed in all villages where Youth Clubs and Mahila Mandals exists.
- 14. The District NYKs which are organizing Yoga Demonstration and other activities on 21<sup>st</sup> June, 2015 with the financial support of District Administration, **would not utilize** the funds of Rs. 30,000/- sanctioned for organizing District Youth Convention and Yuva Kriti. District NYKs will display NYKs banner during the function.
- 15. Yoga Exhibitions be organized at district level function along with Yuva Kriti.
- 16. The District NYKs of the states including Mizoram, Nagaland, Meghalaya, etc. who raised reservations regarding observance of the day on Sunday, 21<sup>st</sup> June, 2015, would continue to train the concerned persons and conduct the Parliament. In such cases without disturbing the Church Timings the 21<sup>st</sup> June program may be organized on this date. If not possible a Token function should be organized.

## Involvement of Public Representatives and other Dignitaries on 21<sup>st</sup> June, 2015 during District level and Village level Celebrations

- 17. Hon'ble MPs, MLAs, Public Representatives, DM/DCs and other Dignitaries should be invited to attend the activities organized on 21<sup>st</sup> June, 2015.
- 18. Vice Chairpersons of NYKS and Director General will attend State and District level functions as per Programme.

# Schedule of Zonal Directors and Deputy Directors regarding attending District level activities during International Day of Yoga on 21<sup>st</sup> June, 2015

19. The Zonal Directors will submit a schedule regarding attending activities to be organized by District NYKs on 21<sup>st</sup> June, 2015. Deputy Directors should also be deputed to attend the district level celebrations away from their own Hqr. to ensure proper conduct of Programme.

### Adequate coverage both in print and electronic media

- 20. District NYKs should ensure adequate coverage both in print and electronic media for activities carried out by District NYks at District level and affiliated Youth Clubs at village level.
- 21. For this purpose, Press Conferences could be organised in advance on voluntary basis.
- 22. Press release and photographs be given for media print, audio/ video (TV) and internet/ websites as well as social media.

### Compulsory

- 23. **Report:** Work of above programmes What all conducted, where, when, who all attended, photos, video CD, News Print Clippings, Website links of internet news and social media
- 24. **Awards:** Handsome awards will be given to the outstanding implementers, the details will follows.
- 25. Success stories be provided by each district NYKs

- 26. Participants should be drawn from all sections of society. 30 % of the participants should be women
- 27. Where district administration is spending money in that case NYKs should not spend their budget on same items
- 28. All must ensure to organize Genuine Programmes and decided strength of participants be present

Link for District Wise List of Institutions / Organizations sanctioned by Central Council for Research in Yoga & Naturopathy (**CCRYN**) to conduct one month free Yoga Training on the event of Celebration of International Day of Yoga is:

http://www.nhp.gov.in/sites/default/files/yoga/final\_list\_district\_wise\_to\_upload\_in\_idy\_portal-1.pdf

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